



# Institute of Christ the King Sovereign Priest

*Veritatem Facientes in Caritate*

[www.institute-christ-king.org](http://www.institute-christ-king.org)



## Church of Saints Cyril & Methodius

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[www.institute-christ-king.org/bridgeport-home](http://www.institute-christ-king.org/bridgeport-home)

[www.facebook.com/StsCyrilandMethodiusOratory](https://www.facebook.com/StsCyrilandMethodiusOratory)

### Clergy & Staff

#### **Institute Superiors**

Msgr. R. Michael Schmitz, S.T.D., J.C.D.  
*Vicar General of the Institute*

Reverend Canon Matthew Talarico  
*Provincial Superior*

#### **Church Staff**

Reverend Canon Francis X. Altieri IV  
*Pastor & Rector*

Dr. Samuel Schmitt  
*Director of Sacred Music & Organist*  
[samuel.schmitt@carlschmitt.org](mailto:samuel.schmitt@carlschmitt.org)

Mrs. Laurie Furey  
*Office Manager*  
[stscyrilandmethodius@institute-christ-king.org](mailto:stscyrilandmethodius@institute-christ-king.org)

### Mass Times

**Sunday:** 8:30 a.m. Low Mass  
10:15 a.m. High Mass

**Monday-Saturday:** 7:45 a.m. Low Mass

**Holy Days:** *please consult the bulletin*

### Confessions

*30 minutes before Mass every day (Sundays before both Masses) & First Fridays from 5:15 to 5:45 p.m. (during Adoration)*

### Devotions

**Every Thursday:** Holy Hour at 6 p.m.

**First Friday:** Additional Mass at 6 p.m., preceded by Adoration of the Blessed Sacrament beginning at 5 p.m.

**First Saturday:** After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

## Masses this Week

Sunday, February 26<sup>th</sup>

### FIRST SUNDAY OF LENT

8:30 a.m. - ✠ Collin George Whitmore  
*requested by his grandparents*  
10:15 a.m. - Pro Populo

Monday, February 27<sup>th</sup>

### Monday of the First Week of Lent

7:45 a.m. - ✠ DEC co-workers  
*requested by Mary L. Nelson*

Tuesday, February 28<sup>th</sup>

### Tuesday of the First Week of Lent

7:45 a.m. - ✠ Colleen McGrory  
*requested by Mario & Maureen Ciardiello*

Wednesday, March 1<sup>st</sup>

### Ember Wednesday of Lent

7:45 a.m. - Stephen & Melissa Hanson Family  
*requested by L. Gustilo*

Thursday, March 2<sup>nd</sup>

### Thursday of the First Week of Lent

7:45 a.m. - ✠ Donald Good  
*requested by the Koons Family*

Friday, March 3<sup>rd</sup>

### Ember Friday of Lent

7:45 a.m. - Monsignor Gilles Wach  
6:00 p.m. - Special Intention  
*requested by Tim Watkins*

Saturday, March 4<sup>th</sup>

### Ember Saturday of Lent

7:45 a.m. - Kevin Gaboardi  
*requested by Linda Gaboardi*

Sunday, March 5<sup>th</sup>

### SECOND SUNDAY OF LENT

8:30 a.m. - Pro Populo  
10:15 a.m. - ✠ Elizabeth Jean Nelson  
*requested by Mary L. Nelson*



## Upcoming Events

Sunday, February 26<sup>th</sup>

### FIRST SUNDAY OF LENT

Special Lenten collection to support the work of the U.S. province of the Institute of Christ the King  
*Vespers & Benediction at 6:00 p.m.*

Wednesday, March 1<sup>st</sup>

Meeting of the Saint Joseph Men's Group, beginning with Adoration in church at 6:30 p.m.

Thursday, March 2<sup>nd</sup>

Holy Hour & Benediction at 6:00 p.m.

Friday, March 3<sup>rd</sup>

### FIRST FRIDAY

Adoration at 5:00 p.m. (with Confessions during)

Additional Mass at 6:00 p.m.

Stations of the Cross after evening Mass (no Confessions after Stations with special schedule)

Saturday, March 4<sup>th</sup>

### FIRST SATURDAY

Devotions after Mass, then First Holy Communion  
Catechism class—*these classes are mandatory*

Friday, March 10<sup>th</sup>

Stations of the Cross at 6:00 p.m.

Saturday, March 11<sup>th</sup>

Lenten morning of recollection for gentlemen sponsored by the Saint Joseph men's group

Tuesday, March 14<sup>th</sup>

Adult Theology Class at 7:00 p.m.

