



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, AUGUST 28, 2022  
EXTERNAL SOLEMNITY OF THE  
IMMACULATE HEART OF MARY**

## THANK YOU, CANON ZIGNEGO!

This past week we were fortunate to have an Institute priest, Canon Luke Zignego, to celebrate the weekday Masses Tuesday through Saturday. The Institute is in many ways a family, consisting of priests, seminarians, oblates, sisters and the faithful. This summer we've had the pleasure of seeing our seminarians on their home visit, and the joy of meeting three canons (Canons Silvey, Bourgeois, and Zignego) visiting from other Institute apostolates. Since Canon Zignego will not be here on Sunday to meet most of the Oakland faithful, he kindly provided a few answers we asked of him:

**Q. Oakland Apostolate** - Welcome to Oakland! Most of our faithful have only seen your photo in the same Ordination ceremony during which Canon Norman was also ordained. Would you tell us a little about yourself, such as where you're from and where you have served since ordination?

**A. Canon Zignego** - I am originally from Southeastern Wisconsin near Milwaukee. I attended Christendom College in Northern Virginia, and was a candidate in Chicago before going to Seminary. I was ordained in 2018 with Cannon Norman on Aug. 2, 2018, with two other Americans. I have served in St. Louis, MO (St. Francis de Sales Oratory), Rockford, IL (St. Mary Oratory), and this past year in Chicago (Shrine of Christ the King.)

**Q. Oakland Apostolate** - You come from a large Catholic family. Can you tell us a bit about how your vocation began and whether there were special milestones that pointed your way towards the Holy Priesthood?

**A. Canon Zignego** - I come from a family of 10 children. I had always thought about the priesthood ever since I was about 13. Attending and serving the Latin Mass growing up certainly helped to foster my vocation. During college I became more familiar with the Institute, and when I graduated I entered the candidacy program.

**Q. Oakland Apostolate** - This academic year, there will be three men from our Apostolate going to the Institute's Seminary in Gricigliano: Deacon Jacob Wells, Abbé Alex Hoopes, and Mr. Cody Teague. Do you have a few words of advice (or warning!) for them during this year of study?

**A. Canon Zignego** - I have already given them all the warning and advice that I can. These words are for you the faithful. Pray for them! Your prayers help us keep going during difficult times!

**Q. Oakland Apostolate** - We will celebrate the External Solemnity the Immaculate Heart of Mary this coming Sunday, having celebrated her Assumption last week. To help us benefit more from the graces of this feast, could you give us in a few points on how to be more closely united to her Immaculate Heart, and thus to Our Lord?

**A. Canon Zignego** - pray your Rosary more faithfully, fulfill Our Lady's first Saturday requests, read spiritual books on Our Lady, live a pure and humble life. [NB. **First Friday** and **First Saturday** are this week.]



From the commentary on the **Feast of the Immaculate Heart of Mary**, in *The Liturgical Year* by Dom Gueranger:

Let us then say to her in the words of one of her great servants: "O most holy Mother of God, who has beautified Heaven and Earth, in leaving this world you have not abandoned man. Here below you lived in Heaven. From heaven you converse with us. Thrice happy those who contemplated you and lived with the Mother of life! But in the same way as you dwelt in the flesh with them of the first age, you now dwell with us spiritually. We hear your voice, and all our voices reach your ear, and your continual protection over us makes your presence evident. You visit us. Your eye is upon us all, and although our eyes cannot see you, O most holy One, yet you are in the midst of us, showing yourself in various ways to whoever is worthy. ... O Mother of God, receive the grateful homage of our joy, and speak for your children to Him who has glorified you: whatever you ask of Him, He will accomplish it by His divine power. May He be blessed forever!"

