



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

QUINQUAGESIMA SUNDAY - Mar. 2, A.D. 2025

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

Today is First Sunday of the Month

Regular Mass schedule

(After both Masses: CINNAMON ROLLS Breakfast Fundraiser & SGO BOOKSALE, sponsored by SURSUM CORDA TUCSON)

12:30pm Exposition of the Blessed Sacrament

12:30-4:45pm Forty Hours Adoration

(2:00pm Farewell Mass for Archbishop-Elect Weisenburger at St Augustine Cathedral)

4:40pm Eucharistic Benediction

5:00pm Solemn Vespers of Quinquagesima Sunday

40 Hours Devotion

Sun, Mar 2 12:30pm-4:45pm Adoration

Mon, Mar 3 6:00pm-8:00pm Adoration

Tues, Mar 4 5:00pm-6:00pm Adoration

Our Lord fasted for 40 days in the desert. The 40 Hours Devotion

serves as a reparation for the sins committed during the Carnival. It is a time of prayer to usher in Lent.

✠ We pray for protection against evil and temptation.
✠ We pray in reparation for our sins and for conversion of sinners. ✠ We pray for the souls in Purgatory



Ash Wednesday, Mar. 5th

Masses with blessing & distribution of ashes:

8:00am Low Mass

6:00pm High Mass

Confessions will be heard an hour before both Masses

Ash Wednesday is a day of **FASTING** and **ABSTINENCE**.

Lenten Friday Schedule

Stations of the Cross: 11:00am

Holy Mass: 12:00pm

followed by Exposition of the Blessed Sac. & Confessions

Adoration: 12:30pm - 5:45pm

Confessions: 5:00 - 5:40pm

Holy Mass: 6:00pm

Stations of the Cross: 6:45pm (*Excepting 1st cl. Feasts*)



Feast of St. Thomas Aquinas

Patronal Feast of the Institute of Christ the King*



Friday, March 7th

Stations of the Cross: 11:00am

Low Mass: 12:00pm

followed by exp. of the Bl. Sac. & Conf.

Adoration: 12:30pm - 5:45pm

Confessions: 5:00 - 5:40pm

High Mass: 6:00pm

No 6:45pm Stations on 1st Class Feasts

*with possibility to gain a plenary indulgence by assisting at Holy Mass under the usual conditions.



Sunday, March 9:

"Many Apostolates, One Mission"

Special Second Collection

Help the Institute continue to restore Catholic life and culture in the USA!

Donate online with the QR code here, or use the special envelope in your box or in the back of the church. Please make checks out to *Institute of Christ the King. Thank you!*





Saint Gianna Oratory

Extraordinary Form of the Roman Rite

“Traditional Latin Mass”

STAFF: Canon Jonathon Fehrenbacher, *Rector*
 Canon Bryan Silvey, *Vicar*
 Mrs. Teri Gauger, *Oratory Secretary*
 Mr. Matthew Lancaster, *Music Director*
 Mrs. Sandy Morrison, *Safety Compliance Officer*

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(NB: St. Gianna Oratory office is not located at the church)

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Telephone: (520) 883-4360

Website & Online Bulletin: SAINTGIANNA.NET

Join our **“Flocknote”** from our website to receive weekly email updates on important information about future events.

FOR DONATIONS:

- 1) Please write check to ***Institute of Christ the King***
- 2) or donate securely using the DONATE button on our website

1st Sun. 3/2
 9:00am Low Mass
 11:00am High Mass
 Afternoon Adoration
 5:00pm Vespers

QUINQUAGESIMA SUNDAY / 2nd cl. / Violet

Mass (*Esto mihi*): Comm. of the Pope, *Tract*, *Credo*, Preface of the
 Most Holy Trinity *St. Thomas Aquinas Preparatory Novena*

CS †Ruben Quiroz
 by Leticia Martinez

CF *Pro populo*

Mon. 3/3
 5:30pm Low Mass
 6-8pm Adoration

VOTIVE MASS OF THE MOST BLESSED SACRAMENT / 2nd class / White

Mass (*Cibavit* - pg 1552) : *Gloria*, Comm. of the Pope, *Tract*, Pref. of Christmas
St. Thomas Aquinas Preparatory Novena

