

Institute of Christ the King Sovereign Priest  
**Saint Anthony of Padua Oratory**  
*Latin Mass Apostolate in the Archdiocese of Newark*



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**External Solemnity of St. Francis de Sales**  
**January 30, 2022**

JANUARY: MONTH OF THE HOLY NAME

[ ]\* TEMPORARILY  
SUSPENDED

**Holy Mass Schedule:**

**Sunday:** 7:30AM, 9:00AM & 11:00AM (High Mass)

**Weekdays:** Monday - Saturday 9:00AM

[except Tuesday 7:00PM]\*

**First Friday:** Additional Mass at 7:00PM followed  
by Benediction of the Blessed Sacrament

**Holy Days of Obligation:** 9:00AM & 7:00PM

(Please confirm with current bulletin or website)

**25th of the month (Infant of Prague):** 7:00PM Mass  
followed by devotions (not on Sat. or Sun.)

**Confession:**

30 minutes before each Mass & upon request.

**Please reference the weekly bulletins (also available on the website) for any temporary changes to the Mass schedule.**

**Baptism:** Please contact the Oratory in advance.

**Marriage:** Please contact the Rectory in advance of proposed marriage date.

**Benediction of the Most Blessed Sacrament:** 2<sup>nd</sup> Sunday \*  
of the month following the 9:00AM Holy Mass

**Holy Hour of Adoration:** Thurs. 7:00PM \*

**Perpetual Novenas:**

[Tuesday: St. Anthony]\*

[Wednesday: St. Joseph]\*

[Saturday: Our Lady of the Miraculous Medal]\*

Monthly from the 17th to 25th. Infant of Prague

**Very Rev. Msgr. R. Michael Schmitz STD, JCL, Vicar General & Delegate for the U.S.**

**Rev. Canon Matthew Talarico, Provincial Superior**

**Rev. Canon Brian A. T. Bovee, Rector**

**Rev. Father Richard Munkelt, In Residence**

**Abbé Francis Bennell, Clerical Oblate**

# LITURGICAL CALENDAR

<b>Sun Jan 30</b>	<b>EXTERNAL SOLEMNITY OF ST. FRANCIS DE SALES</b>	7:30 AM ✘ Holy Souls in Purgatory	<i>by the Riley Family</i>
		9:00 AM ✘ Ursula Koelmel	<i>by Barbara Mazur</i>
		11:00 AM Salvador & Carlota Salazar	<i>by Robert S. Salazar</i>
Mon Jan 31	St. John Bosco	9:00 AM ✘ Patricia A. Fungillo	<i>by Patricia Fungillo</i>
Tue Feb 1	St. Ignatius of Antioch	9:00 AM Ignatius Isekenegbe	<i>by Ignatius Isekenegbe</i>
Wed Feb 2	Purification of the Blessed Virgin Mary	9:00 AM Jozef & Danuta Mazur	<i>by Barbara Mazur</i>
		7:00 PM Matthew Vasquez	<i>by Ester Vasquez</i>
Thu Feb 3	Feria <i>Votive Mass of Eternal High Priest</i>	9:00 AM Paul Roache, Sr.	<i>by Saskhya Roache</i>
Fri Feb 4	St. Andrew Corsini <i>Votive Mass of the Sacred Heart</i>	9:00 AM ✘ Kenneth Palmer	<i>by Robert &amp; Shirley DeLorenzo</i>
		7:00 PM ✘ Regina Okafor	<i>by Emmanuel Okafor</i>
Sat Feb 5	St. Agatha <i>Votive Mass of the Immaculate Heart</i>	9:00 AM ✘ Antonio & Domenica Rossi	<i>by Dr. Thomas Rossi</i>
		7:30 AM ✘ Joseph Candela, Jr.	<i>by Vincent Candela</i>
<b>Sun Feb 6</b>	<b>FIFTH SUNDAY AFTER EPIPHANY</b>	9:00 AM ✘ Aniela Mazur	<i>by Barbara Mazur</i>
		11:00 AM Health of Anna Hager	<i>by Rita Wormke</i>

## THE FIRE WITHIN THE "GENTLE SAINT"



January 29th, we celebrate the Feast of St. Francis de Sales, secondary patron of the Institute. It would be a good thing to review or be introduced to the spirituality of this great Doctor of the Universal Church.

