



## INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST – BAY AREA

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**March 29, 2026**

**Palm Sunday**

Dear faithful,

Dom Guéranger reveals to us the rich history associated with this particular Sunday:

“This Sunday, besides its liturgical and popular appellation of *Palm Sunday*, has had several other names. Thus, it was called *Hosanna Sunday*, in allusion to the acclamation wherewith the Jews greeted Jesus on his Entry into Jerusalem.

Our forefathers used also to call it *Pascha Floridum*, because the Feast of the Pasch (or Easter), which is but eight days off, is today in bud, so to speak, and the Faithful could begin from this Sunday to fulfill the precept of Easter Communion. It was in allusion to this name that the Spaniards, having on the Palm Sunday of 1513, discovered the peninsula on the Gulf of Mexico, called it *Florida*.

We also find the name of *Capitulavium* given to this Sunday, because during those times when it was the custom to defer till Holy Saturday the baptism of infants born during the preceding months (where such a delay entailed no danger) — the parents used, on this day, to *wash the heads* of these children, out of respect to the Holy Chrism wherewith they were to be anointed” (*The Liturgical Year*)

A basket of **blessed palms** to take will be placed in the vestibule for those attending the Low Mass today at **8 am**.

There will be the traditional **Blessing of Palms, Procession and High Mass at 12:30** today. These ceremonies are very beautiful and much more intricate than usual, consequently, they run longer than most Masses. Please be sure to **plan accordingly** for yourselves and your family members for these **longer liturgies**. We will not have our regular reception after the 12:30 Mass this Sunday, however, some light refreshments will be provided in the courtyard.

**A note about Confessions:** unfortunately, **I am not able** to offer them before the Holy Week Ceremonies. That includes this Sunday before the 12:30 Mass, on Holy Thursday, Good Friday, and Holy Saturday. The reason for this is that these ceremonies, being much more elaborate than ordinary Masses, require practicing with the Altar Servers beforehand. In addition, there is the extra time it takes to set up for these liturgies. I apologize for the inconvenience. Thank you for your understanding.

Please note that **this Thursday** is Holy Thursday. There will **not be a 12 pm Mass**, but only the Mass at 6 pm, as per the special schedule.

**"Charity covereth a multitude of sins"** (1 Peter 4:8). Among our Lenten penances, let us not forget the duty of charity and almsgiving toward those less fortunate. Do you have **old clothing** that you no longer use but which could benefit others? If so, please bring it to the 12:30 Mass this Sunday and on upcoming Sundays **until May 24**. Andres Tinajero will be collecting your donations of old clothing **to donate** to a local thrift store which sells these items at prices which are more affordable for those in a less financially secure situation. For more information, contact Andres: [andrestinajero196@gmail.com](mailto:andrestinajero196@gmail.com) or (510) 775-4987.

There will be a conference in Christian etiquette for **Young Ladies** on Saturday, **April 11** from 11 am – 1 pm in the auditorium. The conference will begin at 11 and be followed by convivial luncheon. Please contact Canon Norman to RSVP or if you can help with the organization: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org).

Easter is approaching! To celebrate the joy of the Paschal season and Our Lord's Resurrection, there will be an **Easter Egg hunt** for the children of our apostolate one week after Easter, on Low Sunday, **April 12**, after the 12:30 Mass. We hope to see you there!

**Egg Hunt update!** There will also be an Easter Egg hunt for the children after the **8 am Mass** on Sunday, April 12. Hooray!

There will be a **Men's Retreat** on Wednesday, **May 13** from 9 am – 2 pm. The retreat will begin with Mass at 9 am, followed by Eucharistic Adoration and confessions, a conference, lunch, the Rosary, and a final meditation in the chapel. Please email Canon Norman to RSVP or to help with the organization.

It's already time to start planning for camp! The Institute's annual California **summer camp, St. Michael's Patrol**, for fathers and sons (ages 6-18), is currently enrolling. The camp features genuine fun and recreation that builds both body and soul according to the Tradition of the Catholic Church, including sports, games, Rosary processions, and of course daily Mass in the Traditional Latin Rite. The camp will take place from **July 22 - 25 at Rancho Los Mochos** in Livermore (18450 Mines Rd). Contact Canon Norman to RSVP or for questions: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org) or (408) 600-4218.

Wishing you a blessed Sunday,

Canon Norman

## Lent 2026

**Weekly Adoration:** after the 6 PM Mass on Wednesdays

**Mass and Stations of the Cross at 6 PM on Fridays of Lent:**

February 20, 27, March 13, 20, 27; modified schedule on March 6 due to First Friday

## Holy Week 2026

Palm Sunday, March 29: 8 AM & 12:30 PM

Holy Thursday, April 2: 6 PM

Good Friday, April 3: 5:30 PM

Easter Vigil, April 4: 3 PM

Easter Sunday, April 5: 8 AM & 12:30 PM

Please see website or Flocknote for complete schedule & updates.

## Mass Times at Most Holy Rosary Chapel:

**Sundays: 8:00 AM (Low Mass) & 12:30 PM**

Confessions will be heard 45 minutes before the 8 AM Mass, and one hour before the 12:30 PM Mass.

**Monday, Tuesday and Wednesday: 6:00 PM**

**Thursday: 12 Noon**

Confessions 30 minutes before Mass

**First Friday and First Saturday** Masses and devotions are scheduled based on the availability of the chapel but will be announced in advance in Flocknote.

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the Bay Area Apostolate!**

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