



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, MARCH 13, 2022
SECOND SUNDAY OF LENT
(Mass Propers available in the Parish Bulletin)

Dear faithful,

On the Second Sunday of Lent, Saint Paul indicates that our progress in virtue depends on our decision to cooperate (or not) with the grace of God:

“We pray and beseech you in the Lord Jesus that, as you have received from us, how you ought to walk and to please God, so also you would walk, that you may abound the more” (1 Thess. 4:1-7).

How does the old saying go? We must learn to walk before we can run. If we wish to truly abound and flourish in the paths of God’s holiness, it starts above all with fidelity in the little things. Being punctual for our appointments. Mortifying the grimace that habitually appears on our face when our least favorite dish is served (mushrooms, for example). Making that extra effort to be friendly to those we don’t necessarily like all that much. These are little acts of virtue within the reach of all.

One of our faithful, Lisa Roberts, is generously taking up a collection this Sunday of various items needed by victims of the war in Ukraine. Please bring your items to Lisa at the reception after the 12:30 Mass. For more information, please see the **“Help for Ukrainian Refugees” section in Flocknote.**

Are you searching for a reliable, traditional Catholic Catechism? Look no further! We’ve just received a fresh shipment of 16 copies of **“My Catholic Faith.”** copyright 1954, by Bishop Louis LaRavoire Morrow. They keep selling out, and it’s understandable. This classic work combines all the Church’s teachings from Tradition, apologetical arguments defending the Catholic Faith, many biblical citations, and gifted illustrations. It’s an obvious choice! Copies are available for \$25 each.

The **Feast of Saint Joseph**, Spouse of the Blessed Virgin Mary, is next **Saturday, March 19.** There will be a Low Mass with Organ at 10 am. We have now begun our preparatory Novena for this feast with a special prayer each day after Mass. A Feast of the First Class, assistance at the Holy Mass on this day is highly recommended. Saint Francis de Sales, the main spiritual patron of our dear Institute, had a great devotion to the foster-father of Our Lord. **Remember:** Saint Joseph is the Patron of the Universal Church, and of a good death. He brings terror to the demons. He is a role model for all of us; especially Catholic men. May Saint Joseph always be among our most sought-after of heavenly friends.

I wanted to once again thank all those who generously gave to the **Provincial Appeal** last Sunday. Your support is a great blessing for the entire Institute in the United States of America.

Lastly, but **very important:** Remember to turn your **clocks forward one hour tonight** before going to bed! Daylight saving time begins Sunday, March 13.

Wishing you a blessed Sunday,
Canon Benjamin Norman



Transfiguration, Raphael, c. 1520

LENTEN SCHEDULE

- Confessions beginning at 5 pm on Fridays of Lent
- Adoration after the 6 pm Mass on Wednesdays of Lent
- Stations of the Cross after the 6 pm Mass on Fridays of Lent
- First Fridays of Lent (April 1): Confessions at 4:15 pm, Stations of the Cross at 5 pm, and First Friday Devotions

Did you Know? The Liturgical Usage of Ashes:

In addition to their usage by the Jews in the Old Covenant, the Catholic Encyclopedia informs us that ashes also have a venerable place in the history of Catholic asceticism (practices of mortification):

“Christianity at an early date undoubtedly adopted the use of ashes as symbolical of penance. Thus Tertullian prescribes that the penitent must “live without joy in the roughness of sackcloth and the squalor of ashes” (De Pœnitentiâ, x); and many similar passages might be quoted from St. Cyprian and other early Fathers. Eusebius in his account of the apostasy and reconciliation of Natalis describes him as coming to Pope Zephyrinus clothed in sackcloth and sprinkled over with ashes (spodon katapasamenon, Church History V.28). This was the normal penitential garb, and in the expulsion of those sentenced to do public penance, as given in early pontificals, the sprinkling of their heads with ashes always plays a prominent part.”

