



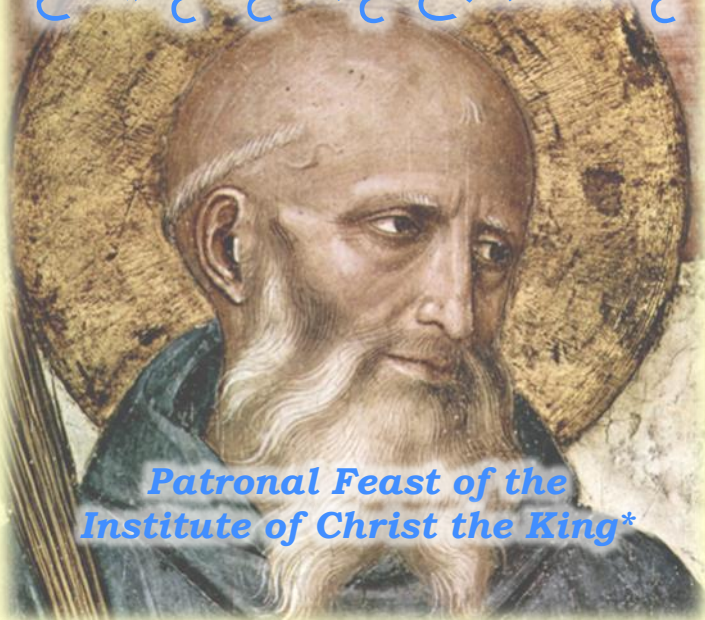
# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

3rd Sunday of Lent - Mar 20th, A.D. 2022

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

## Feast of St. Benedict



*Patronal Feast of the  
Institute of Christ the King\**

**Monday, March 21st**  
**5:30-5:50pm Confessions**  
**6:00pm High Mass**

*\*with possibility to gain a plenary  
indulgence by assisting at Holy Mass  
under the usual conditions.*

## Annunciation Day

Friday, March 25th

*Ave, Gratia Plena!*

11:00am Stations

12:00pm Low Mass

*followed by Exposition & Confessions*

12:30-5:45pm Adoration

5:00-5:40pm Confessions

6:00pm High Mass

7:30pm Stations



## Way of the Cross & Adoration

Every Friday during Lent

**SPECIAL SCHEDULE THIS FRI, MAR 25**

Way of the Cross: 11:00am & **7:30pm**

Adoration: After Noon Mass until 5:45pm



**TODAY**  
**AFTER THE**  
**HIGH MASS**

**20-minute**  
*Lessons in Liturgy*

## #5 - "The Relation of the Sacrifice of the Mass to the Sacrifice of the Cross"

Please join Canon Fehrenbacher in the hall for this educational series of talks!

## Los Niños de la Virgen

Children are invited to learn about the Apparitions of Our Lady through coloring books.





## Saint Gianna Oratory

*Extraordinary Form of the Roman Rite,*

### “Traditional Latin Mass”

**Mailing Address:** Saint Gianna Oratory  
P.O. Box 87350, Tucson, AZ 85754

**Telephone:** (520) 883-4360

**Office Hours:** Wed & Fri 10am– 4pm

(NB: St. Gianna Oratory office is not located at the church)

**Email:** stgianna.tucson@institute-christ-king.org

### Oratory Staff

Canon Jonathon Fehrenbacher, *Rector*

Canon Bryan Silvey, *Vicar*

Mrs. Teri Gauger, *Oratory Secretary*

Mr. Matthew Lancaster, *Music Director*

**Website & Online Bulletin:** saintgianna.net

“Join our Flocknote” from our website to receive email updates on other important information.

