



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman
Contact: canon.norman@institute-christ-king.org, (408) 600-4218
Website: http://www.institute-christ-king.org/oakland-home

**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, FEBRUARY 20, 2022
SEXAGESIMA SUNDAY
(Mass Propers available in the Parish Bulletin)

Dear faithful,

Arise! Wake up! Lest you think I'm needlessly haranguing you this Sexagesima Sunday, I draw your attention to the fact that these are the words of today's Introit: "Arise, why sleepest Thou o Lord?" (Ps. 43:23-26). If the psalmist calls upon the Lord with a certain sense of distress and urgency in the sacred verse, it is because he has the ultimate trust in the power of Almighty God to save him from his enemies, both physical and spiritual. This urgent address must be for us, in turn, a final appeal to rise from the "sleep" of our sins and our general lukewarmness. The preeminent penitential season of the entire liturgical year is almost upon us.

It's time to make sure we're prepared! Get out your checklist: Have you decided on your resolutions? Have you written them down? Have you visited the Blessed Sacrament to implore of Our Lord the particular grace of a good Lent? Let's make the most of this blessed but short season preceding the holy forty days with Christ in the desert.

A **Lenten Retreat for women** is being planned for later in the month of March. Details on the precise date, time and location will follow, so please be on the lookout for updates.

Remember: Ash Wednesday is coming up, and in order to have ashes to place on foreheads we need palms. Thank you to all who have already brought in their **old palms**. If you've not yet brought in your palms from last year, please do so. It takes a surprisingly large amount of palms to produce a relatively small amount of ashes!

We are pleased to share that **Canon Altieri's lungs are healing very well**. He now requires minimal supplemental oxygen through his tracheostomy without the need of the ventilator and has begun on the path to reversing his tracheostomy. The medical team is optimistic that a full recovery of his lungs is likely. Moreover, Canon is now in near full command of his mind, and he has begun the path of physical rehabilitation. His medical team will now focus on regaining strength and on recovery. Please **continue to pray** for Canon Altieri's continued healing and his perseverance in the face of great pain, frustration and suffering. Please also pray for his family and for his medical team.

As previously mentioned, Lent is coming up and with it, the traditional time of year for **house blessings**. Please be sure to contact me if you would like to have your home receive this ancient blessing.

Quinquagesima Sunday is now only one week away; and he who says "Quinquagesima" also says **"Forty Hours Devotion."** Unfortunately we are not able to have the full version of the devotion, however we're going to try to spend some extra time before the exposed Blessed Sacrament to properly prepare for Lent. A holy hour of Adoration will be held after the 6 pm Masses on Monday, February 28 and Tuesday, March 1. Let us adore Our Lord and ask His grace to offer up a truly penitential Lent this year, not only for the purification of our own souls but indeed for the purification of Holy Mother Church, besieged by enemies outside and in.



Parable of the Sower, from today's Gospel, Luke 8. 4-15

LENTEN SCHEDULE

- Holy hour after the 6pm Mass on Monday February 28 and Tuesday, March 1.
- Confessions beginning at 5 pm on Fridays of Lent, beginning March 4
- Adoration after the 6 pm Mass on Wednesdays of Lent, beginning March 9.
- Stations of the Cross after the 6 pm Mass on Fridays of Lent, beginning March 4.

SOCIETY OF THE SACRED HEART

The annual national retreat for the Society of the Sacred Heart will take place June 3-5, in Wausau, WI. Please see Flocknote attachment for detailed information.

We would like to add a second Mass on **Ash Wednesday, March 2**. The likely time will be 10 am, so please look out for the confirmation of the hour through Flocknote. We are also glad to announce that we will have a **High Mass at 6 pm** on this day.

We will be back in the church hall after the 12:30 Mass this Sunday for our regular reception. The sidewalk was a nice intermediate solution, but the hall is better. No more squinting in the sun! We hope to see you there.

