



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman

Contact: canon.norman@institute-christ-king.org, (408) 600-4218

Website: <http://www.institute-christ-king.org/oakland-home>

OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH

Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, MARCH 10, 2024
FOURTH SUNDAY OF LENT (LĒTÁRE)
(We offer the Mass Propers in the Parish Bulletin)

Dear faithful,

Laetare Sunday already! The Fourth Sunday of Lent brings us within view of the Day of Our Lord's Resurrection, Easter Sunday. The joy which Holy Mother Church calls us to this Sunday is reinforced by the return of the organ, rose vestments, and flowers on the altar. Let us then rejoice, for we are children not of Sina, but of Jerusalem. Our mother, the holy Church, is not like the slave, Agar, the mother of Ishmael, but free, like Sara, the mother of Isaac. It is unto freedom that she has brought us up. Israel served God in fear, their hearts were ever tending to idolatry, and could only be kept to duty by the heavy yoke of God's punishments. We, being more blessed, serve God through love. The yoke of Our Lord is sweet, and the burden light. We are not citizens of the earth, but pilgrims passing through it to our true country, the Heavenly Jerusalem, which is above.

That time of the month has rolled around again, the second Sunday, and you know what that means: Coffee and **donuts** in Fr. Kozina Hall after the 7 am Mass! Don't leave a hole in the middle of the fellowship! And don't worry if you look a little glazed over. It's early, we understand.

A few reminders about upcoming events: The monthly **Lesson in Liturgy** is this Sunday at 3 pm in Fr. Kozina Hall. The monthly **Men's Group dinner** is this Tuesday, March 12 at 7:15 pm in Fr. Kozina Hall. Join us for a delicious dinner and a Lenten film! RSVP by Monday morning to Felipe Vázquez: 510-432-8995 or MANofStJoseph@gmail.com.

His Eminence **Cardinal Burke** has announced a nine-month **Novena to Our Lady of Guadalupe**, to begin **this Tuesday, March 12** and last until December 12. The purpose of this novena is to gain the protection of Our Blessed Mother in this time of war, moral degradation and unprecedented doctrinal error and sin sadly running rampant in the Church, even at the highest levels of the hierarchy.

We will join His Eminence in reciting the Litany of Loreto and the Novena Prayer (attached in Flocknote) after Mass on the twelfth day each month during this period. More information is available here: <https://novena.cardinalburke.com/>. All are asked to recite this novena prayer in private on the other days of the month.

With St. Michael, let us joyously proclaim "Serviam!" to God's Holy Will ("I will serve!"). **St. Michael's Patrol** is open for registration. The annual California father-son summer camp of the Institute of Christ the King, with participation from the Oakland, San Jose and Tucson Apostolates, is filled with **sports, outdoor activities and nightly campfire entertainment**. There is, more importantly, daily Mass in the **Traditional Latin Rite**, as well as Rosary Processions, other prayers and spiritual talks. The tentative dates for the camp are Wednesday, July 24 – Saturday, July 27. Contact Canon Norman by email to RSVP.

Remember: **Daylight Saving Time starts this Sunday, March 10 at 2 am**. At 2 am, we "spring forward" to 3 am. Be sure to get to bed extra early on Saturday night! We hope to see you at the Sunday reception today after the 12:30 Mass!

Wishing you a blessed Sunday,
Canon Norman



Abraham Driving Out Hagar and Ishmael, Il Guercino, 1657-58

Did you know? The Great Lenten Veil:

We all know of the veiling of statues at Paschionide, but have you heard of the great Lenten Veil before the sanctuary of centuries past? We must fast during Lent. In former times, to better prepare themselves to live the great mystery of the death and resurrection of Christ, Catholics not only fasted from food, but with their ears and their eyes too.

Auditory privation was accomplished by suppressing organ music and other instruments, but also in many dioceses, the ringing of bells. Visual privation was done by placing grand veils over the Cross and the statues, and of course the prohibition of flowers on the altar. Visual privation also included closing off the sanctuary with a great veil, the Lenten Veil or **velum quadragesimale**.

