



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

2ND SUNDAY OF LENT - Mar. 1, A.D. 2026

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

Saturday, March 7th

Feast of St. Thomas Aquinas

Secondary Patron Saint of the Institute of Christ the King
Confessor and Doctor of the Church

Confessions: 7:15am

High Mass: 8:00am

Potluck Breakfast: 9:00am

Spiritual Conference: 9:30am

Adoration and Confessions: 10:15 - 11:15am

All faithful who assist at Mass at an Institute apostolate have the possibility to gain a plenary indulgence under the usual conditions.



UPCOMING THIS WEEK:

First Sunday, March 1, Septuagesima Sunday -

- **Regular Mass Schedule** - see pg. 2
- **6:15pm: Solemn Vespers**

First Thursday, March 5 -

- 5:00pm: Eucharistic Adoration with Prayers for Priests, Religious, & More Vocations
- *Confessions 5:10-5:40pm*
- **6:00pm: Low Mass of O.L.J.C. Sovereign Priest**

First Friday, March 6 -

- 11:00am Stations of the Cross
- **12:00pm: Low Mass of the Sacred Heart**
- Afternoon Adoration
- *Confessions 12:45-1:30pm*
- *Confessions 5:05-5:40pm*
- **6:00pm: High Mass of the Sacred Heart**
- 7:00pm Stations of the Cross

First Saturday, March 7, Feast of St. Thomas Aquinas, Patron of the Institute -

- *See schedule for St. Thomas Aquinas above*

Today: 1st Sunday of March
Vespers of the 2nd Sunday of Lent at
6:15pm, after the car blessing.

Car Blessings Today!

Today, March 1st, after all Masses, all of the cars in the parking lot will be blessed! Simply leave your car parked until after Canon has concluded the blessing.



Monday, Mar 2 at 6:00pm, and
Thursday, Mar 5 at 6:30pm

Server Practice for
all servers 14 and under
Eucharistic Adoration

Interested in becoming a
REGISTERED MEMBER
of St. Gianna Oratory?
Adults 18 & up are invited to attend a
NEW MEMBER INQUIRY MEETING
Sun. Mar. 8 @ 12:30pm
in the church basement to learn more!



Saint Gianna Oratory

Extraordinary Form of the Roman Rite

“Traditional Latin Mass”

STAFF: Canon Jonathon Fehrenbacher, *Rector*
Canon Andrew Bredemann, *Vicar*
Mrs. Teri Gauger, *Oratory Secretary*
Mr. Matthew Lancaster, *Music Director*
Mrs. Sandy Morrison, *Safety Compliance Officer*

Mailing Address: Saint Gianna Oratory
P.O. Box 87350, Tucson, AZ 85754

Office Hours: Wed & Fri 10am– 4pm

(NB: St. Gianna Oratory office is not located at the church)

Email: stgianna.tucson@institute-christ-king.org

Telephone: (520) 883-4360

Website & Online Bulletin: SAINTGIANNA.NET

Join our “Flocknote” from our website to receive weekly email updates on important information about future events.

FOR DONATIONS:

- 1) Please write check to **Institute of Christ the King**
- 2) or donate securely using the DONATE button on our website

1st Sun. 3/1
9:00am Low Mass
11:00am High Mass
5:00pm Low Mass
6:15pm Vespers

2ND SUNDAY OF LENT / 1st cl. / Violet

Mass (Reminiscere): Comm. of the Pope, *Tract*, *Credo*, Pref. of Lent

CF *Pro populo*
CB †Luis R. Castillo
by the Morrison family
†Terrence Gremel
by Barbara Pasquet

Mon. 3/2
5:30pm Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (Redime): Comm. of the Pope, *Tract*, Preface of Lent

CF †James Goodrich
by Martha Goodrich
CB Bill & Ruby Mossburg
By the Mossburg Family

Tue. 3/3
8:00am Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (Tibi): Comm. of the Pope, Preface of Lent

