



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
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**SUNDAY, MARCH 27, 2022  
FOURTH (“LAETARE”) SUNDAY OF LENT**  
(Mass Propers available in the Parish Bulletin)

Dear faithful,

The Fourth Sunday of Lent (“Laetare Sunday”) has already arrived! It seems Lent goes by too fast each year. Our fasting and abstinence had just begun, and now Holy Week is on the horizon. But before the austerity of Our Lord’s Passion, Holy Mother Church bids us to rejoice this Sunday. What could be the motive for this? It is about more than the fact that our Lenten fasting and abstinence will cease in several weeks.

Saint Paul tells us that there were two children born to Abraham, one of the bondwoman Agar, and one of the free, his wife Sara. Ismael, born of Agar, was troublesome to Isaac, whom Sara conceived in old age by the power of God. Understandably therefore, Sara determined that Ismael would not be a co-heir with her beloved Isaac, and at her request Abraham sent Ismael and his mother Agar away.

Saint Paul has us understand that these two sons prefigured the Old Covenant and the New; our baptism in Jesus Christ which renders us adopted children of God and co-heirs with Him, the “firstborn” and only-begotten Son of God. Thus the true motive for which we rejoice this Sunday.

This past Friday, the Feast of Our Lady’s Annunciation, Pope Francis **consecrated Russia and Ukraine** to the Immaculate Heart of Mary, in union with the bishops. Let us continue to keep these two nations in our prayers, that this war would come to an end and that, above all, we poor sinners would be converted from our evil ways. Also on this day, **three Sisters Adorers** pronounced their first vows at their convent in Naples, Italy. Deo gratias!

We also had a decent turnout for our **Altar Servers’ event** on Saturday. These get-togethers are always a good opportunity for young men who wish to serve God in the Sacred Liturgy to get to know each other a bit better and enjoy true Catholic fraternity. If you or your sons are interested in serving, please contact me by phone or email.

As previously announced, our Holy Week schedule has now been set. Please find it at this link: <https://bit.ly/3Dc1OhA>

The excellent traditional Catechism, **“My Catholic Faith”**, is selling like the proverbial hotcakes. It always does; this tried and true manual of instruction in the true religion combines a logical structure, clear explanations of the Faith based on Sacred Scripture, sound reason, the evidence of Church history, and the writings of the Early Church Fathers. Special attention is given to refuting attacks on the Catholic Faith. Get a copy before they’re all gone!

A special “thank you” goes out to all who contributed to the collection for Abbés Wells, Hoopes, and Cody Teague. Your generous contributions are the means that Divine Providence uses to see these men through to the day of their priestly ordination!

I hope you have a chance to read **Canon Altiere’s very edifying thank you note**, published in our Flocknote this Sunday. In it, he made known his gratitude for all the prayers and sacrifices you’ve been offering for him. The rapid recovery he has been making, though not complete just yet, defies medical explanation. This is truly the power of prayer at work!

Wishing you a blessed Sunday,  
Canon Benjamin Norman



*On the 3rd Sunday of Lent, Canon Altiere was back convalescing at Sts. Cyril & Methodius in Bridgeport, Connecticut. His rapid recovery defies medical explanation. Thank you for your prayers!*

## **LENTEN SCHEDULE**

- Confessions beginning at 5 pm on Fridays of Lent
- Adoration after the 6 pm Mass on Wednesdays of Lent
- Stations of the Cross after the 6 pm Mass on Fridays of Lent
- First Friday (April 1): Confessions at 4:15 pm, Stations of the Cross at 5 pm, and First Friday Devotions after the 6 pm Mass.

## **DID YOU KNOW? THE ROCHET:**

I sometimes receive the question, “Canon Norman, why do you wear two surplices in church?” Actually though, I’m wearing a surplice and a rochet. The Catholic Encyclopedia sheds some light for us on this special vestment:

“An over-tunic usually made of fine white linen (cambric; fine cotton material is also allowed), and reaching to the knees. While bearing a general resemblance to the surplice, it is distinguished from that vestment by the shape of the sleeves; in the surplice these are at least fairly wide, while in the rochet they are always tight-fitting. The rochet is decorated with lace or embroidered borders--broader at the hem and narrower on the sleeves. The rochet is not a vestment pertaining to all clerics, like the surplice; it is distinctive of prelates, and may be worn by other ecclesiastics only when (as, e.g., in the case of cathedral chapters) the usus rochetti has been granted them by a special papal indult.”

