

Institute of Christ the King Sovereign Priest
Saint Anthony of Padua Oratory
Latin Mass Apostolate in the Archdiocese of Newark



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**First Sunday of Lent
February 26, 2023**

MONTH OF THE MOST HOLY NAME OF JESUS

Holy Mass Schedule:

Sunday: 7:30, 9:00 & 11:00 AM (High Mass)

Weekdays: Monday - Saturday 9:00 AM

First Friday: Additional Mass at 7:00 PM

Holy Days of Obligation: 9:00 AM & 7:00 PM
(Please confirm with current bulletin or website)

Confession:

30 minutes before each Mass and upon request.

Baptism: Please contact the Oratory in advance.

Marriage: Please contact the Rectory at least 6 months
in advance of the proposed marriage date.

Benediction of the Most Blessed Sacrament: 2nd Sunday
of the month following the 9:00 AM Mass

Perpetual Novena:

Monthly from the 17th to 25th. Infant of Prague

Please reference the weekly bulletins (also available on the website) for any temporary changes to the Mass schedule.

Very Rev. Msgr. R. Michael Schmitz, STD, JCL, Vicar General & Delegate for the U.S.
Rev. Canon Matthew Talarico, Provincial Superior
Rev. Canon Brian A. T. Bovee, Rector
Rev. Father Richard Munkelt, Priest in Residence
Abbé Francis Bennell, Oblate

LITURGICAL CALENDAR

Sun Feb 26	FIRST SUNDAY OF LENT	7:30 AM ✕ Peter Roset <i>by Michael & Sarah Gyiraszi</i>
		9:00 AM Erika Chiriboga <i>by Diana Cabana</i>
		11:00 AM Frances & Magan Tan <i>by Julius & Aileen Pulmano</i>
Mon Feb 27	Feria	9:00 AM Bishop Joseph Strickland <i>by Robert S. Salazar</i>
Tue Feb 28	Feria	9:00 AM ✕ Celina Okafor <i>by Emmanuel Okafor</i>
Wed Mar 1	EMBER WEDNESDAY	9:00 AM Theresa Flaherty <i>by the Rogers Family</i>
Thu Mar 2	Feria <i>Votive Mass of Eternal High Priest</i>	9:00 AM Maureen Elizabeth O'Toole <i>by the O'Toole Family</i>
Fri Mar 3	EMBER FRIDAY	9:00 AM ✕ Margaret Cox <i>by Brian & Lisa Hart</i>
		7:00 PM ✕ Concetto & Maria Crisafulli <i>by Conrad Crisafulli</i>
Sat Mar 4	EMBER SATURDAY	9:00 AM Bernadette Ezuduemoih <i>by Ignatius Isekenegebe</i>
Sun Mar 5	SECOND SUNDAY OF LENT	7:30 AM Kretzer Family <i>by Kikikipa Kretzer</i>
		9:00 AM ✕ John Wieszczyk <i>by Mr. & Mrs. Wieszczyk</i>
		11:00 AM ✕ Owen & Philomena McGovern <i>by Tom & Kerry Gilmour</i>

PRAYERS & INSTRUCTION



FIRST SUNDAY OF LENT



Introuit. Ps. 90, 15, 16. He shall call upon Me, and I will hear him; I will deliver him, and glorify him; I will fill him with length of days. Ps. 90, 1. He that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven.

Pray. O God, Who dost purify Thy Church with the annual observance of Lent, grant to Thy household that what it strives to obtain from Thee by abstinence it may secure with good works. Through our Lord.

Epistle. 2 Cor. 6, 1-10. Brethren, we exhort you that you receive not the grace of God in vain. For He saith, In an accepted time have I heard thee, and in the day of salvation have I helped thee. Behold now is the acceptable time, behold now is the day of salvation. Giving no offense to any man, that our ministry be not blamed: but in all things let us exhibit ourselves as the ministers of God; in much patience, in tribulations, in necessities, in distresses, in stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in long-suffering, in sweetness, in the Holy Ghost, in charity unfeigned, in the word of truth, in the power of God; by the armor of justice on the right hand and on the left, by honor and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet known; as dying, and behold we live; as chastised, and not killed; as sorrowful, yet always rejoicing; as needy, yet enriching many; as having nothing and possessing all things.

Gradual. Ps. 90, 11, 12. God hath given His angels charge over thee, to keep thee in all thy ways. V. In their hands

they shall bear thee up, lest thou dash thy foot against a stone.

Tract. Ps. 90, 1-7, 11-16. He that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven. V. He shall say to the Lord, Thou art my protector and my refuge: my God, in Him will I trust. V. For He hath delivered me from the sharp word. V. He will overshadow thee with His shoulders, and under His wings thou shalt trust. V. His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night. V. Of the arrow that flieth in the day; of the business that walketh about in the dark: of ruin and the noonday devil. V. A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh to thee. V. For He hath given His angels charge over thee, to keep thee in all thy ways. V. In their hands they shall bear thee up, lest thou dash thy foot against a stone. V. Thou shalt walk upon the asp and the basilisk, and thou shalt trample under foot the lion and the dragon. V. Because he hath hoped in Me, I will deliver him; I will protect him, because he hath known My name. V. He shall call upon me, and I will hear him: I am with him in tribulation. V. I will deliver him, and I will glorify him; I will fill him with length of days, and I will show him My salvation.

