



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

2ND SUNDAY OF LENT - Mar. 16, A.D. 2025

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

Feast of St. Joseph

PATRON OF THE UNIVERSAL CHURCH

Wednesday, March 19th

Confessions: 5:30-5:50pm

High Mass: 6:00pm

Followed by Consecration to St. Joseph

St. Joseph Table Potluck Social

Join us for this beautiful old tradition from Catholic Sicily!

Every element of the Table is rich in symbolism.

Please bring a savory dish or salad & small dessert to share.



Feast of St. Benedict

PATRONAL FEAST OF THE INSTITUTE OF CHRIST THE KING*

Friday, March 21st

Stations of the Cross: 11:00am

Low Mass: 12:00pm followed by exp. of the Bl. Sac. & Conf.

Adoration: 12:30pm - 5:45pm

Confessions: 5:00 - 5:40pm

High Mass: 6:00pm

No 6:45pm Stations on 1st Class Feasts

*with possibility to gain a plenary indulgence by assisting at Holy Mass under the usual conditions.



TODAY, Mar 16

@12:30pm

20-minute
Lessons in Liturgy

Please join Canon Fehrenbacher in church following the High Mass to deepen your knowledge and love for the Liturgy of Holy Mother Church!

March 30, Laetare Sunday, 12:30pm

Oratory Potluck / Games at the Park

Potluck in Church Basement, and then Games at

Herrera Quiroz Park ('Oury Park')

600 W. St. Mary's Rd., Tucson AZ 85705

Bring **drinks** for your family, a **potluck dish** to share (lawn chairs & games for the park).

The Oratory will provide plates, utensils, etc.



Saint Gianna Oratory

Extraordinary Form of the Roman Rite

“Traditional Latin Mass”

STAFF: Canon Jonathon Fehrenbacher, *Rector*
Canon Bryan Silvey, *Vicar*
Mrs. Teri Gauger, *Oratory Secretary*
Mr. Matthew Lancaster, *Music Director*
Mrs. Sandy Morrison, *Safety Compliance Officer*

Mailing Address: Saint Gianna Oratory
P.O. Box 87350, Tucson, AZ 85754

Office Hours: Wed & Fri 10am– 4pm

(NB: St. Gianna Oratory office is not located at the church)

Email: stgianna.tucson@institute-christ-king.org

Telephone: (520) 883-4360

Website & Online Bulletin: SAINTGIANNA.NET

Join our “Flocknote” from our website to receive weekly email updates on important information about future events.

FOR DONATIONS:

- 1) Please write check to **Institute of Christ the King**
- 2) or donate securely using the DONATE button on our website

Sun. 3/16
9:00am Low Mass
11:00am High Mass

2ND SUNDAY OF LENT / 1ST cl. / Violet

Mass (Reminiscere): Comm. of the Pope, *Tract, Credo*, Pref. of Lent
Preparatory Novena to St. Joseph

CS Bob Kumza
by Bob & Nancy Gorman

CF *Pro populo*

Mon. 3/17
11:00am Requiem
Low Mass
5:30pm Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (Redime): Comm. of St. Patrick & of the Pope, *Tract*, Preface of Lent
Preparatory Novena to St. Joseph

CF Nancy Evers
by the Iyescas Family

CS †Gerard Patrick Mullen

Tue. 3/18
8:00am Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (Tibi): Comm. of St. Cyril & of the Pope, Preface of Lent
Preparatory Novena to St. Joseph

CF Ryan Sherbo
by the Sherbo Family

CS †Sara L. Castillo
by Sandy Morrison

Wed. 3/19
6:00pm High Mass

ST. JOSEPH, SPOUSE OF THE B.V.M. / 1ST cl. / White

Mass (Justus): *Gloria*, Comm. of Lenten Feria, *Tract, Credo*, Preface of St. Joseph, *Last Gospel of Feria* *Consecration to St. Joseph*

CF Leo Davis
by Nancy Thornes
CS Steve Gauger
by the Gauger Family

Thur. 3/20
5:00pm Adoration
6:00pm Low Mass

ANNIVERSARY OF PAPAL INAUGURATION / 2nd class / White

Mass (Statuit - pg. 1562): *Gloria*, Comm. of Lenten Feria, *Tract*, Preface of Lent,
Last Gospel of Feria

CF Matthew Fitzgerald
by Alex Josten
CS H.H. Pope Francis
by Saint Gianna Oratory

Fri. 3/21
12:00pm Low Mass
Afternoon Adoration
6:00pm High Mass
Required Abstinence

ST. BENEDICT, ABBOT / 1ST cl. / White

Mass (Os justi): *Gloria*, Comm. of Lenten Feria, *Tract, Credo*, Preface of Lent, *Last Gospel of Feria*

CF †Poor Souls in Purgatory
by the Yee Family
CS Jessica Randel
by Susana Mayall

Sat. 3/22
8:00am Low Mass

FERIA OF LENT / 3rd class / Violet

Mass (Lex): Comm. of the Pope, Preface of Lent

CF †John Edward Copeland
by the Copeland Family
CS Dora Castillo
by Sandy Morrison

