



Institute of Christ the King Sovereign Priest  
*A Society of Apostolic Life of Pontifical Right — Living the Truth in Charity*

# Saint Patrick Oratory

50 Charles Street, Waterbury, CT 06708  
 Priory: (203) 756-8837  
 Email: [stpatrick@icksp.org](mailto:stpatrick@icksp.org)  
 Facebook: @StPatrickOratoryParish  
<https://www.institute-christ-king.org/waterbury-home>



## Fourth “Lætáre” Sunday of Lent 19th March AD 2023

### Mass Times

Sunday: 8:30am Low Mass  
 10:30am High Mass  
 Monday to Saturday: 8:00am Low Mass

### Superiors of the Institute of Christ the King

Very Rev. Msgr. R. Michael Schmitz, STD, JCD  
 Vicar General in the Institute of Christ the King  
 Rev. Canon Matthew Talarico  
 Provincial Superior of the Institute’s U.S. Province

### Clergy and Staff of Saint Patrick Oratory

Rev. Canon Joel Estrada	Pastor & Rector
Abbé Kevin Kerscher	Pastoral Assistant
David Hughes	Organist & Choirmaster
Tomasz Matusiewicz	Office Administrator

### Confessions

Thirty minutes before each Holy Mass daily & during each weekly Holy Hour of Adoration

### Devotions (consult next page for Lenten schedule)

17th - 25th of each month: Novena to the Infant King  
**Wednesday:** Litany to St. Joseph after 8am Mass  
**Friday:** Adoration of the Blessed Sacrament at 5pm  
**First Friday:** additional Mass at 6pm preceded by Adoration of the Blessed Sacrament beginning at 5pm  
**Saturday (except First Saturday):** Prayers to our Mother of Perpetual Help after 8am Mass  
**First Saturday:** after Holy Mass, Exposition of the Blessed Sacrament, Holy Rosary & Benediction with Spiritual Conference (unless an announcement indicates otherwise)

### Wisdom from Saint Francis de Sales

*Patron of the Institute of Christ the King Sovereign Priest*

“We correct ourselves better by a calm and lasting repentance than by one that is bitter and angry.”

SANCTUARY LAMP THIS WEEK IS FOR  
† CPT. PHILLIP PATRICK KIRK,  
REQUESTED BY BRENDA PETERSON

## LITURGICAL SCHEDULE

Sunday, 19th March

FOURTH LÆTÁRE SUNDAY OF LENT

8:30am Low Mass - Holy Souls in Purgatory,  
by John & Maryellen Perugini

10:30am High Mass - In Thanksgiving to St.  
Joseph & the Holy Family, by Minor family

6pm Vespers & Benediction

Monday, 20th March

ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY

8am Low Mass - Aimee Maloney,

by Hugh Maloney

6pm High Mass - Josefino Estrada, by Rector

Tuesday, 21st March

ST. BENEDICT, PATRON OF THE INSTITUTE OF

CHRIST THE KING SOVEREIGN PRIEST

Plenary Indulgence available

8am Low Mass - Gabriel Torres,

by Bob & Eileen Wilkinson

6pm High Mass - † Shawna O. Freeman,

by John Kozak

Wednesday, 22nd March

WEDNESDAY IN THE FOURTH WEEK OF LENT

8am Low Mass - Alberto Carlo Perrino,

by Michael G. Ursini

Thursday, 23rd March

THURSDAY IN THE FOURTH WEEK OF LENT

8am Low Mass - In thanksgiving,

by Mary Newman

Friday, 24th March

FRIDAY IN THE FOURTH WEEK OF LENT

8am Low Mass - Mary & Stephen Dombrowsk,

Stanislaw & Katherine Stefanczyk,

by Maria Stefanczyk

5pm Holy Hour of Adoration & Confessions

6pm Stations of the Cross

Saturday, 25th March

ANNUNCIATION OF THE BLESSED VIRGIN MARY

8am High Mass - † Donald Charette (3rd year  
anniv.), by son David Charette

Sunday, 26th March

PASSION SUNDAY

8:30am Low Mass - Dante J. Ursini,

by Michael G. Ursini

10:30am High Mass - *Pro Populo*

6pm Vespers & Benediction

St. Patrick Church Donations

Week of March 5th: forthcoming

Week of March 12th: forthcoming

Please donate securely online at

[www.osvhub.com/stpatrick-parish-and-oratory](http://www.osvhub.com/stpatrick-parish-and-oratory)

May God reward your generosity!

