

Institute of Christ the King Sovereign Priest  
**Saint Anthony of Padua Oratory**  
*Latin Mass Apostolate in the Archdiocese of Newark*



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**Third Sunday of Lent  
March 12, 2023**

MONTH OF ST. JOSEPH

**Holy Mass Schedule:**

*Sunday:* 7:30, 9:00 & 11:00 AM (High Mass)

*Weekdays:* Monday - Saturday 9:00 AM

*First Friday:* Additional Mass at 7:00 PM

*Holy Days of Obligation:* 9:00 AM & 7:00 PM  
*(Please confirm with current bulletin or website)*

**Confession:**

30 minutes before each Mass and upon request.

*Baptism:* Please contact the Oratory in advance.

*Marriage:* Please contact the Rectory at least 6 months  
in advance of the proposed marriage date.

*Benediction of the Most Blessed Sacrament:* 2<sup>nd</sup> Sunday  
of the month following the 9:00 AM Mass

*Perpetual Novena:*

*Monthly from the 17th to 25th. Infant of Prague*

*Please reference the weekly bulletins (also available on the website) for any temporary changes to the Mass schedule.*

**Very Rev. Msgr. R. Michael Schmitz, STD, JCL, Vicar General & Delegate for the U.S.**

**Rev. Canon Matthew Talarico, Provincial Superior**

**Rev. Canon Brian A. T. Bovee, Rector**

**Rev. Father Richard Munkelt, Priest in Residence**

**Abbé Francis Bennell, Oblate**

# LITURGICAL CALENDAR

|                   |  |  |
|-------------------|--|--|
| <b>Sun Mar 12</b> | <b>THIRD SUNDAY OF LENT</b>                            | <b>7:30 AM</b> ✘ Cathy Craig <i>by Luke &amp; Michelle Dixon</i>   |
|                   |  | <b>9:00 AM</b> ✘ Eddie Ladarola <i>by Daughters of Mary</i>        |
|                   |  | <b>11:00 AM</b> Genevieve Chesneau (25th Anniv.) <i>by Niece</i>   |
| Mon Mar 13        | Lenten Feria   | 9:00 AM ✘ Avia Capozzi <i>by Patricia Fungillo</i>                 |
| Tue Mar 14        | Lenten Feria   | 9:00 AM ✘ Marian Mazur <i>by Barbara Mazur</i>                     |
| Wed Mar 15        | Lenten Feria   | 9:00 AM ✘ Douglas Engle <i>by the O'Toole Family</i>               |
| Thu Mar 16        | Lenten Feria   | 9:00 AM ✘ Jukic Family <i>by Lily Garrison</i>                     |
| Fri Mar 17        | Lenten Feria<br><i>Comm. of St. Patrick</i>            | 9:00 AM Catherine Morgan <i>by Lillian Fernandez</i>               |
|                   |  | 7:00 PM <i>Stations of the Cross</i>                               |
| Sat Mar 18        | Lenten Feria<br><i>Comm. of St. Cyril of Jerusalem</i> | 9:00 AM ✘ Elieen Sivartsen <i>by Fagan Family</i>                  |
| <b>Sun Mar 19</b> | <b>FOURTH SUNDAY OF LENT</b>                           | <b>7:30 AM</b> Joseph Hill <i>by Sarah &amp; Michael Gyiraszi</i>  |
|                   |  | <b>9:00 AM</b> Jozef Mazur <i>by Barbara Mazur</i>                 |
|                   |  | <b>11:00 AM</b> Ioseph M. Leskowsky <i>by the Leskowsky Family</i> |

## PRAYERS & INSTRUCTION



### THIRD SUNDAY OF LENT



**I**ntroit. Ps. 24, 15, 16. My eyes are ever towards the Lord: for He shall pluck my feet out of the snare: look Thou upon me, and have mercy on me, for I am alone and poor. Ps. 24, 1-2. To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust; let me not be ashamed. V. Glory.

