



# Institute of Christ the King Sovereign Priest

*Veritatem Facientes in Caritate*

[www.institute-christ-king.org](http://www.institute-christ-king.org)



## Church of Saints Cyril & Methodius

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### Clergy & Staff

#### **Institute Superiors**

Msgr. R. Michael Schmitz, S.T.D., J.C.D.  
*Vicar General of the Institute & Delegate  
for the United States*

Reverend Canon Matthew Talarico  
*Provincial Superior*

#### **Church Staff**

Reverend Canon Francis X. Altieri IV  
*Pastor & Rector*  
[canon.altieri@institute-christ-king.org](mailto:canon.altieri@institute-christ-king.org)

Reverend Canon Michael Stein  
*Temporary Replacement*  
[stscyrilandmethodius@institute-christ-king.org](mailto:stscyrilandmethodius@institute-christ-king.org)

Mr. Heitor Caballero  
*Director of Sacred Music & Organist*

### Mass Times

**Sunday:** 8:30 a.m. Low Mass  
10:15 a.m. High Mass  
**Monday-Saturday:** 7:45 a.m. Low Mass  
**Holy Days:** *please consult the bulletin*

### Confessions

*30 minutes before Mass every day (Sundays  
before both Masses) & First Fridays from  
5:15 to 5:45 p.m. (during Adoration)*

### Devotions

**First Friday:** Additional Mass at 6 p.m.,  
preceded by Adoration of the Blessed  
Sacrament beginning at 5 p.m.

**First Saturday:** After Mass, Adoration  
with Holy Rosary, 15-minute meditation &  
Benediction of the Blessed Sacrament

## Masses This Week

Sunday, March 13<sup>th</sup>

### SECOND SUNDAY OF LENT

8:30 a.m. - Living Members of St. Joseph Branch 19

*St Joseph Branch 19*

10:15 a.m. - Pro Populo

6:00 p.m. - Vespers & Benediction of the Blessed Sacrament

Monday, March 14<sup>th</sup>

### Lenten Feria

7:45 a.m. - ✠ Christine Ware

*requested by Gary & Diana Burt*

Tuesday, March 15<sup>th</sup>

### Lenten Feria

7:45 a.m. - Franklin H. & Irene M. & Paulette Ellison

*requested by Irene Ellison*

Wednesday, March 16<sup>th</sup>

### Lenten Feria

7:45 a.m. - Louis Alanz

*requested by Sara Kinani*

Thursday, March 17<sup>th</sup>

### Lenten Feria

7:45 a.m. - Grace Tvardzik

*requested by Grace Monks*

6:00 p.m. - Holy Hour

Friday, March 18<sup>th</sup>

### Lenten Feria

7:45 a.m. - ✠ Joan Isabel

*requested by Daniel & Emma Isabel*

6:00 p.m. - Stations of the Cross

Saturday, March 19<sup>th</sup>

### Saint Joseph

7:45 a.m. - Maria Vendetti

*requested by June Vendetti*

10:15 - The Superiors of the Institute of Christ the King

*requested by Canon Michael Stein*

Sunday, March 20<sup>th</sup>

### THIRD SUNDAY OF LENT

8:30 a.m. - ✠ Edward & ✠ Mary Carney

*requested by Paul McMahon*

10:15 a.m. - Pro Populo

6:00 p.m. - Vespers & Benediction of the Blessed Sacrament



## Upcoming Events

**Saturday, March 19<sup>th</sup>**

**Feast of St. Joseph & Consecration to St. Joseph**

Low Mass at 7:45 a.m.

High Mass at 10:15 a.m.

**Sunday, March 20<sup>th</sup>**

1st Communion Class after 10:15 High Mass

**N.B. It is not** on the last Sunday of the month because of the Læare Reception/Potluck

**Monday, March 21<sup>st</sup>**

**Feast of Saint Benedict, 1<sup>st</sup> Class**

Secondary Patron Saint of the Institute of Christ the King. Plenary indulgence available under the normal conditions.

**Friday, March 25<sup>th</sup>**

Feast of the Annunciation

**Lætare Sunday, March 27<sup>th</sup>**

Reception and Potluck in the Church basement after the 10:15 High Mass. Join us and enjoy new-found friendships!

