

# **INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST**

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OAKLAND APOSTOLATE AT SAINT MARGARET MARY CATHOLIC CHURCH Mailing Address: 1219 Excelsior Avenue, Oakland, CA 94610

# SUNDAY, FEBRUARY 25, 2024 SECOND SUNDAY OF LENT (We offer the Mass Propers in the Parish Bulletin)

#### Dear faithful,

On this Second Sunday of Lent, the Collect of the Mass addresses our prayer to God in more realistic tones regarding our frail human nature:

"O God, who seest that we are wholly destitute of strength, keep us within and without: that we may be defended in body from all adversity: and cleansed in mind from evil thoughts"

"Destitute of strength" – words that describe us well. How often do we start out with the best of intentions, only to see them crumble like houses built on sand when the storms come? There are the famous New Year's resolutions, which barely hold up longer than a month for most souls. More importantly, there are our Lenten resolutions, those little penances we offer to God each day of this holy season to grow closer to him.

How is your Lenten resolution going? If you are struggling, lean more on God in more fervent prayer, and be on the lookout for little opportunities to practice mortifications. Patience with others is an excellent one. Are you troubled by invasive thoughts and temptations? Fear not, though God permits these evils to come upon us, they are a trial He means for us to pass through, an enemy to be vanquished. Trust in the Lord, and He will not abandon you!

**Thank you so much** for all your support of the Institute's **Provincial Appeal** last Sunday. Your sacrifices aid us greatly in our mission of spreading the reign of Christ the King throughout all realms of society, especially in our community's particular emphasis on honoring God through the beauty of the liturgy and the link between our Catholic Faith and our culture. It was discovered that a **faulty link** was included for online donations in last Sunday's Flocknote, please accept my apologies for any inconvenience. The **corrected link** is in this Sunday's Flocknote for those who wish to make a donation. Thank you again!

To enroll your children in the <u>First Communion class</u>, please contact Canon Norman by email. The once-weekly Zoom class begins <u>this Wednesday</u>, February 28 at 4 pm and First Communions will be in early May.

<u>The Men of St. Joseph</u> will have the monthly convivial gathering this <u>Tuesday</u>, <u>February 27</u> at 7:15 pm in Fr. Kozina Hall. Join us for a brief spiritual talk on living out our Catholic Faith in the world today, followed by a delicious catered dinner. Catholic men need fraternity among themselves, so we hope to see you there! RSVP by <u>Monday morning</u> to Felipe Vásquez: <u>MANofStJoseph@gmail.com</u> or: 510-432-8995.

Good news out of Italy for the <u>Sisters Adorers of the Royal Heart</u>, the feminine religious branch of the Institute! Four sisters will pronounce their First Vows on Thursday, March 7, the Feast of St. Thomas Aquinas, at the Sisters' convent in Naples. Please be sure to pray for these dedicated young women, who will spend their lives in prayer and sacrifice for all the faithful. Deo gratias!

Clear some space on your calendars for summer fun, combined with the Faith of our fathers! <u>St. Michael's Patrol</u> is open for registration. The annual California father-son summer camp of the Institute of Christ the King, with participation from the Oakland, San Jose and Tucson Apostolates, is filled with <u>sports, out</u><u>door activities and nightly campfire entertainment</u>. There is, more importantly, daily Mass in the <u>Traditional Latin Rite</u>, as well as Rosary Processions, other prayers and spiritual talks. The tentative dates for the camp are Wednesday, July



The Transfiguration, Pietro Perugino, c.1500

24 – Saturday, July 27. Contact Canon Norman by email to RSVP.

The Institute also offers the <u>Wisconsin sum-</u> <u>mer camps</u> for boys and girls of all ages every year. The camps will run this year from July 14 -27, and the deadline to <u>register is July 1</u>. For the first time, the camps will be held at our new <u>Sacred Heart Retreat Center</u> in Burlington, which boasts more than 100 acres to run around and have fun, and most importantly, to adore God at daily Mass. There is a <u>corrected flier</u> for the Wisconsin camps in this Sunday's Flocknote. More information is available at: <u>https://institute-christ-king.org/camps2024</u>.

**This Friday** is the **First Friday** of the month of March. Confessions will be at 4:15 pm, followed by Stations of the Cross at 5 pm. Mass will be at 6 pm, followed by Exposition of the Blessed Sacrament and First Friday devotions. Exceptionally, there will **not** be Adoration after the 6 pm Mass this Wednesday.