### FOR DONATIONS:

- 1) Please write check to **Institute of Christ the King** and mail or drop into the collection.
- 2) or donate securely using the DONATE button on our website

<p>Sun. 3/20 8:30am Low Mass 10:30am High Mass 5:00pm Low Mass</p>	<p><b>3RD SUNDAY OF LENT / 1st class / Violet</b> <u>Mass</u> (Oculi mei) : Comm. pro Papa, Credo, Preface of Lent</p>	<p>†James Goodrich by Martha Goodrich</p>
<p>Mon. 3/21 6:00pm High Mass</p>	<p><b>ST. BENEDICT / 1st class / White</b> <u>Mass</u> (Os justi) : Gloria, Comm. of Feria, Credo, Preface of Lent, Last Gospel of Lenten Feria</p>	<p><b>Pro populo</b> †Leopoldo Ceja by Lance Acuna CF Gabriel Barnes by the Barnes Family CS The Unborn by Anne Marie Standley</p>
<p>Tue. 3/22 8:00am Low Mass</p>	<p><b>Anniversary of Papal Inauguration / 2nd class / White</b> <u>Mass</u> (Statuit ei) : Gloria, Comm. of Feria, Preface of Lent, Last Gospel of Lenten Feria</p>	<p>CF †Jean Claude Gauthier by the Gauthier Family CS Our Holy Catholic Church by Anne Marie Standley</p>
<p>Wed. 3/23 8:00am Low Mass</p>	<p><b>Feria of Lent / 3rd class / Violet</b> <u>Mass</u> (Ego autem) : Comm. pro Papa, Preface of Lent Wednesday Devotions to St. Joseph</p>	<p>CF Amanda E Steinhafel by Nancy Evers CS †Susan Rose Gorman by Bob &amp; Nancy Gorman</p>
<p>Thur. 3/24 5:00pm Exposition 6:00pm Low Mass</p>	<p><b>Feria of Lent / 3rd class / Violet</b> <u>Mass</u> (Salus) : Comm. of St. Gabriel Archangel &amp; pro Papa, Preface of Lent</p>	<p>CF Deborah Schultz by Carl Schultz CS †Susan Rose Gorman by Bob &amp; Nancy Gorman</p>
<p>Fri. 3/25 12:00pm Low Mass 6:00pm High Mass <i>Abstinence</i></p>	<p><b>ANNUNCIATION OF THE B.V.M. / 1st class / White</b> <u>Mass</u> (Vultum tuum) : Gloria, Comm. of Feria, Credo, Preface of B.V.M., Last Gospel of Lenten Feria</p>	<p>†Kenneth Snyder by Shirley Snyder Gauger Family by Jackie Fehrenbacher</p>
<p>Sat. 3/26 8:00am Low Mass</p>	<p><b>Feria of Lent / 3rd class / Violet</b> <u>Mass</u> (Verba mea) : Comm. pro Papa, Preface of Lent Saturday Devotion to Our Lady of Sorrows</p>	<p>CF †John Ward by Steve &amp; Teri Gauger CS Oliver Bragg by Robert Setele</p>
<p>Sun. 3/27 8:30am Low Mass 10:30am High Mass 5:00pm Low Mass</p>	<p><b>4TH SUNDAY OF LENT ‘LAETARE’ / 1st class / Rose</b> <u>Mass</u> (Laetare) : Comm. pro Papa, Credo, Preface of Lent</p>	<p>Klaus Linley by the Barnes Family <b>Pro populo</b> Andy Stropko by Lanny Stropko</p>

## CONFESSIONS TIMES THIS WEEK

<p>Sun, 3/20 8:00-8:30am 9:30-10:30am 4:30-4:50pm</p>		<p>Fri, 3/25 Aft. 12pm Mass 5:00-5:40pm</p>
<p>Mon, 3/21 5:30-5:50pm</p>		<p>Sat, 3/26 7:30-7:50am 3:15-3:50pm</p>
<p>Tues, 3/22 7:30-7:50am</p>		<p>Sun, 3/27 8:00-8:30am</p>
<p>Wed, 3/23 7:30-7:50am</p>		<p>9:30-10:30am</p>
<p>Thurs, 3/24 5:00-5:40pm</p>		<p>4:30-4:50pm</p>

## Please Remember in Your Prayers:

**Deceased:** Mitchell Awana; John Pfeiffer; Peter Meis; Robert Hilz; Mary Anne Boyle; Daniel Mullen; John Ward; Alexandro Dorame; David Cordova; Antonio Fragelli; April Hepner; Kevin Warapius; Louis Dolence; Delfina Salazar; Glenn Tirey; Charlene Gauger; Mary Kearney; Aaron Gallegos  
**Healing:** Canon Francis Altieri; Catie Gauger; Susan Smith; Richard Sarti; Don Perkins; Christina Gallagher; Ramona Ramirez; Canon Fragelli, “Those suffering from Covid”



## Upcoming Events

- Mar. 20th 20-min. Lesson in Liturgy  
Mar. 21st St. Benedict, High Mass at 6pm  
Mar. 25th Annunciation, Low Mass at 12pm  
High Mass at 6pm  
April 2nd Church Cleaning & Statue Veiling

## THANK YOU!...

To all hands and hearts who pitched in to clean and landscape our beautiful church grounds. Now you can admire the fruit of your labors every time you come to church!



