



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, JANUARY 23, 2022
3RD SUNDAY AFTER THE EPIPHANY
(Mass Propers available in the Parish Bulletin)

Dear faithful,

Thank you to all who attended the Walk for Life West Coast in downtown San Francisco yesterday. As always, there was a small number of vociferous protestors. All in all however this was an edifying display of faith in God's love for each human being, including unborn children, and their inalienable right to life. May God continue to further the culture of life in this country, as recent judicial developments would seem to indicate. Someday, by God's grace, the lives of these children will be protected by our nation's highest laws.

Do you have young children whom you would like to see receive **First Holy Communion this year**? Now is the time to send me their names and information. The start date for the classes will most likely be in mid-February or early March, and the date for First Communions is projected for the second Sunday of May, as in years past. More information will be forthcoming, so please check your emails.

Canon Joel Estrada has been making good progress in his recovery, and has now returned to St. Patrick's Oratory in Waterbury, Connecticut. He will still need some supplemental oxygen as well as rest during a time of convalescence which may last for a few weeks, depending on his progress back to full good health.

Thank you as well for your prayers for **Canon Francis Altieri**, who has been hospitalized in the intensive care unit since January 9. Canon's condition continues to make great improvements slowly but surely. He no longer needs an oxygen mask but only supplemental oxygen through his nose. At this point, it seems that he may need to remain in the hospital for another couple of weeks. Then, it is likely that Canon will need a time of convalescence in order for his lungs to heal and thus ensure a full recovery. We will keep you updated.

The Requiem Mass and funeral was celebrated for Jesus and Margarita Cristobal this past Wednesday, January 19. Mr. and Mrs. Cristobal were longtime faithful of the Institute here at St. Margaret Mary's, and their loss will not go unnoticed by the rest of us; their spiritual family. Let us continue to keep these dear souls in our prayers, that God's light would shine upon them in eternal peace and glory. May they now become powerful intercessors before God for us.

Next **Saturday, January 29 is the Feast of St. Francis de Sales**; a First Class feast for our Institute as he is one of our principal patrons. As such, a plenary indulgence is available under the usual conditions. In addition, the External Solemnity of this feast will be celebrated on Sunday, January 30. Have you ever read **The Introduction to the Devout Life**? This is one of St. Francis's most important spiritual treatises. It shows us how all individuals, no matter their state in life, can attain to the holiness God desires for each of us.

I would like to commit to your prayers in a special way the **repose of the soul of Alice von Hildebrand**, a close friend of the Institute of Christ the King who passed away on **Friday, January 14**.



Group photo from the Walk For Life 2022, Saturday, January 22

Both Alice and her late husband Dietrich von Hildebrand were Catholic philosophers, writers and professors born in Belgium and Italy; Alice in 1923 and Dietrich in 1889. Dietrich von Hildebrand became a fierce opponent of Hitler's Nazis and their pagan totalitarianism; so much so in fact that he was forced to flee Munich, Germany and other locations for his safety on more than one occasion. He even spent a length of time on the most-wanted list of Hitler's secret police, the infamous Gestapo. Dietrich von Hildebrand has yet another claim to fame though: it was he who founded the Institute's lay branch, the Society of the Sacred Heart!

A reminder regarding the **white cloth attached to the Communion rail** which the altar server turns over before the Distribution of Communion: this is a precaution taken to protect the Blessed Sacrament from defilement by falling on the floor. All you have to do when receiving Communion is place your hands together, turn them over palms -up, and insert them underneath the cloth. This way, you form a little covered plateau (like a little altar!) to protect Our Lord from falling.

For the time being, the reception hall continues to be closed until further notice by St. Margaret Mary Parish. We will keep you updated as soon as it becomes available again for our regular Sunday reception.