The following is a list of the principal works of the holy Doctor:

(1) "Controversies", leaflets which the zealous missionary scattered among the inhabitants of Le Chablais in the beginning, when these people did not venture to come and hear him preach. They form a complete proof of the Catholic Faith. In the first part, the author defends the authority of the Church, and in the second and third parts, the rules of faith, which were not observed by the heretical ministers. The primacy of St. Peter is amply vindicated.

(2) "Defense of the Standard of the Cross", a demonstration of the virtue of the True Cross; of the Crucifix; of the Sign of the Cross; an explanation of Veneration of the Cross

(3) "Introduction to the Devout Life", a work intended to lead "Philothea" (the soul living in the world) into the paths of devotion, that is to say, of true and solid piety. Every one should strive to become pious, and "it is an error, it is even a heresy", to hold that piety is incompatible with any state of life. In the first part the author helps the soul to free itself from all inclination to, or affection for, sin; in the second, he teaches it how to be united to God by prayer and the sacraments; in the third, he exercises it in the practice of virtue; in the fourth, he strengthens it against temptation; in the fifth, he teaches it how to form its resolutions and to persevere. The "Introduction", which is a masterpiece of psychology, practical morality,

and common sense, was translated into nearly every language even in the lifetime of the author, and it has since gone through innumerable editions.

(4) "Treatise on the Love of God", an authoritative work which reflects perfectly the mind and heart of Francis de Sales as a great genius and a great saint. It contains twelve books. The first four give us a history, or rather explain the theory, of Divine love, its birth in the soul, its growth, its perfection, and its decay and annihilation; the fifth book shows that this love is twofold—the love of complacency and the love of benevolence; the sixth and seventh treat of affective love, which is practiced in prayer; the eight and ninth deal with effective love, that is, conformity to the will of God, and submission to His good pleasure. The last three resume what has preceded and teach how to apply practically the lessons taught therein.

(5) "Spiritual Conferences"; familiar conversations on religious virtues addressed to the sisters of the Visitation

### Pray for our Sick

Canon Estrada, Canon Altieri, John Jukic, Christopher Slattery, Donald Moglia, Bridget Kenny, Dalinah Smith, Br. Martin DePorres, Francine Cable, Michelina Giuliano, Canon Fragelli

### Pray for our Deceased

Karen Lang, Santo & Veronica Corso, Angelito Biong, James McShane, Claire Tiboldo, Noel Ubinski, Catherine Mackay, Wladyslawa Balaban, Lois Ludwig, Sandra Dudeck

# ANNOUNCEMENTS & INFORMATION



## Welcome to Saint Anthony Oratory!

We are happy to have you with us today. Please join us after the 9am & 11am Mass for coffee, a sweet, and some good company in the parish hall below.



### CANDLEMAS EVENTS

On Wednesday Feb. 2nd, there will be an addition Mass at 7PM for the feast of the Purification of the BVM.

Prior to the Mass will be a candle-light outdoor procession in honour of Our Lady beginning at 6pm. All are welcome.

### SURSUM CORDA

Following the evening Mass on Feb. 2nd, the Sursum Corda young adult group will be holding . All are welcome.

*The Sursum Corda Chapter of St. Anthony is a national Institute initiative for young adults ages 18-35, either single or married.*

### Wisdom of St. Francis de Sales

"How beautiful it is to see a person happy as long as God's Holy Will is being done."

### FEAST OF ST. BLAISE

This Thursday is the feast of St. Blaise. The traditional blessing of throats will be offered on this feast as well as after all Masses on Sunday Feb. 6th.



and collected by them. We find in them that practical common sense, keenness of perception and delicacy of feeling which were characteristic of the kind-hearted and energetic saint.

(6) "Sermons". - These are divided into two classes: those composed previously to his consecration as a bishop, and which he himself wrote out in full; and the discourses he delivered when a bishop of which, as a rule, only outlines and synopses have been preserved. Some of the latter, however, were taken down 'in extensor' by his hearers. Pius IX, in his Bull proclaiming him Doctor of the Church calls the Saint "The Master and Restorer of Sacred Eloquence". He is one of those who at the beginning of the seventeenth century formed the beautiful French language; he foreshadows and prepares the way for the great sacred orators about to appear. He speaks simply, naturally, and from his heart. To speak well we need only love well, was his maxim. His mind was imbued with the Holy Writings, which he comments, and explains, and applies practically with no less accuracy than grace.