## Mark your calendars...

**Laetare Sunday, March 27th**

**Fun Outing.....**

Check donations to support  
St. Gianna Oratory  
should be made payable to:

**INSTITUTE OF CHRIST THE KING**

Many thanks to those who donated to last Sunday's special collection for the Black & Indian Missions



## Thought from St. Francis de Sales:

Thinking of the grandeur of Saint Joseph, consider the words, "Lord, look with favorable eyes on the good and upright of heart." [cf. Ps 36:11] I would like to say a few words about this saint whom we love so much because he has cultivated love in every heart. My God, how good and upright

this great saint must have been if the Lord gave him the lofty privilege of being entrusted with His mother and His Son! With these two responsibilities, he could have been envied by the angels. Could anyone in all heaven possess any greater privilege than this? Who is there among the angels who could be compared with the queen of angels? And who can compare with the Son of God Himself? Yet Saint Joseph was closer to them than anyone else.

*(Letters 671; O. XV, p. 33)*

## From *The Liturgical Year*, *3rd Sunday of Lent*

by Dom Gueranger, O.S.B.

**"At that time: Jesus was casting out a devil, and the same was dumb. And when he had cast out the devil, the dumb spoke, and the multitude were in admiration at it."**

*(from the Gospel, Luke Ch. XI)*

As soon as Jesus had cast out the devil, the man recovered his speech, for the possession had made him dumb. It is an image of what happens to a sinner, who will not, or dare not, confess his sin. If he confessed it, and asked pardon, he would be delivered from the tyranny which now oppresses him. Alas! how many there are who are kept back, by a *dumb devil*, from making the Confession that would save them! The holy Season of Lent is advancing; these days of grace are passing away; let us profit by them; and if we ourselves be in the state of grace, let us offer up our earnest prayers for sinners, that they may *speak*, that is, may accuse themselves in Confession and obtain pardon.

Let us also listen, with holy fear, to what our Savior tells us with regard to our invisible enemies. They are so powerful and crafty, that our resistance would be useless, unless we had God on our side, and his holy Angels, who watch over us and join us in the great combat. It was to these unclean and hateful spirits of hell that we delivered ourselves when we sinned: we preferred their tyrannical sway to the sweet and light yoke of our compassionate Redeemer. Now we are set free, or are hoping to be so; let us thank our Divine Liberator; but let us take care not to re-admit our enemies. Our Savior warns us of our danger. They will return to the attack; they will endeavor to force their entrance into our soul, after it has been sanctified by the Lamb of the Passover. If we be watchful and faithful, they will be confounded, and leave us: but if we be tepid and careless, if we lose our appreciation of the grace we have received, and forget our obligations to Him who has saved us, our defeat is inevitable; and as our Lord says, our *last state is to be worse than the first*.

**Catholic Tuition Support Organization**  
**192 S. Stone Ave.**  
**Tucson, Arizona 85701**

You can make a 2021 tax credit contribution until April 18th.

Go to [www.ctso-tucson.org](http://www.ctso-tucson.org) to make a secure online contribution or call us at: 520-838-2558 or 877-829-2876

### **THIRD SUNDAY IN LENT**

**INTROIT:** Ps. 24: 15,16,1,2 Mine eyes are ever towards the Lord: for He shall pluck my feet out of the snare: look Thou upon me, and have mercy on me; for I am alone and poor. (Ps) To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed. Glory be. Mine eyes are...

**COLLECT:** We beseech Thee, O almighty God, look upon the desires of the humble: and stretch forth the right hand of Thy Majesty to be our defense. Through Our Lord.