CF †Thomas Maas
by Arden Maas
CB Constance M. McIntyre
by Connie McIntyre

Wed. 3/4
8:00am Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (Ne derelinquas me): Comm. of St. Casimir & of the Pope, Preface of Lent

CF †Joseph P. Fisher
by the Fisher Family
CB †Thomas Priola
by William & Kristin Priola

1st Thur. 3/5
5:00pm Adoration
6:00pm Low Mass

VOTIVE MASS OF JESUS CHRIST SOVEREIGN PRIEST / 3rd class / White

Mass (Juravit): *Gloria*, Comm. of Lenten Feria & of the Pope, *Tract*, Preface of the Holy Cross, *Last Gospel of Lenten Feria*

CF †Donald B. LeMessurier
by Joseph & Maggie Falter
CB Pope Leo XIV
By the W. Jim Yee Family

1st Fri. 3/6
12:00pm Low Mass
Afternoon Adoration
6:00pm High Mass
Required Abstinence

VOTIVE MASS OF THE SACRED HEART OF JESUS / 3rd class / White

Mass (Cogitationes): *Gloria*, Comm. of Lenten Feria & of the Pope, *Tract*, Preface of the Sacred Heart, *Last Gospel of Lenten Feria*

CF The Sister Adorers
by the Iyescas Family
CB Anita R. Bates
by Nancy Evers

1st Sat. 3/7
8:00am High Mass

ST. THOMAS AQUINAS, DOCTOR / 1st cl. / White

Mass (In medio): *Gloria*, Comm. of Feria, *Tract*, *Credo*, Preface of Lent, *Last Gospel of Feria*

CF †Archie St. Th. LaRoque
by Mary LaRoque
CB Jack Gauger
by the Gauger Family

Sun. 3/8
9:00am Low Mass
11:00am High Mass
5:00pm Low Mass

3RD SUNDAY OF LENT / 1st cl. / Violet

Mass (Oculi mei): Comm. of the Pope, *Tract*, *Credo*, Pref. of Lent

CF *Pro populo*
CB Sabrina Rosioru
by the Ortiz Family
Joel Regnier
by Pamela Regnier

CONFESSION TIMES THIS WEEK

Sun, 3/1	8:15 - 9:00am	Fri, 3/6	12:30 - 1:10pm
	10:15 - 11:00am		5:00 - 5:40pm
Mon, 3/2	5:00 - 5:20pm	Sat, 3/7	7:15 - 7:50am
Tues, 3/3	7:30 - 7:50am		10:00 - 10:40am
Wed, 3/4	7:00 - 7:50am	Sun, 3/8	8:15 - 9:00am
Thurs, 3/5	5:10 - 5:40pm		10:15 - 11:00am

Please Remember in Your Prayers:

Deceased: Mary Lou Long, Luke Campbell, Barbara Heying, Elizabeth Thurman, Irene Hanam, Stanley Krol, Alex Babiartz, Donald Ribarich, Pope Francis, Deacon Outtier, Bill Heying, Carlos Molina
Healing: David Mellady, Rosario Olea Corral de Sandoval, Mary Lou Higgins, John Muraski, Irene Randall, Joseph Falter, Martin Ahumada, Brett Joyce, Tod Eggimann, James Noel, Russell Hanam, Mr & Mrs Jordan Powers, Ann Alvarado, Kathryn Liptak, Milo Gauger, Karen Tamayo, Susan Makkai, Thaddeus Stypa, Jim & Sue Luhr-O'Connor, Sadie Schuller

UPCOMING EVENTS:

Mar 1: Black and Indian Mission Collection
Mar 5: 1st Thursday Devotions for Religious Vocations
Mar 6: 1st Friday of the Month - Lenten Friday
Mar 7: Feast of St. Thomas Aquinas
Mar 8: New Registration Inquiry Meeting
Mar 10-18: Novena to St. Joseph
Mar 10: Sacramental Visits to Homebound
Mar 15: "Lætare" Sunday
Mar 19: Feast of St. Joseph & Potluck Social
Mar 21: Feast of St. Benedict & Children's Catechism,
Passiontide Veiling & Deep Church Cleaning
Mar 22: Passion Sunday, Easter Flowers Offering
Mar 25: Feast of the Annunciation - 6pm High Mass



Thank you for your generous support to last Sunday's "Many Apostolates, One Mission" Special Second Collection to help the Institute continue to restore Catholic life and culture in the USA! May Christ our King reward you eternally.

