



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

St. Gianna Oratory at 338 W. University Blvd., Tucson

3RD SUNDAY OF LENT - Mar. 23, A.D. 2025

VERITATEM FACIENTES IN CARITATE - LIVING THE TRUTH IN CHARITY

Holy Week & Easter 2025

Pre-1955 Hand Missals should be used for all liturgies from Palm Sunday through the Easter Vigil.

PALM SUNDAY, April 13

8:00am Confessions

9:00am Low Mass

10:30am Palm Blessing and Procession

11:00am High Mass and Sung Passion

**Confessions after High Mass*

✠

6:00pm Sung Vespers

(Usual Mass Schedule Monday & Tuesday)

SPY WEDNESDAY, April 16

4:00-4:20pm Confessions

4:30pm Low Mass

6:00pm Sung *Tenebrae* of Holy Thursday

MAUNDY THURSDAY, April 17

5:00-5:50pm Confessions

6:00pm Solemn High Mass, *Vespers, Compline, & Adoration at Altar of Repose until Midnight*

9:00pm Sung *Tenebrae* of Good Friday

GOOD FRIDAY, April 18

1:30-2:45pm Confessions

2:00pm Stations of the Cross

3:00pm Solemn High Mass of the Presanctified, followed by *Vespers & Compline*

6:00pm Sung *Tenebrae* of Holy Saturday

HOLY SATURDAY, April 19

4:00-5:45pm Confessions

6:00pm Solemn High Easter Vigil

followed by blessing of Easter food & baskets

EASTER SUNDAY, April 20

8:00-8:50am Confessions

9:00am Low Mass w/Organ

10:00-10:50am Confessions

11:00am Solemn High Mass *followed by Divine Mercy Chaplet & Children's Easter Egg Hunt*

✠

6pm Sung Vespers & Benediction of the Bl. Sacrament

Feast of the Annunciation

Tuesday, March 25th

Confessions: 5:00-5:50pm

High Mass: 6:00pm



NEXT SUNDAY - REJOICE !

March 30, Laetare Sunday, 12:30pm

Oratory Potluck / Games at the Park

Potluck in Church Basement, and then Games at

Herrera Quiroz Park ('Oury Park')

600 W. St. Mary's Rd., Tucson AZ 85705

Bring **drinks** for your family, a **potluck dish** to share (lawn chairs & games for the park).

The Oratory will provide plates, utensils, etc.



Saint Gianna Oratory

Extraordinary Form of the Roman Rite
“Traditional Latin Mass”

STAFF: Canon Jonathon Fehrenbacher, *Rector*
 Canon Bryan Silvey, *Vicar*
 Mrs. Teri Gauger, *Oratory Secretary*
 Mr. Matthew Lancaster, *Music Director*
 Mrs. Sandy Morrison, *Safety Compliance Officer*

Mailing Address: Saint Gianna Oratory
 P.O. Box 87350, Tucson, AZ 85754

Office Hours: Wed & Fri 10am– 4pm

(NB: St. Gianna Oratory office is not located at the church)

Email: stgianna.tucson@institute-christ-king.org

Telephone: (520) 883-4360

Website & Online Bulletin: SAINTGIANNA.NET

Join our **“Flocknote”** from our website to receive weekly email updates on important information about future events.

FOR DONATIONS:

- 1) Please write check to ***Institute of Christ the King***
- 2) or donate securely using the DONATE button on our website

Sun. 3/23
 9:00am Low Mass
 11:00am High Mass

3RD SUNDAY OF LENT / 1st cl. / Violet
Mass (Oculi mei): Comm. of the Pope, *Tract*, *Credo*, Pref. of Lent

CS Amanda E. Steinhafel
 by Nancy Evers

CF *Pro populo*

Mon. 3/24
 5:30pm Low Mass

FERIA OF LENT / 3rd class / Violet
Mass (In Deo): Comm. of St. Gabriel Archangel & of the Pope, *Tract*, Preface of Lent

