

Institute of Christ the King Sovereign Priest  
**Saint Anthony of Padua Oratory**  
*Latin Mass Apostolate in the Archdiocese of Newark*



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**Second Sunday of Lent  
March 5, 2023**

MONTH OF ST. JOSEPH

**Holy Mass Schedule:**

*Sunday:* 7:30, 9:00 & 11:00 AM (High Mass)

*Weekdays:* Monday - Saturday 9:00 AM

*First Friday:* Additional Mass at 7:00 PM

*Holy Days of Obligation:* 9:00 AM & 7:00 PM

*(Please confirm with current bulletin or website)*

**Confession:**

30 minutes before each Mass and upon request.

*Baptism:* Please contact the Oratory in advance.

*Marriage:* Please contact the Rectory at least 6 months  
in advance of the proposed marriage date.

*Benediction of the Most Blessed Sacrament:* 2<sup>nd</sup> Sunday  
of the month following the 9:00 AM Mass

*Perpetual Novena:*

*Monthly from the 17th to 25th. Infant of Prague*

*Please reference the weekly bulletins (also available on the website) for any temporary changes to the Mass schedule.*

**Very Rev. Msgr. R. Michael Schmitz, STD, JCL, Vicar General & Delegate for the U.S.**

**Rev. Canon Matthew Talarico, Provincial Superior**

**Rev. Canon Brian A. T. Bovee, Rector**

**Rev. Father Richard Munkelt, Priest in Residence**

**Abbé Francis Bennell, Oblate**

# LITURGICAL CALENDAR

<b>Sun Mar 5</b>	<b>SECOND SUNDAY OF LENT</b>	<b>7:30 AM</b> Kretzer Family <i>by Kikikipa Kretzer</i>
		<b>9:00 AM</b> ✕ John Wieszczyk <i>by Mr. &amp; Mrs. Wieszczyk</i>
		<b>11:00 AM</b> ✕ Owen & Philomena McGovern <i>by Tom &amp; Kerry Gilmour</i>
Mon Mar 6	Lenten Feria <i>Comm. of Ss. Perpetua &amp; Felicity</i>	9:00 AM ✕ Lena Avallone <i>by Patricia Fungillo</i>
Tue Mar 7	ST. THOMAS AQUINAS *	9:00 AM ✕ Daniel Rogers, Sr. <i>by the Rogers Family</i>
Wed Mar 8	Lenten Feria <i>Comm. of St. John of God</i>	9:00 AM ✕ Souls in Purgatory <i>by Anonymous</i>
Thu Mar 9	Lenten Feria <i>Comm. of St. Frances of Rome</i>	9:00 AM ✕ Robert Nedson <i>by Bonnie Cooper</i>
Fri Mar 10	Lenten Feria <i>Comm. of Forty Holy Martyrs</i>	9:00 AM Osiano Isekenegebe <i>by Ignatius Isekenegebe</i>
		7:00 PM <i>Stations of the Cross</i>
Sat Mar 11	Lenten Feria	9:00 AM ✕ Benjamin & Helen Avallone <i>by Patricia Fungillo</i>
<b>Sun Mar 12</b>	<b>THIRD SUNDAY OF LENT</b>	<b>7:30 AM</b> ✕ Cathy Craig <i>by Luke &amp; Michelle Dixon</i>
		<b>9:00 AM</b> ✕ Eddie Ladarola <i>by Daughters of Mary</i>
		<b>11:00 AM</b> Genevieve Chesneau (25th Anniv.) <i>by Niece</i>

\* OPPORTUNITY TO GAIN A PLENARY INDULGENCE UNDER THE USUAL CONDITIONS BY ATTENDING HOLY MASS AT THE ORATORY

## PRAYERS & INSTRUCTION



### SECOND SUNDAY OF LENT



**I**ntroit. Ps. 24, 6, 3, 22. Remember, O Lord, Thy bowels of compassion, and Thy mercies that are from the beginning of the world, lest at any time our enemies rule over us: deliver us, O God of Israel, from all our tribulations. Ps. 24, 1-2. To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust; let me not be ashamed. V. Glory.

