



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
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**SUNDAY, JANUARY 30, 2022  
EXTERNAL SOLEMNITY OF  
ST. FRANCIS DE SALES**

Dear faithful,

We celebrate today the External Solemnity of Saint Francis de Sales; one of the veritable “heavyweights” among the ranks of spiritual writers and missionary bishops of the Counter-Reformation. How much do you know about the “Gentle Saint”? He was born in 1567 in the Savoy region of France. Ordained a priest in 1593 and consecrated Bishop of Geneva, Switzerland in 1602, he is remembered not only for his prolific writings and good works, but in particular for a mission he preached throughout the Chablais region, traveling on foot the entire time, from 1594-1598.

His constant kindness, holiness, courage and zeal to all those he encountered, especially the preachers sent to oppose him by the Calvinist heretics, was blessed by God and yielded no little fruits. His efforts resulted in the return of the entire region to the Catholic Faith; some sixty-thousand souls. He lived in a time of conflict, a time of persecution. What was the secret of his perseverance? Trust in God:

“Do not look forward to what may happen tomorrow; the same everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering, or He will give you unflinching strength to bear it. Be at peace, then, put aside all anxious thoughts and imaginations, and say continually: The Lord is my strength and shield; my heart has trusted in Him and I am helped. He is not only with me, but in me and I in Him.”

Remember: First Communions for the Year 2022 will be on Sunday, May 8 (second Sunday of the month; Mother’s Day). The preparatory classes will begin on Zoom on **Wednesday, February 23 at 4 pm**. Please be sure to contact me at your earliest convenience if you have children who have reached the age.

Please continue to pray for our two canons recovering from Covid; Canon Joel Estrada and Canon Francis Altieri. Though Canon Estrada was thankfully able to return to St. Patrick’s Oratory, Canon Altieri unfortunately suffered a little setback and had to be put back on a ventilator at the hospital. It now appears that he had developed a superimposed bacterial infection which compromised his breathing. It is now being treated, and he is improving.

Canon has made great improvement on the ventilator and now requires substantially less support. He is on light sedation, and is easily arousable, interactive, and calm and peaceful, despite being on the ventilator. His medical team is optimistic that he will continue to improve, but the amount of time he may need on the ventilator at this time is unknown. Please continue to fervently pray for Canon Altieri, his family, and his medical team.

This Wednesday, February 2 is the beautiful **Feast of the Purification of the Blessed Virgin Mary**. There will be a Low Mass with organ at 6 pm. The External Solemnity of this lovely feast, with the **bleasing of candles and procession**, will take place on **Sunday, February 6 at the 12:30 Mass**. If you have candles you would like blessed, please place them on the tables before the 12:30 Mass that day. There will not be a blessing or procession at the 7 am Mass.

There will also be the **Blessing of Throats** for the Feast of St. Blaise on **Thursday February 3**, after the 12 noon Mass. Medicine is an august and noble profession. The grace of God is even more sublime, however! You don’t want to miss out on this blessing.



Saint Francis de Sales

Do you miss our **Sunday reception**? I do too. To help “fill the gap,” we would like to begin a once-monthly outdoor get-together for families, especially those in the Confirmation Catechism Class on Tuesdays at 4 pm. It would be most helpful if, being a spiritual family, we could have this regular event featuring a picnic lunch, socializing, and games. We need to stick together in these difficult times in a truly Catholic family spirit. We might as well have some fun while we’re at it! Volunteers for bringing food, sporting equipment or otherwise coordinating are welcome. If interested, please contact Lisa Caputi at: [henshinx@pacbell.net](mailto:henshinx@pacbell.net)