In Paris, until around the year 1870, such a veil was hung from the First Sunday of Lent until Spy Wednesday in Holy Week. This great veil, made of violet or ash-colored linen, completely closed off the sanctuary and covered the view of the High Altar. It was dropped on the floor of the sanctuary during the Spy Wednesday (Holy Wednesday) Mass during the chanting of the Passion according to St. Luke, precisely when the Narrator reached the chanting of this verse: "et obscuratus est sol: et velum templi scissum est medium" ("And the sun was darkened, and the veil of the temple was rent in the midst") (Luke 23:45). (Source: <https://www.liturgicalartsjournal.com/2018/03/the-lenten-veil-velum-quadragesimale-by.html>).

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 3/10	7:00 am <i>Low Mass</i>	Fourth Sunday of Lent (Lætáre) <i>1st Class / Rose</i>	Canon Norman	Rita Malloy
	12:30 pm <i>High Mass</i>			Marquez Family
Mon. 3/11	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i>	Father Staal	Msgr. David Link
Tue. 3/12	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i> <i>Litany of Loreto & Novena to OLG after Mass</i>	Canon Norman	Theresa Dinh
Wed. 3/13	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet / Adoration after Mass</i>	Canon Norman	Dustin Gross
Thurs. 3/14	12:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i>	Canon Norman	Jasna Dragan† & Jadranka Gelo
Fri. 3/15	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i> <i>Stations of the Cross after Mass</i>	Canon Norman	Arden Glass†
Sat. 3/16	10:00 am <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet / OMPH Devotions after Mass</i>	Canon Norman	Claire Bocek
Sun. 3/17	7:00 am <i>Low Mass</i>	Passion Sunday <i>1st Class / Violet</i>	Canon Norman	Souls in Purgatory
	12:30 pm <i>High Mass</i>			Helen Gourley†

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon for class times

First Communion Class: Wednesdays, at 4:00 pm

Flocknote: Sign up at [ickspoakland.flocknote.com](https://www.ickspoakland.flocknote.com) or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Paulann Dymond	Lianne Claver	Msgr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	Rick Pawek
Catherine Duenas	Linda Richter	Lillian Jimenez

For the repose of the souls of our beloved departed:

Bea Benham	Valeria Casillas	Carlos San Miguel
Dario Gonzalez	William M. Williams	Fr. Stan Zak
Nancy Duenas	Canon Fragelli	Ernest Jacob
Louisa Siu	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon	Count Wolfgang von Waldstein	
Bernadette Moreau	Fr. Prokop Jozef Zboron, OCarm	
Thomas Apple	Alan Wong	Carole Jenkins
Fr. Alexander Snyder		<i>Requiescant in pace.</i>

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

March 10—Lesson in Liturgy, 3:00-3:30pm in Fr. Kozina Hall

March 12—Men's Group Dinner, 7:15-9:15pm in Fr. Kozina Hall, RSVP to Felipe Vásquez: MANofStJoseph@gmail.com or 510-432-8995

March 12—9-month Novena to Our Lady of Guadalupe

March 16—Our Mother of Perpetual Help Devotions after 10am Mass

March 19—St. Joseph

March 21—St. Benedict, Institute Patron (plenary indulgence available)

March 23—Blessing of Sacramentals after 10am Mass

LENTEN SCHEDULE

- Stations of the Cross after the 6 pm Mass on Fridays of Lent, beginning February 16; no Stations on Good Friday.
- Adoration after the 6 pm Mass on Wednesdays of Lent

HOLY WEEK SERVICES:

Palm Sunday, March 24: 7 am: Low Mass

12:30 pm: Blessing of Palms, Procession and High Mass

Holy Thursday, March 28: 4:30 pm: High Mass, Procession to the Altar of Repose and Stripping of the Altars

Good Friday, March 29: 5:30 pm: Mass of the Presanctified Gifts

Holy Saturday, March 30: 2 pm: Easter Vigil

Easter Sunday, March 31: 7 am: Low Mass, 12:30 pm: High Mass

HOUSE BLESSING

When was the last time you had a house blessing? Lent is the traditional time of year for this ancient sacramental. If you would like your home blessed, please call or email Canon Norman.

SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>