Wishing you a blessed Sunday,
Canon Benjamin Norman

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 1/23	7:00 am <i>Low Mass</i>	3rd Sunday after the Epiphany <i>2nd Class / Green</i>	Canon Norman	Herreid Family
	12:30 pm <i>High Mass</i>			Franquilino Cardenas† & Maria de Jesus Madrigal†
Mon, 1/24	6:00 pm <i>Low Mass</i>	St. Timothy, Bishop & Martyr <i>3rd Class/ Red</i>	Father Staal	Dakudao Families
Tue., 1/25	6:00 pm <i>Low Mass</i>	The Conversion of St. Paul. Apostle <i>3rd Class/ White</i>	Canon Norman	Francis† & Ofelia Baccay†
Wed., 1/26	6:00 pm <i>Low Mass</i>	St. Polycarp, Bishop & Martyr <i>3rd Class/ Red</i>	Canon Norman	Gabriela Kung
Thurs., 1/27	12:00 noon <i>Low Mass</i>	St. John Chrysostom, Bishop, Confessor, and Doctor of the Church, <i>3rd Class/ White</i>	Canon Norman	Thomas Price Family
Fri., 1/28	6:00 pm <i>Low Mass</i>	St. Peter Nolasco, Confessor <i>3rd Class/ White</i> <i>Adoration after Mass</i>	Canon Norman	Alex Brychta†
Sat., 1/29	10:00 am <i>Low Mass</i>	St. Francis de Sales, Bishop, Confessor & Doctor of the Church, <i>1st Class/ White</i>	Canon Norman	Isaac Maximo Pablo Matias
Sun., 1/30	7:00 am <i>Low Mass</i>	External Solemnity of St. Francis de Sales Institute Patronal Feast Day <i>1st Class / White</i>	Canon Norman	Evert Family
	12:30 pm <i>High Mass</i>		Canon Norman	Antonio Maravilla† & Crescencia Ruiz†

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes on Zoom Please contact Canon Norman or Lisa Caputi (henshinx@pacbell.net) to request the Zoom link.

Youth Class: Tuesdays at 4:00pm **Adult Class:** Saturdays, at 2:30pm

EMAIL LIST: send your request to

oakland@institute-christ-king.org

FLOCKNOTE: sign up at icksपोakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS

In your kindness, please keep these requests in your prayers. Thank you.

For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Paula Case	Veronica Seder
Elizabeth Pawek	Diane Kasdan	Courtney Shoda
Canon Fragelli	Dobbins family	Peter Trong Nguyen
Paulann Dymond	Mead Lawson	Paul Oei
Thomas Orr	Canon Altiere	Canon Estrada
Jay Balza	Ann Placido	

For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzas
Marie-Terese Karel-Michaan		
Jesus Cristobal	Rita Cristobal	<i>Requiescant in pace.</i>

If you would like post a name to these lists, for yourself or a loved one, please send an email to oakland@institute-christ-king.org

UPCOMING EVENTS

January 29—Feast of St. Francis de Sales, Patron of the Institute
 January 30—External Solemnity of St. Francis de Sales
 February 2—Candlemas (end of Christmas season)
 February 3—Feast of St. Blaise (blessing of the throat)
 February 6—External Solemnity of the Purification (Candlemas)
 Blessing of candles and procession
 February 13—Septuagesima Sunday

NEW! — DIRECTORY OF SERVICES FOR THE OAKLAND APOSTOLATE

Do you have a skill, service or small business? We are starting a directory for parishioners to connect with each other. If you would like to be included, or have a question, please email Jennifer at msjenniferlj@gmail.com. Please include your name, skill, product or business & the best way to contact you. Thank you so much!"

DONATE TO THE INSTITUTE

<https://institute-christ-king.org/donate-apostolates>

To donate online, please visit the above link or scan the QR code. Your prayers and material support enable the Institute to carry out its mission in Oakland and elsewhere.



Thank you for your generosity!

SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons for the Institute's Oakland apostolate can be found at:

<https://institute-christ-king.org/oakland-sermons>

For Sunday bulletins, go to

<https://institute-christ-king.org/bulletins-oakland>