



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

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Clergy & Staff

Institute Superiors

Msgr. R. Michael Schmitz, S.T.D., J.C.D.

Vicar General of the Institute

Reverend Canon Matthew Talarico

Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV

Pastor & Rector

Dr. Samuel Schmitt

Director of Sacred Music & Organist

samuel.schmitt@carlschmitt.org

Mrs. Laurie Furey

Office Manager

stscyrilandmethodius@institute-christ-king.org

Office Hours: 9:00 a.m. to 12:45 p.m.

Monday to Friday (except Wednesday)

Mass Times

Sunday: 8:30 a.m. Low Mass

10:15 a.m. High Mass

Monday-Saturday: 7:45 a.m. Low Mass

Holy Days: *please consult the bulletin*

Confessions

30 minutes before Mass every day (until 7 minutes before the start of Mass)

Regular Devotions

Every Thursday: Holy Hour at 6:00 p.m.

First Friday: Additional Mass at 6:00 p.m., followed by Devotions & Benediction of the Blessed Sacrament

First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

Masses this Week

Sunday, February 4th

SEXAGESIMA SUNDAY

8:30 a.m. - T.R. & Michelle Rowe & Family
requested by T.R. & Michelle Rowe & Family

10:15 a.m. - Pro Populo

Monday, February 5th

Saint Agatha

7:45 a.m. - ✠ Joseph Adam, Jr.
requested by Marian Adam

Tuesday, February 6th

Saint Titus

7:45 a.m. - Living & Dead of the
Ramon & Gloria Gustilo Family
requested by Rod Hamar & Lil Gustilo

Wednesday, February 7th

Saint Romuald

7:45 a.m. - ✠ Joseph Pline
requested by JoEllen & Larry Pline

Thursday, February 8th

Saint John of Matha

7:45 a.m. - ✠ Rev'd Michael Palmer
requested by the Whitmore Family

Friday, February 9th

Saint Cyril of Alexandria

7:45 a.m. - ✠ Robert Slossar, Sr.
requested by Robert Slossar & Dorothy Slossar

Saturday, February 10th

Saint Scholastica

7:45 a.m. - ✠ Nicholas Reback
requested by June Vendetti

Sunday, February 11th

QUINQUAGESIMA SUNDAY

8:30 a.m. - Pro Populo
10:15 a.m. - In Thanksgiving to O.L. of Lourdes
requested by Canon Altieri



Upcoming Events

Sunday, February 4th

Monthly coffee hour after the High Mass
Vespers & Benediction at 6:00 p.m.

Tuesday, February 6th

Adult Theology class at 7:00 p.m. in church hall
Theme: "Temptation: its sources and remedies"

Thursday, February 8th

Holy Hour & Benediction at 6:00 p.m.

Saturday, February 10th

Altar boy training and bowling trip after Mass
Please come to the sacristy A.S.A.P. to sign up!

Sunday, February 11th

QUINQUAGESIMA SUNDAY

Beginning of the Forty Hours with exposition of
the Blessed Sacrament after 10:15 a.m. High Mass
Confessions available at 5:00 p.m.
Vespers & Benediction at 6:00 p.m.

Monday, February 12th

MIDDLE DAY OF THE FORTY HOURS

Exposition of the Blessed Sacrament after morning
Mass until Benediction at 6:00 p.m.
Confessions available at 5:00 p.m.

Tuesday, February 13th

SHROVE TUESDAY

Exposition of the Blessed Sacrament after morning
Mass until closing ceremony
Confessions available at 5:00 p.m.
Bishop's visit to our parish for the closing of the
Forty Hours Devotion at 6:00 p.m.
{*All servers are needed for this ceremony!*}
Festive reception in the church hall afterwards

Wednesday, February 14th

ASH WEDNESDAY

Low Mass at 7:45 a.m. & Solemn Mass at 6:00 p.m.

Friday, February 16th

Stations of the Cross at 6:00 p.m., followed by the
veneration of the relic and time for confessions

Tuesday, February 20th

Adult Theology class at 7:00 p.m. in church hall
Theme: "The Seven Capital Vices"

THE “FORTY HOURS” DEVOTION

Annual Solemn Adoration of the Blessed Sacrament

Quinquagesima Sunday, February 11th

Exposition of the Blessed Sacrament after the 10:15 a.m. High Mass
Adoration until Vespers & Benediction at 6:00 p.m.

Monday, February 12th

Exposition of the Blessed Sacrament after the 7:45 a.m. Mass
Adoration until Benediction at 6:00 p.m.

Shrove Tuesday, February 13th

Exposition of the Blessed Sacrament after the 7:45 a.m. Mass
Adoration throughout the day, with the solemn conclusion of the Forty Hours Devotion at 6:00 p.m. with His Excellency Bishop Frank Caggiano, who will preach and lead the procession of the Blessed Sacrament and give Pontifical Benediction

We need AT LEAST TWO ADORERS at all times: please use the sign-up sheet in the narthex (there is only one copy, to avoid duplications). It is very important that EVERYONE from the Oratory community plan to attend the concluding ceremony & reception with the bishop!



We welcome you to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our coffee hour today. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 7 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Everyone is kindly reminded that all conversations should be held outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

SHROVE TUESDAY PARTY - February 13th after the Forty Hours!

The last three days of the season of Septuagesima (from Quinquagesima Sunday to the day before Ash Wednesday) are sometimes known as "Shrovetide," after an archaic word for absolution (e.g., *to shrive, to be shriven*), since people would try to start off Lent on the right foot by going to confession right beforehand. The final day before Lent is thus called Shrove Tuesday. Since the approach of Lent, however, does not exclude a certain mirth before the start of the 40-day fast, this

day is also known as "Fat Tuesday" (hence the well-known *Mardi Gras* in French, or its equivalent in other languages). It was also known as "Pancake Day," and the idea in all these cases was that it was the last chance to use up fatty ingredients like butter (since not only meat but all animal products were formerly forbidden during Lent). Whether you want to make American-style thick pancakes or thin crepes with various fillings, or indeed prefer other pre-Lenten treats, please join us in the church hall for a special celebration after the conclusion of the Forty Hours on Shrove Tuesday. We are honoured this year to be joined by our bishop, so all the more reason to come celebrate as a parish family! Please sign up to help with the reception or to bring food to share.



February 4th 2024

Sexagesima Sunday