Sunday, 19th March

1st Confession Practicum Class for 1st  
Communion students after 10:30am High  
Mass, please meet at Main Confessional

Monday, 20th March

Transferred 1st Class feast of Saint Joseph,  
Spouse of the Blessed Virgin Mary, 8am Low  
Mass & 6pm High Mass

Tuesday, 21st March

1st Class feast of Saint Benedict, Patron of the  
Institute, 8am Low Mass & 6pm High Mass,  
Plenary Indulgence Available

Friday, 24th March

5pm Holy Hour & 6pm Stations of the Cross

Saturday, 25th March

Feast of the Annunciation of Our Lady, 8am  
High Mass

After the Mass, the veiling of statues and  
images in the Church (volunteers are requested)

Troop of Saint George Meeting after the High  
Mass

Sunday, 26th March

Lesson in Liturgy (20 min.) followed by Coffee  
Social after the High Mass

Friday, 31st March

5pm Holy Hour & 6pm Stations of the Cross

1st Saturday, 1st April

1st Saturday. 8am High Mass, followed by  
Devotions. **No breakfast nor conference.**

Sunday, 2nd April

Palm Sunday, 8:30am Low Mass, 10:30am  
Blessing of Palms, Procession & High Mass

“Organ at the Oratory” Recital Series at 5:30pm  
followed by 6pm Vespers & Benediction

Sunday, 9th April

Easter Sunday, 8:30am Low Mass, 10:30am  
High Mass & Benediction, no Vespers

## 4th Sunday of Lent

We find this Sunday called in several ancient documents, the Sunday of the Five Loaves. The miracle alluded to in this title not only forms an essential portion of the Church's instructions during Lent, but it also is an additional element of today's joy. We forget for an instant the coming Passion of the Son of God, to give our attention to the greatest of the benefits He has bestowed on us; for under the figure of these Loaves multiplied by the power of Jesus, our Faith sees that Bread which came down from heaven, and giveth life to the world. "The Pasch," says our Evangelist, "was near at hand;" and in a few days our Lord will say to us: "With desire have I desired to eat this Pasch with you." Before leaving this world to go to His Father, Jesus desires to feed the multitude that follows Him; and in order to do this, He displays His omnipotence. Well may we admire that creative power, which feeds five thousand men with five loaves and two fishes, and in such wise, that even after all have partaken of the feast as much as they would, there remain fragments enough to fill twelve baskets. Such a miracle is, indeed, an evident proof of Jesus' mission; but He intends it as a preparation for something far more wonderful; He intends it as a figure and a pledge of what He is soon to do, not merely once or twice, but every day, even to the end of time; not only for five thousand men, but for the countless multitudes of believers. Think of the millions who, this very year, are to partake of the banquet of the Pasch; and yet, He whom we have seen born in Bethlehem (the House of Bread), He is to be the nourishment of all these guests; neither will the Divine Bread fail. We are to feast as did our fathers before us; and the generations that are to follow us, shall be invited as we now are, to come and taste how sweet is the Lord.

But observe, it is in a desert place (as we learn from St. Matthew) that Jesus feeds these men, who represent us Christians. They have quitted the bustle and noise of cities in order to follow Him. So anxious are they to hear His words, that they fear neither hunger nor fatigue; and their courage is rewarded. A like recompense will crown our labors—our fasting and abstinence—which are now more than half over. Let us, then, rejoice, and spend this day with the light-heartedness of pilgrims who are near the end of their journey. The happy moment is advancing, when our soul, united and filled with her God, will look back with pleasure on the fatigues of the body, which, together with our heart's compunction, have merited for her a place at the Divine Banquet.

The primitive Church proposed this miracle of the multiplication of the loaves as a symbol of the Eucharist, the Bread that never fails. We find it frequently represented in the paintings of the Catacombs and on the bas-reliefs of the ancient Christian tombs. The Fishes, too, that were given together with the Loaves, are represented on these venerable monuments of our faith; for the early Christians considered the Fish to be the symbol of Christ, because the word Fish, in Greek, is made up of five letters, each of which is the initial of these words: Jesus Christ, Son (of) God, Savior.

(Dom Prosper Gueranger)

## LENTEN REGULATIONS

### TO OBSERVE

1. **Ash Wednesday** (February 22, AD 2023) and **Good Friday** (April 7, AD 2023) are days of **COMPLETE ABSTINENCE FROM MEAT AND ARE ALSO DAYS OF FAST**, that is, only one full meal is allowed with no eating between meals. Two other meals, sufficient to maintain strength, may be taken according to one's needs but they together should not equal that of the full meal.
2. The other Fridays of Lent are days of abstinence from meat (unless a 1st class feast, ie. solemnity, falls on Friday, per canon 1251)
3. The obligation to **abstain from meat** binds on all who have reached the age of 14.
4. The obligation to **fast** binds all between the ages of 18 and 59.
5. Unless there is a just reason, the obligation to do penance is a serious one and no Catholic should lightly excuse himself from this obligation in the Lenten season. **Practices of Lenten penances and acts of mortification, increased devotion and prayer, and acts of mercy, charity and almsgiving, are worthy elements of our preparation for Easter.**
6. Abstinence on all other Fridays of the year (outside of the Lenten season), though not obligatory under pain of sin, is "**especially recommended**".
7. Fasting on weekdays of Lent, though not obligatory under pain of sin, is "**strongly recommended**" (National Conference of Catholic Bishops, November 18, 1966).
8. Catholics, after having received their 1st Holy Communion, are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season (between the First Sunday of Lent and Trinity Sunday).
9. Catholics are also bound to confess mortal sins at least once a year, but this is not limited to the Lenten/Easter Season. We must be well disposed to receive our Lord each time at Holy Communion and therefore **it is strongly recommended to go to confession frequently (at least once a month).**