**P**rayer. Have regard to the desires of the lowly, O almighty God, we beseech Thee, and stretch forth the right hand of Thy majesty in our defense. Through our Lord.

**E**pistle. Ephes. 5, 1-9. Brethren, be ye followers of God, as most dear children; and walk in love, as Christ also hath loved us, and hath delivered Himself for us, an oblation and a sacrifice to God, for an odor of sweetness. But fornication, and all uncleanness, or covetousness, let it not so much as be named among you, as becometh saints; nor obscenity, nor foolish talking, nor scurrility, which is to no purpose; but rather giving of thanks: for know ye this, and understand, that no fornicator, nor unclean, nor covetous person, which is a serving of idols, hath any inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words; for because of these things cometh the anger of God upon the children of unbelief. Be ye not therefore partakers with them. For you were heretofore darkness; but now light in the Lord. Walk ye as children of the light: for the fruit of the light is in all goodness, and justice, and truth.

**G**radual. Ps. 9, 20, 4. Arise, O Lord, let not man be strengthened; let the gentiles be judged in Thy sight. V. When my

enemy shall be turned back, they shall be weakened and perish before Thy face.

**T**ract. Ps. 122, 1, 3. To Thee have I lifted up my eyes, Who dwellest in heaven. V. Behold as the eyes of servants are on the hands of their masters. V. And as the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until He have mercy on us. V. Have mercy on us, O Lord, have mercy on us.

**G**ospel. Luke 11, 14-28. At that time, Jesus was casting out a devil, and the same was dumb; and when He had cast out the devil the dumb spoke, and the multitude were in admiration at it, but some of them said, He casteth out devils by Beelzebub the prince of devils. And others tempting, asked of Him a sign from heaven. But He seeing their thoughts, said to them, Every kingdom divided against itself shall be brought to desolation, and house upon house shall fall; and if Satan also be divided against himself, how shall his kingdom stand? because you say, that through Beelzebub I cast out devils. Now if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore they shall be your judges. But if I by the finger of God cast out devils, doubtless the kingdom of God is come upon you. When a strong man armed keepeth his court, those things which he possesseth are in peace: but if a stronger than he come upon him, and overcome him, he will take away all his armor wherein he trusted, and will distribute his spoils. He that is not with Me, is against Me: and he that gathereth

*Cont'd next page*

#### Pray for Our Sick

**Maria Parra**, Clarissa McArdle, Kelly Phillips, Brendan Flaherty, Katie Williams, Jessica Kenny, Cathy Craig, Christopher Slattery, Donald Moglia, Francine Cable, Michelina Giuliano

#### Pray for Our Deceased

**Canon Henrique Fragelli**, James Kenny, Andy Flock, Elaine Ventura, Raymond Bennell, Sue Aurora, Zoltan Leskowsky Sr., Amelia Udasco, Servando Fernandez, Lucille Mariano

# ANNOUNCEMENTS & INFORMATION



## Welcome to St. Anthony of Padua Oratory!

We are happy to have you with us today. Please join us after the 9 and 11 AM Masses for coffee, a sweet, and some good company in the parish hall below.



### HOLY NAME SOCIETY FOOD PANTRY DONATIONS

The HOLY NAME SOCIETY are collecting donations for the Our Lady of the Valley Soup Kitchen in Orange, NJ. Items particularly needed include canned soups, broth, beans, gravies, pasta, peanut butter, sugar, napkins, and other items. Donated items can be left downstairs in the hall next to the Society banner.

### PROVINCIAL APPEAL "Many Apostolates, One Mission"

Many thanks to all who were able to contribute to this years Institute U.S. Provincial Appeal.

A total of \$7,182.00 was collected for the support of the Institute headquarters in Chicago.

### SOCIETY OF THE SACRED HEART

#### MORNING OF REFLECTION

Saturday, March 25  
Morning of reflection following Mass, with a light continental breakfast. Ends with Benediction.