**EPISTLE:** Eph. 5: 1-9 *Lesson from the Epistle of Blessed Paul the Apostle to the Ephesus* Brethren: Be ye followers of God, as most dear children: and walk in love, as Christ also hath loved us and hath delivered Himself for us, an oblation and a sacrifice to God for an odor of sweetness. But fornication, and all uncleanness or covetousness, let it not so much as be named among you, as becometh saints: or obscenity, or foolish talking, or scurrility, which is to no purpose: but rather giving of thanks. For know you this, and understand that no fornicator, or unclean, or covetous person, which is a serving of idols, hath inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words: for because of these things cometh the anger of God upon the children of unbelief. Be ye not therefore partakers with them. For you were heretofore darkness: but now light in the Lord. Walk then as children of the light: for the fruit of the light is in all goodness and justice and truth.

**GRADUAL:** Ps. 9: 20, 4 Arise, O Lord, and let not man be strengthened; let the gentiles be judged in Thy sight. When mine enemy shall be turned back, they shall be weakened and perish before Thy face.

**TRACT:** Ps. 122: 1-3 To Thee have I lifted up mine eyes, Who dwellest in heaven. Behold as the eyes of servants are on the hands of their masters, and as the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until He have mercy on us. Have mercy on us, O Lord, have mercy on us.

**GOSPEL:** Lk. 11: 14-28 *+Continuation of the Holy Gospel according to St. Luke* At that time Jesus was casting out a devil, and the same was dumb. And when He had cast out the devil, the dumb spoke, and the multitudes were in admiration at it. But some of them said: He casteth out devils by Beelzebub, the prince of devils. And

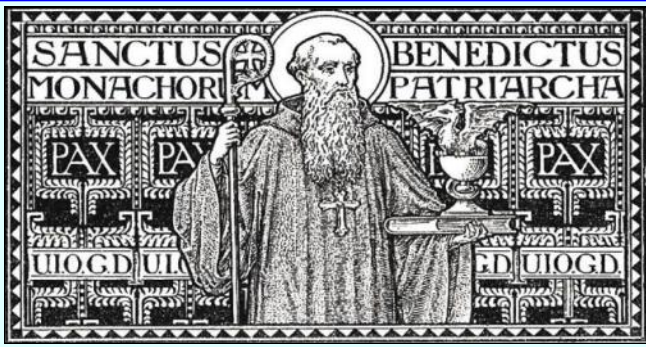
others, tempting, asked of Him a sign from heaven. But He, seeing their thoughts, said to them: Every kingdom divided against itself shall be brought to desolation, and house upon house shall fall. And if Satan also be divided against himself, how shall his kingdom stand? because you say that through Beelzebub I cast out devils. Now if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore, they shall be your judges. But if I by the finger of God cast out devils; doubtless the kingdom of God is come upon you. When a strong man armed keepeth his court, those things are in peace which he possesseth. But if a stronger than he is come upon him and overcome him, he will take away all his armor wherein he trusted, and will distribute his spoils. He that is not with Me is against Me: and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through places without water, seeking rest: and not finding, he saith: I will return into my house whence I came out. And when he is come, he findeth it swept and garnished. Then he goeth and taketh with him seven other spirits more wicked than himself, and entering in they dwell there. And the last state of that man becomes worse than the first. And it came to pass, as He spoke these things, a certain woman from the crowd, lifting up her voice, said to Him: Blessed is the womb that bore Thee, and the paps that gave Thee suck. But He said: Yea, rather, blessed are they who hear the word of God, and keep it.

**OFFERTORY:** Ps. 18: 9, 11, 12 The precepts of the Lord are right, rejoicing hearts, and His judgments are sweeter than honey and the honeycomb: for Thy servant keepeth them.

**SECRET:** May this Victim, O Lord, we beseech Thee, cleanse away our sins: and by sanctifying Thy servants in body and mind, make them fit to celebrate this Sacrifice. Through Our Lord.

**COMMUNION:** Ps. 83: 4, 5 The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thine altars, O Lord of hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee for ever and ever.

**POSTCOMMUNION:** In Thy mercy, we beseech Thee, O Lord, do Thou from all guilt and peril absolve us, whom Thou grantest to be sharers in so great a mystery. Through Our Lord.