We hope to see you at the Sunday reception today after the 12:30 Mass!

Wishing you a blessed Sunday,

#### Canon Norman

Email: canon.norman@institute-christ-king.org

# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

# LITURGICAL CALENDAR & ANNOUNCEMENTS

Γ	Date	Time	Mass of the Day	Celebrant	Intention
	Sun. 2/25	7:00 am Low Mass	Second Sunday of Lent 1st Class / Violet	Canon Norman	Ba Van Dinh†
		12:30 pm High Mass			Nguyen Thi Ngoc Bach
	Mon. 2/26	6:00 pm Low Mass	Lenten Feria 3rd Class / Violet	Father Staal	Souls in Purgatory
Γ	Tue. 2/27	6:00 pm Low Mass	Lenten Feria 3rd Class / Violet	Canon Norman	Peter Klec & Maria Klecova†
	Wed. 2/28	6:00 pm Low Mass	Lenten Feria 3rd Class / Violet	Canon Norman	Souls in Purgatory
	Thurs. 2/29	12:00 pm Low Mass	Lenten Feria 3rd Class / Violet	Canon Norman	Joshua Nascimento
	Fri. 3/1	6:00 pm Low Mass	Votive Mass of the Sacred Heart 3rd Class / White / Confessions at 4:15pm / Stations of the Cross at 5pm / First Friday Devotions after Mass	Canon Norman	Canon Henrique Fragelli†
	Sat. 3/2	10:00 am Low Mass	Votive Mass of the Immaculate Heart of Mary 3rd Class / White / First Saturday Devotions after Mass	Canon Norman	Souls in Purgatory
	Sun. 3/3	7:00 am Low Mass	Third Sunday of Lent 1st Class / Violet	Canon Norman	Christopher Seal†
		12:30 pm High Mass			Canon Benjamin Norman

# SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

# **CATECHISM CLASSES**

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

#### Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon for class times

<u>NB</u>: *My Catholic Faith* is once again available for purchase! <u>FLOCKNOTE:</u> sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

#### <u>PRAYER LISTS</u>\* For the sick:

I of the bient		
Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen Msgr. David Link
Paulann Dymond	Lianne Claver	Msgr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	Rick Pawek
Catherine Duenas	Linda Richter	

#### For the repose of the souls of our beloved departed:

Bea Benham Valeria Casillas Carlos San Miguel William M. Williams Fr. Stan Zak Dario Gonzalez Nancy Duenas **Canon Fragelli** Ernest Jacob Camdan McWright Gabriel Fernandez Louisa Siu Mme. Guillemette de Guernon Count Wolfgang von Waldstein Bernadette Moreau Fr. Prokop Jozef Zboroň, OCarm Thomas Apple Alan Wong Carole Jenkins Fr. Alexander Snyder

#### Requiescant in pace.

\*<u>Prayer lists</u>: If you wish to add a name or revise an entry on the prayer lists, please send an email to **oakland@institutechrist-king.org.** A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you*!

# **UPCOMING EVENTS AND LITURGICAL SCHEDULE**

- February 27—Men's Group Dinner, 7:15-9:15pm, Fr. Kozina Hall. RSVP to Felipe Vásquez: MANofStJoseph@gmail.com or 510-432-8995 by Monday morning.
- March 7—St. Thomas Aquinas (Institute patron)
- March 10— Laetare Sunday
- March 19—St. Joseph
- March 21—St. Benedict (Institute patron)

# LENTEN SCHEDULE

- Stations of the Cross after the 6 pm Mass on Fridays of Lent, beginning February 16.
- Adoration after the 6 pm Mass on Wednesdays of Lent, <u>except</u> Wednesday, February 28. (There will be Adoration on First Friday.)
- First Friday of March (March 1): Confessions at 4:15 pm, Stations of
- the Cross at 5 pm, and First Friday Devotions after the 6 pm Mass.
- Good Friday Liturgy only (March 29, time TBD), no Stations. .

# HOUSE BLESSING

When was the last time you had a house blessing? Lent is the traditional time of year for this ancient sacramental. If you would like your home blessed, please call or email Canon Norman.

# SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively: https://institute-christ-king.org/oakland-sermons https://institute-christ-king.org/bulletins-oakland

<u>Special Lenten Provincial Appeal:</u> ~ just \$2 a day this Lent ~ "Many Apostolates, One Mission" Help the Institute continue to restore Catholic life and culture in the USA! Donate online with the QR code here.