**P**rayers. O God, Who seest how we are destitute of all strength, keep us inwardly and outwardly, that in body we may be defended from all adversities, and in mind cleansed of evil thoughts. Through our Lord.

**E**pistle. 1 Thess. 4, 1-7. Brethren, we pray and beseech you in the Lord Jesus, that as you have received of us, how you ought to walk, and to please God, so also you would walk, that you may abound the more. For you know what precepts I have given to you by the Lord Jesus. For this is the will of God, your sanctification; that you should abstain from fornication, that every one of you should know how to possess his vessel in sanctification and honor; not in the passion of lust, like the gentiles that know not God: and that no man overreach, nor deceive his brother in business; because the Lord is the avenger of all these things, as we have told you before, and have testified. For God hath not called unto uncleanness, but unto sanctification; in Christ Jesus our Lord.

**G**radual. Ps. 24, 17, 18. The troubles of my heart are multiplied; deliver me from my necessities, O Lord. V. See my

abjection and my labor, and forgive all my sins.

**T**ract. Ps. 105, 1-4. Give glory to the Lord, for He is good: for His mercy endureth forever. V. Who shall declare the powers of the Lord? Who shall set forth all His praises? V. Blessed are they that keep judgment, and do justice at all times. V. Remember us, O Lord, in the favor of Thy people: visit us with Thy salvation.

**G**ospel. Matt. 17, 1-9. At that time, Jesus took Peter and James, and John his brother, and bringeth them up into a high mountain apart: and He was transfigured before them. And His face did shine as the sun, and His garments became white as snow. And behold there appeared to them Moses and Elias talking with Him. And Peter answering, said to Jesus, Lord, it is good for us to be here: if Thou wilt, let us make here three tabernacles, one for Thee, and one for Moses, and one for Elias. And as he was yet speaking, behold a bright cloud overshadowed them; and lo, a voice out of the cloud, saying, This is My beloved Son, in Whom I am well pleased; hear ye Him. And the disciples hearing, fell upon their face and were very much afraid. And Jesus came and touched them, and said to them, Arise and fear not. And they lifting up their eyes saw no one, but only Jesus. And as they came down from the mountain, Jesus charged them, saying, Tell the vision to no man, till the Son of man be risen from the dead.

*Cont'd next page*

#### Pray for Our Sick

**Clarissa McArdle**, Kelly Philips, Brendan Flaherty, Katie Williams, Jessica Kenny, Cathy Craig, Christopher Slattery, Donald Moglia, Francine Cable, Michelina Giuliano

#### Pray for Our Deceased

**Canon Henrique Fragelli**, James Kenny, Andy Flock, Elaine Ventura, Raymond Bennell, Sue Aurora, Zoltan Leskowsky Sr., Amelia Udasco, Servando Fernandez, Lucille Mariano

# ANNOUNCEMENTS & INFORMATION



## Welcome to St. Anthony of Padua Oratory!

We are happy to have you with us today. Please join us after the 9 and 11 AM Masses for coffee, a sweet, and some good company in the parish hall below.



### HOLY NAME SOCIETY FOOD PANTRY DONATIONS

During Lent, the Holy Name Society will be collecting donations for the Our Lady of the Valley Soup Kitchen in Orange, NJ. Supplies and food items particularly needed include canned soups, broth, beans, gravies, pasta, peanut butter, sugar, napkins, other nonperishable items. Donations can be left downstairs in the hall next to the Holy Name Society banner.

### 40 DAYS FOR LIFE

Please prayerfully consider being part of this year's worldwide campaign of prayer and fasting to end abortion, **Feb. 22nd – Apr. 2nd** across from abortion mills in Montclair, Morristown, and other places in the NJ.

More information is available on the table in vestibule.

### SOCIETY OF THE SACRED HEART

#### MORNING OF REFLECTION

Saturday, March 25. Morning of reflection following Mass, light continental breakfast. Ending with Benediction.