(7) "Letters", mostly letters of direction, in which the minister of God effaces himself and teaches the soul to listen to God, the only true director. The advice given is suited to all the circumstances and necessities of life and to all persons of good will. While trying to efface his own personality in these letters, the saint makes himself known to us and unconsciously discovers to us the treasures of his soul.

**W**e may give here a brief résumé of that spiritual teaching contained in these works, of which the Church has said: "The writings of Francis de Sales, filled with celestial doctrine are a bright light in the Church, pointing out to souls an easy and safe way to arrive at the perfection of a Christian life." (Breviarium Romanum, 29 Jan, lect. VI)

There are two elements in the spiritual life: first, a struggle against our lower nature; secondly, union of our wills with God, in other words, penance and love. St. Francis de Sales looks chiefly to love. Not that he neglects penance, which is absolutely necessary, but he wishes it to be practiced from a motive of love. He requires mortification of the senses, but he relies first on mortification of the mind, the will, and the heart. This interior mortification he requires to be unceasing and always accompanied by love. The end to be realized is a life of loving, simple, generous, and constant fidelity to the will of God, which is nothing else than our present duty. The model proposed is Christ, whom we must ever keep before our eyes. "You will study His countenance, and perform your actions as He did" (Introd., 2nd part, ch. i).

The practical means of arriving at this perfection are: remembrance of the presence of God, filial prayer, a right intention in all our actions, and frequent recourse to God by pious and confiding ejaculations and interior aspirations.

(Source: adaptation of *Catholic Encyclopedia* 1913)

### VOTIVE CANDLES

#### WEEK OF JANUARY 30<sup>TH</sup>

- PIETA: Family Intention—LR
- OUR LADY: Mary Alverson—LH
- ST. JOSEPH: Anthony Harwelik—LH
- ST. THERESE: Souls in Purgatory—BM

### CALENDAR OF EVENTS

- Sat. Jan 29,** ~Feast of St. Francis de Sales
- Wed. Feb 2,** ~Feast of Purification
- Fri. Feb 4,** First Friday
- Sat. Feb 5,** First Saturday
- Sun. Feb. 6,** ~Confrater. of the Holy Rosary  
Rosary beginning at 10:15am; Meeting following 11am Mass.
- ~Holy Name of Jesus Society  
Meeting in hall after 11am Mass
- Sun. Feb 13,** St. Anthony Bake Sale





# EXTERNAL SOLEMNITY OF ST. F. DE SALES



~ with Comm. of the fourth Sunday after Epiphany ~

**I**ntrouit. In the midst of the church the Lord opened his mouth: and filled him with the spirit of wisdom and understanding: He clothed him with a robe of glory. It is good to give praise to the Lord: and to sing to Thy name, O Most High.

**P**ayer. O God, Who for the saving of souls didst will that blessed Francis, Thy Confessor and Bishop, should become all things to all men, be pleased to grant that we, being filled with the sweetness of Thy love, guided by his teachings, and helped by his merits and prayers, may attain the joys of everlasting life. Through our Lord.

**P**ayer II. O God, Who knowest that we are beset by perils so great as to be unendurable because of our human frailty, grant us health of mind and body, so that by Thine assistance we may conquer the things with which we are afflicted because of our sins. Through our Lord.

**E**pistle. 2 Tim. 4, 1-8. Dearly beloved, I charge thee before God and Jesus Christ, Who shall judge the living and the dead, by His coming, and His kingdom. Preach the word: be instant in season, out of season: reprove, entreat, rebuke in all patience, and doctrine. For there shall be a time, when they will not endure sound doctrine; but according to their own desires they will heap to themselves teachers, having itching ears, and will indeed turn away their hearing from the truth, but will be turned unto fables. But be thou vigilant, labor in all things, do the work of an evangelist, fulfill thy ministry. Be sober. For I am even now ready to be sacrificed; and the time of my dissolution is at hand. I have fought a good fight, I have finished my course, I have kept the Faith. As to rest, there is laid up for me a crown of justice, which the Lord the just judge will render to me in that day; and not only to me, but to them also that love his coming.

