



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, MARCH 19, 2023**  
**FOURTH SUNDAY OF LENT (“LAETARE”)**  
(Mass Propers available in the Parish Bulletin)

Dear faithful,

On this Fourth Sunday of Lent, Holy Mother Church bids us rejoice on account of the approaching Feast of the Resurrection of Our Lord, Easter. We see Our Lord working one of His most astounding miracles of all in today’s Gospel. To feed five thousand individuals, He miraculously multiplies five loaves of bread and two fishes, so much that everyone is filled and there are even leftovers. This is of course a foreshadowing of the Holy Eucharist, in which all who approach the Sacred Banquet with the right dispositions are able to receive, and none are sent away empty. In a larger sense, Our Lord’s multiplication of the loaves and fishes can be seen as a symbol of Divine Grace, multiple to infinity and ready to powerfully assist us in all our needs.

There are important **first class feasts** this week, starting with this **Monday, March 20**, which is the Feast of St. Joseph (transferred from the 19<sup>th</sup> because of the Lenten Sunday). There will be a High Mass at 6 pm to honor the heavenly patron of the Universal Church and foster father of Our Lord. **St. Joseph, Terror of Demons, Pray for us!**

The following day, **Tuesday, March 21**, is the Feast of St. Benedict of Nursia, one of the principal patrons of our institute. Accordingly, a plenary indulgence is available, under the usual conditions, to all who assist at Mass at an Institute apostolate.

**Saturday, March 25** is the Feast of the Annunciation of the Blessed Virgin Mary. Let us make every effort to honor she who accepted to become the Mother of Our Lord. **Hail, full of grace!**

The Institute continues to provide you with your **priests of tomorrow!** We have the joy to announce two recent ordinations for our community, which took place this past January 29, the Feast of Saint Francis de Sales, in the seminary chapel in Gricigliano. His Eminence Raymond Leo Cardinal Burke ordained deacons João Almeida and Martin Henry to the Sacred Priesthood. Please pray for these new canons.

Summer is not so far off, and you know what that means: **Summer fun!** There are of course various options in the Institute for summer camps. Not just any camp, though. A camp experience rooted in the Traditional Latin Liturgy and the Faith of our fathers, which helps to prepare young men for a life of spiritual combat and continuing growth in Christian virtue. Of course, an important element of this is the perennial camp favorites of sports, activities, the great outdoors, and campfire entertainment.

As in years past, the **Oakland and San Jose** Apostolates will host **St. Michael’s Patrol**, our joint summer camp, from **Wednesday, July 26 – Saturday, July 29**. The location will



Saint Joseph with the Infant Jesus, Guido Reni, c.1635

once again be the SCCPOA Campground (24090 Deer Path Rd, Saratoga, CA 95070).

There will also be multiple Institute summer camps in **Wisconsin**, for boys and girls of various ages. More information is available here: <https://institute-christ-king.org/camps2023>.

The Institute’s young **adult group, Sursum Corda**, will again be hosting the **National Retreat** from July 7 – 10. If you are a Catholic adult between the ages of 18 – 35, please consider joining us in Clarkston, Michigan for a weekend of beautiful Masses, conferences, sports, games, talent shows, and more. Click here for details and to register: <https://form.jotform.com/icksp/sursum-corda-annual-retreat-2023>.

Wishing you a blessed Sunday,  
Canon Norman

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 3/19	7:00 am <i>Low Mass</i>	<b>Fourth Sunday of Lent (“Laetare”)</b> <i>1st Class / Rose</i>	Canon Norman	Joseph Cardinal Zen
	12:30 pm <i>High Mass</i>		Canon Norman	Lynn Scripilliti
Mon. 3/20	6:00 pm <i>High Mass</i>	St. Joseph, Spouse of the Blessed Virgin Mary <i>1st Class / White</i>	Canon Norman	Nicetas Cabral†
Tue. 3/21	6:00 pm <i>Low Mass</i>	St. Benedict, Abbot <i>1st Class / White</i>	Canon Norman	Shawn Chapel†
Wed. 3/22	6:00 pm <i>Low Mass</i>	Votive Mass for the Anniversary of the Coronation of Pope Francis <i>2nd Class / White / Adoration after Mass</i>	Canon Norman	Yasin Faraji
Thurs. 3/23	12:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i>	Canon Norman	Alyssa Phan
Fri. 3/24	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet / Stations after Mass</i>	Canon Norman	Michael L. Smith
Sat. 3/25	10:00 am <i>Low Mass</i>	The Annunciation of the Blessed Virgin Mary <i>1st Class / White</i>	Canon Norman	William & Linping Connick
Sun. 3/26	7:00 am <i>Low Mass</i>	<b>First Sunday of the Passion</b> <i>1st Class / Violet</i>	Canon Norman	Anthony Masini†
	12:30 pm <i>High Mass</i>			Miller Family

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman or Lisa Caputi (henshinx@pacbell.net) to request the Zoom link.

**Youth Class:** Tuesdays at 4:00pm

**Adult Class:** Saturdays, at 2:30pm

**Prospective Catholics:** contact Canon for class times

**First Communion Class:** Wednesdays at 4:00pm

**FLOCKNOTE:** sign up at [icksopoakland.flocknote.com](http://icksopoakland.flocknote.com) or text “ICKSPOakland” to 84576

### PRAYER LISTS \*

#### **For the sick:**

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Peter Trong Nguyen	Paulann Dymond	Lianne Claver
Msgr. David Link	Steve Farinaro	Marianne Martinez
Angie Gonzalez	Eurydice Buenger	

#### **For the repose of the souls of our beloved departed:**

Rod Phillips	Shawn Chapel	Kathy Wenzell
Rosita Foley	John Dymond	William Gilbert
Arnel Adela	Louise Grayson	Diane Kasdan
Imelda Hernandez-Constantino		Mary Persinger
Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Wyatt Hayashi	William M. Williams	Fr. Stan Zak
Dario Gonzalez	<b>Canon Fragelli</b>	<i>Requiescant in pace.</i>

\***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org). A longer list of the Apostolate’s faithful departed is attached to the weekly Flocknote. *Thank you!*

### UPCOMING EVENTS AND LITURGICAL SCHEDULE

**March 19**—Laetare Sunday

**March 20**—Feast of St. Joseph

**March 21**—Feast of St. Benedict (Institute Patronal Feast)

**March 25**—Feast of the Annunciation

**March 26**—Passion Sunday

### **Holy Week Schedule (2023)**

#### **Palm Sunday, April 2:**

7 am Low Mass, 12:30: Blessing of Palms, Procession and High Mass

#### **Holy Thursday, April 6:**

5 pm High Mass followed by Procession to the Altar of Repose

#### **Good Friday April 7:**

5:30 pm Mass of the Presanctified Gifts

#### **Holy Saturday April 8:**

3 pm Easter Vigil

#### **Easter Sunday April 9:**

7 am Low Mass, 12:30 pm High Mass

### LENTE DEVOTIONS

**Stations of the Cross after the 6 pm Mass on Fridays of Lent.**  
**Adoration after the 6 pm Mass on Wednesdays of Lent.**

### FLOWER FUND

We have a dedicated team of volunteers who regularly purchase and make our beautiful altar flower arrangements, through their own generosity. If you would like to support the **beautification of our altar** by donating to the **Flower Fund**, please contact Canon Norman.

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>