“Dealing with the Conniving Serpent”

**There is no obligation to be a member to attend this morning of recollection... all are welcome!**

### LENTEN STATIONS

Stations of the Cross will take place at 7 PM on Fridays during Lent. *Stations on Good Friday will follow the liturgy in the afternoon.*



### SAVE THE DATE—MARCH 19, 2023:

Following a beloved Italian custom, St Anthony of Padua will host the annual “*Tavola di San Giuseppe*” -St. Joseph Table- on **Sunday, March 19** in the Fr. Wickens Hall, starting after the 9 AM Mass. Volunteers from the parish will prepare and serve Italian food using recipes traditional to this feast. All are welcome, parishioners and their guests. We need cooks, bakers, and servers (a good job for our youth).

Please contact Yoli for information or to volunteer at (973) 291-8222 or [6musichands@gmail.com](mailto:6musichands@gmail.com). A wonderful opportunity to gather with old friends, meet new ones, and introduce others to the Oratory, while honoring St. Joseph, Patron of the Universal Church.

### VOTIVE CANDLES

#### WEEK OF MARCH 5<sup>TH</sup>

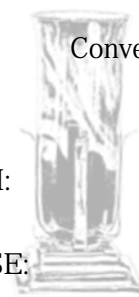
PIETA:

Conversion -J—BM

OUR LADY:

ST. JOSEPH:

ST. THERESE:



\*  indicates number of intentions in the queue.

### A NEW MEMBER OF HOLY MOTHER CHURCH

YOU ARE ENCOURAGED TO OFFER A SPECIAL PRAYER OF THANKSGIVING FOR

**CATHERINE APRIL LETTIERI**

OF ST. ANTHONY OF PADUA ORATORY

WHO RECEIVED THE SACRAMENT OF HOLY BAPTISM LAST SATURDAY.

**O**fferory. Ps. 118, 47, 48. I will meditate on Thy commandments, which I have loved exceedingly: and I will lift up my hands to Thy commandments, which I have loved.

**S**ecret. Look graciously, we beg, O Lord, upon the sacrifices here before Thee, that they may profit both our devotion and our salvation. Through our Lord.

**C**ommunion. Ps. 5, 2, 4. Understand my cry: harken to the voice of my prayer, O my King and my God: for to Thee will I pray, O Lord.

**P**ostcommunion. Grant, we beseech Thee, O almighty God, that we, whom Thou refreshest with Thy sacraments, may also serve Thee worthily with conduct to Thy liking. Through our Lord.

### CALENDAR OF EVENTS

**Sun. Mar 5:**

~Confrater. of the Holy Rosary meeting

~Holy Name of Jesus Society meeting

**Sun. Mar 19:** Men's Rosarian Meeting

**Sat. Mar 25:** Morning of Reflection

**Sun. Mar 26:** Back-to-the-Land Meeting

**Sun. Apr 2:** Palm Sunday

*No CCD Classes*

**Sun. May 7:** First Holy Communions

**Sun. May 14:** May Crowning/Mothers Day





# ...I BELIEVE IN...THE FORGIVENESS OF SINS...

There are certain acts on the part of the penitent that are necessary to obtain pardon. These are three: **contrition, confession, satisfaction.** These three imply a previous **examination of conscience**, while true contrition includes a **firm purpose of amendment.** *We can say, therefore, with the catechism, that we must do five things to receive the sacrament of Penance worthily. We will examine each of these in turn as a spiritual checkup this lent, to see if we are "up to snuff."*

## Part II- STEP I: EXAMINATION OF CONSCIENCE

**T**HE self-examination before confession is a summoning of ourselves before the secret tribunal of our own conscience to discover the sins we have committed since our last good confession. The effort we make to recall our sins should be honest and reasonable. If we go to confession regularly and in the habit of making a nightly examination of our past day, this will not take much time. But in view of the gravity of this act, Confession, we are obliged to spend a reasonable amount of time, particularly if we do not go often or have had the misfortune to commit grave sins. If a grave sin is omitted due to great negligence or hastiness in our examination of conscience, the absolution is invalid, and the confession is sacrilegious.

