



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

Quinquagesima Sunday - February 11, A.D. 2024

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY



JOIN US TODAY TO
WELCOME NEWLY ORDAINED PRIEST
CANON JACOB A. WELLS

**First Mass at St. Gianna Oratory -
10:30am High Mass**

NB: A Plenary Indulgence may be gained under the usual conditions by assisting at a First Mass of a newly Ordained Priest!

Then join us at Noon (following the 10:30am High Mass) for a festive pre-Lenten Potluck luncheon reception in the basement hall. **All are asked to bring a main or side dish to share.** Cake will be provided!



Next Sunday, February 18:
"Many Apostolates, One Mission"

Help the Institute continue to restore Catholic life and culture in the USA!

Donate online with the QR code here, or use the special envelope in your box or in the back of the church. *Thank you!*



Celebrate Mardi Gras! Tues. Feb 13th:

5:00pm Eucharistic Adoration

6:00pm Potluck Supper

6:45pm Games

Bring a dish to share, dessert, drinks and your favorite board games. *All are invited!*

Ash Wednesday, Feb. 14th

Masses with blessing & distribution of ashes:

8:00am Low Mass

6:00pm High Mass

Confessions an hour before both Masses

*Ash Wednesday is a day of
FAST & ABSTINENCE*



Lenten Friday Schedule, begins 2/16

Confessions: 7:30 - 7:50am

Holy Mass: 8:00am

Adoration: 8:40am - 5:45pm

Confessions: 5:00 - 5:40pm

Holy Mass: 6:00pm

Stations of the Cross: 6:45pm

Interested in joining St. Gianna Oratory?

Canon Fehrenbacher will host a meeting for those who would like to become registered members on **Sat, Feb 17th, 11:30-Noon** in the church office. Call or email the office to RSVP.



Saint Gianna Oratory

Extraordinary Form of the Roman Rite,

“Traditional Latin Mass”

Mailing Address: Saint Gianna Oratory
P.O. Box 87350, Tucson, AZ 85754

Telephone: (520) 883-4360

Office Hours: Wed & Fri 10am– 4pm

(NB: *St. Gianna Oratory office is not located at the church*)

Email: stgianna.tucson@institute-christ-king.org

Oratory Staff

Canon Jonathon Fehrenbacher, *Rector*

Rev. Michael Kowalewski, *Vicar*

Mrs. Teri Gauger, *Oratory Secretary*

Mr. Matthew Lancaster, *Music Director*

Website & Online Bulletin: saintgianna.net

“Join our Flocknote” from our website to receive weekly email updates on important information about future events.

FOR DONATIONS:

- 1) Please write check to ***Institute of Christ the King*** and mail or drop into the collection.
- 2) or donate securely using the DONATE button on our website

Sun. 2/11

8:30am Low Mass
10:30am High Mass
5:00pm Low Mass

QUINQUAGESIMA SUNDAY / 2nd cl. / Violet

Mass (*Esto mihi*) : Comm. of Pope, Tract, Credo, Preface of Trinity

Dr. Cynthia Miley
by Kellie Mattia
Pro populo
Canon Bryan Silvey
by Jim & Sallyanne Fisher

Mon. 2/12

5:30pm Low Mass

Seven Holy Servite Founders / 3rd class / White

Mass (*Justi decantaverunt*) : Gloria, Comm. of Pope, Tract, Common Preface

Juan Pablo Smith
by Smith Family

Tue. 2/13

8:00am Low Mass
5:00pm Adoration

Votive Mass of the Most Blessed Sacrament / 2nd class / White

Mass (*Cibavit*) : Gloria, Comm. of Pope, Preface of Christmas

Betty Dervin
Anonymous

Wed. 2/14

8:00am Low Mass
6:00pm High Mass
FAST & Abstinence

ASH WEDNESDAY / 1st class / Violet

Blessing & Imposition of Ashes

Mass (*Misereris*) : Comm. of Pope, Preface of Lent

† Dean Maas
by Arden Maas
Mary Hall
by St. Gianna Oratory

Thur. 2/15

5:00pm Adoration
6:00pm Low Mass

Feria of Lent / 3rd class / Violet

Mass (*Dum clamarem*) : Comm. of Ss. Faustina & Jovita & of Pope, Preface of Lent

Laura Drew
by Chris & Meghan Gauger

Fri. 2/16

8:00am Low Mass
6:00pm Low Mass
Abstinence

Feria of Lent / 3rd class / Violet

Mass (*Audivit Dominus*) : Comm. of Pope, Preface of Lent
Litany of the Sacred Heart

Timothy Gooch
Anonymous

Sat. 2/17

8:00am Low Mass

Feria of Lent / 3rd class / Violet

Mass (*Audivit Dominus*) : Comm. of Pope, Preface of Lent
Novena to the Infant King

† Thomas Goodrich
by Dr. Martha Goodrich

Sun. 2/18

8:30am Low Mass
10:30am High Mass
5:00pm Low Mass

1ST SUNDAY OF LENT / 1st cl. / Violet

Mass (*Invocabit me*): Comm. of Pope, Credo, Preface of Lent
Novena to the Infant King