## ***ST. BENEDICT, Abbot***

**Introit** *Psalm 36: 30-31, 1* The mouth of the just shall meditate wisdom, and his tongue shall speak judgment: the law of his God is in his heart. *Ps.* Be not emulous of evildoers: nor envy them that work iniquity. Glory be to the Father.

**Collect** May the intercession of the blessed Abbot Benedict, commend us, we beseech Thee, O Lord, that what we cannot attain by our own deserts we may attain through his patronage. Through our Lord.

**Epistle** *Ecclesiasticus 45: 1-6*

He was beloved of God and men, whose memory is in benediction; He made him like the saints in glory, and magnified him in the fear of his enemies; and with his words he made prodigies to cease; He glorified him in the sight of kings, and gave him commandments in the sight of his people, and showed him his glory; He sanctified him in his faith and meekness, and chose him out of all flesh; for He heard him and his voice, and brought him into a cloud; and He gave him commandments before his face, and a law of life and instruction.

**Gradual** *Psalm 20: 4-5* O Lord, Thou hast prevented him with blessings of sweetness; Thou hast set on his head a crown of precious stones. He asked life of Thee, and Thou hast given him length of days for ever and ever.

**Tract** *Psalm 111: 1-3* Blessed is the man that feareth the Lord: he shall delight exceedingly in His commandments. His seed shall be mighty upon earth: the generation of the righteous shall be blessed. Glory and wealth shall be in his house: and his justice remaineth for ever and ever.

**Gospel** *Matthew 19: 27-29*

At that time, Peter said to Jesus: Behold we have left all things, and have followed Thee: what therefore shall we have? And Jesus said to them: Amen I say to you, that you who have followed Me, in the regeneration, when the Son of man shall sit on the seat of His majesty, you also shall sit on twelve seats judging the twelve tribes of Israel. And every one that hath left house, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for My name's sake, shall receive an hundredfold, and shall possess life everlasting.

**Offertory** *Psalm 20: 3,4* Thou hast given him his heart's desire, O Lord, and hast not withholden from him the will of his lips: Thou hast set on his head a crown of precious stones.

**Secret** May the holy Abbot Benedict, we beseech Thee, O Lord, obtain by his prayers that the Sacrifice laid on Thy holy altar may profit us unto salvation. Through our Lord.

**Communion** *Luke 12: 42* This is the faithful and wise steward, whom his lord setteth over his family: to give them their measure of wheat in due season.

**Postcommunion** May the pleading of blessed Benedict the Abbot for us, as well as the reception of Thy Sacrament, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord.

**Last Gospel** *(of the Feria)*





## ***Annunciation of the Blessed Virgin Mary***

**INTROIT** *Ps. 44:13, 15, 16, 2* All the rich among the people shall seek Thy favor. Behind her the virgins shall be led to the King, her friends shall be brought to thee with gladness and joy. My heart overflows with good tidings; I sing my song to the King. V. Glory be .

**COLLECT** O God, by Your divine decree the Word was made flesh in the womb of the Blessed Virgin Mary at the announcement of the angel. May the prayers of the Virgin help us, for we believe that she is truly the Mother of God. Through the same.

**EPISTLE** *Isa. 7:10-15* In those days, the Lord spoke again to Achaz, saying: Ask thee a sign of the Lord thy God, either unto the depth of hell, or unto the height above. And Achaz said: I will not ask, and I will not tempt the Lord. And He said: Hear ye therefore, O house of David: Is it a small thing for you to be grievous to men, that you are grievous to my God also? Therefore the Lord himself shall give you a sign. Behold a Virgin shall conceive and bear a Son, and His name shall be called Emmanuel. He shall eat butter and honey, that He may know to refuse the evil, and to choose the good.

**GRADUAL** *Ps. 44:3, 5* Grace is poured out in thy lips; therefore God has blessed thee forever and for all ages. V. For the sake of truth and meekness and justice, may thy right hand lead thee on wonderfully.

**TRACT** *Ps. 44:11, 12, 13, 10 15-16* Hear, O daughter, and see; turn thine ear: for the King greatly desires thy beauty. V. All the rich among the people seek thy favor: the daughters of the King wish to be held in honor by thee. V. Behind her the virgins shall be led to the King;

her friends shall be brought to Thee. V. They shall be brought in with gladness and joy, they shall be led into the temple of the King.

