



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

*4<sup>TH</sup> SUNDAY OF LENT - LAETARE SUNDAY* - Mar. 15, A.D. 2026

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

## Holy Week & Easter 2026

*Pre-1955 Hand Missals should be used for all liturgies from Palm Sunday through the Easter Vigil.*

### PALM SUNDAY, March 29

8:00am Confessions

9:00am Low Mass

**\*10:30am\*** Palm Blessing and Procession

11:00am Solemn High Mass and Sung Passion

*\*Confessions after High Mass*

5:00pm Low Mass

6:00pm Sung Vespers

*(Usual Mass Schedule Monday & Tuesday)*

### SPY WEDNESDAY, April 1

4:00-4:20pm Confessions

4:30pm Low Mass

6:00pm Sung *Tenebrae* of Holy Thursday

### MAUNDY THURSDAY, April 2

5:00-5:50pm Confessions

6:00pm Solemn High Mass, *Vespers, Compline, & Adoration at Altar of Repose until Midnight*

9:00pm Sung *Tenebrae* of Good Friday

### GOOD FRIDAY, April 3

1:30-2:45pm Confessions

2:00pm Stations of the Cross

3:00pm Solemn High Mass of the Presanctified, followed by *Vespers & Compline*

6:00pm Sung *Tenebrae* of Holy Saturday

### HOLY SATURDAY, April 3

4:00-5:45pm Confessions

6:00pm Solemn High Easter Vigil

*followed by blessing of Easter food & baskets*

### EASTER SUNDAY, April 5

8:00-8:50am Confessions

9:00am Low Mass w/Organ

10:00-10:50am Confessions

11:00am Solemn High Mass *followed by Divine Mercy Chaplet & Children's Easter Egg Hunt*

5:00pm Low Mass

6pm Sung Vespers & Benediction of the Bl. Sacrament



Sunday, March 15,  
after the 11:00am  
High Mass

**20-minute**  
*Lessons in Liturgy*

### Explanations of the pre-1955 Holy Week

Please join Canon Fehrenbacher for this educational talk about the liturgy of Good Friday, particularly the "Mass of the Presanctified", and how to draw more from the best that the "Usus Antiquior" has to offer. Holy Week is what makes the Extraordinary Form so *Extraordinary!*

### THIS SATURDAY, MARCH 21<sup>ST</sup>

#### FEAST OF ST. BENEDICT

PATRON SAINT OF THE INSTITUTE

7:15am Confessions

8:00am Sol. High Mass

\* Plenary Indulgence Possible\*



### Saturday, March 21<sup>st</sup>

#### Passiontide Veiling & Church Cleaning

All are invited this Saturday starting at 9:00am to help prepare our church for Easter! Plenty of work *INSIDE* - scrubbing, polishing, dusting, and veiling statues - *and OUTSIDE* - weeding, raking, washing windows.

**Bring rakes, brooms, rags, gloves, favorite cleaning tools!**

*Pizza lunch provided for volunteers.*

*Thank you for your generosity!*

***Many hands make light work!***

### **OFFICE CLOSED**

The Oratory office manager is away from the office Mar 11-19. Non-urgent business will be responded to when the office re-opens, Mar. 20.



# Saint Gianna Oratory

Extraordinary Form of the Roman Rite  
"Traditional Latin Mass"

**STAFF:** Canon Jonathon Fehrenbacher, *Rector*  
Canon Andrew Bredemann, *Vicar*  
Mrs. Teri Gauger, *Oratory Secretary*  
Mr. Matthew Lancaster, *Music Director*  
Mrs. Sandy Morrison, *Safety Compliance Officer*

**Mailing Address:** Saint Gianna Oratory  
P.O. Box 87350, Tucson, AZ 85754

**Office Hours:** Wed & Fri 10am– 4pm  
(NB: St. Gianna Oratory office is not located at the church)

**Email:** stgianna.tucson@institute-christ-king.org

**Telephone:** (520) 883-4360

**Website & Online Bulletin:** SAINTGIANNA.NET  
Join our "Flocknote" from our website to receive weekly email updates on important information about future events.