**First Friday, April 1<sup>st</sup> *Lenten First Friday Schedule***

**7:45 a.m.** Holy Mass

**5:00 p.m.** Adoration (Confessions will be heard between 5:15 p.m. and 5:45 p.m.), followed by Benediction

**6:00 p.m.** Stations of the Cross

**6:45 p.m.** Holy Mass

### From Canon Michael Stein

Dear Parishioners of Sts. Cyril & Methodius,

After consulting with Canon Altieri, I'm happy to announce on his behalf the exact dates of First Confessions and First Communions for our young ones.

First Confessions will be during First Saturday ceremonies on May 7th.

First Communions will be the very next day, Sunday, May 8th at the 10:15am High Mass and May Crowning.

Wishing you all a grace-filled Lent,  
In Christo Rege, Canon Stein

## ST. FRANCIS DE SALES ON THE VIRTUES OF ST. JOSEPH

**A**MONG all the properties of the palm-tree, which are very numerous, there are three which are particularly suitable to the saint whose feast we are celebrating, who, as Holy Church makes us say,<sup>1</sup> is like the palm-tree. Oh, what a saint is the glorious St. Joseph! He is not only a patriarch, but the chief of all patriarchs; he is not simply a confessor, but more than a confessor; for in his confession is contained the dignity of bishops, the generosity of martyrs, and of all the other saints. It is then with good reason that he is compared to the palm-tree, the king of trees, which has the property of *virginity*, that of *humility*, and that of *constancy and valor*, three virtues in which the glorious St. Joseph greatly excelled; and if one dared to make comparisons, many persons would maintain that he surpasses all other saints in these three virtues...

For what reason, say the holy doctors, did He ordain two things so different, to be a virgin and married at the same time? Most of the fathers say that it was to prevent our Lady's being calumniated by the Jews, who would not have exempted her from calumny and disgrace, and would have made themselves the judges of her purity; and that to preserve this purity and this virginity, it was necessary that Divine Providence should commit her to the charge and custody of a man who was a virgin, and that this Virgin should conceive and bring forth that sweet fruit of life, our Lord, under the shadow of a holy marriage. St. Joseph, then, was like a palm-tree...

There is an exact resemblance and conformity between St. Joseph and the palm-tree in their virtue, which virtue is no other than most holy humility. For although the palm is the prince of trees, it is nevertheless the most humble, which it shows by hiding its flowers in spring, when all other trees display them, and not letting them appear till the time of the great heat. The palm-tree keeps its flowers shut up in coverings in the form of sheaths or cases, which well represents to us the difference between souls aiming at perfection and others, the difference between the just and those who live a worldly life; for worldly and earthly men who live by the laws of earth, as soon as they have any good thought or any reflection that seems to them worthy of esteem, or if they have any virtue, never rest till they have manifested and made it known to all whom they meet; by which they run the same risk as those trees which hasten to push out their flowers in spring, like almond trees; if the frost surprises them, they perish, and bear no fruit...The just, on the contrary, keep all their flowers always enclosed in

<sup>1</sup> Ps. 91:13. The just shall flourish like the palm tree: he shall grow up like the cedar of Libanus.

the sheath of holy humility, and do not let them appear at all, if they can avoid it, till the great heats, when God, the Divine Sun of Justice, will come with power to inflame their hearts in eternal life, where they will forever bear the sweet fruit of happiness and immortality...

But if St Joseph was careful to keep his virtues hidden under the shelter of holy humility, he took especial care to conceal the precious pearl of his virginity; and for this reason he consented to be married, that no one might know it, and that under the holy veil of marriage he might live more hidden...

There is a great difference between constancy and perseverance, and between strength and valour. We call a man constant who stands firm and prepared to endure the assaults of his enemies, without being dismayed or losing courage during the combat. But perseverance chiefly regards a certain interior weariness which comes upon us from the length of our sufferings, and which is as powerful an enemy as can be encountered. Now perseverance makes a man despise this enemy, so that he obtains the victory by a continual equality and submission to the will of God. Strength is what makes a man powerfully resist the attacks of his enemies; but valour is a virtue which makes him not only keep himself in readiness to fight or to resist when the occasion presents itself, but to attack the enemy even when he is quiet. Now our glorious St. Joseph was endowed with all these virtues, and practised them marvellously well.