CF †Thomas Conroy
 by Connie McIntyre
 CS †Lee L'heureux
 by the Gauger Family

Tue. 3/25
 6:00pm High Mass

ANNUNCIATION OF THE B.V.M. / 1st cl. / White
Mass (Vultum): *Gloria*, Comm. of Lenten Feria, *Tract*, *Credo*, Preface of the Blessed Virgin, *Last Gospel of Feria*

CF †Deborah A. Schultz
 by Carl Schultz
 CS Monserrat Meents
 by Lourdes Meents

Wed. 3/26
 8:00am Low Mass

FERIA OF LENT / 3rd class / Violet
Mass (Ego): Comm. of the Pope, *Tract*, Preface of Lent

CF Lynne Kumza
 by Bob & Nancy Gorman
 CS †Ed Skull
 by Kathy Hamel

Thur. 3/27
 5:00pm Adoration
 6:00pm Low Mass

FERIA OF LENT / 3rd class / Violet
Mass (Salus): Comm. of St. John Damascene & of the Pope, Preface of Lent

CF Samantha De Jesús
 by Susana Mayall
 CS †Canon Fragelli
 by Deborah Brunner

Fri. 3/28
 12:00pm Low Mass
 Afternoon Adoration
 6:00pm Low Mass
 Required Abstinence

FERIA OF LENT / 3rd class / Violet
Mass (Fac): Comm. of St. John Capistrano & of the Pope, *Tract*, Pref. of Lent

CF Alli Jo Fehrenbacher
 by Canon Fehrenbacher
 CS †FERENCE & Louisa Bencze
 by the Kish Family

Sat. 3/29
 8:00am Low Mass

FERIA OF LENT / 3rd class / Violet
Mass (Verba): Comm. of the Pope, Preface of Lent

CF Henry Thornes
 by Nancy Thornes
 CS †Raymond E. Trainer
 by Mary Lou Higgins

Sun. 3/30
 9:00am Low Mass
 11:00am High Mass

4TH SUNDAY OF LENT « LÆTARE » / 1st cl. / Rose
Mass (Lætare): Comm. of the Pope, *Tract*, *Credo*, Pref. of Lent

CS James Fisher
 by the Fisher Family
 CF *Pro populo*

CONFESSION TIMES THIS WEEK

Sun, 3/23	8:15 - 9:00am 10:15-11:00am	Thurs, 3/27	5:05 - 5:40pm
Mon, 3/24	5:00 - 5:20pm	Fri, 3/28	<i>Aft. Noon Mass</i> 5:00 - 5:40pm
Tues, 3/25	5:00 - 5:50pm	Sat, 3/29	7:30 - 7:50am
Wed, 3/26	7:30 - 7:50am	Sun, 3/30	8:15 - 9:00am 10:15-11:00am

Please Remember in Your Prayers:

Deceased: Deacon Outtier, Bill Heying, Carlos Molina, Stanley Kasprzyk, Loretta Mangold, Barbara Hartfiel, Rosanna Motichek, Andrew Stropko, Mark Gowin, Alberta Sasaki, Paul Kimminau, Deborah Schultz
Healing: Ann Alvarado, Mellady Family, Jordan Powers, Irene Hanam, Sidney Spencer, Kathryn Liptak, James Noël, Milo Gauger, Arden Maas, Stanley Krol, Paula Hernandez, Karen Tamayo, Susan Makkai, Thaddeus Stypa, Lucas Vigil, Jim & Sue Luhr-O'Connor

UPCOMING EVENTS:

Mar 25: Feast of the Annunciation - 6pm High Mass
 Mar 29: Children's Catechism
 New Member Inquiry Meeting @ 11:15am
 Mar 30: "Laetare" Sunday - Potluck / Games at Park
 Apr 3: 1st Thursday Devotions for Religious Vocations
 Apr 4: 1st Friday of the Month - Lenten Friday
 Apr 5: 1st Saturday, Passiontide Veiling & Deep Church Cleaning (Inside/Outside)
 Apr 6: Passion Sunday, Easter Flowers Offering
 Apr 13: Palm Sunday / OPENING OF HOLY WEEK

Thank you, Volunteers, who made the ST. JOSEPH TABLE SOCIAL a success!
GOD REWARD YOU.