Gospel. Matt. 4, 1-11. At that time, Jesus was led by the Spirit into the desert, to be tempted by the devil. And when He had fasted forty days and forty nights, afterwards He was hungry. And the tempter coming said to Him, If Thou be the Son of God, command that these stones be made bread. Who

Pray for Our Sick

Clarissa McArdle, Kelly Philips, Brendan Flaherty, Katie Williams, Jessica Kenny, Cathy Craig, Christopher Slattery, Donald Moglia, Francine Cable, Michelina Giuliano

Pray for Our Deceased

James Kenny, Andy Flock, Elaine Ventura, Raymond Bennell, Sue Aurora, Zoltan Leskowsky Sr., Amelia Udasco, Servando Fernandez, Lucille Mariano, Roy Brower, Eugenia Wieszczyk

ANNOUNCEMENTS & INFORMATION



Welcome to St. Anthony of Padua Oratory!

We are happy to have you with us today. Please join us after the 9 and 11 AM Masses for coffee, a sweet, and some good company in the parish hall below.



NINE FRIDAYS DEVOTION

Friday, March 3rd, will be the sixth of the NINE FIRST FRIDAYS devotion to the Sacred Heart of Jesus as requested by Our Lord to St. Margaret Mary Alacoque. These devotions, including the holy rosary, will begin at 6 PM, followed by holy Mass at 7 PM.

HOLY NAME SOCIETY FOOD PANTRY DONATIONS

During Lent, the Holy Name Society will be collecting donations for the Our Lady of the Valley Soup Kitchen in Orange, NJ. Supplies and food items particularly needed include canned soups, chicken and/or beef broth, beans, gravies, pasta, peanut butter, sugar, napkins, and other nonperishable items.

Donations can be left downstairs in the Fr. Wickens Hall next to the Holy Name Society banner. Thank you!

40 DAYS FOR LIFE

Please prayerfully consider being part of this year's worldwide campaign of prayer and fasting to end abortion,

Feb. 22nd – Apr. 2nd

across from abortion mills in Montclair, Morristown, and Woodbridge, as well as other places in NJ.

This is an excellent means of positive Lenten mortification, which not only requires personal self-sacrifice, but is required to stir the consciences of those in society regarding the evils of abortion. Perhaps God is calling you to save a child's life by your prayerful presence near these places of murder.

Details on a local campaign will soon be available on the vestibule

SURSUM CORDA

On Friday, March 3rd, SURSUM CORDA young adults group will meet after the 7 PM Mass.

A discussion social on the 'Uniting the Clans' will follow in the church hall.

Sunday, February 26:

Special Second Collection

"Many Apostolates, One Mission"

Donate online with the QR code.

Help the Institute continue to restore Catholic life and culture in the USA!



LENTEN STATIONS

Stations of the Cross will take place at 7 PM on Fridays during Lent except first Friday (March 3). On first Friday, stations will be at 6:30 PM followed by Mass at 7 PM.

VOTIVE CANDLES

WEEK OF FEBRUARY 26TH

PIETA:



Conversion -J—BM

OUR LADY:

ST. JOSEPH:

ST. THERESE:

Special Intention—BM

* indicates number of intentions in the queue.

CALENDAR OF EVENTS

Sun. Feb 26: Provincial Collection

Sun. Mar 5:

~Confrater. of the Holy Rosary meeting

~Holy Name of Jesus Society meeting

Sun. Apr. 2: Palm Sunday

No CCD Classes

Sun. Apr. 9: Easter Sunday

No CCD Classes

Sun. May 7: First Holy Communions

Sun. May 14: May Crowning/Mothers Day



answered and said: It is written, Not in bread alone doth man live, but in every word that proceedeth from the mouth of God. Then the devil took Him up into the holy city, and set Him upon the pinnacle of the temple, and said to Him, If Thou be the Son of God, cast Thyself down: for it is written, That He hath given His angels charge over Thee, and in their hands shall they bear Thee up, lest perhaps Thou dash Thy foot against a stone. Jesus said to Him, It is written again, Thou shalt not tempt the Lord thy God. Again the devil took Him up into a very high mountain; and showed Him all the kingdoms of the world, and the glory of them; and said to Him, All these will I give Thee, if falling down Thou wilt adore me. Then Jesus said to him, Begone, Satan, for it is written, The Lord thy God shalt thou adore, and Him only shalt thou serve. Then the devil left Him; and behold angels came, and ministered to Him.

Offertory. Ps. 90, 4, 5. The Lord, will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

Secret. We solemnly offer the sacrifice at the beginning of Lent, beseeching Thee, O Lord, that while we restrict ourselves in the use of bodily food, we may also refrain from indulgence in harmful pleasures. Through our Lord.

