



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

SEPTUAGESIMA SUNDAY - Feb. 16, A.D. 2025

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

Excerpt from *The Liturgical Year* by Dom Gueranger, O.S.B. “History of Septuagesima”

The Season of Septuagesima comprises the three weeks immediately preceding Lent.

Now, the Feast of Easter must be prepared for by a forty-days' recollectedness and penance. Those forty-days are one of the principal Seasons of the Liturgical Year, and one of the most powerful means employed by the Church for exciting in the hearts of her children the spirit of their Christian vocation. It is of the utmost importance, that such a Season of penance should produce its work in our souls - the renovation of the whole spiritual life. The Church, therefore, has instituted a preparation for the holy time of Lent. She gives us the three weeks of Septuagesima, during which she withdraws us, as much as may be, from the noisy distractions of the world, in order that our hearts may be the more readily impressed by the solemn warning she is to give us, at the commencement of Lent, by marking our foreheads with ashes.

Thus was the present important period of the Liturgical Year, after various changes, established in the Cycle of the Church. It has been there upward of a thousand years. Its name, *Septuagesima* (*Seventy*), expresses, as we have already remarked, a numerical relation to *Quadragesima* (*the Forty Days*). The first Sunday of Lent being called *Quadragesima* (*Forty*), each of the three previous Sundays has a name expressive of an additional 10: the nearest to Lent being called *Quinquagesima* (*Fifty*); the middle one, *Sexagesima* (*Sixty*); the third, *Septuagesima* (*Seventy*).

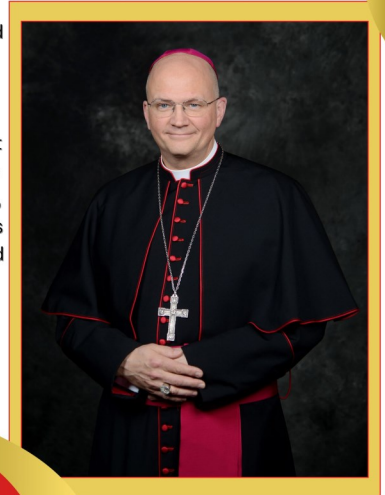
Bring out your Palms by Sun. Mar 2nd



This year Ash Wednesday falls on March 5th. In preparation, from today **Feb. 16th - Mar 2nd**, you can place your **old blessed palms** in the designated basket at the back of church. **After these dates**, the palms will be burned to make the ashes for Ash Wednesday, and thus, **palms brought in later will not be accepted.**

Join us in praying for Archbishop-elect Edward J. Weisenburger

Pope Francis has appointed Bishop Edward J. Weisenburger as the sixth Archbishop of Detroit, Michigan. Archbishop-elect Weisenburger's installation will take place on March 18, 2025, and his farewell Mass in Tucson will be celebrated at St. Augustine Cathedral on March 2 at 2 p.m.



From the Rector's Desk:



Dear Faithful,

I want to wish Bishop Edward Weisenburger congratulations on being appointed by Pope Francis as Detroit's new Archbishop. On the recent feast of Our Lady of Lourdes, February 11th, our bishop was named the new Archbishop-elect of Detroit. Bishop Weisenburger was bishop of Salina, Kansas for 5 years before being named as Bishop of Tucson in 2017. To thank His Excellency for shepherding our diocese for the last 7 years, I would like to offer him a spiritual bouquet on behalf of the members of St. Gianna Oratory. Sign-up sheets will be available at the back of church for this purpose.

Thank you, Bishop, and know of our prayers and congratulations on this new appointment! May St. Anne, patroness of the Archdiocese of Detroit, bless your transition and your new appointment!

In Christ the King,
Canon Jonathon Fehrenbacher



Saint Gianna Oratory

Extraordinary Form of the Roman Rite

“Traditional Latin Mass”

STAFF: Canon Jonathon Fehrenbacher, *Rector*
 Canon Bryan Silvey, *Vicar*
 Mrs. Teri Gauger, *Oratory Secretary*
 Mr. Matthew Lancaster, *Music Director*
 Mrs. Sandy Morrison, *Safety Compliance Officer*

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Office Hours: Wed & Fri 10am– 4pm

(NB: St. Gianna Oratory office is not located at the church)

Email: stgianna.tucson@institute-christ-king.org

Telephone: (520) 883-4360

Website & Online Bulletin: SAINTGIANNA.NET

Join our **“Flocknote”** from our website to receive weekly email updates on important information about future events.

