

## UPCOMING EVENTS

**Friday, March 1st:** First Friday of the Month. Devotions and Benediction at 6.30pm followed by Holy Mass at 7pm, St. Joseph's Church, Dyer.

**Tuesday, March 19th:** Feast of St. Joseph. Holy Mass at 6:30pm in Merrillville, Indiana.

## "MANY APOSTOLATES, ONE MISSION"

**Sunday, February 18th**

**Special Second Collection  
(envelopes are included in your offertory boxes)**

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## FAST & ABSTINENCE

**Canon 1249** The divine law binds all the Christian faithful to do penance each in his own way. In order for all to be united among themselves by some common observance of penance, however, penitential days are prescribed on which the Christian faithful devote themselves in a special way to prayer, perform works of piety and charity, and deny themselves by fulfilling their own obligations more faithfully and especially by observing fast and abstinence, according to the norm of the following canons.

**Canon 1250** The penitential days and times in the universal Church are every Friday of the whole year and the season of Lent.

**Canon 1251** Abstinence from meat, or from some other food as determined by the Episcopal Conference, is to be observed on all Fridays, unless a solemnity should fall on a Friday. Abstinence and fasting are to be observed on Ash Wednesday and Good Friday.

**Canon 1252** The law of abstinence binds those who have completed their fourteenth year. The law of fasting binds those who have attained their majority, until the beginning of their sixtieth year. Pastors of souls and parents are to ensure that even those who by reason of their age are not bound by the law of fasting and abstinence, are taught the true meaning of penance.

**Canon 1253** The conference of bishops can determine more precisely the observance of fast and abstinence as well as substitute other forms of penance, especially works of charity and exercises of piety, in whole or in part, for abstinence and fast.

**\*To do more than the mere minimum is encouraged...**



## SAINT JOSEPH ORATORY

**INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST**

*Mailing Address: 6415 South Woodlawn Avenue Chicago, IL 60637*

773-363-7821

Rev. Canon Luke V. Zignego, Chaplain

**Sunday, February 18th, 2024**

**First Sunday of Lent**

**Introit**

He shall call upon Me, and I will answer him; I will deliver him and glorify him; with length of days I will gratify him. Thou who dwells in the shelter of the Most High, shall abide in the shadow of the Almighty.

Glory be to the Father . . .

He shall call upon Me, and I will answer . . .

**Collect**

O God, Thou Who purifies Thy Church by the yearly Lenten observance, grant to Thy household that what they strive to obtain from Thee by abstinence, they may achieve by good works. Through our Lord . . .

**Epistle**

*2 Corinthians 6:1-10*

Brethren: We entreat you not to receive the grace of God in vain. For He says, In an acceptable time I have heard you, and in the day of salvation I have helped you. Behold, now is the acceptable time; behold, now is the day of salvation! We give no offense to anyone, that our ministry may not be blamed. On the contrary, let us conduct ourselves in all circumstances as God's ministers, in much patience; in tribulations, in hardships, in distresses; in stripes, in imprisonments, in tumults; in labors, in sleepless nights, in fastings; in innocence, in knowledge, in long-sufferings; in kindness, in the Holy Spirit, in unaffected love; in the word of truth, in the power of God; with the armor of justice on the right hand and on the left; in honor and dishonor, in

evil report and good report; as deceivers and yet truthful, as unknown and yet well known, as dying, and behold, we live, as chastised but not killed, as sorrowful yet always rejoicing, as poor yet enriching many, as having nothing yet possessing all things.

### Gradual & Tract

To His angels God has given command about you, that they guard you in all your ways. Upon their hands they shall bear you up, lest you dash your foot against a stone.

You who dwell in the shelter of the Most High, shall abide in the shadow of the Almighty. Say to the Lord, My refuge and my fortress, my God, in Whom I trust. For He will rescue you from the snare of the fowler, from the destroying pestilence. With His pinions He will cover you, and under His wings you shall take refuge. His faithfulness is a buckler and a shield; you shall not fear the terror of the night. Nor the arrow that flies by day; nor the pestilence that roams in darkness; nor the devastating plague at noon. Though a thousand fall at your side, ten thousand at your right side, near you it shall not come. For to His angels He has given command about you, that they may guard you in all your ways. Upon their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the asp and the viper; you shall trample down the lion and the dragon. Because he clings to Me, I will deliver him; I will set him on high because he acknowledges My name. He shall call upon Me, and I will answer him; I will be with him in distress. I will deliver him and glorify him; with length of days I will gratify him and will show him My salvation.

### Gospel

*Matthew 4:1-11*

At that time, Jesus was led into the desert by the Spirit, to be tempted by the devil. And after fasting forty days and forty nights, He was hungry. And the tempter came and said to Him, If You are the Son of God, command that these stones become loaves of bread. But He answered and said, It is written, 'Not by bread alone does man live, but by every word that comes forth from the mouth of God.' Then the devil took Him into the holy city and set Him on the pinnacle of the temple, and said to Him, If You are the Son of God, throw Yourself down; for it is written, 'He has given His angels charge concerning You; and upon their hands they shall bear You up, lest You dash Your foot against a stone.' Jesus said to him, It is written further, 'You shall not tempt the Lord your God.' Again, the devil took Him to a very high mountain, and showed Him all the kingdoms of the world and the glory of them. And he said to Him, All these things will I give You, if You will fall

down and worship me. Then Jesus said to him, Begone, Satan, for it is written, 'The Lord your God shall you worship and Him only shall you serve.' Then the devil left Him; and behold, angels came and ministered to Him.

### Offertory

With His pinions the Lord will cover you, and under His wings you shall take refuge; His faithfulness is a buckler and a shield.

### Secret

We offer these sacrificial gifts at the beginning of Lent, praying Thee, O Lord, that while we practice restraint in the use of bodily food, we may also refrain from harmful pleasures. Through our Lord . . .

### Communion

With His pinions the Lord will cover you, and under His wings you shall take refuge; His faithfulness is a buckler and a shield.

### Postcommunion

May the holy offering of Thy sacrament renew us, O Lord, and cause us to be purified from our old ways and come to the fellowship of this saving mystery. Through our Lord . . .

### WISDOM OF ST. FRANCIS DE SALES



*"We do not become perfect by the multiplication of exercises, penances and austerities, but rather by the purity of love with which we do them."*

### BURSAR'S BOX

Sunday, February 4<sup>th</sup>: \$ 4, 274.00

Sunday, February 11<sup>th</sup>: \$ 3, 062.00

Wednesday, February 14<sup>th</sup>: \$ 1, 562.00

**Total for the Month: \$ 8, 898.00**

**Please make checks payable to "Institute of Christ the King" with  
*Oratory* on the memo line.**

All checks made out to "Our Lady of Czestochowa" are given to the Salvatorian Fathers. By order of the bishop, \$1000/ week is given in rent to the Salvatorian Fathers.

**Thank you for your generosity!**