### FOR DONATIONS:

- 1) Please write check to **Institute of Christ the King**
- 2) or donate securely using the DONATE button on our website

Sun. 3/15  
9:00am Low Mass  
11:00am High Mass  
5:00pm Low Mass

## 4<sup>TH</sup> SUNDAY OF LENT « LÆTARE » / 1<sup>st</sup> cl. / Rose

Mass (Lætare): Comm. of the Pope, *Tract*, *Credo*, Pref. of Lent  
*Preparatory Novena to St. Joseph*

CF *Pro populo*  
CF †Ann McLachlan  
by Teresa LoManto  
CF †Gary Murtaugh  
by Roslynn Eggimann

Mon. 3/16  
5:30pm Low Mass

## FERIA OF LENT / 3rd class / Violet

Mass (Deus): Comm. of the Pope, *Tract*, Preface of Lent  
*Preparatory Novena to St. Joseph*

CF †Cleta & Harold Stupka  
by Joseph & Amy Kish  
CB Helena Salazar  
by Daniel & Elisa Salazar

Tue. 3/17  
8:00am Low Mass

## FERIA OF LENT / 3rd class / Violet

Mass (Exaudi): Comm. of St. Patrick & of the Pope, Preface of Lent  
*Preparatory Novena to St. Joseph*

CF Barbara Edwards  
by Kathy Hamel  
CB Michael Mellady  
by Lisa Mellady

Wed. 3/18  
8:00am Low Mass

## FERIA OF LENT / 3rd class / Violet

Mass (Cum): Comm. of St. Cyril & of the Pope, *Tract*, Pref. of Lent  
*Preparatory Novena to St. Joseph*

CF †Sara L. Castillo  
by The Morrison Family  
CB Robert Gorman Jr.  
by Nancy Gorman

Thur. 3/19  
5:00pm Adoration  
6:00pm Solemn  
High Mass

## ST. JOSEPH, SPOUSE OF THE B.V.M. / 1<sup>st</sup> cl. / White

Mass (Justus): *Gloria*, Comm. of Lenten FERIA, *Tract*, *Credo*, Preface of St. Joseph, *Last Gospel of FERIA* / *Consecration to St. Joseph*

CF Canon Bredemann  
by The Fisher Family  
CB Leo Davis  
by Nancy Thornes

Fri. 3/20  
12:00pm Low Mass  
Afternoon Adoration  
6:00pm Low Mass  
Required Abstinence

## FERIA OF LENT / 3rd class / Violet

Mass (Meditatio): Comm. of the Pope, *Tract*, Pref. of Lent

CF William Priola  
by The Priola Family  
CB Dora Castillo  
by The Morrison Family

Sat. 3/21  
8:00am Solemn  
High Mass

## ST. BENEDICT, ABBOT / 1<sup>st</sup> cl. / White

Mass (Os justi): *Gloria*, Comm. of Lenten FERIA, *Tract*, *Credo*, Preface of Lent, *Last Gospel of FERIA*

CF SGO Altar Servers  
by The Iyescas Family  
CB †Swift A. Burch III  
by Mary LaRoque

Sun. 3/22  
9:00am Low Mass  
11:00am High Mass  
5:00pm Low Mass

## PASSION SUNDAY / 1<sup>st</sup> cl. / Violet

Mass (Judica me): Comm. of the Pope, *Tract*, *Credo*, Preface of the Holy Cross

CF *Pro populo*  
CB Jude Copeland  
by Patrick & Carly Copeland  
†Esther Gaskill  
by Elizabeth Whitthorne

### CONFESSION TIMES THIS WEEK

<b>Sun, 3/15</b>	8:15 - 8:50am	<b>Thurs, 3/19</b>	5:05 - 5:40pm
	10:15 - 10:50am	<b>Fri, 3/20</b>	12:30 - 1:10pm
<b>Mon, 3/16</b>	5:00 - 5:20pm		5:00 - 5:40pm
<b>Tues, 3/17</b>	7:30 - 7:50am	<b>Sat, 3/21</b>	7:15 - 7:50am
<b>Wed, 3/18</b>	7:30 - 7:50am	<b>Sun, 3/22</b>	8:15 - 9:00am
			10:15 - 10:50am

### Please Remember in Your Prayers:

**Deceased:** Mary Lou Long, Luke Campbell, Barbara Heying, Elizabeth Thurman, Irene Hanam, Stanley Krol, Alex Babiartz, Donald Ribarich, Pope Francis, Deacon Outtier, Bill Heying, Carlos Molina  
**Healing:** David Mellady, Rosario Olea Corral de Sandoval, Mary Lou Higgins, John Muraski, Irene Randall, Joseph Falter, Martin Ahumada, Brett Joyce, Tod Eggimann, James Noel, Russell Hanam, Mr & Mrs Jordan Powers, Ann Alvarado, Kathryn Liptak, Milo Gauger, Karen Tamayo, Susan Makkai, Thaddeus Stypa, Jim & Sue Luhr-O'Connor, Sadie Schuller

