



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

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Clergy & Staff

Institute Superiors

Msgr. R. Michael Schmitz, S.T.D., J.C.D.
Vicar General of the Institute

Reverend Canon Matthew Talarico
Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV
Pastor & Rector

Dr. Samuel Schmitt
Director of Sacred Music & Organist
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Mrs. Laurie Furey
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Mass Times

Sunday: 8:30 a.m. Low Mass
10:15 a.m. High Mass

Monday-Saturday: 7:45 a.m. Low Mass

Holy Days: *please consult the bulletin*

Confessions

30 minutes before Mass every day (Sundays before both Masses) & First Fridays from 5:15 to 5:45 p.m. (during Adoration)

Devotions

Every Thursday: Holy Hour at 6 p.m.

First Friday: Additional Mass at 6 p.m., preceded by Adoration of the Blessed Sacrament beginning at 5 p.m.

First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

Masses this Week

Sunday, February 19th

QUINQUAGESIMA SUNDAY

8:30 a.m. - Pro Populo

10:15 a.m. - Andrew & Shannon Palaia

requested by Jacob & Katrina Tourigny

Monday, February 20th

Votive Mass for Peace

7:45 a.m. - Conrado & Hilda Elizondo

requested by the Koons Family

Tuesday, February 21st

Votive Mass of the Blessed Sacrament

7:45 a.m. - ✠ Maureen Foldeak

requested by Jacob Tourigny

Wednesday, February 22nd

ASH WEDNESDAY

7:45 a.m. - The Holy Father

requested by R. Hamar & L. Gustilo

6:00 p.m. - I.C.K.S.P. Members, Living and Dead

requested by Linda Gaboardi

Thursday, February 23rd

Thursday after Ash Wednesday

7:45 a.m. - ✠ Antonia Dowd

requested by Susan Dowd

Requiem Mass (Funeral)

11:00 a.m. - ✠ Robert Walentowicz

Friday, February 24th

Saint Matthias, Apostle

7:45 a.m. - ✠ Joseph Tkacik

requested by John Tkacik

Saturday, February 25th

Saturday after Ash Wednesday

7:45 a.m. - ✠ Gerry & Mary Givdice

requested by Eric & Michelle Ciardiello

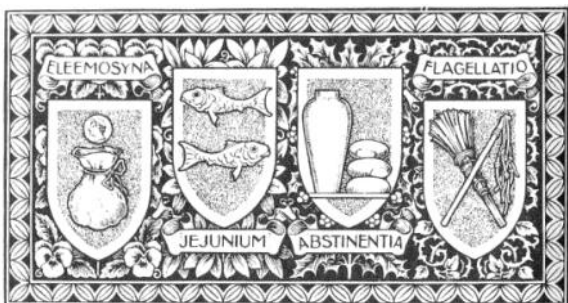
Sunday, February 26th

FIRST SUNDAY OF LENT

8:30 a.m. - ✠ Collin George Whitmore

requested by his grandparents

10:15 a.m. - Pro Populo



Upcoming Events

Sunday, February 19th

QUINQUAGESIMA SUNDAY

Beginning of the Forty Hours Devotion after the High Mass (Exposition of the Blessed Sacrament)

Confessions available at 5:00 p.m.

Vespers & Benediction at 6:00 p.m.

Monday, February 20th

Exposition of the Blessed Sacrament after Mass

Confessions available at 5:00 p.m.

Benediction at 6:00 p.m.

Tuesday, February 21st

Exposition of the Blessed Sacrament after Mass

Confessions available at 5:00 p.m.

Procession & Benediction at 6:00 p.m. for the conclusion of the Forty Hours Devotion, followed by potluck Shrove Tuesday party in the church hall

Wednesday, February 22nd

ASH WEDNESDAY

Low Mass at 7:45 a.m. & High Mass at 6:00 p.m.

Distribution of ashes at both Masses

Thursday, February 23rd

Holy Hour & Benediction at 6:00 p.m.

Friday, February 24th

Stations of the Cross at 6:00 p.m.

Saturday, February 25th

Confirmation Catechism class after the morning Mass—*these classes are mandatory*

Wednesday, March 1st

Meeting of the Saint Joseph Men's Group, beginning with Adoration in church at 6:30 p.m.

Saturday, March 4th

First Holy Communion Catechism class after First Saturday devotions—*these classes are mandatory*

Sunday, March 19th

LÆTARE SUNDAY

Monthly social hour after the High Mass

Try your hand at making a traditional simnel cake!