FOR DONATIONS:

- 1) Please write check to ***Institute of Christ the King***
- 2) or donate securely using the DONATE button on our website

Sun. 2/16
 9:00am Low Mass
 11:00am High Mass

SEPTUAGESIMA SUNDAY / 2nd cl. / Violet

Mass (*Circumdedderunt*): Comm. of the Pope, *Tract*, *Credo*, Preface of the Most Holy Trinity

CS †James Goodrich
 by Dr. Martha Goodrich

CF *Pro populo*

Mon. 2/17
 5:30pm Low Mass

Votive Mass of the Blessed Trinity / 4th class / White

Mass (*Benedicta - pg. 1544*): Comm. of the Pope, *Tract*, Preface of the Holy Trinity

CF Glen Warapius
 by Peter & Karen Tamayo
 CS †Juan Velasco Jr.
 by Elizabeth Ivanov

Tue. 2/18
 8:00am Low Mass

St. Simeon, Bishop & Martyr / 4th class / Red

Mass (*Statuit*): *Gloria*, Comm. of the Pope, *Tract*, Common Preface

CF Special Intention
 by Elizabeth Ivanov
 CS Special Intention
 by Bob Gorman

Wed. 2/19
 8:00am Low Mass

Votive Mass of St. Joseph / 4th class / White

Mass (*Adjutor - pg. 1548*): Comm. of the Pope, *Tract*, Preface of St. Joseph

CF John A. Gauger
 by the Gauger Family
 CS John & Susan Thornes
 by Nancy Thornes

Thur. 2/20
 5:00pm Adoration
 6:00pm Low Mass

Votive Mass of the Most Blessed Sacrament / 4th class / White

Mass (*Cibavit - pg. 1552*): Comm. of the Pope, *Tract*, Preface of the Nativity

CF Matthew Fisher
 by the Fisher Family
 CS †I. & J. von Korbuly
 by Joseph Kish

Fri. 2/21
 8:00am Low Mass
 Abstinence

Votive Mass of the Holy Cross / 4th class / Red

Mass (*Nos - pg. 1556*): Comm. of the Pope, *Tract*, Preface of the Holy Cross

CF Jon R. Evers
 by Nancy Evers
 CS Allen Family
 by the Iyescas Family

Sat. 2/22
 8:00am Low Mass

CHAIR OF ST. PETER AT ANTIOCH / 2nd class / White

Mass (*Statuit*): *Gloria*, Comm. of St. Paul & the Pope, *Tract*, *Credo*, Preface of the Apostles

CF †Matilda Froemming
 by Arden Maas
 CS Kilian Copeland
 by Patrick & Carly Copeland

Sun. 2/23
 9:00am Low Mass
 11:00am High Mass

SEXAGESIMA SUNDAY / 2nd cl. / Violet

Mass (*Exsurge*): Comm. of the Pope, *Tract*, *Credo*, Preface of the Most Holy Trinity

CS Dominic Teich Family
 by Michele Teich

CF *Pro populo*

CONFESSION TIMES THIS WEEK

Sun, 2/16	8:15 - 9:00am 10:15-11:00am	Thurs, 2/20	5:05 - 5:40pm
Mon, 2/17	5:00 - 5:20pm	Fri, 2/21	7:30 - 7:50am
Tues, 2/18	7:30 - 7:50am	Sat, 2/22	7:30 - 7:50am
Wed, 2/19	7:30 - 7:50am	Sun, 2/23	8:15 - 9:00am 10:15-11:00am

Please Remember in Your Prayers:

Deceased: Deacon Outtier, Bill Heying, Carlos Molina, Stanley Kasprzyk, Loretta Mangold, Barbara Hartfiel, Rosanna Motichek, Andrew Stropko, Mark Gowin, Alberta Sasaki, Paul Kimminau, Deborah Schultz
Healing: Ann Alvarado, Mellady Family, Jordan Powers, Irene Hanam, Sidney Spencer, Kathryn Liptak, James Noël, Milo Gauger, Arden Maas, Stanley Krol, Paula Hernandez, Karen Tamayo, Susan Makkai, Thaddeus Stypa, Mary Lou Higgins

