



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, FEBRUARY 5, 2023
EXT. SOL. OF THE PURIFICATION
(Mass Propers available in the Parish Bulletin)

Dear faithful,

In commenting on the liturgical texts for this Septuagesima Sunday, on which we honor the Feast of the Purification of Our Lady, Dom Guéranger tells us that nothing can make a salutary impression on a heart which is stubbornly attached to finding its happiness, and therefore its treasure, in the passing pleasures of this earthly life. Such a soul is forced each day to accept the fact of the utter vanity of worldly pleasures, and even the harm that they pose to the interior life. And yet for some mysterious reason, each day the soul returns to them and prefers these *apparent* goods to the Sovereign Good, God Himself.

It should be with great confidence and great desire, therefore, that we turn today to Mary, the Mother of God, in recalling the scene of her Purification at the Temple. In this moment she was told and she accepted with a whole heart the prophecy of the wounding of her soul by a terrible sword of grief. It was not however in a spirit of melancholy or of refusal that she listened to this prophecy, for she knew that this sword must pierce her heart not only for the fall but for the resurrection of many in Israel.

The humble surrender of Our Lady before the prophecy of suffering to come is that which Holy Mother Church proposes to us today for a model. Let us ask her to obtain for us a true purification of our souls by the penances we will offer to God in the coming holy season of Lent.

With The Feast of the Purification comes the change in our seasonal Marian Antiphon. The hymn of the season of Septuagesima and of Lent is *Ave Regina Caelorum*, which is chanted until the beginning of Paschaltide. Please find copies available in church and a PDF in Flocknote.

The entire U.S. Province of the Institute **thanks you for all your generous support** during the last year. Please find in Flocknote a letter of gratitude from Canon Matthew Talarico, Provincial Superior. Copies are available in church as well.

Your **end-of-year tax letters** for donations to the Oakland Apostolate of the Institute of Christ the King have now been mailed from our headquarters in Chicago, hopefully you'll receive them soon if not already. For donations to the U.S. Province of the Institute (special Lenten appeal, general donations, Provincial Shrine restoration, etc.), a separate tax letter will be mailed in addition to the above letters. Thank you for your generosity!

Our monthly **Men's Group** meeting is this Wednesday, February 8 at 7:15 pm in Kozina Hall. We hope to see you there for a talk and social dinner! Please RSVP to: vazquez8591@gmail.com.

I will be heading home to Virginia for a **week's vacation from Monday, February 13 – Monday, February 20**. Canon Bryan Silvey will once again be replacing me for part of that time (February 17 – 20). A few generous priestly confreres from nearby parishes will also be helping out. Thank you for your prayers!

Wishing you a blessed Sunday,
Canon Norman



Did You Know? The Biretta:

Have you ever wondered why your priest is wearing a diamond-shaped hat during certain parts of the Liturgy? It's not to keep his head warm (at least, that's not the main reason). It's called a "biretta," and the Catholic Encyclopedia (1907) gives us this glimpse into its history:

"The use of such a cap is prescribed by the rubrics both at solemn Mass and in other ecclesiastical functions. Etymologically, the word 'biretta' is Italian in origin and would more correctly be written 'beretta.' It probably comes from 'birrus', a rough cloak with a hood, from the Greek 'pyrrus', ('flame-coloured'), and the 'birretum' may originally have meant the hood. The privilege of wearing some such head-dress was extended in the course of the sixteenth century to the lower grades of the clergy, and after a while the chief distinction became one of colour, the cardinals always wearing red birettas, and bishops violet.

It may be said in general that the biretta is worn in processions and when seated, as also when the priest is performing any act of jurisdiction, e.g. reconciling a convert. It was formerly the rule that a priest should always wear it in giving absolution in confession, and it is probable that the ancient usage which requires an English judge to assume the 'black cap' in pronouncing the sentence of death is of identical origin."