**G**radual. Ps. 36, 30, 31. The mouth of the just shall mediate wisdom, and his tongue shall speak judgment. V. The law of his God is in his heart; and his steps shall not be supplanted. Alleluia, alleluia. V. Eclus. 45, 9. the Lord loved him, and adorned him: He clothed him with a robe of glory. Alleluia.

**G**ospel. Matt. 5, 13-19. At that time, Jesus said to His disciples, You are the salt of the earth; but if the salt lose its savor, wherewith shall it be salted? It is good for nothing any

more, but to be cast out, and to be trodden on by men. You are the light of the world. A city seated on a mountain can not be hid. Neither do men light a candle and put it under a bushel, but upon a candlestick, that it may shine to all that are in the house; so let your light shine before men, that they may see your good works, and glorify your Father Who is in heaven. Do not think that I am come to destroy the law or the prophets: I am not come to destroy, but to fulfil. For, amen I say unto you, till heaven and earth pass, one jot or one tittle shall not pass of the law till all be fulfilled. He therefore that shall break one of these least commandments, and shall so teach men, shall be called the least in the kingdom of heaven: but he that shall do and teach, he shall be called great in the kingdom of heaven.

**O**ffertory. Ps. 91,13. The just shall flourish like the palm-tree: he shall grow up like the cedar of Libanus.

**S**ecret. May the loving prayers of Francis, Thy bishop, not be wanting to us, O Lord, to commend our gifts and ever to obtain pardon for us. Through our Lord.

**S**ecret II. Grant, we beseech Thee, almighty God, that this sacrifice offered to thee, may purge us of all evil and fortify our weak nature. Through our Lord.

**C**ommunion. Luke 12,42. A faithful and wise steward, whom the Lord set over his family; to give them their measure of wheat in due season.

**P**ostcommunion. That Thy sacrifices may give us health, O Lord, may blessed Francis, Thy bishop and illustrious doctor, we beseech Thee act as our intercessor. Through our Lord.

**P**ostcommunion II. May Thy gifts, O God, free us from the allurements of earthly things, and ever restore us with heavenly nourishment. Through our Lord.

**L**ast Gospel. At that time, when Jesus entered into the ship, His disciples followed Him. And behold a great tempest arose in the sea, so that the ship was covered with waves, but He was asleep. And they came to Him and awakened Him, saying, Lord, save us, we perish. And Jesus saith to them, Why are ye fearful, O ye of little faith? Then rising up, He commanded the winds and the sea, and there came a great calm. But the men wondered, saying, What manner of man is this, for the winds and the sea obey Him?

## MY HOPE

by St. Therese of Lisieux  
~ June 12, 1896

*Though in a foreign land I dwell afar,  
I taste in dreams the endless joys of heaven.  
Fain would I fly beyond the farthest star,  
And see the wonders to the ransomed given!  
No more the sense of exile weighs on me,  
When once I dream of that immortal day.  
To my true fatherland, dear God! I see,  
For the first time I soon shall fly away.*

*Ah! give me, Jesus! wings as white as snow,  
That unto Thee I soon may take my flight.  
I long to be where flowers unfading blow;  
I long to see Thee, O my heart's Delight!  
I long to fly to Mary's mother arms,-  
To rest upon that spotless throne of bliss;  
And, sheltered there from troubles and alarms,  
For the first time to feel her gentle kiss.*

*Thy first sweet smile of welcoming delight  
Soon show, O Jesus! to Thy lowly bride;  
O'ercome with rapture at that wondrous sight,  
Within Thy Sacred Heart, ah! let me hide.  
O happy moment! and O heavenly grace!  
When I shall hear Thee, Jesus, speak to me;  
And the full vision of Thy glorious Face  
For the first time my longing eyes shall see.*

*Thou knowest well, my only martyrdom  
Is love, O Heart of Jesus Christ! for Thee;  
And if my soul craves for its heavenly home,  
'Tis but to love Thee more, eternally.  
Above, when Thy sweet Face unveiled I view,  
Measure nor bounds shall to my love be given;  
Forever my delight shall seem as new  
As the first time my spirit entered heaven.*