{the feast of Saint Joseph is transferred to the next day because of the Lenten Sunday}

One In Christ – The 2023 Bishop’s Appeal



The Bishop’s Appeal for 2023 has now begun. This is an excellent opportunity for Lenten almsgiving. It is also a concrete way for the Oratory to participate in the life of the diocese and to express our gratitude to the bishop for establishing the Oratory and for his ongoing support.

To make a gift, or for more information, please visit: 2023BishopsAppeal.org, or please call (203) 416-1470 or scan with your mobile 'phone.



COLLECTION OF OLD PALMS

Every year, palms from the previous Holy Week are burned in order to make ashes for Ash Wednesday. You can deposit your old palms in the baskets available in the back sacristy vestibule.

Please note that palms will NOT be accepted after today!

SHROVE TUESDAY PANCAKE PARTY February 21st after the Forty Hours

The last three days of Septuagesima (from Quinquagesima Sunday to the day before Ash Wednesday) are sometimes known as “Shrovetide,” after an archaic word for absolution (e.g., *to shrive, to be shriven*), since people would try to start off Lent on the right foot by going to confession right beforehand. The final day before Lent is thus called Shrove Tuesday. Since the approach of Lent, however, does not exclude a certain mirth before the start of the 40-day fast, this day is also known as “Fat Tuesday” (hence the well-known *Mardi Gras* in French, or its equivalent in other languages). It was also known as “Pancake Day,” and the idea in all these cases was that it was the last chance to use up fatty ingredients like butter (since not only meat but all animal products were formerly forbidden during Lent). Whether you want to make American-style thick pancakes or thin crepes with various fillings, or indeed prefer other pre-Lenten treats, please join us in the church hall for a potluck celebration after the conclusion of the Forty Hours on Shrove Tuesday!

MARCH FOR LIFE IN HARTFORD Wednesday, March 22nd

The Knights of Columbus is sponsoring reduced fares for round-trip bus rides from our parish (departure around 10:15 a.m.; exact time to be confirmed). Visit rally.co/ct-march-for-life and use the code **KOC23SCM** in order to book a discounted seat. March 8th is the deadline to sign up! Buses are leaving from several area parishes, so make sure to click on the link for Saints Cyril & Methodius. Canon Altieri will accompany the group from our parish.

ASH WEDNESDAY - Rules for Fast and Abstinence

According the discipline currently in force (1983 Code of Canon Law, canons 1250-1252), **Ash Wednesday and Good Friday** are days of **MANDATORY FAST** (one meatless meal; two meatless snacks allowed that do not add up a full meal) for all Catholics aged between 18 and 60. Moreover, **every Friday of Lent** is a day of **MANDATORY ABSTINENCE** (no meat) for all Catholics over the age of 14. According to the more rigorous traditional fast (1917 Code of Canon Law), which is no longer binding under pain of sin but which it is praiseworthy to follow for those who are able, every weekday of Lent (not Sundays) is kept as a day of fast.

We welcome you today to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our next monthly social. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 5 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Please hold all conversations outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

ANNUAL INSTITUTE COLLECTION

Next Sunday (February 26th) there will be the annual Lenten collection to support the operating costs of the U.S. province of the Institute of Christ the King, as explained in the letter distributed two weeks ago.

Save the date! Saturday, March 11th Lenten Morning of Recollection

Sponsored by the Saint Joseph Men's Group, this half-day retreat is free-of-charge and open to the men of the parish as well as other men you would like to invite. After the morning parish Mass, there will be potluck refreshments in the church hall, followed by a spiritual conference, and then Adoration of the Blessed Sacrament with time for confession before Benediction.

ANNUAL FORTY HOURS DEVOTION

The "Forty Hours," **beginning today**, will be held from **February 19th to 21st** in preparation for Lent, with exposition of the Blessed Sacrament beginning each day after Mass, and Benediction at 6:00 p.m. We will only be able to do this if **at least two people** are present in church at all times keeping watch with the Blessed Sacrament. Thank you to all those who have signed up: please make sure to **double check your time slots** and to be present at those times. Of course, you can also show up at other times as well (especially if you cannot commit to an hour at a time) and please feel free to invite friends from other parishes. **Confessions will be available at 5:00 p.m. each day.**



February 19th 2023

Quinquagesima Sunday