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 3/13	7:00 am <i>Low Mass</i>	Second Sunday of Lent <i>1st Class / Violet</i>	Canon Norman	Barbara Powell†
	12:30 pm			Maria Candida Rocha Faria†
Mon, 3/14	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i>	Father Staal	Sergio Raya
Tue., 3/15	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i>	Canon Norman	Brady O’Leary†
Wed., 3/16	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i> <i>Adoration after Mass</i>	Canon Norman	Maria Vanider-Hill
Thurs., 3/17	12:00 noon <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i>	Canon Norman	Genevieve Rydlewski†
Fri., 3/18	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i> <i>Stations of the Cross after Mass</i>	Canon Norman	Salvador Martinez†
Sat., 3/19	10:00 am <i>Low Mass</i>	St. Joseph, Spouse of the Blessed Virgin Mary <i>1st Class/ White</i>	Canon Norman	Andree Occhipinti
Sun., 3/20	7:00 am <i>Low Mass</i>	Third Sunday of Lent <i>1st Class / Violet</i>	Canon Norman	Hannah Nguyen
	12:30 pm <i>High Mass</i>		Canon Norman	Maria Cristina Brito

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes on Zoom Please contact Canon Norman or Lisa Caputi (henshinx@pacbell.net) to request the Zoom link.

Youth Class: Tuesdays at 4:00pm

Adult Class: Saturdays, at 2:30pm

EMAIL LIST: send your request to

oakland@institute-christ-king.org

FLOCKNOTE: sign up at icksपोakland.flocknote.com

PRAYER LISTS*

In your kindness, please keep these requests in your prayers. Thank you.

For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham	Dario Gonzalez
Elizabeth Pawek	Paula Case	Veronica Seder	Canon Fragelli
Paulann Dymond	Diane Kasdan	Courtney Shoda	Thomas Orr
Thomas Orr	Dobbins family	Peter Trong Nguyen	Jay Balza
	Mead Lawson	Paul Oei	
	Canon Altiere	Canon Estrada	
	Ann Placido	Msgr. David Link	

For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		Steven Miller
Jesus Cristobal	Rita Cristobal	<i>Requiescant in pace.</i>

*A longer prayer list is available as an attachment to Flocknote. If you would like add a name to these lists, please email oakland@institute-christ-king.org

UPCOMING EVENTS

March 17—Sursum Corda Event (*RSVP)

March 19—Feast of St. Joseph

March 21—St. Benedict of Nursia (Institute Patronal Feast)

March 26— Altar Servers Event (*RSVP)

March 27— Laetare Sunday

March 31—Women’s Lenten Retreat (contact Canon)

*Sursum Corda RSVP: Noe Perez at n_perez3@u.pacific.edu

*Servers Event RSVP: Joseph Burk at josephburk94@gmail.com

SPECIAL EVENTS THAT REQUIRE RSVP

There will be another **event for the Altar Servers on Saturday, March 26**, from 11:30 am to 1:30 pm. A spiritual talk will be given, followed by pizza and time for games and socializing. Please rsvp to: josephburk94@gmail.com. If you have sons who may be interested in serving, please encourage them to come. We’re always recruiting!

The Lenten Retreat for Women is scheduled for **Thursday, March 31** at the Carmelite Monastery in Kensington, from 9 am to 1:15 pm. The topic of the conference for this Retreat will be the letters of St. Francis de Sales. There will also be confessions and ample time for prayer. The program for the Retreat can be viewed here: <https://www.institute-christ-king.org/oakland-news/33-oakland-news-private/1204-women-s-lenten-retreat-2022>. Please rsvp to: oakland@institute-christ-king.org, or contact me directly.

Our monthly **Sursum Corda event for young adults** will take place this **Thursday, March 17** (St. Patrick’s Day). The evening will begin with the Rosary recited in church at 6 pm, followed by a talk and a social dinner at 6:30. Please rsvp to Noe Perez at n_perez3@u.pacific.edu.