**SUNDAY RECEPTION:** Please join us today in the church hall after the 12:30 Mass for refreshments and fellowship. **ALL ARE WELCOME!**

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 8/28	7:00 am <i>Low Mass</i>	External Solemnity of the Immaculate Heart of Mary <i>2nd Class / White</i>	Msgr. Link	Charles F. Swadling
	12:30 pm <i>High Mass</i>		Fr. Jimenez	Jeff Besos
Mon. 8/29	6:00 pm <i>Low Mass</i>	The Beheading of St. John the Baptist <i>3rd Class / Red</i>	Father Illo	Perpetuo "Tito" Tayco
Tue. 8/30	6:00 pm <i>Low Mass</i>	St. Rose of Lima, Virgin <i>3rd Class / White</i>	Father Staal	Captain Rod Phillips†
Wed. 8/31	6:00 pm <i>Low Mass</i>	St. Raymund Nonnatus, Confessor <i>3rd Class / White</i>	Fr. Jimenez	Carmen Raya
Thurs. 9/1	12:00 pm <i>Low Mass</i>	Votive Mass of Our Lord Jesus Christ, Sovereign & Eternal High Priest, <i>3rd Class / White</i>	Msgr. Link	Ivanka Safradin†
Fri. 9/2	6:00 pm <i>Low Mass</i>	Votive Mass of the Sacred Heart <i>3rd Class / White</i> <i>First Friday devotions after Mass</i>	Msgr. Link	Shawn Chapel†
Sat. 9/3	10:00 am <i>Low Mass</i>	Votive Mass of the Immaculate Heart <i>3rd Class / White</i> <i>First Saturday devotions after Mass</i>	Msgr. Link	Fr. Juan Leon, OFM
Sun. 9/4	7:00 am <i>Low Mass</i>	13th Sunday After Pentecost <i>2nd Class / Green</i>	Canon Norman	Lillian Jimenez
	12:30 pm <i>High Mass</i>			Fil Marquez & Family

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

**Weekly catechism classes for youths and adults (on Zoom) are on summer break, to resume in September.**

Prospective Catholics: contact Canon

**EMAIL LIST:** email [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

**FLOCKNOTE:** sign up at [ickspoakland.flocknote.com](http://ickspoakland.flocknote.com)

### PRAYER LISTS\*

In your kindness, please keep these requests in your prayers.

#### For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Paula Case	Veronica Seder
Elizabeth Pawek	Diane Kasdan	Courtney Shoda
Canon Fragelli	Dobbins family	Peter Trong Nguyen
Paulann Dymond	Paul Oei	Thomas Orr
Canon Altiere	Lianne Claver	Msgr. David Link
Carmen Raya	Fil Marquez	Julie Gourelly
Arnel Adela	Roberto Ponce	Mara Roberts
Steve Farinaro		

#### For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		Steven Miller
Jesus Cristobal	Rita Cristobal	Rod Phillips
Shawn Chapel	Kathy Wenzell	Rosita Foley
John Dymond	William Gilbert	Arnel Adela

*Requiescant in pace.*

\*Please email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org) if you would like to add a name to the above lists. A longer list is available as attachment to the weekly Flocknote.

### UPCOMING EVENTS

August 29 - September 3—Institute Chapter Meeting (Gricigliano)  
September 8—Nativity of the Blessed Virgin Mary  
September 14—Exaltation of the Holy Cross  
September 15—Our Lady of Sorrows

**Sursum Corda** (young adults group) will resume in September in its usual format: Rosary, talk, dinner, concluding with Compline.

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:  
<https://institute-christ-king.org/oakland-sermons>  
<https://institute-christ-king.org/bulletins-oakland>

### PLEASE PRAY FOR THE INSTITUTE'S CHAPTER MEETING

As all canons convene at the Institute's Motherhouse in Gricigliano (Italy) for the annual Chapter Meeting, please keep all canons and their travels in your prayer, that after a spiritual renewal they may return safely to their apostolates to serve with greater fervor.

### PLEASE PRAY FOR OAKLAND'S SEMINARIANS:

Deacon Jacob Wells, Abbé Alex Hoopes, Mr. Cody Teague (entering 2022), and Oakland relations: Abbé Paul Torreano (San Jose, Navarini nephew), Abbé Michael Howard (Sullivan nephew).

### DONATE TO THE INSTITUTE ONLINE

<https://institute-christ-king.org/donations>

To donate, please visit the above link or scan the QR code. Your prayers and material support enable the Institute to carry out its mission in Oakland and elsewhere: the Seminary, the Sisters' work, youth camps, providing online resources, and much more!

**Thank you for your generosity!**

