



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman
Contact: canon.norman@institute-christ-king.org, (408) 600-4218
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, DECEMBER 3, 2023
FIRST SUNDAY OF ADVENT
(Mass Propers available in the Parish Bulletin)

Dear faithful,

One of the liturgical peculiarities of this time of year is the insistence of Holy Mother Church on the Second Coming of Christ and the end of the world. Last Sunday was the final Sunday of the Liturgical Year which just ended, and we heard the words of Our Lord telling us of the day when the elements of the cosmos will fail in their natural movements. The stars of Heaven will fall from the sky and the sun shall be darkened, and “they shall see the Son of man coming in the clouds of heaven with much power and majesty” (Matt. 24;13-25).

Once again on this **First Sunday of Advent**, the beginning of the new Liturgical Year, what do we hear? The warning of Our Lord of that day when the powers of heaven will be moved, and all shall see the Son of Man coming in a cloud with great power and majesty ((Luke 21;25-33).

What are we to make of this? That our destruction is inescapable? All hope is lost? No. The words of this Sunday’s Introit of the Mass exhort us always to lift up our souls to God. If we trust in Him, we will not fall prey to the snares of the enemy, because none of those who confide in the Lord shall be confounded (Psalm 24;1-3). In this spirit of humble trust in Our Savior, let us take up today our particular resolutions and begin the Advent season properly. The Christ Child will be coming to us soon, so let us prepare a fitting abode for Him in our souls.

With Advent of course, our seasonal Marian antiphon changes to the lovely ***Alma Redemptoris***. Please find the music sheets in Flocknote and in church.

We continue this Sunday our ***Novena for the Immaculate Conception***. The Novena Prayer will be recited after the 7 am Mass. After the 12:30 Mass, we will recite one decade of the Rosary, the Litany of Loreto, and the Novena Prayer. Are you remembering your intention in prayer each day during this Novena? Our Lady is greatly pleased by souls who persevere confidently in their petitions!

The ***Feast of the Immaculate Conception*** is this Friday, December 8, a Holy Day of Obligation. The Feast of the Immaculate Conception is one of the most ancient and solemn feasts of the Liturgical Year. Furthermore, Our Lady is, under this glorious title, the Principal Patroness of our dear institute, and the Patroness of our beloved nation, the United States of America.

Accordingly, there will be a Low Mass at 10 am and a High Mass at 6 pm this Friday. The 6 pm Mass will be followed by Adoration, during which we will chant the ***Litany of Loreto*** and the ***Tota Pulchra***, followed by the recitation of the ***Act of Consecration*** to Our Lady of the Immaculate Conception.

The beautiful ***Christmas cards*** will again be sold this Sunday after both Masses. Please consider purchasing a pack for sending your season’s greetings to your loved ones. We need all the edifying visual reminders we can get of the mysteries of our Faith, especially in these days when faith is so scarce.

We will also ***sign Christmas cards for the seminarians*** this Sunday, and on Sunday, December 10, after the 7 am and 12:30 pm Masses. Your handwritten signature on these cards reminds the seminarians that their hard work is supported by the grace of God, obtained through your prayers and devotion. The cards will be available for signing in Fr. Kozina Hall.



Calendars from the Institute of Christ the King will be available for purchase after the 7 am and 12:30 pm Masses today for \$5 each. These calendars feature tasteful photographs of the life of the Institute at our international seminary, Gricigliano, located near Florence, Italy, as well as the various apostolates of the Institute worldwide.

Calling all those with the spirit of St. Nicholas! We are organizing a ***Christmas Eve Toy Drive*** for the benefit of less fortunate families in Oakland. It is truly a work of Christian charity to bring some Christmas joy to the hearts of the young. A large open box will be made available in Fr. Kozina Hall during this month for depositing ***new toys***. ***No food or old toys***, please. Donations must be in by Saturday, December 23. For questions, contact Ben Palacios: benjaminpalacios1@gmail.com or (510) 388-7207.

The ***Men’s Retreat***, originally planned for December 13, is being ***rescheduled***. Please stay tuned for updates.

Next Sunday, December 10, we will have a festive reception after the 12:30 Mass in honor of ***Our Lady of Guadalupe***, Patroness of the Americas. Her feast day is Tuesday, December 12, and the Proper Mass will be celebrated. Next Sunday’s reception will feature traditional, homemade Mexican food. Do you have a dish you’d like to bring? Please contact Mara Roberts: sancta.maria2@gmail.com.