"Dealing with the Conniving Serpent"

**There is no obligation to be a member to attend this morning of recollection... all are welcome!**

### LENTEN STATIONS

Stations of the Cross will take place at 7 PM on Fridays during Lent. Stations on Good Friday will follow the liturgy in the afternoon.



### SAVE THE DATE—MARCH 19, 2023

Following a beloved Italian custom, St Anthony of Padua will host the annual "Tavola di San Giuseppe" -St. Joseph's Table- on **Sunday, March 19**, in Fr. Wickens Hall, starting after the 9 AM Mass. Volunteers from the parish will prepare and serve Italian food using recipes traditional to this feast. All are welcome, parishioners and their guests. We need cooks, bakers, and servers (a good job for our youth).

Please contact Yoli for information or to volunteer at (973) 291-8222 or [6musichands@gmail.com](mailto:6musichands@gmail.com). This is a wonderful opportunity to gather with old friends, meet new ones, and introduce others to the Oratory, while honoring St. Joseph, Patron of the Universal Church.

### VOTIVE CANDLES

Seven-day globe votive candles honoring Our Lady, St. Joseph, St. Therese, and the Pieta are available for your special intentions with a suggested offering of \$5. These intentions will be published in the weekly bulletins. Request envelopes can be found in front of the Pieta and St. Therese statues.

### CALENDAR OF EVENTS

- Sun. Mar 19:** St. Joseph's Table
- Sat. Mar 25:** Society of the Sacred Heart Morning of Reflection
- Sun. Mar 26:** Back-To-The-Land Meeting
- Sun. Apr 2:** Palm Sunday  
*No CCD Classes*
- Sun. Apr. 17:** Easter Sunday  
*No CCD Classes*
- Sun. May 7:** First Holy Communions
- Sun. May 14:** May Crowning/Mothers Day



not with Me, scattereth. When the unclean spirit is gone out of a man, he walketh through places without water, seeking rest: and not finding, he saith, I will return into my house whence I came out: and when he is come, he findeth it swept and garnished. Then he goeth, and taketh with him seven other spirits more wicked than himself, and entering in they dwell there; and the last state of that man becometh worse than the first. And it came to pass, as He spoke these things, that a certain woman from the crowd, lifting up her voice, said to Him, Blessed is the womb that bore Thee, and the breasts that gave Thee suck. But He said, Yea, rather blessed are they who hear the word of God, and keep it.

**O**ffertory. Ps. 18, 9-12. The justices of the Lord are right, rejoicing hearts, and His judgments are sweeter than honey and the honeycomb; for Thy servant keepeth them.

**S**ecret. May this offering, O Lord, we beseech Thee, wipe out our sins, and sanctify the bodies and minds of Thy servants for the celebration of the sacrifice.

**C**ommunion. Ps. 83, 4, 5. The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thy altars, O Lord of hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee forever and ever.

**P**ostcommunion. Be merciful, O Lord, we beseech Thee, and free us from all sins and dangers, as Thou dost grant us to be sharers in this great mystery. Through.



# ...I BELIEVE IN...THE FORGIVENESS OF SINS...

There are certain acts on the part of the penitent that are necessary to obtain pardon. These are three: **contrition, confession, satisfaction.** These three imply a previous **examination of conscience**, while true contrition includes a **firm purpose of amendment.** *We can say, therefore, with the catechism, that we must do five things to receive the sacrament of Penance worthily. We will examine each of these in turn as a spiritual checkup this Lent, to see if we are “up to snuff.”*

## Part III: STEP II—TRUE CONTRITION

**P** RAYER for guidance, the examination of conscience, and the exciting of contrition are not in separate “watertight” compartments, though we necessarily explain them in this order. They more or less intermingle. For instance, the moment we discover ourselves guilty of a certain sin, motives of sorrow may present themselves at once. Or if we find it difficult to own up to a certain sin, or feel attachment to it or its occasions, a prayer for light and strength is in order. Nevertheless, when we have completed our examination, in a particular way, we should calmly but earnestly seek to arouse the contrition which is the prime essential of a good confession.

