

Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

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Clergy & Staff

Institute Superiors

Msgr. R. Michael Schmitz, S.T.D., J.C.D. Vicar General of the Institute & Delegate for the United States

Reverend Canon Matthew Talarico Provincial Superior

Church Staff

Reverend Canon Francis X. Altiere IV Pastor & Rector canon.altiere@institute-christ-king.org

Reverend Canon Michael Stein Resident Assistant stscyrilandmethodius@institute-christ-king.org

Mr. Heitor Caballero
Director of Sacred Music & Organist

Mass Times

Sunday: 8:30 a.m. Low Mass

10:15 a.m. High Mass

Monday-Saturday: 7:45 a.m. Low Mass Holy Days: please consult the bulletin

Confessions

30 minutes before Mass every day (Sundays before both Masses) & First Fridays from 5:15 to 5:45 p.m. (during Adoration)

Devotions

First Friday: Additional Mass at 6 p.m., preceded by Adoration of the Blessed Sacrament beginning at 5 p.m.

First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

April 10th 2022 Palm Sunday

Weekly Liturgical Schedule

Sunday, April 10th

PALM SUNDAY

8:30 a.m. - Pro Populo 10:15 a.m. - James H. Redmond requested by Gene & Donna Wirkus 6:00 p.m. - Vespers & Benediction of the Blessed Sacrament.

Monday, April 11th

Holy Monday

7:45 a.m. - Edward Reven requested by Anna Balash

Tuesday, April 12th

Holy Tuesday

7:45 a.m. - ♥ Richard Dowd requested by Susan Dowd

Wednesday, April 13th

Spy Wednesday

7:45 a.m. - George & Elizabeth Plavcan requested by Joe Dlugos

Thursday, April 14th

MAUNDY THURSDAY

12 noon - Priests and seminarians of the Institute of Christ the King Sovereign Priest

Friday, April 15th GOOD FRIDAY

12 noon - "Mass of the Presanctified" { The holy sacrifice is not offered on this day.}

Saturday, April 16th

EASTER VIGIL

3:00 p.m. - ♥ Nicholas & Katharine Reyen requested by Edward Reyen

Sunday, April 17th

EASTER SUNDAY

8:30 a.m. - Helen & Joseph Dlugos requested by Joe Dlugos 10:15 a.m. - Pro Populo 6:00 p.m. - Vespers & Benediction of the Blessed Sacrament



Holy Week Schedule

Palm Sunday April 10th

8:30 a.m. - Low Mass

10:15 a.m. - Solemn Mass

Palms will be available in the narthex all week for those unable to attend the High Mass at which the palms are blessed. Palms are not blessed at the Low Mass.

April 11th to 13th

Normal morning Mass schedule

Spy Wednesday April 13th

7 p.m. - Tenebræ

Anticipated Matins & Lauds of Maundy Thursday

Maundy Thursday April 14th

12 noon - Solemn Mass

followed by Procession of the Blessed Sacrament - Vespers -Stripping of the Altars

6 p.m. - Mandatum (in church hall)

Foot-washing ceremony

7 p.m. - Tenebræ

Anticipated Matins & Lauds of Good Friday ADORATION AT THE ALTAR OF REPOSE UNTIL 10 P.M. (Please sign up for a slot for Adoration.)

Good Friday April 15th

12 noon - Mass of the Presanctified

followed by Vespers

6 p.m. - Stations of the Cross

7 p.m. - Tenebræ

Anticipated Matins & Lauds of Holy Saturday

Holy Saturday April 16th

3 p.m. - Easter Vigil

followed by Blessing of Easter baskets - Compline (Please drop baskets off on the designated table BEFORE the Vigil ceremony and collect afterwards.)

Easter Sunday April 17th

8:30 a.m. - Low Mass

10:15 a.m. - Solemn Mass

Both Masses followed by blessing of Easter eggs & children's Easter egg hunt

6 p.m. - Solemn Vespers & Benediction



The Symbolism of the Beasts of Palm Sunday

excerpt from a sermon by Saint Francis de Sales

The ancient Fathers are not in agreement as to whether Our Lord rode on the ass or on the colt, and there is a great diversity of opinions among the Doctors on this subject, but it is not a point to be discussed in this place. The majority of the ancient Fathers maintain that Our Lord mounted both the ass, and the colt on which no one had ever ridden (Mk. 11:2). Others disagree, and each tries to give reasons to prove his own case. For myself, I agree with those who think that our Master mounted both the ass and the colt—not both at the same time, but first one and then the other. Some say that the ass represents the Jewish people, and the colt, the Gentiles. This is certainly not without foundation since, as they remark, the ass had already borne burdens and the colt had borne nothing, just as God had already "burdened" the Jewish people with His Law, while the Gentiles had not yet received it. Since Our Lord was coming to impose His yoke upon the Gentiles, He mounted the colt (Mk. 11:7). I find this very touching. But let us return to the reasons why our Saviour chose these animals to mount.