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 3/27	7:00 am <i>Low Mass</i>	<b>Fourth Sunday of Lent</b> <b>("Laetare Sunday")</b> <i>1st Class / Violet</i>	Canon Norman	Sergio Raya
	12:30 pm <i>High Mass</i>			Cade Marcelino
Mon, 3/28	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i>	Father Staal	Maria Vanider-Hill
Tue., 3/29	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i>	Canon Norman	Barbara Powell†
Wed., 3/30	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i> <i>Adoration after Mass</i>	Canon Norman	Paul Baccay & Family
Thurs., 3/31	12:00 noon <i>Low Mass</i>	Lenten feria <i>3rd Class/ Violet</i>	Father Morgan	Ofelia Valdicanas
Fri., 4/1 1st Friday	6:00 pm <i>Low Mass</i>	Votive Mass of the Sacred Heart <i>3rd Class/ White</i> <i>Stations of the Cross before Mass; Adoration after Mass</i>	Canon Norman	Brad O'Leary
Sat., 4/2 1st Saturday	10:00 am <i>Low Mass</i>	Votive Mass of the Immaculate Heart of Mary <i>3rd Class/ White</i> <i>First Saturday Devotions after Mass</i>	Canon Norman	Colonel George Ishikata†
Sun., 4/3	7:00 am <i>Low Mass</i>	<b>Passion Sunday</b> <i>1st Class / Violet</i>	Canon Norman	Sergio Raya
	12:30 pm <i>High Mass</i>		Canon Norman	Cade Marcelino

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

**Weekly catechism classes on Zoom** Please contact Canon Norman or Lisa Caputi ([henshinx@pacbell.net](mailto:henshinx@pacbell.net)) to request the Zoom link.

**Youth Class:** Tuesdays at 4:00pm

**Adult Class:** Saturdays, at 2:30pm

**EMAIL LIST:** send your request to

[oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

**FLOCKNOTE:** sign up at [icksipoakland.flocknote.com](http://icksipoakland.flocknote.com)

### PRAYER LISTS\*

In your kindness, please keep these requests in your prayers. Thank you.

#### For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Paula Case	Veronica Seder
Elizabeth Pawek	Diane Kasdan	Courtney Shoda
Canon Fragelli	Dobbins family	Peter Trong Nguyen
Paulann Dymond	Mead Lawson	Paul Oei
Thomas Orr	Canon Altieri	Msgr. David Link

#### For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaen		Steven Miller
Jesus Cristobal	Rita Cristobal	<i>Requiescant in pace.</i>

\*A longer prayer list is available as an attachment to Flocknote. If you would like add a name to these lists, please email [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

### UPCOMING EVENTS

March 31—Women's Lenten Retreat \*

April 1—First Friday \*\***1st Friday Devotions after Mass**

April 2—First Saturday \*\* **1st Saturday Devotions after Mass**

April 10—Palm Sunday

April 17—Easter Sunday

\* **The Lenten Retreat for Women** will take place this **Thursday, March 31** at the Carmelite Monastery in Kensington, located at 70 Rincon Road, from 9 am to 1:15 pm. The topic of the conference for this Retreat will be the letters of St. Francis de Sales. There will also be confessions and ample time for prayer. The program for the Retreat can be viewed here: <https://www.institute-christ-king.org/oakland-news/33-oakland-news-private/1204-women-s-lenten-retreat-2022>.

### HOLY WEEK SCHEDULE (EXTRAORDINARY FORM)

#### Palm Sunday, April 10:

7:00 am: Low Mass

1:00 pm: Blessing of Palms, Procession and High Mass

#### Holy Thursday, April 14:

7:00 pm: High Mass, Procession to the Altar of Repose and Stripping of the Altars

#### Good Friday, April 15:

3:00 pm: Mass of the Presanctified Gifts

#### Easter Vigil of Holy Saturday, April 16:

3:00 pm: Easter Vigil

#### Easter Sunday, April 17:

7:00 am: Low Mass

1:00pm: High Mass