Sun. 3/23
9:00am Low Mass
11:00am High Mass

3RD SUNDAY OF LENT / 1ST cl. / Violet

Mass (Oculi mei): Comm. of the Pope, *Tract, Credo*, Pref. of Lent

CS Amanda E. Steinhafel
by Nancy Evers

CF *Pro populo*

CONFESSION TIMES THIS WEEK

Sun, 3/16	8:15 - 9:00am 10:15-11:00am	Thurs, 3/20	5:05 - 5:40pm
Mon, 3/17	5:00 - 5:20pm	Fri, 3/21	<i>Aft. Noon Mass</i> 5:00 - 5:40pm
Tues, 3/18	7:30 - 7:50am	Sat, 3/22	7:30 - 7:50am
Wed, 3/19	5:30 - 5:50pm	Sun, 3/23	8:15 - 9:00am 10:15-11:00am

Please Remember in Your Prayers:

Deceased: Deacon Outtier, Bill Heying, Carlos Molina, Stanley Kasprzyk, Loretta Mangold, Barbara Hartfiel, Rosanna Motichek, Andrew Stropko, Mark Gowin, Alberta Sasaki, Paul Kimminau, Deborah Schultz
Healing: Ann Alvarado, Mellady Family, Jordan Powers, Irene Hanam, Sidney Spencer, Kathryn Liptak, James Noël, Milo Gauger, Arden Maas, Stanley Krol, Paula Hernandez, Karen Tamayo, Susan Makkai, Thaddeus Stypa, Lucas Vigil, Jim & Sue Luhr-O'Connor

UPCOMING EVENTS:

Mar 19: Feast of St. Joseph - 6pm High Mass followed by St. Joseph Table Potluck Social
Mar 21: Feast of St. Benedict & Lenten Friday
Mar 22: Children's Catechism
Mar 25: Feast of the Annunciation - 6pm High Mass
Mar 30: "Laetare" Sunday - Potluck / Games at Park
Apr 3: 1st Thursday Devotions for Religious Vocations
Apr 4: 1st Friday of the Month - Lenten Friday
Apr 5: 1st Saturday, Passiontide Veiling & Deep Church Cleaning (Inside/Outside)
Apr 6: Passion Sunday, Easter Flowers Offering



Thank you for your generous support to last Sunday's "Many Apostolates, One Mission" Special Second Collection to help the Institute continue to restore Catholic life and culture in the USA!
May Christ our King reward you eternally.

Interested in becoming a REGISTERED MEMBER of St. Gianna Oratory?

Adults 18 & up are invited to attend a **NEW MEMBER INQUIRY MEETING** **Sat. Mar. 29 @ 11:15am** in the church office room to learn more!



Feast of the Annunciation

Tuesday, March 25th

Confessions: 5:30-5:50pm

High Mass: 6:00pm

Schedule your Lenten Friday Holy Hour of Eucharistic Adoration

"Look upon the hour of adoration assigned to you as an hour in paradise. **He has invited me; He is waiting for me; He is longing for me.**"

– St. Peter Julian Eymard

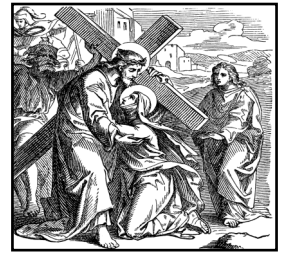


Reminder: A plenary indulgence is granted the Christian Faithful who visit the Blessed Sacrament for the purpose of Adoration for at least a half-hour, under the usual conditions.

You can commit to a half-hour of Adoration through our weekly Flocknotes.

Lenten Fridays Schedule

Stations of the Cross: 11:00am
Holy Mass: 12:00pm
followed by Exposition of the Blessed Sac. & Confessions
Adoration: 12:30pm - 5:45pm
Confessions: 5:00 - 5:40pm
Holy Mass: 6:00pm



Stations of the Cross: 6:45pm (Excepting 1st cl. Feasts)

Lenten Thought from St. Francis de Sales:



If I recount to you St. Bernard's words regarding fasting, you will know not only why it is instituted but also how it ought to be kept.

He says that fasting was instituted by Our Lord as a remedy for our mouth, for our gourmandizing and our gluttony. Since sin entered the world through the mouth, the mouth must do penance by being deprived of foods prohibited and forbidden by the Church, abstaining from them for the space of 40 days.

But this glorious saint adds that, as it is not our mouth alone which has sinned, but also all our other senses, our fast must be general and entire, that is, all the members of our body must fast.

For if we have offended God through the eyes, through the ears, through the tongue, and through our other senses, why should we not make them fast as well? And not only must we make the bodily senses fast, but also the soul's powers and passions – yes, even the understanding, the memory, and the will, since we have sinned through both body and spirit.

