

KICKOFF WEEKEND: FEB. 25-26, 2023



HIS SACRIFICE,
and ours!

2023 ARCHBISHOP'S ANNUAL APPEAL



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Institute of Christ the King Sovereign Priest
A Society of Apostolic Life of Pontifical Right — Living the Truth in Charity

Saint Patrick Oratory

50 Charles Street, Waterbury, CT 06708
Priory: (203) 756-8837
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Facebook: @StPatrickOratoryParish
<https://www.institute-christ-king.org/waterbury-home>



First Sunday of Lent 26th February AD 2023

Mass Times

Sunday: 8:30am Low Mass
10:30am High Mass
Monday to Saturday: 8:00am Low Mass

Superiors of the Institute of Christ the King

Very Rev. Msgr. R. Michael Schmitz, STD, JCD
Vicar General in the Institute of Christ the King
Rev. Canon Matthew Talarico
Provincial Superior of the Institute's U.S. Province

Clergy and Staff of Saint Patrick Oratory

Rev. Canon Joel Estrada Pastor & Rector
Abbé Kevin Kerscher Pastoral Assistant
David Hughes Organist & Choirmaster
Tomasz Matusiewicz Office Administrator

Confessions

Thirty minutes before each Holy Mass daily & during each weekly Holy Hour of Adoration

Devotions (consult next page for Lenten schedule)

17th - 25th of each month: Novena to the Infant King
Wednesday: Litany to St. Joseph after 8am Mass
Friday: Adoration of the Blessed Sacrament at 5pm
First Friday: additional Mass at 6pm preceded by Adoration of the Blessed Sacrament beginning at 5pm
Saturday (except First Saturday): Prayers to our Mother of Perpetual Help after 8am Mass
First Saturday: after Holy Mass, Exposition of the Blessed Sacrament, Holy Rosary & Benediction with Spiritual Conference (unless an announcement indicates otherwise)

Wisdom from Saint Francis de Sales

Patron of the Institute of Christ the King Sovereign Priest

“Do not look forward to the occurrences of this life with fear, but accept them with perfect confidence that, as they happen, God will protect and deliver you; He has guarded you until the present; hold fast by the hand of His Providence, and He will assist you on all occasions: and where you cannot walk, He will carry you. What should you fear, belonging to God, who has so emphatically assured us, that all things work together for good to those who love Him?”

SANCTUARY LAMP THIS WEEK IS FOR
NATE MINOR BY ELISE MINOR

LITURGICAL SCHEDULE

Sunday, 26th February

FIRST SUNDAY OF LENT

8:30am Low Mass - *Pro Populo*

10:30am High Mass - Deceased members of the
Daly/Calio family, by Vincent & Dorothy
Calio

6pm Vespers & Benediction

Monday, 27th February

MONDAY IN THE FIRST WEEK OF LENT

8am Low Mass - † Alix-Marie Ménoret,
by Maria Ménoret

Tuesday, 28th February

TUESDAY IN THE FIRST WEEK OF LENT

8am Low Mass - Emily Wilkinson,
by Bob & Eileen Wilkinson

Wednesday, 1st March

EMBER WEDNESDAY OF LENT

8am Low Mass - Price family intentions,
by Scott & Suzanne Price

Thursday, 2nd March

THURSDAY IN THE FIRST WEEK OF LENT

8am Low Mass - Meghan Ann Mary Maloney,
by Hugh Maloney

1st Friday, 3rd March

EMBER FRIDAY OF LENT - ABSTINENCE

8am Low Mass - Souls in Purgatory,
by Lisa Hoffer

4:30pm Holy Hour of Adoration

5:30pm Stations of the Cross

approx. 6pm High Mass - Msgr. Gilles Wach,
Prior General of the Institute of Christ the
King Sovereign Priest

1st Saturday, 4th March

EMBER SATURDAY OF LENT

8am High Mass - Perugini family,
by John & Maryellen Perugini

Sunday, 5th March

SECOND SUNDAY OF LENT

8:30am Low Mass - Deceased members of Bury
family, by Steve Bury

10:30am High Mass - *Pro Populo*

5:15pm "Organ at the Oratory" Recital Series
followed by 6pm Vespers & Benediction

St. Patrick Church Donations

Week of February 19th: \$5,729.10

Please donate securely online at
www.osvhub.com/stpatrick-parish-and-oratory
May God reward your generosity!

Sunday, 26th February

Conference on Physician-Assisted Suicide given
by guest speakers Mr. Christopher Healy of the
CT Catholic Public Affairs Conference & Mr.
Peter Wolfgang of Family Institute of
Connecticut, in Saint Patrick's Hall at 12:30pm
after the High Mass. Coffee Social follows after
conference.