Communion. Ps. 90, 4, 5. The Lord, will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

Postcommunion. May the holy partaking of Thy sacrament strengthen us, O Lord, and purify us from the old life, and make us sharers in the mystery of salvation.



I BELIEVE IN THE FORGIVENESS OF SINS...



The goodness and the mercy of God are infinitely great. His infinite love impelled the Father to send His only-begotten Son to redeem us from the consequences of Adam's sin, and gave us the sacrament of Baptism as a mean of removing original sin from the individual soul, restoring sanctifying grace and the indwelling presence of God.

Even though the priest has the power of Orders and the power of jurisdiction necessary to absolve, he may not exercise it except in behalf of member of the Church whom he deems worthy. Christ indicated this when He said: "Whose sins you shall retain they are retained."

There are, therefore, certain acts on the part of the penitent that are necessary to obtain this pardon. They are three: **contrition, confession, satisfaction.** These three imply a previous **examination of conscience**, while true contrition includes a **firm purpose of amendment.** *We can say, therefore, in accordance with the catechism, that we must do five things to receive the sacrament of Penance worthily. We will examine each of these in turn as a spiritual checkup this Lent, to see if we are "up to snuff."*

Part I: SACRAMENTAL PREPARATION

SANTIFYING grace is so immensely important, and its loss so great a disaster, that God has provided against the results of sin. He knew we would be tormented with doubt of receiving pardon, realizing that we had failed in all our baptismal promises, that we had driven the Triune God from our souls, defiled the image of God, and destroyed our baptismal innocence. He knew that we, realizing we were no longer children of God and heirs to eternal happiness, would be in despair of the inadequacy of our own repentance. Therefore, God in His wisdom planned a way to give us a clear sign of His forgiveness.

By the sacrament of Penance, we have an outward, or external, sign that is a means, perceptible to the senses, for knowing that we have been rescued and restored to the Ship of the Church, with all the accompanying privileges. By the proper reception of this sacrament, we have the assurance of our rehabilitation, of our pardon, and peace with God. For our forgiveness is sealed with Christ's blood and declared by the priest of Christ's Church.

To receive the sacrament of Penance worthily, therefore, we must first prepare well, so that we may have the grace and the proper dispositions to do all that we should. Our preparation should comprise three steps or stages: prayer for light and guidance; examination of conscience; and the exciting of contrition, which naturally includes a purpose of amendment. Hence, a person who confesses frequently need not spend as much time in preparation as one who seldom confesses—say, once or twice a year. For one who confesses monthly or bi-monthly, five or ten minutes should be ample.

Of these three stages of our preparation, contrition is by far the most important.

Contrition is not only the most important element of preparation, but it is relatively the most important of all acts involved in the forgiveness of sin. Without it, personal sin cannot and will not be forgiven.

It is well to remember this, because there is a tendency to spend an overlong amount of time on the examination of conscience, and little to no time on exciting true contrition. It is recommended to spend approximately two-thirds of the time allotted to preparation on the exciting of true contrition. But we are getting ahead of ourselves, so let's return to our initial preparations.

Perhaps the finest way to begin preparation for confession is to kneel before the Blessed Sacrament and make a rapid review of all the graces and favors God has showered upon us. We can recall the gifts of the creative love of our Heavenly Father – our birth, Catholic parents and home, His powerful protection from many dangers, His providential guidance of us day after day, our health, our friends, and so on. We can recall the special gifts of the redemptive love of Christ, our loving Savior: His cruel agonizing death on the Cross to unlock the gates of happiness for us; His holy Church and the sacraments, to help us get to heaven. The list can go on and on.

PRAYER FOR LIGHT AND CONTRITION

Before beginning our self-examination, we should beg assistance of God in prayer. Why? Because we cannot have supernatural sorrow for our sins, no matter how hard we try, without His help. This He normally does even with-

out our asking, but if we wish to be sure of obtaining this grace, we must ask.

"Ask and it shall be given to you:" Matt. 7:7

Holy Mother Church has not dictated any set of prayers for preparation, and so we are free to use those which appeal to our devotion or pray in our own words.

It is, however, highly recommended that we pray first to the Holy Ghost for light to know what sins we have committed, for the grace of true contrition, and the strength to make a humble and sincere confession. No one knows so well our hidden faults and sins as does our divine indwelling Guest. He who is called the "Remission of Sins" will open our eyes, enlighten our minds, and awaken in us true contrition, if we ask Him.

Source: *The Ark and the Dove*
Right Rev. Msgr. Clarence E. Elwell

Next Week:

EXAMINATION OF CONSCIENCE

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Stabat Mater

1. **Stábat Máter dolorosa
Juxta crúcem lacrimósa,
Dum pendébat Filius.**
2. **Cúius ánimam geméntem,
Contristátam et doléntem
Pertransívit gládius.**
3. **O quam trístis et afflícta
Fuit illa benedícta
Máter unigéniti !**
4. **Quae mœrébat et dolébat,
Pia Máter, dum vidébat
Náti poénas ínclýti.**