Feast of St. Joseph

PATRON OF THE UNIVERSAL CHURCH

Thursday, March 19th

Confessions: 5:30-5:50pm

High Mass: 6:00pm

Followed by Consecration to St. Joseph

St. Joseph Table Potluck Social

Join us for this beautiful old tradition from Catholic Sicily! Every element of the Table is rich in symbolism.

Please bring a savory dish or salad & small dessert to share.



Lenten Fridays Schedule

Stations of the Cross: 11:00am

Holy Mass: 12:00pm

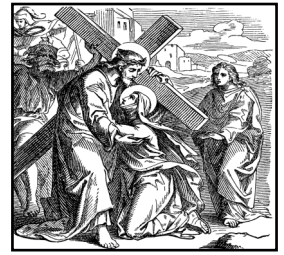
followed by Exposition of the Blessed Sac. & Confessions

Adoration: 12:30pm - 5:45pm

Confessions: 5:00 - 5:40pm

Holy Mass: 6:00pm

Stations of the Cross: 6:45pm (Excepting 1st cl. Feasts)



Lenten Thought from St. Francis de Sales:

If I recount to you St. Bernard's words regarding fasting, you will know not only why it is instituted but also how it ought to be kept.

He says that fasting was instituted by Our Lord as a remedy for our mouth, for our gourmandizing and our gluttony. Since sin entered the world through the mouth, the mouth must do penance by being deprived of foods prohibited and forbidden by the Church, abstaining from them for the space of 40 days.

But this glorious saint adds that, as it is not our mouth alone which has sinned, but also all our other senses, our fast must be general and entire, that is, all the members of our body must fast.

For if we have offended God through the eyes, through the ears, through the tongue, and through our other senses, why should we not make them fast as well? And not only must we make the bodily senses fast, but also the soul's powers and passions – yes, even the understanding, the memory, and the will, since we have sinned through both body and spirit.

How many sins have entered into the soul through the eyes, as Holy Scripture indicates? [1 Jn. 2:16]. That is why they must fast by keeping them lowered and not permitting them to look upon frivolous and unlawful objects; the ears, by depriving them of listening to vain talk which serves only to fill the mind with worldly images; the tongue, in not speaking idle words and those which savor of the world or the things thereof.

We ought also to cut off useless thoughts, as well as vain memories and superfluous appetites and desires of our will. In short, we ought to hold in check all those things which keep us from loving or tending to the Sovereign God. In this way interior fasting accompanies exterior fasting.

From Sermons of St. Francis de Sales for Lent, (Feb. 9, 1622)

TAN Publisher

St. Joseph the Worker, Pray for us!



Sponsored
by:



COPELAND CONSTRUCTION

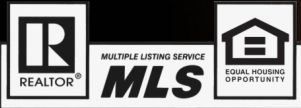


Our lower commission rate means more money in your pocket when it comes to selling or buying your home. Please call Frank for a free, no obligation consultation.

Frank De La Ossa
Broker/Owner



AVE MARIA REALTY LLC



Phone number:
(520)260-2063

Email:
frankdelaossa1317@gmail.com



St. Gianna Oratory - Follow us!



or @ saintgianna.net

EL RIO Barber Stylist

All Hair Services for Men & Women

Traditional Style hair cuts,
flat tops, etc.



Color • Perm • Highlights
Updos • Kids & Adults

Appointments & Walk-ins
Welcome

Mon-Fri 8:30am-6pm • Sat 8am-5:30pm
Book online: Elriobarberstylist.com

1299 W. Speedway Blvd. • Tucson, AZ 85745

Ph. 520-792-1411
Mobile 520-250-4999

Julieta A Ferrel • Owner, Parishioner



WWW
DURAZO.BUILD





Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*