## Rejoice!

Today is the Fourth Sunday of Lent, also known as “Lætare Sunday,” from the opening words of the Introit (entrance hymn) – “Rejoice.” You will note the rose colored vestments—a little less somber than the violet worn for most of Lent. The color change indicates that Lent is about half over, and suggests that it is a good day to take a “breather” from the Lenten exercises, and then to get back to it on Monday, making the best Lent you can until Vespers of Holy Saturday.

At this midpoint of Lent, how are we doing? Have we lived up to the Lenten promises we made on Ash Wednesday? Or, have we failed on some of those promises? The beauty of these 40 days, and really our entire lifetime journey of faith, is that when we fall, our Lord Jesus Christ helps us get up. If we have messed up on our Lenten promises, we must pick ourselves up and try again. And, the place where we can all start, no matter where we are in our journey, is to strive today, and every day, fulfilling our call to love like Christ.

“Lætare”—rejoice not so much that Lent is half over, but that we are much closer to the celebration of our Lord's resurrection! During this period of Lent we should visit the Blessed Sacrament more often. He is always there, in the tabernacle, waiting for us. We can also make what is called a “Spiritual Communion” by desiring to receive Him if it were possible. On Lætare Sunday, because we have hope in Jesus, we rejoice; we have been freed from sin by Christ and we are moving with Jesus toward eternal life; from now on we can see our existence with joy!

As we see the real presence of Christ before us and come up to receive Him, let us reflect on this His love, in His very flesh and blood, given to us on the cross when He surrendered His life for ours. Then, let us take that real presence of Christ we receive today outside of the doors of our church and be the love of Christ to every person God puts within our path.

Let us be encouraged by Saint Francis de Sales: “Let us await our advancement with patience, and instead of disquieting ourselves because we have so little profited in the time past let us diligently endeavor to do better in the time to come.”

## FROM THE RECTOR'S SCRIPTORIUM, CANON JOEL JOSEPH ESTRADA

Dear Faithful of Saint Patrick Oratory,

**What are the Prayers that the Altar Boys say together before and after serving Mass?**

### **Server's Prayer before Mass:**

O Jesus, here I am at the foot of Thy altar in order to offer to Thee the best moments of my day, together with my work, my joys, and sorrows. I am a son of Thy sanctuary. Thou art my God, my beloved Savior. I give to Thee my heart. Grant me an angelic purity in order that I may be worthy to approach Thee. Grant me the grace to assist at Mass with attention, piety, and recollection. Preserve me from all immature behavior, distractions, and negligence. I want to glorify Thy holy Church. I want to serve Thy priest as I would serve Thee Thyself. May my conduct be edifying for the faithful who are present. O Virgin Mary, the Lady of altar servers, pray to God for me. My good angel, I entrust myself to thy protection. Amen.

### **Server's Prayer AFTER Mass:**

O Most beloved Jesus, I thank Thee for the privilege of serving at Thy altar. I am very grateful for the gift of Holy Communion and for the joy of serving in Thy sanctuary! Grant me the grace to never forget Thy blessings. Help me to serve Thee in all that I do. May my thoughts, words, and actions always be pleasing to Thee. Amen.

Saint Francis de Sales, pray for us.

Saint Benedict, pray for us.

Saint Thomas Aquinas, pray for us.

Saint Patrick, pray for us.

**We thank our  
Sponsors of the 2nd Annual Lætare  
Saturday Parish Dinner**

**Saint Patrick's Circle**

Anonymous  
Louise Joyner  
The Mahoney Family  
The Matusiewicz Family  
The Murphy Family  
Ellen Restivo

**Saint Brigid's Circle**

Anonymous  
Mr. & Mrs. Raymond Castro  
The Longo Family  
SRS

For the conversion of family members

**Blessed Father McGivney's Circle**

David Charette  
Maureen Devine  
Gregory Doyle  
John Hughes  
The MacGregor Family  
Joy & Brian Mierzejewski  
The Price Family  
The Sebestyen Family



# CONNECTICUT MARCH FOR LIFE

**Wednesday, March 22, 2023**  
**Rally – 12:00pm**  
**March – 1:00pm**

Connecticut State Capitol  
210 Capitol Ave.  
Hartford, CT 06106



## Join our parish bus trip



The Knights of Columbus is sponsoring reduced fares for round-trip bus rides from our parish. Use the QR code or visit [rally.co/ct-march-for-life](https://rally.co/ct-march-for-life) to sign up by March 8th.