How many sins have entered into the soul through the eyes, as Holy Scripture indicates? [1 Jn. 2:16]. That is why they must fast by keeping them lowered and not permitting them to look upon frivolous and unlawful objects; the ears, by depriving them of listening to vain talk which serves only to fill the mind with worldly images; the tongue, in not speaking idle words and those which savor of the world or the things thereof.

We ought also to cut off useless thoughts, as well as vain memories and superfluous appetites and desires of our will. In short, we ought to hold in check all those things which keep us from loving or tending to the Sovereign God. In this way interior fasting accompanies exterior fasting.

From *Sermons of St. Francis de Sales for Lent*, (Feb. 9, 1622)

TAN Publisher

St. Joseph the Worker, Pray for us!



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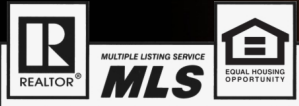


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PREPARATORY NOVENA TO ST. JOSEPH

Litany of St. Joseph



Lord, have mercy on us.
Christ have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world,
have mercy on us.
God the Holy Ghost, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us.*

St. Joseph, *pray for us.*
Illustrious son of David,
Light of the Patriarchs,
Spouse of the Mother of God,
Chaste Guardian of the Virgin,
Foster-father of the Son of God,
Watchful Defender of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most valiant,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,

Model of workmen,
Glory of domestic life,
Guardian of virgins,
Pillar of families,
Solace of the afflicted,
Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of Holy Church,

Lamb of God, Who takest away the sins of the world, *spare us, O Lord.*

Lamb of God, Who takest away the sins of the world, *graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of the world, *have mercy on us.*

V. He made him the lord of his household.

R. And prince over all his possessions.

Let us pray.

O God, Who, in Thine ineffable providence didst choose Blessed Joseph to be the spouse of Thy most Holy Mother, grant that as we venerate him as our protector on earth, we may deserve to have him as our intercessor in Heaven, Thou Who livest and reignest forever and ever.

R. Amen.

Prayer to St. Joseph by St. Francis de Sales

All : Glorious St. Joseph, faithful follower of Jesus Christ / to thee do we raise our hearts and hands / to implore thy powerful intercession in obtaining from the benign Heart of Jesus / all the helps and graces necessary for our spiritual and temporal welfare / particularly the grace of a happy death / and the special favor for which we now implore / (*Here silently mention your intention*) / O Guardian of the Word Incarnate / we feel animated with confidence that thy prayers on our behalf / will be graciously heard before the throne of God./ Amen.

CONSECRATION OF THE INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST TO SAINT JOSEPH

O BLESSED JOSEPH, whom God chose to bear the name and office of father to Jesus, whom He gave as the most pure spouse to Mary ever Virgin, and as the head of the Holy Family, whom the Vicar of Christ chose as Patron and Advocate of the universal Church, founded by Christ the Lord Himself, with the greatest confidence, we implore your most powerful help for this same Church which is struggling on earth against the powers of darkness.

In these tragic hours for the Church and for the world, we especially implore your powerful protection for the whole Institute. By your power aid us, who wish only to serve the Church, so that we may continue, according to our own charism, to exercise our ministry of redemption for all men.

That is why, on this grand solemnity, we consecrate ourselves to you.

Please accept and approve, most holy Joseph, the gift of the entire Institute: priests, oblates, seminarians, Sister Adorers and members of the Society of the Sacred Heart, which we make to you wholly and entirely.

Receive especially our deep gratitude for your fatherly protection during all these years. Continue, we beg you, to guard us in the future so that we may be ever more at the heart of the Church, the better to serve Her humbly, through an unwavering submission to the constant Tradition of the Church, to the Magisterium and to the Sovereign Pontiff.

We dedicate ourselves entirely to you so that you may deign to be for us a father, a protector and a guide on the way to salvation. Obtain for us a great purity of heart and an ardent love of the interior life. Make us love the Church, whose patron saint you are, as our own Mother.

Cover, we beg you, with special solicitude, and with that genuinely paternal love with which you burn, the holy Church of God, the Roman Pontiff, all bishops and priests, and especially those of the Institute of Christ the King Sovereign Priest.

Be the defender of all those who labor to save souls in the midst of the anguish and adversities of this life. Grant that all people may spontaneously submit to the Church, which is the absolutely necessary means to obtain salvation.

May we follow in your footsteps and direct all our actions to the greater glory of God, uniting them to the affections of the Divine Royal Heart of Jesus and the Immaculate Heart of the Virgin Mother.

Take care of all the members of this Institute who will come before you to ask for special graces. Bless our oblates; also bless the seminarians of the Institute of Christ the King.

Bless also our Sister Adorers who so often implore you for the sanctification of priests and future priests, who are the image of Jesus whom you so dearly loved, and strengthen the members of the Society of the Sacred Heart.

As Patron of the universal Church, you are also the father of priests. Therefore, accompany them throughout their priestly life until their last day, and welcome them into the marvelous paradise of your divine Son. Amen!



Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*