### CONTRITION AND THE VIRTUE OF PENANCE

The Council of Trent defined contrition as a “sorrow of heart and a detestation for sin committed, with the resolve to sin no more.” One might think this sounds much like a definition for the virtue of penance?

The fact is, contrition or sorrow for sin is an exercise of the virtue of penance; likewise an act of contrition is an act of this virtue. This virtue is a necessary condition for forgiveness. It is, in fact, the very heart and essence of the sacrament of Penance. We can easily understand this if we pause to recall that the essentials of the virtue of penance—contrition and satisfaction—are also essentials of the sacrament. The virtue of penance or repentance is the only means that people outside the Church have for the forgiveness of their sins.

grind together or pulverize. Contrition, therefore, means a grinding down of something that is hardened.

### DEFINITION OF CONTRITION

Now let us see if we can define contrition in precise terms. Keeping in mind the teaching of the Council of Trent and what we have said concerning the virtue of penance, we may define contrition as follows: *CONTRITION OR SORROW FOR SIN IS A SUPERNATURAL ACT OF THE WILL, BY WHICH WE DETEST THE SINS WE HAVE COMMITTED AND ARE HEARTILY SORRY FOR THEM, WITH A FIRM PURPOSE OF SINNING NO MORE.*

We can underscore four distinct elements in this definition: (1.) an act of the will, (2.) hatred for sin, (3.) sorrow for sin, and (4.) a purpose of sinning no more.

(1.) *An act of the will.* We have seen that sin is an act of the will by which we turn away from God. Contrition must therefore be a reverse act of that same will, for with the will we have sinned. Contrition is a free act of the will that, under the inspiration of grace and for supernatural motives, turns away from the sins committed and turns towards God.

(2.) *Hatred for sin.* Hatred or detestation for sin is the first step in contrition. By hatred for sin, we mean judging the sins we have committed as the greatest of evils because by them we have attacked and offended God. The consequence is a deliberate aversion or turning from them by our will. Unless we hate and detest the sins that have been the cause of our losing or lessening God’s friendship, we cannot hope to regain or retain that friendship.

(3.) *Sorrow for sin.* Hatred for sin is accompanied by sorrow for sin. Our detestation of our sins as the greatest of evils gives rise to sorrow or regret for having committed them. This sorrow must be inspired by supernatural motives that have reference to God, such as

the goodness and holiness of God, the foulness of sin, loss of eternal happiness, and the fear of hell and God’s punishment. Natural motives are useless for the forgiveness of sin; these include regret for sin because it might involve loss of reputation, friends, and health, or because it might incur civil punishment. When we regret our sins by an act of the will, inspired by one or several supernatural motives, we have true contrition, though we may not feel sorry for them. Being sorry, as an act of the will, is quite independent of feeling sorry, which may be merely emotional. While such emotional feelings may assist us, they are not necessary to true contrition. Therefore, with the help of God’s grace, we are always capable of making a genuine act of contrition.

(4.) *Purpose of sinning no more.* There is no real contrition without a firm purpose of amendment since these are so closely connected. Since this is usually handled separately, we shall defer further treatment of it until a little later.

### NECESSITY OF CONTRITION

Having mentioned the necessity of contrition several times, we again call attention to it because it is so very important.

Perfect contrition was the only means of obtaining forgiveness of serious sins before the coming of Christ. Contrition for sin is the heart of the sacrament of Penance instituted by Christ. Unless a person has at least attrition, or imperfect sorrow, for his sins the absolution of the priest is powerless to effect his forgiveness. We can hardly exaggerate the importance of contrition for sin, so we will touch on this again in the next issue in this series.

Adapted from: *The Ark and the Dove*  
Right Rev. Msgr. Clarence E. Elwell

Next Week: TRUE CONTRITION *Cont’d*

### WHAT IS CONTRITION?

Since contrition is the most important act of the penitent, let us examine its nature and see exactly what it is.

The word ‘contrition’ is derived from the Latin verb *conterere*, meaning to