Enter the promo code found at checkout for a \$15 ride.  
*Discounts are limited and first-come, first-served.*

**Visit [ct.marchforlife.org](https://ct.marchforlife.org) for more information.**

# CT BISHOPS' CALL TO ACTION:

CONNECTICUT  
CATHOLIC  
*Public Affairs*  
CONFERENCE


ctcatholic.org

## CONTACT YOUR STATE LEGISLATORS

### Assisted Suicide

#### CT General Assembly Senate Bill 1076

- Insurance companies will benefit from the cost savings. It is much cheaper to offer lethal drugs to patients in lieu of quality, long-term care or expensive life-saving treatment.
- This is not the practice of medicine, and patients should not have to consider this option when they are really seeking help, love, and true compassion.
- Our good doctors should not have to consider this option for their patients, and should continue to be held to a high standard of care.
- Patients should not be left alone at home or elsewhere to self-administer a non-FDA-approved mixture of lethal drugs without a doctor or nurse present.
- Instead, policymakers should improve hospice care, palliative care, disability support services, and mental health care.
- The tragic consequences have come true in Canada—in 2021, over 10,000 Canadians died due to lethal prescriptions. Is this CT's future?
- Pressures faced by Canadians, who took their own lives with lethal prescriptions, included fear of homelessness and lack of care.
- Suicide contagion is real. 1 in 3 U.S. teenage girls has contemplated suicide. States with assisted suicide laws are associated, on average, with a 6 percent increase in a state's total suicide rate.
- The American Medical Association stands strongly against assisted suicide because it would be "difficult to control and would pose serious societal risks."
- The Alzheimer's Association "deeply regrets" and ended its relationship with supporters of assisted suicide. AA asserts that palliative care is the highest quality of end-of-life care for those with advanced dementia.



**Your voices and testimony  
are needed now to stop SB 1076 from  
becoming law.**


Please Call or Email your State Legislators—  
**ASK THEM TO STOP  
ASSISTED SUICIDE.**

For more information and to find your  
legislators, please go to:  
[ctcatholicpac.org](http://ctcatholicpac.org)

CALL:

House Democrats: (860) 240-8500  
Senate Democrats: (860) 240-8600

House Republicans: (860) 240-8700  
Senate Republicans: (860) 240-8800



The **Connecticut Catholic Public Affairs Conference** would like to thank all those who sent emails to the Public Health Committee in an effort to stop the approval of assisted suicide in our state. Unfortunately, the Public Health Committee has voted SB 1076 out of committee, mostly along party lines.

The bill will now proceed to the Judiciary Committee for consideration. In past years, the Judiciary Committee has been critical in stopping the legalization of assisted suicide. Even if you sent an email to the Public Health Committee, please ask members of the Judiciary Committee to oppose SB 1076 by scanning the QR code to the right. The Conference, along with the disability community and others, will continue the fight, but we need your support.



LINK: [https://ujoin.co/campaigns/2153/actions/public?action\\_id=2342](https://ujoin.co/campaigns/2153/actions/public?action_id=2342)

The **Government Administration and Elections Committee** will be holding a public hearing on a proposed State Constitutional Amendment enshrining abortion, without limits, as a protected constitutional right, on Monday, March 20, 2023. Location: Legislative Office Building, 11am, Room 2A and by Zoom

### What Can I Do?



1. Attend the public hearing and testify. You can testify in-person or via ZOOM. Providing in-person testimony is preferred. **Registration (scan QR code to the left)** will close on **Sunday, March 19th, at 3:00 P.M.** Speaker order of approved registrants will be listed in a randomized order and posted on the GAE Committee website on Sunday, March 19th, at 6:00 PM under Public Hearing Testimony. Please submit written testimony (can be submitted after March 19th) using the Online Testimony Submission Form, link is below:

[https://www.cga.ct.gov/asp/CGATestimonySub/CGAtestimonysubmission.aspx?comm\\_code=GAE](https://www.cga.ct.gov/asp/CGATestimonySub/CGAtestimonysubmission.aspx?comm_code=GAE)

2. Submit written testimony (can be submitted after March 19th). If you cannot afford the time to show up at the Legislative Office Building and testify, then you can just submit your written testimony. The testimony does not have to be long, but must contain your name, address, bill number and bill name. When you submit your testimony (PDF format preferred) you will be asked to indicate if you are opposed or in support of SJR 42. You can also type in a brief testimony directly on the webpage. Submit using the link above.