CF Donna Thornes
 by Nancy Thornes
 CS †Thomas Maas
 by Arden Maas

Tue. 3/4
 8:00am Low Mass
 5:00pm Holy Hour

VOTIVE MASS OF THE MOST BLESSED SACRAMENT / 2nd class / White

Mass (*Cibavit* - pg 1552) : *Gloria*, Comm. of St. Casimir & of the Pope, *Tract*,
 Preface of Christmas *St. Thomas Aquinas Preparatory Novena*

CF Sarah B. Ziska
 by the Fisher Family
 CS Special Intention
 by Canon Silvey

Wed. 3/5
 8:00am Low Mass
 6:00pm High Mass
 Required Fasting &
 Abstinence

ASH WEDNESDAY / 1st cl. / Violet

Blessing & Imposition of Ashes, Mass (*Misereris*) : Comm. of the Pope,
 Preface of Lent *St. Thomas Aquinas Preparatory Novena*

CF †Irene & Joseph J. Kish
 by Joe Kish
 CS Anita R. Bates
 by Nancy Evers

1st Thur. 3/6
 5:00pm Adoration
 6:00pm Low Mass

VOTIVE MASS OF JESUS CHRIST SOVEREIGN PRIEST / 3rd class / White

Mass (*Juravit*) : *Gloria*, Comm. of Feria & of the Pope, *Tract*, Preface of the
 Holy Cross, *Last Gospel of Feria* *St. Thomas Aquinas Preparatory Novena*

CF Alan Kraft
 by Alex Josten
 CS †Luis R. Castillo
 by Sandy Morrison

1st Fri. 3/7
 12:00pm Low Mass
 Afternoon Adoration
 6:00pm High Mass

ST. THOMAS AQUINAS, DOCTOR / 1st cl. / White

Mass (*In medio*) : *Gloria*, Comm. of Feria, *Tract*, *Credo*, Preface of
 Lent, *Last Gospel of Feria* *Prayer to St. Thomas Aquinas*

CF SGO Altar Servers
 by the Iyescas Family
 CS Sr. Marguerite-Marie
 by Canon Silvey

Sat. 3/8
 8:00am Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (*Audit*) : Comm. of St. John of God & of the Pope, Preface of Lent

CF Donald Perkins
 by Donald Perkins
 CS Jack Gauger
 by the Gauger Family

Sun. 3/9
 9:00am Low Mass
 11:00am High Mass

1ST SUNDAY OF LENT / 1st cl. / Violet

Mass (*Invocabit*): Comm. of the Pope, *Tract*, *Credo*, Pref. of Lent

CS Donald Perkins
 by the Gauger Family
 CF *Pro populo*

CONFESSION TIMES THIS WEEK

Sun, 3/2	8:15 - 9:00am 10:15-11:00am	Thurs, 3/6	5:05 - 5:40pm
Mon, 3/3	5:00 - 5:20pm 6:05 - 7:40pm	Fri, 3/7	<i>Aft. Noon Mass</i> 5:05 - 5:40pm
Tues, 3/4	7:30 - 7:50am 5:05 - 5:40pm	Sat, 3/8	7:30 - 7:50am
Wed, 3/5	7:00 - 7:50am 5:00 - 5:50pm	Sun, 3/9	8:15 - 9:00am 10:15-11:00am

Please Remember in Your Prayers:

Deceased: Deacon Outtier, Bill Heying, Carlos Molina, Stanley Kasprzyk, Loretta Mangold, Barbara Hartfiel, Rosanna Motichek, Andrew Stropko, Mark Gowin, Alberta Sasaki, Paul Kimminau, Deborah Schultz
Healing: Ann Alvarado, Mellady Family, Jordan Powers, Irene Hanam, Sidney Spencer, Kathryn Liptak, James Noël, Milo Gauger, Arden Maas, Stanley Krol, Paula Hernandez, Karen Tamayo, Susan Makkai, Thaddeus Stypa, Mary Lou Higgins, Lucas Vigil

UPCOMING EVENTS:

Feb 26 - Mar 7: Prep. Novena to St. Thomas Aquinas
Mar 2: USCCB Black & Indian Missions 2nd Collection
Mar 2 - 4: Forty Hours Devotion
Mar 4: Mardi Gras Potluck & Board Game Night
Mar 5: Ash Wednesday
Mar 6: 1st Thursday Prayers for Priests, Religious, & More Religious Vocations
Mar 7: Feast of St. Thomas Aquinas & Closing of Year of St. Thomas Aquinas
Mar 8: Children's Catechism & Mandatory Parent Meeting (for Parents of First Holy Comm. Class)
Mar 9: "Many Apostolates, One Mission" Institute U.S. Province 2nd Collection
Mar 11: Sacramental Visits to Homebound
Mar 19: Feast of St. Joseph & Potluck Social