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 2/5	7:00 am <i>Low Mass</i>	External Solemnity of the Purification <i>2nd Class / White</i>	Canon Norman	Annie Gallardo†
	12:30 pm <i>High Mass</i>			Raul Baccay & Family
Mon. 2/6	6:00 pm <i>Low Mass</i>	St. Titus, Bishop & Confessor <i>3rd Class / White</i>	Father Staal	Stephen McBride†
Tue. 2/7	6:00 pm <i>Low Mass</i>	St. Romuald, Abbot <i>3rd Class / White</i>	Canon Norman	Joseph Gomes†
Wed. 2/8	6:00 pm <i>Low Mass</i>	St. John of Matha, Confessor <i>3rd Class / White</i>	Canon Norman	Leonica Garcia†
Thurs. 2/9	12:00 pm <i>Low Mass</i>	St. Cyril Bishop of Alexandria, Confessor & Doctor of the Church <i>3rd Class / White</i>	Canon Norman	Susan Fox†
Fri. 2/10	6:00 pm <i>Low Mass</i>	St. Scholastica, Virgin <i>3rd Class / White</i> <i>Adoration After Mass</i>	Canon Norman	Nguyen Bao
Sat. 2/11	10:00 am <i>Low Mass</i>	The Apparition of Our Blessed Lady at Lourdes <i>3rd Class / White</i>	Canon Norman	Cindy Schwartz†
Sun. 2/12	7:00 am <i>Low Mass</i>	Sexagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Intentions of Clare Bocek
	12:30 pm <i>High Mass</i>			For the Sick listed in the Parish Book of the Sick

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman or Lisa Caputi (henshinx@pacbell.net) to request the Zoom link.

Youth Class: Tuesdays at 4:00pm

Adult Class: Saturdays, at 2:30pm

Prospective Catholics: contact Canon for class times

EMAIL LIST: email oakland@institute-christ-king.org

FLOCKNOTE: sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Peter Trong Nguyen	Paulann Dymond	Lianne Claver
Msr. David Link	Steve Farinaro	Canon Fragelli
Marianne Martinez	Angie Gonzalez	
Baby Sophia Grace	Tostada	Rosemary Marquez & Baby

For the repose of the souls of our beloved departed:

Rod Phillips	Shawn Chapel	Kathy Wenzell
Rosita Foley	John Dymond	William Gilbert
Arnel Adela	Louise Grayson	Diane Kasdan
Imelda Hernandez-Constantino		Mary Persinger
Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Wyatt Hayashi	William M. Williams	Fr. Stan Zak
Walt Avis	Dario Gonzalez	<i>Requiescant in pace.</i>

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

February 8—Men's Group meeting, 7:15pm in Kozina Hall
(Please rsvp to vazquez8591@gmail.com)

February 22—Ash Wednesday

February 26—First Sunday of Lent

March 7—St. Thomas Aquinas (Institute Patronal Feast)

March 19—Laetare Sunday

March 21—St. Benedict (Institute Patronal Feast)

ALTAR SERVERS

For the planning of Father-Son Flag Football game for the altar servers, we're now setting our sights on late February. Stay tuned for updates and please contact Canon Norman if you're interested.

FLOWER FUND

We have a dedicated team of volunteers who regularly purchase and make our beautiful altar flower arrangements, through their own generosity. If you would like to support the **beautification of our altar** by donating to the **Flower Fund**, please contact Canon Norman.

PILGRIMAGE TO THE HOLY LAND, MAY 7-16

The Institute of Christ the King is hosting a Pilgrimage to the Holy Land this year, led by Canon Commins, Rector of St. Joseph Shrine in Detroit. For more information or to register, visit the tour's website <https://sacredhearttours.com/product/rosary-pilgrimage-to-the-holy-land/>.

SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>

DONATE TO THE INSTITUTE ONLINE

Please visit <https://institute-christ-king.org/donations>, or scan the QR code. **Thank you for your generosity!**