Wishing you a blessed Sunday,
Canon Norman

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 12/3	7:00 am <i>Low Mass</i>	First Sunday of Advent <i>1st Class / Violet</i>	Canon Norman	Thanh Nguyen
	12:30 pm <i>High Mass</i>			Allen & Marie Therese McDonald †
Mon. 12/4	6:00 pm <i>Low Mass</i>	St. Peter Chrysologus, Bishop, Confessor & Doctor of the Church <i>3rd Class / White</i>	Fr. Staal	Souls in Purgatory
Tue. 12/5	6:00 pm <i>Low Mass</i>	Feria/Mass of First Sunday of Advent <i>3rd Class / Violet</i>	Canon Norman	Souls in Purgatory
Wed. 12/6	6:00 pm <i>Low Mass</i>	St. Nicholas, Bishop & Confessor <i>3rd Class / White</i>	Canon Norman	Maria Vanider-Hill
Thurs. 12/7	12:00 pm <i>Low Mass</i>	St. Ambrose, Bishop, Confessor & Doctor of the Church <i>3rd Class / White</i>	Canon Norman	Seiko Huang †
Fri. 12/8	10:00 am <i>Low Mass</i>	The Immaculate Conception of the Blessed Virgin Mary <i>1st Class / White / Act of Consecration after Mass</i> <i>Adoration after 6pm Mass</i>	Canon Norman	Richard M. Smith †
	6:00 pm <i>High Mass</i>			Pam Funcke's Family
Sat. 12/9	10:00 am <i>Low Mass</i>	Feria/Mass of First Sunday of Advent <i>3rd Class / Violet</i>	Canon Norman	Miguel Muñoz Ruiz †
Sun. 12/10	7:00 am <i>Low Mass</i>	Second Sunday of Advent <i>1st Class / Violet</i>	Canon Norman	Ba Van Dinh †
	12:30 pm <i>High Mass</i>			Diane, Tim & Holden Steinhilber

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon for class times

FLOCKNOTE: sign up at ickspeakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Paulann Dymond	Lianne Claver	Msr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	

For the repose of the souls of our beloved departed:

Arnel Adela	Louise Grayson	Diane Kasdan
Imelda Hernandez-Constantino		Mary Persinger
Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Dario Gonzalez	William M. Williams	Fr. Stan Zak
Nancy Duenas	Canon Fragelli	Ernest Jacob
Louisa Siu	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon	Count Wolfgang von Waldstein	
Bernadette Moreau		

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

November 29 - December 7—Preparatory Novena for the Immaculate Conception (Sermon during Mass, decade of Rosary, Litany of Loreto and Novena Prayer after Mass)

December 3 & 10—sign Christmas cards for seminarians in the hall

December 8—Immaculate Conception (Holy Day of Obligation)

December 12—Our Lady of Guadalupe

December 16—Our Mother of Perpetual Help Devotions after 10am Mass

December 17—Gaudete Sunday; Lesson in Liturgy after 12:30pm Mass

December 24—Christmas Vigil

FLOWER FUND - Our volunteers provide the lovely flowers that adorn our altar year round. If you would like to support the beautification of our altar by donating to the Flower Fund, please contact Canon Norman

JOIN THE ALTAR SERVERS CORPS - Have you or your sons considered joining the ranks of the Altar Servers, and serve in that most noble of capacities – the offering of Divine Worship to the Most Holy Trinity? For details, please contact Canon: canon.norman@institute-christ-king.org

JOIN OUR SACRED MUSIC SCHOLA - The men and women of our Schola study and work hard to bring the beauty of Gregorian Chant and Polyphony to many of our Masses and liturgical ceremonies. Please consider offering your talent to serve the Sacred Liturgy through this apostolate. Please contact Dennison Gallardo: vivatxtusrex@gmail.com for further information.

"ASK A PRIEST LIVE!" RADIO PROGRAM

Canons from the Institute of Christ the King participate in a new LIVE radio show on The Station of the Cross Catholic Media Network, at 6PM eastern time each weekday. For more information, or to listen to past programs, please visit <https://thestationofthecross.com/askapriest/>

SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>