1st Friday, 3rd March

1st Friday: Special Lent Schedule. 4:30pm
Adoration & Confessions, 5:30pm Stations of
the Cross, approx. 6pm High Mass

1st Saturday, 4th March

1st Saturday. 8am High Mass, followed by
Devotions. **No breakfast nor conference.**

Sunday, 5th March

Deadline to purchase tickets for Mar. 18th
Dinner

"Organ at the Oratory" Recital Series: Heinrich
Biber's Rosary Sonatas, starts at 5:15pm
followed by 6pm Vespers & Benediction

Tuesday, 7th March

1st Class Feast of St. Thomas Aquinas, patron of
the Institute, 8am Low Mass & 6pm High
Mass, Plenary Indulgence available

Friday, 10th March

5pm Holy Hour & 6pm Stations of the Cross

Friday, 17th March

Titular Parish Feast of St. Patrick, 1st Class,
8am Low Mass, 4:30pm Adoration &
Confessions, 5:30pm Stations of the Cross, 6pm
High Mass

Saturday, 18th March

Lætare Saturday Saint Patrick Irish Dinner
starts at 5:30pm (doors open at 4:30pm), call
Priory for tickets.

Sunday, 19th March

1st Confession Practicum Class for 1st
Communion students after 10:30am High
Mass, please meet at Main Confessional

Monday, 20th March

Transferred 1st Class feast of Saint Joseph,
Spouse of the Blessed Virgin Mary, 8am Low
Mass & 6pm High Mass

Tuesday, 21st March

1st Class feast of Saint Benedict, Patron of
the Institute, 8am Low Mass & 6pm High
Mass, Plenary Indulgence Available

1st Sunday of Lent

Our Blessed Lord, the Son of God, was not satisfied with atoning for all our sins by dying on the cross; He deigned to suffer a fast of forty days and forty nights, in order to encourage us to do penance. What are all our penances, even were they done thoroughly, when we compare them with the severity of this fast of our Lord in the desert? Instead of complaining about a slight inconvenience of a few days' duration, we should look upon our innocent Lord who subjected Himself to a most rigorous privation for our sakes. Prayer, devotion, and the knowledge of the exactness of His Father's justice supported Him. When the forty days were over, and His human nature faint from exhaustion, He was then assailed by temptation; but here again, He thinks of us and sets the example: triumphing over temptation, calmly and resolutely. When the Christian soul is exposed to vile insults from Satan, it complains to God for permitting such humiliations. On these occasions the Christian soul must think of our Lord, the Holy of Holies, who was given over to the wicked spirit. Souls under the violence of temptation must resist with all their energies; they are not less in the eyes of God for having undergone the attack -- and Satan, now rejected, retires with one more eternal shame and chastisement upon him. We are all sinners; the occupations of everyday life take up our thoughts, and the weakness of the flesh induces us to relax our usual austerities. So it is that our Lord has providentially given us these forty days to regain our purity of soul. The good works and holy fasting of this season were instituted as an atonement for the sins we commit during the rest of the year. But our fast does not consist in the mere abstinence from food; it is not much use to deny food to our body unless we restrain the soul from sin. We must consider the triple temptations to fight against: the concupiscence of the flesh -- the love of sensual things; concupiscence of the eyes -- the love of the goods of this world; and the pride of life -- that false confidence in ourselves that leads us to vanity and presumption, making us forget that our life and every good gift, comes from God. Every one of our sins comes from one of these sources, and it is Our Savior who should be our model in conquering these temptations -- through forbearance and perseverance.

LENTEN REGULATIONS

TO OBSERVE

1. **Ash Wednesday** (February 22, AD 2023) and **Good Friday** (April 7, AD 2023) are days of **COMPLETE ABSTINENCE FROM MEAT AND ARE ALSO DAYS OF FAST**, that is, only one full meal is allowed with no eating between meals. Two other meals, sufficient to maintain strength, may be taken according to one's needs but they together should not equal that of the full meal.
2. The other Fridays of Lent are days of abstinence from meat (unless a 1st class feast, ie. solemnity, falls on Friday, per canon 1251)
3. The obligation to **abstain from meat** binds on all who have reached the age of 14.
4. The obligation to **fast** binds all between the ages of 18 and 59.
5. Unless there is a just reason, the obligation to do penance is a serious one and no Catholic should lightly excuse himself from this obligation in the Lenten season. **Practices of Lenten penances and acts of mortification, increased devotion and prayer, and acts of mercy, charity and almsgiving, are worthy elements of our preparation for Easter.**
6. Abstinence on all other Fridays of the year (outside of the Lenten season), though not obligatory under pain of sin, is "**especially recommended**".
7. Fasting on weekdays of Lent, though not obligatory under pain of sin, is "**strongly recommended**" (National Conference of Catholic Bishops, November 18, 1966).
8. Catholics, after having received their 1st Holy Communion, are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season (between the First Sunday of Lent and Trinity Sunday).
9. Catholics are also bound to confess mortal sins at least once a year, but this is not limited to the Lenten/Easter Season. We must be well disposed to receive our Lord each time at Holy Communion and therefore **it is strongly recommended to go to confession frequently (at least once a month).**

Temptation

adapted from Saint Francis de Sales

Our Lord did not seek temptation. The Holy Ghost led Him into the desert to be tempted. If we encounter temptation in that place where the Spirit of God leads us, we must be firmly confident that God will strengthen us against these temptations no matter how strong they may be. Yet, no matter how holy and generous we may think ourselves to be, we must never trust in our own strength or courage, and go out and seek temptation, thinking we can confound it. Nonetheless, we must prepare ourselves to rise above temptation. Like Jesus, we must arm ourselves with the truth of God. This truth is nothing other than faith, which shields us from temptations. When we say, "I believe" in God the Almighty, we place our trust in God's power, not in our own strength.