The first is because of its humility. The ass, though heavy, sluggish and lazy, has great humility. It is neither proud nor vain; in this it is unlike the haughty horse. Is not a vain and proud man compared to a horse (Ps. 31: 9), which is fiery and arrogant? Not only does it kick, but it also bites, and is sometimes so furious that none dare approach it. When the rider mounts it, it pricks up its ears, as if to hear what is said of it. It raises its head, tosses its mane and tail, and even excites vanity in the man who rides it! No sooner does he hear his horse's hoofs on the pavement than he straightens himself up proudly, raises his head, and looks around to see if there are any ladies at the windows admiring him! Indeed, which is more vain—the horse or its rider? Oh, how foolish and childish all this is!

Now Our Lord, who was humble and came to destroy pride, chose not to use this proud animal to carry Him. He chose the most simple and the most humble of all animals because He so loved lowliness and humility that only a humble mount could serve Him. God dwells and abides only in the simple and humble of heart (Is. 57:15). Wishing to show His esteem for this virtue, He chose lowliness and abjection for the day of His triumph. He emptied and humbled Himself. He would not have been humiliated and despised by others except He willed it. He Himself emptied Himself, choosing abjection. He who was the Father's equal in all things, without ceasing to remain what He was, chose to be the reproach and outcast of the people (Ps. 21:7; Is. 53:3). Though humbled in this way, He nevertheless could affirm His equality with the Father and the Holy Spirit, for He was, with them, one Substance, one Power and one Wisdom. Nor did our Blessed Saviour do a disservice to the truth when in the very depth of His contempt and humiliations He said: "The Father and I are equal in power; the Spirit and I are equal in

goodness. We are but Power, one Wisdom. and one Goodness." For in all They were equal. While in this glory, He humbled Himself, in entering Jerusalem not on a or conveyance, but on an ass and a colt, which were covered only with the poor mantles of His Apostles.



MEAL TRAIN UPDATE

Dear Faithful,

Thank you so very much for all of your delicious meals that you have provided thus far! With a full house of clergy (two priests and two seminarians), this has been a tremendous help to them during this time. Please sign up using the following link: https://mealtrain.com/yv0r1y.

Thank you to Mrs. Christina Watkins for coordinating the mail train sign-up. Any questions or concerns can be addressed to her at introibo2015@yahoo.com.

If possible, dishes containing lactose, bell peppers and/or mushrooms can be prepared separately, as not everyone in the house is able to consume these items. We are most



appreciative of your continued generosity!

SAVE THE DATE!

To mark the close of the Easter Octave, on **Low Sunday April 24**th there will be a pot-luck reception after the High Mass. There will be a birthday cake for Canon Altiere's 40th birthday and an extra round of "Happy Birthday" for Canon Stein's birthday two days later.

BLESSING OF EASTER FOOD

EASTER BASKETS (butter, meat, etc.) will be blessed after the Easter Vigil on Holy Saturday (please drop off no later than 2:50 p.m.). EASTER EGGS (only) will be blessed after both Masses on Easter Sunday. Decorating Easter eggs is a wonderful family activity for Holy Saturday — then bring them to church the next day for blessing!



The Annual Bishop's Appeal has now begun. This is an important way for the Oratory to take part in the life of the diocese at large and to show our gratitude for the bishop's continued support of our community. If you have not yet participated please consider making an offering.

Saints Cyril and Methodius Parish	
2022 Bishop's Appeal as of 4/01/22	
ABA Goal:	\$11,000
Total Pledged:	\$2,700 (25%)
Donors to Date:	13

To make a gift, or for more information, please visit us at 2022BishopsAppeal.org, call (203) 416-1470 or scan with your mobile phone.



Introducing the Society of the Sacred Heart - Monday, April 25th

As you know, the Institute of Christ the King is a worldwide spiritual family comprising priests (canons) and seminarians preparing for the priesthood; clerical brothers (oblates) who support the priests in their work and share in the liturgical life of our priories; and, a female branch of contemplative religious sisters (the Adorers of the Royal Heart of Jesus). Did you know that there is also a lay association affiliated with the Institute? The **Society of the Sacred Heart** is a fellowship of lay Catholics who share in the Salesian spirituality of the Institute and who engage themselves to certain prayer commitments each day, including part of the Divine Office. The national chaplain of the Society is Canon Aaron Huberfeld (originally from Connecticut), who is the rector of Saint Mary's Oratory in Wausau, Wisconsin. Canon Huberfeld will be joining us on **April 25**th to give a talk about the Society and its spirituality, as an introduction for anyone who would like to learn more or possibly discern membership. Further details, including a precise schedule, will be announced subsequently.

April 10th 2022

Palm Sunday