Kathryn Liptak
by Ricardo Fernandez
Pro populo
† Antoinette Fisher
by Jim & Sallyanne Fisher

CONFESSION TIMES THIS WEEK

Sun, 2/11	8:00-8:20am	Thurs, 2/15	5:05-5:40pm	
	9:45-10:20am		Fri, 2/16	7:30-7:50am
	4:20-4:50pm			5:00-5:40pm
Mon, 2/12	5:00-5:20pm	Sat, 2/17	7:30-7:50am	
	Tues, 2/13	7:30-7:50am	Sun, 2/18	8:00-8:20am
Wed, 2/14	7:00-7:50am		9:45-10:20am	
	5:00-5:50pm		4:20-4:50pm	

Please Remember in Your Prayers:

Deceased: Mary Roets, Deacon Greg Henderson, Frances Heidenreich, Reyna Mercado, William Bruni, Deborah Schultz, Andrew Stropko, Lorraine Tomac, Greg Schuller, Dean Maas
Healing: Mary Hall, Howard Baumann, Kathryn Liptak, Calvin Blombaum, Mary Therese Montagnini, Carl Leinfelder; Noranita Arms, Corinne Hart, Loretta Mangold, Susan Makkai, Jackie Fehrenbacher, Deborah Brunner, Abby Ethridge, Michele Elliott, Linus Gonzalez, Thaddeus Stypa

Upcoming Events

- Feb 13 8am Low Mass
5pm Adoration, 6pm Mardi Gras Potluck & Game Night
- Feb 14 Ash Wed - 8am Low Mass & 6pm High Mass
- Feb 16 Lenten Fri, Masses @ 8am & 6pm
- Feb 17 CCD, NEW MEMBER INQUIRY MEETING
Men's Shooting Outing & Grill-Out
- Feb 18 1st Sun of Lent; Many Apostolates One Mission
Special Collection
- Feb 22 Chair of St. Peter
- Feb 24 No CCD (Rodeo Vacation)

RESCHEDULED DUE TO RAIN!

MEN'S OUTING @ THE RANGE & GRILL-OUT

New date: Sat. Feb 17th

- A) Meeting Location at Church at **9:00am** OR
B) at Southern Exit of I-10 & Highway 83 at **9:30am**.

Bring your guns, ammo, goggles, hearing protection, targets, picnic lunch, snacks, drinks, hat, sunscreen, and lawn chairs. *FYI - Location is offroad.* Only men and boys who attend SGO are invited. **Grill-out:** Bring grill meats, chips, and drinks to share. *Father or adult male guardian must accompany boys under 18.* **RSVP via FLOCKNOTE.**

Please join in praying the monthly Novena to Our Infant King. This Novena is prayed every day after Holy Mass on the 17th - 25th of each month.



Thought from St. Francis de Sales:



Complain as little as possible about the wrongs you suffer. Undoubtedly, a person who complains commits a sin by doing so, since self-love always feels that injuries are worse than they really are. Above all, do not complain to irascible or fault-finding persons. If you feel the need to correct an offense or restore your peace of mind by complaining to someone, do so to those who are even-tempered and really love God. Instead of calming your mind, the others will create worse difficulties, and rather than pulling out the thorn that is hurting you, they will drive it deeper into your foot. (*INT. Part III, Ch. 3; O. III, p. 136*)



Schedule your Lenten Friday

Holy Hour of Eucharistic Adoration:

9am - 6pm

*"To cast fire upon the earth—that is my mission! And how I wish it were already blazing fiercely! **Nothing in the world can set hearts ablaze with love for God like the Blessed Sacrament.** That is why this divine bread has been pictured as a furnace of love."*

~St. Alphonsus Liguori

TODAY is the LAST DAY to Bring your Palms!

You can place your old blessed palms in the designated basket at the back of church. The palms will be burned to make the ashes for Ash Wednesday; thus, *palms brought in later will not be accepted.*

2024 Diocesan Annual Catholic Appeal (ACA)

Live the Mission with a Generous Heart

Blessed are those who are poor ... meek ... hungry ... merciful. Mt 5:1-12

The word beatitude literally means "happiness" or "blessedness." What is the significance of Jesus' beatitudes, and why are they so central to His teaching? The beatitudes respond to the natural desire for happiness that God has placed in every heart. Jesus' beatitudes also confront us with important choices concerning the life we pursue here on earth and the use we make of the gifts that God has entrusted to us.

Thank you to those who have already made a gift to the ACA!

Make your gift today at www.cathfnd.org/donate

St. Gianna Oratory's portion of the Annual Catholic Appeal is **\$16,340 and 100% Participation.**

visit www.cathfnd.org/donate

St. Joseph the Worker, Pray for us!



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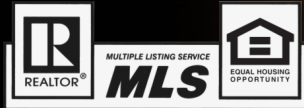
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Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*