Theme of talk: "The Blessed Virgin Mary"

Saturday, March 18<sup>th</sup>

Confirmation Catechism class after Mass—*these classes are mandatory*

Sunday, March 19<sup>th</sup>

### LÆTARE SUNDAY

Monthly social hour after the High Mass

*Try your hand at making a traditional simnel cake!*

{the feast of Saint Joseph is transferred to the next day because of the Lenten Sunday}

Wednesday, March 22<sup>nd</sup>

March for Life in Hartford (bus from the Oratory)

## One In Christ – The 2023 Bishop’s Appeal

Future priests of the Diocese of Bridgeport receive comprehensive formation in theology, pastoral ministry, personal growth, and, most importantly, the spiritual life, at seminaries chosen by the Bishop best to suit the needs of the seminarian and of the diocese. Preparation for the Priesthood takes anywhere from six to eight years, depending on the age and educational background of the man when he enters. All of our seminarians receive graduate degrees in theology prior to their ordination. Through your generous gift to the Bishop’s Appeal, the Diocese will be better able to support men who are discerning the priesthood and may respond generously and courageously to that call.

To make a gift, or for more information, please visit: [2023BishopsAppeal.org](http://2023BishopsAppeal.org), or please call (203) 416-1470 or scan with your mobile phone.



## MARCH FOR LIFE IN HARTFORD Wednesday, March 22<sup>nd</sup>

The Knights of Columbus is sponsoring reduced fares for round-trip bus rides from our parish (departure around 10:15 a.m.; exact time to be confirmed). Visit [rally.co/ct-march-for-life](http://rally.co/ct-march-for-life) and use the code **KOC23SCM** in order to book a discounted seat. March 8<sup>th</sup> is the deadline to sign up! Buses are leaving from several area parishes, so make sure to click on the link for Saints Cyril & Methodius. Canon Altieri will accompany the group from our parish. For more information, please contact Mrs. Maureen Ciardiello, Coordinator of Respect Life Ministry for the Diocese of Bridgeport, at: [mciardiello@diobpt.org](mailto:mciardiello@diobpt.org).

## LENT - Guidelines for Fast and Abstinence

In the words of Pope Benedict XIV: “The observance of the Lenten fast is the very badge of the Christian warfare. By it we prove ourselves not to be enemies of the cross of Christ. By it we avert the scourges of divine justice. By it we gain strength against the princes of darkness, for it shields us with heavenly help. Should mankind grow remiss in their observance of Lent, it would be a detriment to God’s glory, a disgrace to the Catholic religion, and a danger to Christian souls. Neither can it be doubted that such negligence would become the source of misery to the world, of public calamity, and of private woe” (*Non ambigimus*, 1741).

According to the discipline currently in force (1983 Code of Canon Law, canons 1250-1252), **Ash Wednesday and Good Friday** are days of **MANDATORY FAST** (one meatless meal; two meatless snacks allowed that do not add up a full meal) for all Catholics aged between 18 and 60. Moreover, **every Friday of Lent** is a day of **MANDATORY ABSTINENCE** (no meat) for all Catholics over the age of 14, and **every weekday of Lent** is still a day of penance. When the mandatory week-day fast was suppressed after Vatican II, the U.S. bishops nonetheless stated: “For all other weekdays of Lent, we strongly recommend ... a self-imposed observance of fasting” (*Statement*, November 18<sup>th</sup> 1966).



## SPECIAL LENTEN COLLECTION - “Many Apostolates, One Mission”

This Lent, you can help the Institute of Christ the King continue to restore Catholic life and culture in the U.S.A.! You can donate using the special blue envelopes provided or online with this QR code.



## We welcome you today to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our next monthly social. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 5 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Please hold all conversations outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

### NEW SINGERS WELCOME!

If you would like to learn more about the parish choir (practices Thursday evening) or the children's choir (practices Wednesday afternoon), please contact our music director, Dr. Samuel Schmitt.

### Save the date! Saturday, March 11<sup>th</sup> Lenten Morning of Recollection

Sponsored by the Saint Joseph Men's Group, this half-day retreat is free-of-charge and open to the men of the parish as well as other men you would like to invite. After the morning parish Mass, there will be potluck refreshments in the church hall, followed by a spiritual conference, and then Adoration of the Blessed Sacrament with time for confession before Benediction.

### STATIONS OF THE CROSS

Every Friday of Lent at 6:00 p.m.  
*except First Friday (after Mass)*

After the Stations, there will be the veneration of the relic of the Cross and an opportunity for confession (except First Friday)



February 26<sup>th</sup> 2023

First Sunday of Lent