ST. GIANNA PRO-LIFE GROUP

Pray the ROSARY
 at Planned Parenthood
 (Address: 2255 N. Wyatt Dr.)

MONDAYS
 8:00 - 9:15am

6:40pm Candlelit Rosary (Following 5:30pm Mass)

WEDNESDAYS & FRIDAYS
 9:15am

St. Gianna, pray for us and intercede for the unborn!



Lenten Fridays Schedule

Stations of the Cross: 11:00am

Holy Mass: 12:00pm

followed by Exposition of the Blessed Sac. & Confessions

Adoration: 12:30pm - 5:45pm

Confessions: 5:00 - 5:40pm

Holy Mass: 6:00pm

Stations of the Cross: 6:45pm (Excepting 1st cl. Feasts)



Schedule your Lenten Friday

Holy Hour of Eucharistic Adoration

"Look upon the hour of adoration assigned to you as an hour in paradise.

He has invited me; He is waiting for me; He is longing for me."

— St. Peter Julian Eymard



Reminder: A plenary indulgence is granted the Christian Faithful who visit the Blessed Sacrament for the purpose of Adoration for at least a half-hour, under the usual conditions.

Commit to a half-hour of Adoration via weekly Flocknotes.

MARK YOUR CALENDER: APR 5TH

FIRST SATURDAY OF THE MONTH

7am Holy Hour: Fatima Devotions, Rosary, 15-min Meditation, (Confessions), Benediction

8am High Mass of the Immaculate Heart of Mary

Passiontide Veiling

Church Cleaning Inside & Outside

9am-2:30pm

All hands and hearts are invited to pitch in and clean to get our beautiful church **ready for Easter!**

Plenty of work **INSIDE** - scrubbing, polishing, dusting, and veiling statues - **and OUT** - weeding, raking, washing windows. **Bring rakes, brooms, rags, gloves, favorite cleaning tools!**

Pizza lunch provided for volunteers

Lenten Thought from

St. Francis de Sales:



After Our Lord had overcome His enemy and rejected his temptations, angels came and brought Him heavenly food. [Matt. 4:11]. What joy to find oneself with the Savior at this delicious feast! My dear friends, we shall never be capable of keeping company with Him in His consolations, nor be invited to His heavenly banquet, if we are not sharers of His labours and sufferings [2 Cor. 1:7]. He fasted forty days, but the angels brought Him something to eat only at the end of that time.

These forty days... symbolize the life of the Christian, of each one of us. Let us then desire these consolations only at the end of our lives, and let us busy ourselves in steadfast resistance to the frontal attacks of our enemies. For whether we desire it or not we shall be tempted. If we do not struggle, we shall not be victorious, nor shall we merit the crown of immortal glory which God has prepared for those of us who are victorious and triumphant. Let us fear neither the temptation nor the tempter, for if we make use of the shield of faith and the armour of truth, they will have no power whatsoever over us. Let us no longer fear the terrors of the night. And let us not entertain the vain hope of being or wishing to be saints in three months! Let us also shun both spiritual avarice and the ambition which occasion so much disorder in our hearts and so greatly impede our perfection. The noonday devil will be powerless in causing us to fail in our firm and steadfast resolution to serve God generously and as perfectly as possible in this life, so that after this life we shall go to enjoy Him forever.

From Sermons of St. Francis de Sales for Lent, February 13, 1622

TAN Publisher

St. Joseph the Worker, Pray for us!



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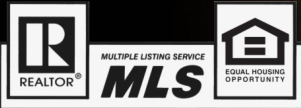


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Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. On these days in Lent it is **NOT** allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

tute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

[From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.]

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements, Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration before the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy, etc. Before all else we are obliged to perform the duties of our state in life. **When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director.** Any deprivation that would seriously hinder us in carrying out our work, as students, employees, or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feasts of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing mothers according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: *Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.*