



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, OCTOBER 15, 2023
**EXTERNAL SOLEMNITY OF
ST. MARGARET MARY ALACOQUE**

Dear faithful,

We celebrate this Sunday the External Solemnity of our apostolate's Heavenly Patroness, **St. Margaret Mary Alacoque**. There will be a short Exposition of the Blessed Sacrament after the 12:30 Mass, with the recitation of the Novena Prayer. We will celebrate her feast day this Tuesday, October 17. There will be the veneration of the relic of this great saint after the 6 pm Mass.

In the *Life of St. Margaret Mary Alacoque*, our saint reveals to us in her own words a lesson in humility she received from one of Our Lord's apparitions to her:

"I had been unable to sing the Office for a long time, having lost my voice. This was no small trouble to me, both because I felt such joy in singing the praises of God, and also because I thought it was a just punishment for my negligence, which humiliated me greatly. On the eve of the Visitation, at Matins, having several times tried in vain to sing the Invitatory, and not even being able to follow the Psalms with the choir, at the first verse of the *Te Deum* I felt myself penetrated with a power before which all the powers of my own soul bowed themselves, as it were, in a spirit of homage and adoration.

As I held my arms crossed in my sleeves a heavenly light rested on them in the form of a little child, or rather of a brilliant sun. 'My Lord and my God', I said, 'what excess of love is this by which Thou thus lowerest Thine infinite greatness?' 'I am come, My daughter, to ask thee why thou tellest Me so often not to approach thee?' 'Thou knowest, O my Lord,' I replied, 'that it is because I am not worthy to approach Thee, much less to touch Thee.' 'Learn then,' He answered, 'that the more thou retirest into thine own nothingness, the more does My greatness lower itself to find thee.'"

Concretely, what does it mean to retire into our own nothingness? Our Lord would have us abandon all our pretenses of self-sufficiency and remember that we are created *ex nihilo*, from nothing. We are therefore utterly dependent on Him, and we should not be ashamed to implore His aid at every moment, or to be bold in carrying out the work He has given us! If we trust in God and distrust in ourselves, then we have every reason to be confident that He will bring this trust to fruition.

We see a wonderful example of this in today's Gospel. The ruler of Capharnaum has a son who has fallen sick, and he has the humility to implore his curing of Jesus. At first rebuked by Our Lord for having essentially a weak faith, one built on signs and miracles, he nevertheless perseveres. Like Abraham commanded to slay Isaac, *he hopes against hope*.

He sees, in the rebuke of Our Lord, the hidden invitation – the invitation to persevering faith. And so he does not deny, he does not argue, he does not vacillate or modify his request. He just says confidently and simply: "Lord, come down before my son die." And what is his reward? The immediate healing of his son! What a beautiful, humble and confident faith this ruler had. Let his faith be our model.

The work is progressing at the Institute's new **Sacred Heart Retreat Center** in Burlington, Wisconsin! More information on the work taking place and photographs can be found here: <https://institute-christ-king.org/news/1557-sacred-heart-retreat-center-restoration-update>.

Our **Monthly Men's Group** dinner is this Wednesday, October 18 at 7:15 pm in Fr. Kozina Hall. Men of all ages are invited to join us for a lively evening of Catholic fraternity and a talk on the Faith and how it should inform our lives in this sinful, fallen world. Also, no less important: a delicious catered dinner to follow! Rsvp to: vazquez8591@gmail.com.

Calling all **Altar Servers!** Monthly training in the serving of Holy Mass is our primary focus, but there must of course be occasional moments of camaraderie, reflection and studied analysis of the Sacred Liturgy and one's role as a knight of the Altar. To that end, there



will be a **talk and lunch** (pizza!) for the Altar Servers on Saturday, November 11 at 11:30 am in Fr. Kozina Hall. The topic will be "The Priestly Vocation." Rsvp to: canon.norman@institute-christ-king.org.

There will be a morning of recollection for the **Society of the Sacred Heart** on Saturday, November 18 in Fr. Kozina Hall, from 11:30 am to 1:30 pm. The gathering will consist of a spiritual conference followed by a potluck lunch. This is an opportunity for members and those interested to get to know the Salesian spirituality of the Institute more profoundly. Stay tuned for more details in coming weeks.