### UPCOMING EVENTS:

- Mar 15: "Lætare" Sunday - Coffee and Donuts, Lessons in Liturgy & Holy Week Book Sale
  - Mar 19: Feast of St. Joseph & Potluck Social
  - Mar 21: Feast of St. Benedict & Children's Catechism, Passiontide Veiling & Deep Church Cleaning Sursum Corda Young Adult Hike
  - Mar 22: Passion Sunday, Easter Flowers Offering
  - Mar 25: Feast of the Annunciation - 6pm High Mass
  - Mar 28: Children's Catechism
  - Mar 29: Palm Sunday / OPENING OF HOLY WEEK
- SEE FRONT PAGE FOR DETAILED HOLY WEEK SCHEDULE

## Lenten Fridays Schedule

Stations of the Cross: 11:00am  
 Holy Mass: 12:00pm  
 followed by Exposition of the Blessed Sac. & Confessions  
 Adoration: 12:30pm - 5:45pm  
 Confessions: 5:00 - 5:40pm  
 Holy Mass: 6:00pm  
 Stations of the Cross: 6:45pm (Excepting 1st cl. Feasts)



## Feast of St. Joseph

PATRON OF THE UNIVERSAL CHURCH

Tues. Mar. 10 - Wed. Mar. 18

Preparatory Novena Prayers after Mass

Thursday, March 19th

Adoration & Confessions 5-5:50pm

Solemn High Mass: 6:00pm

Followed by Consecration to St. Joseph

## St. Joseph Table & Potluck Social



Join us for this beautiful old tradition from Catholic Sicily! Every element of the Table is rich in symbolism.

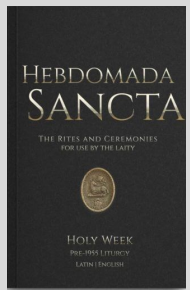
Please bring a savory dish or salad & small dessert to share.

## AVAILABLE TODAY for \$20

### Hebdomada Sancta

For sale following both Sunday Masses

- Pre-1955 Liturgy for Holy Week
- Adrian Fortescue's *Rites of Holy Week*
- Every day in Holy Week with Spiritual and Historical Commentary
- Full Office of Tenebrae
- Traditional Devotions for Mass & Holy Week
- Pre-1955 Vigil of Pentecost
- Beautiful Artwork Illustrations for each day



## TODAY, MARCH 15

After both morning Masses, **coffee & donuts** are available! Proceeds go towards future Sursum Corda activities.



## Saturday, March 21st

### Sursum Corda Stations of the Cross

This Saturday, all young adults are welcome to meet at St. Anne's Convent at 5:00pm for **outdoor Stations of the Cross**. All are invited for dinner afterwards. No RSVP needed.  
 3820 N Sabino Canyon Road  
 Tucson, AZ 85750



## Lenten Thought from St. Francis de Sales:

The narrative which Holy Church presents to us in today's Gospel *Jn 6:1-15* is a picture in which are portrayed a thousand beautiful subjects helpful to us in admiring and praising the Divine Majesty... Consider, I beg you, this multitude who follow our dear Master, even up the mountain. See the peace and tranquility of spirit with which they follow Him. There is not one murmur or complaint, although it must have seemed that they would expire from weakness and hunger. They suffer much and yet they do not think of it, so attentive are they to their sole desire of accompanying Our Lord wherever He goes. They who follow this Divine Savior should imitate them in this, laying aside all the many cares and anxieties for their advancement, as well as all the many complaints because they see themselves imperfect. Oh, some are so soon wearied and exhausted, although they have labored only a little! ... We may say to these good people: Have patience, lay aside a bit that anxious care of yourselves, and have no fear that anything will be wanting to you. For if you trust in God, He will take care of you *1 Pet. 5:7* and everything necessary for your perfection. No one who hoped in Him and in His Providence has ever been disappointed. *Ecclus. (Sir.) 2:11 (10).* *From Sermons of St. Francis de Sales for Lent*

# St. Joseph the Worker, Pray for us!



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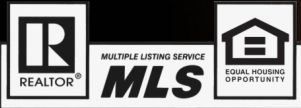


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# PREPARATORY NOVENA TO ST. JOSEPH

## Litany of St. Joseph



Lord, have mercy on us.  
Christ have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.