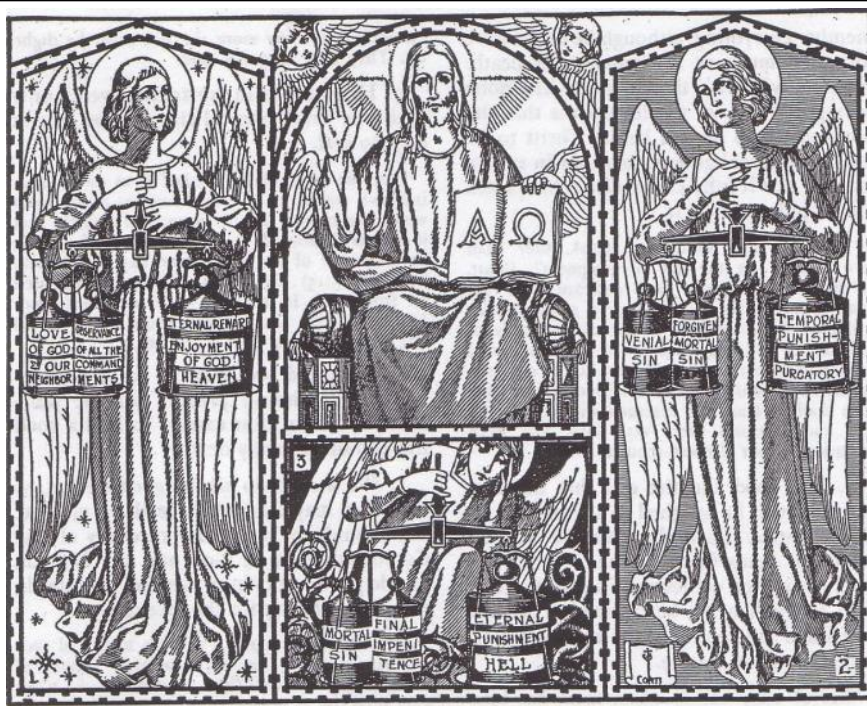
**GOSPEL** *Luke 1:26-38* At that time, the Angel Gabriel was sent from God into a city of Galilee, called Nazareth, to a Virgin espoused to a man whose name was Joseph, of the house of David: and the Virgin's name was Mary. And the Angel being come in, said unto her: Hail, full of grace: the Lord is with thee: blessed art thou among women. Who having heard, was troubled at his saying and thought with herself what manner of salutation this should be. And the Angel said to her: Fear not, Mary, for thou hast found grace with God. Behold thou shalt conceive in thy womb and shalt bring forth a Son: and thou shalt call His name Jesus. He shall be great and shall be called the Son of the Most High. And the Lord God shall give unto Him the throne of David His father: and He shall reign in the house of Jacob for ever. And of His kingdom there shall be no end. And Mary said to the Angel: How shall this be done, because I know not man? And the Angel answering, said to her: The Holy Ghost shall come upon thee and the power of the Most High shall overshadow thee. And therefore also the Holy which shall be born of thee shall be called the Son of God. And behold thy cousin Elizabeth, she also hath conceived a son in her old age: and this is the sixth month with her that is called barren. Because no word shall be impossible with God. And Mary said: Behold the handmaid of the Lord: be it done to me according to thy word.

**OFFERTORY** *Luke 1:28, 42* Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb.

**SECRET** O Lord, fix deeply in our minds the mysteries of our true faith. We profess that Thy Son who was conceived of a Virgin is true God and true man. May His life-giving resurrection bring us the reward of eternal happiness. Through the same.

**COMMUNION** *Isa. 7:14* Behold, a Virgin shall conceive, and bear a Son, and His name shall be called Emmanuel.

**POSTCOMMUNION** Pour forth, we beseech Thee, O Lord, Thy grace into our hearts: that we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His passion and cross be brought to the glory of the Resurrection. Through the same.



## Fasting and Abstinence: RULES AND PRACTICE

*Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.*

**Fasting:** Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

**Abstinence:** In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

*[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]*

**Children:** Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

**Encouragements:** Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

**The USCCB in its letter of Nov. 18, 1966,** "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

**Exceptions for Fasting and Abstinence:** Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

**Fasting Prayer:** *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*