As soon as you are conscious of being tempted, follow the example of children when they see a wolf or bear out in the country. They immediately run to the arms of their parents or call to them for help and protection. If the temptation continues, embrace the Holy Cross and look at our Lord. Then, turn your thoughts to some good constructive activity. Our temptations are like a chained dog. If we do not approach them they will do us no harm, even if they try to frighten us by barking at us.

Sometimes when we are faced with a temptation, in the beginning we feel wounded by some troubled emotion. Alas, we might think that it is almost impossible to serve God in holiness. Do not trouble yourself with such an idle fear. Armed with the truth of God's Word, God will strengthen us and give us the grace to persevere to do what is required for God's glory and our own welfare and happiness.

FROM THE RECTOR'S SCRIPTORIUM, CANON JOEL JOSEPH ESTRADA

Dear Faithful of Saint Patrick Oratory,

One of the 3 pillars of Lent is almsgiving. Almsgiving manifests our love and generosity towards the Lord: Authentic almsgiving springs from a merciful heart. We feel moved to provide some relief for those in need, to contribute to the upkeep and expansion of the Church, to support whatever good works benefit the common good. By giving alms we can become detached from the things of this world. Almsgiving attracts the blessing of God and produces abundant fruits. It can heal the wounds of sin. (cf. Catechism of the Sacred Council of Trent, IV, 14, 23)

As we have begun Lent, please do take advantage of the weekly Holy Hours and Stations of the Cross at the Oratory in order that you may fulfill your penances and sacrifices during this holy time. Plenary Indulgences are attached to these venerable traditions. Holy Confession is always available daily at the Oratory. Let us expiate our sins and fill our souls with much needed graces and blessings.

During these forty days of Lent we are going to experience a permanent struggle within ourselves. The Gospel of today shows us the reality of the Devil. The Church teaches us that the Devil is a real, personal being, a fallen angel. He was created good by God, but abused his free will and rejected God. Now he hates God and hates all of those created in God's image and likeness. In daily life, the Devil is like a dishonest salesman, trying to tempt us, always using the same ruse: seduction and deception. The word "Lent" is an old English word which means "springtime". May this Lent truly be a new springtime in the lives of each of us. Let this season not go to waste! These forty days are like a tithe of the whole year; and we must give our very best to the Lord in the form of this tithe of the season of Lent. Through praying, fasting, almsgiving and charity may we be like our Lord in the desert for forty days, overcoming temptation and thus receiving a grace of interior resurrection in order to be able to celebrate Easter.

Today, after the High Mass, in Saint Patrick's Hall

St. Patrick Oratory presents . . .

Assisted Suicide: Coming for Connecticut?

FOR MORE
INFORMATION
AND TO
REGISTER



Sunday, February 26, 2023
12:30 pm

Our monthly coffee social will follow the conference

Speakers

Mr. Christopher Healy, Executive Director
Connecticut Catholic Conference

Mr. Peter Wolfgang, Executive Director
Family Institute of Connecticut

*Scan QR graphic above for more information about this
important conference*

“Organ at the Oratory”

Sunday, March 5, 2023

5:15pm

Violinist: Andrew Wang

Organist: David Hughes

Heinrich Biber: Rosary Sonatas

followed by Vespers & Benediction at 6pm

Saint Patrick Oratory

50 Charles St., Waterbury, CT | stpatrik@icksp.org



Saint Patrick Oratory

Lætare Saturday

2nd Annual Irish Parish Dinner

Saturday – March 18, 2023

Saint Patrick Church Hall

50 Charles Street, Waterbury

Doors open @4:30 | Buffet Dinner @5:30

Join us for an evening of prayer and song,
food and drink, raffle and auction!

Traditional Irish Feast Menu:

Juicy Corned Beef

Small Green Cabbage

Red Bliss Potatoes

Baby Carrots

Irish Country Soda Bread

Homemade Desserts w/ Coffee & Tea

Pork Loin and Vegetarian Eggplant Parmesan options will be available

Tickets:

Seniors	65 and over	\$15
Adults	16-64	\$20
Children	10-15	\$10
Youngsters	under 10	Free

Family Rate: Two Adults with two or more paying Children: \$50 max

Purchase your tickets by calling the Priory
(203)756-8837



CONNECTICUT MARCH FOR LIFE

Wednesday, March 22, 2023

Rally – 12:00pm

March – 1:00pm

Connecticut State Capitol
210 Capitol Ave.
Hartford, CT 06106



Join our parish bus trip



The Knights of Columbus is sponsoring reduced fares for round-trip bus rides from our parish. Use the QR code or visit rally.co/ct-march-for-life to sign up by March 8th.



Enter the promo code found at checkout for a \$15 ride.
Discounts are limited and first-come, first-served.

Visit ct.marchforlife.org for more information.