**First Friday and Saturday** are coming up at the end of this week. We will have the devotions after Mass on both days.

Wishing you a blessed Sunday  
Canon Benjamin Norman

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 1/30	7:00 am <i>Low Mass</i>	<b>External Solemnity of St. Francis de Sales</b> <b>Institute Patronal Feast Day</b> <i>1st Class / White</i>	Canon Norman	Evart Family
	12:30 pm <i>High Mass</i>			Antonio Maravilla† & Crescencia Ruiz†
Mon, 1/31	6:00 pm <i>Low Mass</i>	St. John Bosco, Confessor <i>3rd Class/ White</i>	Father Staal	Renee Claire Etscheit Varner†
Tue., 2/1	6:00 pm <i>Low Mass</i>	St. Ignatius of Antioch, Bishop & Martyr <i>3rd Class/ Red</i>	Canon Norman	Anthony Santull
Wed., 2/2	6:00 pm <i>Low Mass</i>	The Purification of the Blessed Virgin Mary <i>2nd Class/ White</i>	Canon Norman	Pam Family
Thurs., 2/3	12:00 noon <i>Low Mass</i>	Votive Mass of Our Lord Jesus Christ, Sovereign and Eternal High Priest, <i>3rd Class/ White</i>	Canon Norman	Raul Baccay & Family
Fri., 2/4	6:00 pm <i>Low Mass</i>	Votive Mass of the Sacred Heart of Jesus <i>3rd Class/ White</i> <i>First Friday Devotions after Mass</i>	Canon Norman	Ron† & Sharon Chapel†
Sat., 2/5	10:00 am <i>Low Mass</i>	Votive Mass of the Immaculate Heart of Mary <i>3rd Class/ White</i> <i>First Saturday Devotions after Mass</i>	Canon Norman	Marketa Umova
Sun., 2/6	7:00 am <i>Low Mass</i>	<b>External Solemnity of the Purification of the Blessed Virgin Mary</b> <i>2nd Class / White</i>	Canon Norman	Isaac Maximo Pablo Matias
	12:30 pm <i>High Mass</i>		Canon Norman	Jose Maria Mares† & Felicitas Murrillo†

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

**Weekly catechism classes on Zoom** Please contact Canon Norman or Lisa Caputi ([henshinx@pacbell.net](mailto:henshinx@pacbell.net)) to request the Zoom link.

**Youth Class:** Tuesdays at 4:00pm **Adult Class:** Saturdays, at 2:30pm

**EMAIL LIST:** send your request to

[oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

**FLOCKNOTE:** sign up at [icksपोakland.flocknote.com](http://icksपोakland.flocknote.com)  
or text "ICKSPOakland" to 84576

### PRAYER LISTS

In your kindness, please keep these requests in your prayers. Thank you.

#### For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Paula Case	Veronica Seder
Elizabeth Pawek	Diane Kasdan	Courtney Shoda
Canon Fragelli	Dobbins family	Peter Trong Nguyen
Paulann Dymond	Mead Lawson	Paul Oei
Thomas Orr	Canon Altiere	Canon Estrada
Jay Balza	Ann Placido	

#### For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzas
Marie-Terese Karel-Michaen		Steven Miller
Jesus Cristobal	Rita Cristobal	<i>Requiescant in pace.</i>

If you would like post a name to these lists, for yourself or a loved one, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

### UPCOMING EVENTS

February 2—Candlemas (end of Christmas season)  
February 3—Feast of St. Blaise (blessing of throats)  
February 6—External Solemnity of the Purification (Candlemas)  
Blessing of candles and procession at 12:30pm  
February 13—Septuagesima Sunday  
February 20—Sexagesima Sunday  
February 27—Quinquagesima Sunday  
March 2—Ash Wednesday

### **NEW! — DIRECTORY OF SERVICES** FOR THE OAKLAND APOSTOLATE

Do you have a skill, service or small business? We are starting a directory for parishioners to connect with each other. If you would like to be included, or have a question, please email Jennifer at [msjenniferlj@gmail.com](mailto:msjenniferlj@gmail.com). Please include your name, skill, product or business & the best way to contact you. Thank you so much!"

### DONATE TO THE INSTITUTE

<https://institute-christ-king.org/donate-apostolates>

To donate online, please visit the above link or scan the QR code. Your prayers and material support enable the Institute to carry out its mission in Oakland and elsewhere.



Thank you for your generosity!

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons for the Institute's Oakland apostolate can be found at:

<https://institute-christ-king.org/oakland-sermons>

For Sunday bulletins, go to

<https://institute-christ-king.org/bulletins-oakland>