Wishing you a blessed Sunday,
Canon Benjamin Norman

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 2/20	7:00 am <i>Low Mass</i>	Sexagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Theodore Castillo
	12:30 pm <i>High Mass</i>			Jose Maria Mares Cardenas†
Mon, 2/21	6:00 pm <i>Low Mass</i>	Votive Mass of the Holy Trinity <i>4th Class/ White</i>	Father Staal	Ramon Lanzar†
Tue., 2/22	6:00 pm <i>Low Mass</i>	The Chair of St. Peter <i>2nd Class/ White</i>	Canon Norman	Susan-Jayne Caballero
Wed., 2/23	6:00 pm <i>Low Mass</i>	St. Peter Damian, Bishop, Confessor & Doctor of the Church, <i>3rd Class/ White</i>	Canon Norman	Carlo Giovanni†
Thurs., 2/24	12:00 noon <i>Low Mass</i>	St. Matthias, Apostle <i>2nd Class/ Red</i>	Canon Norman	Cliff Price
Fri., 2/25	6:00 pm <i>Low Mass</i>	Votive Mass of the Holy Cross <i>4th Class/ Red</i> <i>Adoration after Mass</i>	Canon Norman	Ramon Lanzar†
Sat., 2/26	10:00 am <i>Low Mass</i>	Saturday of Our Lady <i>4th Class/ White</i>	Canon Norman	Jean Ilicito† & Estrella Santos†
Sun., 2/27	7:00 am <i>Low Mass</i>	Quinquagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Jaydee Dominic Magabo
	12:30 pm <i>High Mass</i>		Canon Norman	Ponni Kannan Anirudhan†

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes on Zoom Please contact Canon Norman or Lisa Caputi (henshinx@pacbell.net) to request the Zoom link.

Youth Class: Tuesdays at 4:00pm **Adult Class:** Saturdays, at 2:30pm

EMAIL LIST: send your request to

oakland@institute-christ-king.org

FLOCKNOTE: sign up at icksपोakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS*

In your kindness, please keep these requests in your prayers. Thank you.

For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Paula Case	Veronica Seder
Elizabeth Pawek	Diane Kasdan	Courtney Shoda
Canon Fragelli	Dobbins family	Peter Trong Nguyen
Paulann Dymond	Mead Lawson	Paul Oei
Thomas Orr	Canon Altiere	Canon Estrada
Jay Balza	Ann Placido	Msgr. David Link

For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		Steven Miller
Jesus Cristobal	Rita Cristobal	<i>Requiescant in pace.</i>

*A longer prayer list is available as an attachment to Flocknote. If you would like post a name to these lists, for yourself or a loved one, please send an email to oakland@institute-christ-king.org

UPCOMING EVENTS

February 20—Sexagesima Sunday

February 27—Quinquagesima Sunday

March 2—Ash Wednesday

March 7—St. Thomas Aquinas (Institute Patronal Feast)

March 10—Sursum Corda Event

March 21—St. Benedict of Nursia (Institute Patronal Feast)

March (date TBA) —Women's Lenten Retreat

SUPPORT THE INSTITUTE: MANY APOSTOLATES, ONE MISSION

Current events in the world and the Church are serving as the providential occasion for more and more people to fill the pews of the apostolates served by the Institute of Christ the King Sovereign Priest.

These apostolates in 19 dioceses from coast to coast across America form the Institute's U.S. Province. This family of souls nationwide is united together in one supernatural mission: **to spread the benevolent reign of Christ the King to all aspects of human life for the salvation of souls. This is our common mission as one spiritual family.**

This Lent, would you be willing to make a sacrifice to help the Institute grow in the United States?

Consider making a sacrifice of **\$80, just two dollars a day during these 40 days of Lent.** Last year's collection raised \$140,290. It was such a great help over this past year in the common mission which we share with all of you.

In these difficult times, you can make a difference in the Church today by donating to the people and the places that work tirelessly to restore Catholic life and culture in America.



Thank you for your generous support to help the Institute of Christ the King grow in the United States. May the Infant Jesus reward you eternally, and may He bless you always!