TODAY, Sun, Mar 2, 10:00am
Server Rehearsal
for Ash Wednesday



Cinnamon Rolls
Breakfast Fundraiser
Homemade Cinnamon Rolls from an SGO parishioner & Choice of Drink: Coffee, Latte, or Hot Chocolate
March 2nd
after both Sunday Masses \$5 per person or \$20 per family

Today is the **LAST OPPORTUNITY** to place your **old blessed palms** in the designated basket at the back of church. **Palms brought in after today will not be accepted.**

SECOND COLLECTION today, Mar 2 - USCCB **BLACK & INDIAN MISSIONS**
For checks, please write payable to "Institute of Christ the King"

Mardi Gras Potluck & Board Game Night **Tues, Mar 4 @ 5pm**

5:00pm Holy Hour of Reparation
6:00pm Potluck Dinner
6:45pm Games

Bring: a main course, side or dessert dish to share & your favorite board games!

Drinks will be provided.

Everyone who likes to play games is welcome!

No RSVP needed.



From the Rector's Desk:

Dear Faithful,

In the final days before Lent, I want to briefly share with you some tips from the wisdom of our spiritual master, St. Francis de Sales, on how to have a great Lent with spiritual fruit that lasts beyond 40 days.

1) **Begin with a thorough examination on your predominant fault** that comes from one or more of the seven deadly sins. This Lent, resolve to do virtuous acts everyday to build up the opposing virtue. "Practice makes perfect."

2) **Frequent reception of the Sacraments:** this is the heart of Lent and there is no better practice than daily Mass and regular Confession! At a minimum, every Friday make an effort to come for Mass, Stations, or a Holy Hour.

3) **Daily Meditation:** Silent meditative prayer on the proper Mass texts of the day (unique to Lent) or meditation on the Passion of Our Lord. At least 15 minutes a day.

4) **Spiritual Reading:** Either from the *Introduction to the Devout Life*, *My Catholic Faith*, or *The Mass: Forest of Symbols*. 10-15 minutes a day.

5) **Spiritual almsgiving** (forgiving of injuries) and **material almsgiving** from the generosity of charity. This is a great means to overcome selfish greed, avarice, and envy in truly loving our neighbor as ourself.

6) **Fasting and mortification** - private, humble, discreet. Neither doing them to excess hurting ourselves nor being satisfied with the bare minimum. Traditionally every day of Lent was a day of fasting and abstinence (not just Ash Wednesday and Good Friday). In 2025, the "better" fasting is from TV, movies, internet, news, games, etc. and other leisures that easily become excessive in duration causing us to be distracted from our duties.

7) **Good Works & Daily Duties** - In striving for the "devout life", if we want to grow in charity, we have to make acts of charity, e.g., Spiritual and Corporal Works of Mercy. Strive first to be more faithful in the execution of your daily duties and obligations!

In all things, keep a spirit of joy and patience. If your Lenten practices are making you bitter and short with those around you, you need to first work on your temper and rough character. Keep your eyes on "Christ Crucified", our hope, our refuge, and our eternal reward! Have a blessed Lent and be assured of my priestly prayers for you all!

- Canon Jonathon Fehrenbacher

St. Joseph the Worker, Pray for us!



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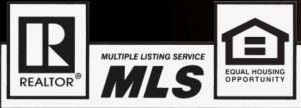


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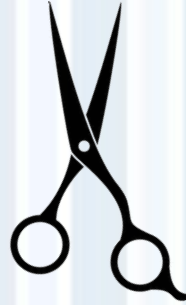
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Prayer to St. Thomas Aquinas

Angelic Doctor & Confessor

Angelic Doctor, Saint Thomas, * prince of theologians and model of philosophers, bright ornament of the Christian world, light of the Church and patron of all Catholic schools, who didst learn wisdom without guile and dost communicate it without envy, pray for us to the Son of God Who is Wisdom Itself, that, by the coming of the Spirit of Wisdom upon us, we may clearly understand that which thou didst teach, and, by imitating thee, may bring to completion that which thou didst do; that we may be made partakers both of thy doctrine and thy holiness, whereby thou didst shine on earth even as the sun; and finally that we may enjoy with thee in heaven for evermore the most delectable fruits of the same, praising together with thee Divine Wisdom through endless ages. Amen.

Raccolta, no. 520



Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*