UPCOMING EVENTS:

Feb 16: Sursum Corda Trail Ride
Feb 22: No Children's Catechism (Rodeo Break)
Men's Outing at the Range
Mar 1 : 1st Saturday and Ladies' Charcuterie Evening
Mar 2: USCCB Black & Indian Missions 2nd Collection
Mar 2 - 4: Forty Hours Devotion
Mar 4: Mardi Gras Potluck & Board Game Night
Mar 5: Ash Wednesday
Mar 7 : Closing of Year of St. Thomas Aquinas
Mar 8: Children's Catechism
Mandatory Parent Meeting (for Parents of
First Holy Communion Class)

40 Hours Devotion

Our Lord fasted for 40 days in the desert. The 40 Hours Devotion serves as a reparation for the sins committed during the Carnival. It is a time of prayer to usher in Lent.

Sunday, Mar 2 12:30pm-4:45pm Adoration
Monday, Mar 3 6:00pm-8:00pm Adoration
Tuesday, Mar 4 5:00pm-6:00pm Adoration

- We pray for protection against evil and temptation.
- We pray in reparation for our sins and the conversion of sinners.
- We pray for the souls in Purgatory

Ash Wednesday, Mar. 5th

Masses with blessing & distribution of ashes:

8:00am Low Mass

6:00pm High Mass

Confessions will be heard an hour before both Masses

Ash Wednesday is a day of
FASTING and **ABSTINENCE**.



Thought from St. Francis de Sales:

Let us try sincerely, humbly and devoutly to acquire those little virtues our Savior has proposed as the goal of our care and labor. These are meekness, patience, mortification, humility, obedience, poverty, chastity, tenderness towards our neighbor, bearing with others' imperfections, diligence and holy fervor. Let us gladly leave the lofty virtues to lofty souls; we do not desire so high a rank in God's service, and we should be more than

happy to serve Him in His kitchen or to be His lackeys, porters or chamberlains. While blessing God for the eminence of others, let us keep to our lower but simpler way. It is less distinguished but better suited to our littleness. If we conduct ourselves with humility and good faith, God will raise us up to heights that are great.

(INT. Part III, Ch. 2; O. III, p. 132)

OFFICE CLOSED FEB. 19TH & 21ST

INVITATION TO PRE-LENTEN EVENTS



Men's Outing at the Range

Sat, Feb 22, 10:00am

*Southeast Regional Park Shooting Range
11296 S Harrison Rd, Tucson, AZ 85747*

Bring your guns, ammunition, goggles, hearing protection, targets, picnic lunch, snacks, and drinks, hat, sunscreen, and lawn chairs.

N.B. All men and boys who wish to participate must be currently attending St. Gianna Oratory (but exceptions possible for visiting family of SGO Members). A father or adult guardian must accompany any boys under 18.

RSVP via FLOCKNOTE required by Feb 19.



Ladies' Flower Arrangement & Charcuterie Afternoon

Sat, Mar 1st @ 3pm

All ladies 8 years old and up are invited to our Annual Pre-Lenten Ladies' event, hosted by one of our church parishioners! This year, we'll be adding a fun flower arrangement activity where you can create your own beautiful bouquet under the guidance of a florist.

Please bring a charcuterie board of your choice (cheeses, meats, fresh fruits) to share, enough for your party plus half.

RSVP via FLOCKNOTE required by Feb 26.
\$10 tickets necessary to participate in floral activity to cover the cost of florals. Tickets must be purchased in advance; for sale after Sunday Masses.



Mardi Gras Potluck & Board Game Night

Tues, Mar 4 @ 5pm

5:00pm Holy Hour of Reparation

6:00pm Potluck Dinner

6:45pm Games

No RSVP needed.

St. Joseph the Worker, Pray for us!



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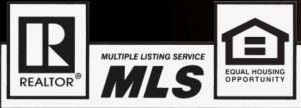


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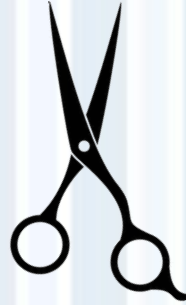
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Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*