When was the last time you stopped by the **Sunday reception** after the 12:30 Mass? Come by for some coffee, fresh food and time well spent with your fellow Mass goers. Our humble Oakland Apostolate is a family, after all, like our entire Institute. We hope to see you there!

Wishing you a blessed Sunday,
Canon Norman

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 10/15	7:00 am <i>Low Mass</i>	External Solemnity of St. Margaret Mary Alacoque, Virgin <i>2nd Class / White / Exposition after 12:30 Mass</i>	Canon Norman	Souls in Purgatory
	12:30 pm <i>High Mass</i>			Arnold Lee
Mon. 10/16	6:00 pm <i>Low Mass</i>	St. Hedwig, Widow <i>3rd Class / White</i>	Fr. Staal	Martin Gonzalez†
Tue. 10/17	6:00 pm <i>Low Mass</i>	St. Margaret Mary Alacoque, Virgin <i>1st Class / White / Veneration of relic after Mass</i>	Canon Norman	Souls in Purgatory
Wed. 10/18	6:00 pm <i>Low Mass</i>	St. Luke, Evangelist <i>2nd Class / Red</i>	Canon Norman	Bryan & Cecilia Castillo
Thurs. 10/19	12:00 pm <i>Low Mass</i>	St. Peter of Alcantara, Confessor <i>3rd Class / White</i>	Canon Norman	Mary Fabilli & Siblings†
Fri. 10/20	6:00 pm <i>Low Mass</i>	St. John Cantius, Confessor <i>3rd Class / White / Adoration after Mass</i>	Canon Norman	Maria Candida Brito
Sat. 10/21	10:00 am <i>Low Mass</i>	Our Lady's Saturday <i>4th Class / White / OMPH Devotions after Mass</i>	Canon Norman	Family of Adele Gonzalez Cacas
Sun. 10/22	7:00 am <i>Low Mass</i>	Twenty-first Sunday after Pentecost <i>2nd Class / Green</i>	Canon Norman	Souls in Purgatory
	12:30 pm <i>High Mass</i>			Fawn Hoffman

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon for class times

FLOCKNOTE: sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Paulann Dymond	Lianne Claver	Msgr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	

For the repose of the souls of our beloved departed:

Rosita Foley	John Dymond	William Gilbert
Arnel Adela	Louise Grayson	Diane Kasdan
Imelda Hernandez-Constantino		Mary Persinger
Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Wyatt Hayashi	William M. Williams	Fr. Stan Zak
Dario Gonzalez	Canon Fragelli	Ernest Jacob
Nancy Duenas	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon		Louisa Siu

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry in the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

October 8-16—Novena to St. Margaret Mary Alacoque

October 17—Feast of St. Margaret Mary (Apostolate Patroness)

October 18—Men's Group Dinner, 7:15-9:15pm in Fr. Kozina Hall, RSVP to Felipe Vazquez: vazquez8591@gmail.com

October 22—Lesson in Liturgy after 12:30pm Mass in Fr. Kozina Hall

October 28—Blessing of Sacramentals after 10am Mass

October 29—Feast of Christ the King, patronal feast of the Institute; (plenary indulgence available)

"ASK A PRIEST LIVE!" RADIO PROGRAM

Canons from the Institute of Christ the King participate in a new LIVE radio show on The Station of the Cross Catholic Media Network, at 6PM eastern time each weekday. For more information, or to listen to past programs, please visit <https://thestationofthecross.com/askapriest/>

FLOWER FUND - Our volunteers provide the lovely flowers that adorn our altar year round. If you would like to support the beautification of our altar by donating to the Flower Fund, please contact Canon Norman
JOIN THE ALTAR SERVERS CORPS - Have you or your sons considered joining the ranks of the Altar Servers, and serve in that most noble of capacities – the offering of Divine Worship to the Most Holy Trinity? For details, please contact Canon: canon.norman@institute-christ-king.org

JOIN OUR SACRED MUSIC SCHOLA - The men and women of our Schola study and work hard to bring the beauty of Gregorian Chant and Polyphony to many of our Masses and liturgical ceremonies. Please consider offering your talent to serve the Sacred Liturgy through this apostolate. Please contact Dennison Gallardo: vivatxtusrex@gmail.com for further information.

SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>