### FOLLOWING A PLAN

There is no one plan of examination that is ideal for everyone. We should, of course, have a method, but we are free to use one we have been taught, or appeals to us. Our first question could be "have I fallen into serious sin?" If we are earnestly striving to serve Christ, we will know the answer to this question immediately, for if we have had the misfortune to commit a mortal sin it will be bothering us. If, on the other hand, we have acquired careless habits, we will need to examine ourselves thoroughly.

Perhaps our second question should deal with the sins into which we fall most frequently. We call such a sin a 'chief sin' or predominant fault. We should certainly check carefully on the deliberate venial sins, especially those that can lead easily to mortal sins.

In general however, our examination will follow the listed questions on the decalogue (10 Commandments), the precepts of the Church, the seven capital sins, and the duties of our state in life. We might have a simpler list with heading such as: duties to God, duties toward my neighbor, and duties toward myself; or prayer, work, and recreation; or per-

haps, thoughts, words, deeds, and omissions since my last confession.

### CIRCUMSTANCES AND FREQUENCY

We should keep in mind that we are preparing to confess our sins to Jesus Christ Himself, represented by His minister. This will help us to be frank with ourselves, to word our accusations **simply, briefly**, and in terms meant to reveal our sins as God sees them. We must state any circumstances that alter the specific character of the sin, which change it from venial to mortal or greatly increase its gravity. We must be careful not to include extraneous details which merely lengthen the confession unnecessarily, trying the patience of the priest and those in the confessional line. For instance, it is not enough to say, "*I told a lie,*" if the lie were told in court under oath. To do so would be concealing a mortal sin. But we need not say that "*I lied, because my brother embarrassed me in front of my friends and I was forced to deny his comment in order to keep my general reputation that most of my friends have of me ...etc., etc., etc.*". We must also tell the number of times each serious sin was committed.

### NECESSARY AND OPTIONAL MATTER

For our peace of mind as well as to avoid scruples, it is necessary to keep a clear line of distinction between our obligation in this matter of confession and what is our greater spiritual advantage.

*Imperfections are not in themselves matter for confession, but the Church allows us to confess them so that we may derive the greatest possible advantage from this great sacrament.*

*Such faults could be neglecting to hear Mass or receiving Communion on weekdays when we easily could do so, unkind words or deeds thoughtlessly committed, spontaneous manifestations of vanity, self-love, and selfishness, such as always speaking about ourselves and our plans, seeking the best for ourselves, or other manifest tendencies in the line of the seven capital sins.*

We are obliged to confess only unconfessed mortal sins, which we are sure we have committed. Therefore, while we point out which venial offenses it is most spiritually advantageous for us to accuse ourselves of, we are always entirely free to confess whichever venial sins we choose and to mention them in confession. Besides, if, from past experience, we know a certain temptation is a danger to us, it is well to mention it, because the priest can suggest means of fighting it.

Common sense, of course, dictates that the matter of our confession should reflect the state of our souls. We will not confess a list of minor faults when we are often committing deliberate venial sins. However, when we only have undeliberate venial sins to confessed, we must mention a sin of our past life already forgiven, for which we are particularly sorry, in order to supply matter for the absolution, since most find it difficult to arouse sincere sorrow for small faults. If not, the absolution would be invalid since there is no sincere sorrow. In short, when confessing only venial sins, it is well to mention a more serious sin of our past life to help us be genuinely sorry.

### GENERAL AND PARTICULAR EXAMEN

A general examination of conscience should be made daily, preferably in the evening, as a part of our night prayers. It is a brief, searching glance cast over our day's prayer, work, and play to discover any sinful thoughts, words, deeds, or omissions we may be guilty of. It is wise and practical to also check on our particular failing or sin, or on how we have striven to practice the opposite virtue. We call this latter a particular examine.

At another time we would do well to consider the different types of conscience. These are, a correct and false conscience, a certain and doubtful conscience, a lax and scrupulous conscience. However, it will need to wait, as the subject we are now reviewing is somewhat multifaceted already in itself.

Source: *The Ark and the Dove*  
Right Rev. Msgr. Clarence E. Elwell