God the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world,  
*have mercy on us.*  
God the Holy Ghost, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us.*

St. Joseph, *pray for us.*  
Illustrious son of David,  
Light of the Patriarchs,  
Spouse of the Mother of God,  
Chaste Guardian of the Virgin,  
Foster-father of the Son of God,  
Watchful Defender of Christ,  
Head of the Holy Family,  
Joseph most just,  
Joseph most chaste,  
Joseph most prudent,  
Joseph most valiant,  
Joseph most obedient,  
Joseph most faithful,  
Mirror of patience,  
Lover of poverty,

Model of workmen,  
Glory of domestic life,  
Guardian of virgins,  
Pillar of families,  
Solace of the afflicted,  
Hope of the sick,  
Patron of the dying,  
Terror of demons,  
Protector of Holy Church,

Lamb of God, Who takest away the sins of the world, *spare us, O Lord.*

Lamb of God, Who takest away the sins of the world, *graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of the world, *have mercy on us.*

V. He made him the lord of his household.

R. And prince over all his possessions.

Let us pray.

O God, Who, in Thine ineffable providence didst choose Blessed Joseph to be the spouse of Thy most Holy Mother, grant that as we venerate him as our protector on earth, we may deserve to have him as our intercessor in Heaven, Thou Who livest and reignest forever and ever.

R. Amen.

## Prayer to St. Joseph by St. Francis de Sales

**All :** Glorious St. Joseph, faithful follower of Jesus Christ / to thee do we raise our hearts and hands / to implore thy powerful intercession in obtaining from the benign Heart of Jesus / all the helps and graces necessary for our spiritual and temporal welfare / particularly the grace of a happy death / and the special favor for which we now implore / (*Here silently mention your intention*) / O Guardian of the Word Incarnate / we feel animated with confidence that thy prayers on our behalf / will be graciously heard before the throne of God./ Amen.

## CONSECRATION OF THE INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST TO SAINT JOSEPH

**O** BLESSED JOSEPH, whom God chose to bear the name and office of father to Jesus, whom He gave as the most pure spouse to Mary ever Virgin, and as the head of the Holy Family, whom the Vicar of Christ chose as Patron and Advocate of the universal Church, founded by Christ the Lord Himself, with the greatest confidence, we implore your most powerful help for this same Church which is struggling on earth against the powers of darkness.

In these tragic hours for the Church and for the world, we especially implore your powerful protection for the whole Institute. By your power aid us, who wish only to serve the Church, so that we may continue, according to our own charism, to exercise our ministry of redemption for all men.

That is why, on this grand solemnity, we consecrate ourselves to you.

Please accept and approve, most holy Joseph, the gift of the entire Institute: priests, oblates, seminarians, Sister Adorers and members of the Society of the Sacred Heart, which we make to you wholly and entirely.

Receive especially our deep gratitude for your fatherly protection during all these years. Continue, we beg you, to guard us in the future so that we may be ever more at the heart of the Church, the better to serve Her humbly, through an unwavering submission to the constant Tradition of the Church, to the Magisterium and to the Sovereign Pontiff.

We dedicate ourselves entirely to you so that you may deign to be for us a father, a protector and a guide on the way to salvation. Obtain for us a great purity of heart and an ardent love of the interior life. Make us love the Church, whose patron saint you are, as our own Mother.

Cover, we beg you, with special solicitude, and with that genuinely paternal love with which you burn, the holy Church of God, the Roman Pontiff, all bishops and priests, and especially those of the Institute of Christ the King Sovereign Priest.

Be the defender of all those who labor to save souls in the midst of the anguish and adversities of this life. Grant that all people may spontaneously submit to the Church, which is the absolutely necessary means to obtain salvation.

May we follow in your footsteps and direct all our actions to the greater glory of God, uniting them to the affections of the Divine Royal Heart of Jesus and the Immaculate Heart of the Virgin Mother.

Take care of all the members of this Institute who will come before you to ask for special graces. Bless our oblates; also bless the seminarians of the Institute of Christ the King.

Bless also our Sister Adorers who so often implore you for the sanctification of priests and future priests, who are the image of Jesus whom you so dearly loved, and strengthen the members of the Society of the Sacred Heart.

As Patron of the universal Church, you are also the father of priests. Therefore, accompany them throughout their priestly life until their last day, and welcome them into the marvelous paradise of your divine Son. Amen!



## Fasting and Abstinence: RULES AND PRACTICE

*Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.*

**Fasting:** Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

**Abstinence:** In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

**tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.**

*[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]*

**Children:** Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

**Encouragements:** Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

*The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.*

**Exceptions for Fasting and Abstinence:** Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

**Fasting Prayer:** *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*