~ Excerpts from **Conference XIX, On the Virtues of St Joseph**, from *the True Conferences of St. Francis de Sales*

### Consecration of the Institute to St. Joseph

On Saturday, March 19, Feast of Saint Joseph, the Prior General of the Institute will make the solemn consecration of the Institute's worldwide spiritual family and works to St. Joseph, the Patron of the Universal Church. Everyone is welcome to join in the Consecration prayer and devotions in honor of St Joseph which will follow Holy Mass on March 19.



## Coffee Socials and Receptions: a Distinction

In order to facilitate Parish get-togethers and to increase the opportunities for growth as a charitable, spiritual family it is helpful to distinguish between “coffee socials” and “receptions.”

- Receptions, a.k.a. potlucks, are more demanding and require more organization and food.
- A Coffee Social simply means there’s coffee brewed downstairs and some pastries and/or fruit.

Coffee Socials can happen a lot more often and allow the faithful to congregate downstairs and enjoy like-minded conversations and newfound friendships.

**NEXT RECEPTION/POTLUCK:** Laetare Sunday, March 27th

**NEXT COFFEE SOCIAL:** April 3rd

### LADIES’ GUILD, MARCH 26TH

Dear Members of the Guild,

You have been most patient in waiting for the trimestrial schedule of events to resume.

Every trimester, in theory, we should have a full group gathering that would include a spiritual conference, a list of needed projects, and a recreational activity/outing.

I would like to propose **Saturday, March 26th** as such a day. A more detailed schedule is forthcoming, but it will include a spiritual conference, project discussions, and a shared lunch.

Grateful for your dedication, Canon Stein

### FEAST OF ST JOSEPH

Join us to honor St Joseph, Spouse of the Blessed Virgin and Holy Patron of the Universal Church, this coming Saturday, March 19th.

There are two Masses, followed by a Consecration Prayer to St Joseph:

**7:45 a.m. Low Mass      10:15 a.m. High Mass**

### WEEKLY PUBLIC DEVOTIONS

- Every Thursday, 6pm Holy Hour
- Every Friday, 6pm Stations
- Every Sunday, 6pm Sung Vespers and Benediction of the Most Blessed Sacrament

## SPIRITUAL FOOD FOR A HOLY SEASON

This Holy Season of Lent, we offer you the opportunity to grow more deeply in the spiritual life with spiritual reading, *The Consoling Thoughts of St. Francis de Sales*. Whether you wish to commence a more profound life of grace or progress on the path of the Lord, these books are a perfect means to fulfill your Lenten resolution to advance in holiness!

They are offered at the special price of \$35 for the complete 4-volume set, or \$10 individually, and can be found in the front Vestibule of the Church. *Checks payable to Sts. Cyril and Methodius Oratory*

## Second Collections Policy

**Dear Parishioners and Friends,**

As you know, we are the great lovers of Tradition (with a capital “T”) and of traditions (with a lower case “t”) & customs. When a custom, however, loses its reason for existence or becomes outdated then we must move on. Having a 2<sup>nd</sup> collection at every single Sunday Mass has become such a matter. Its original purpose of coming to the aid of paying certain bills is outdated by both the health of the parish and by the marked envelopes that you can simply put in the normal collection. Also, when we have a 2<sup>nd</sup> collection at every Sunday Mass, it defeats the purpose of having exceptional collections when the need arises, such as those marked by the Diocese or the Institute of Christ the King. Lastly, and most importantly, **there are other things we should be doing after receiving Holy Communion.**

Thus, with the unanimous approval of the Trustees, there will be only exceptional 2<sup>nd</sup> collections.

Signed, Pastor & the Trustees of the Slovak Roman Catholic Church of Sts. Cyril & Methodius in Bridgeport

In Summary: There is no longer a 2<sup>nd</sup> collection taken up after Communion unless explicitly announced.

*Moving forward, you can simply put 2<sup>nd</sup> Collection envelopes in the regular collection should you still want to use them.*

March 13<sup>th</sup> 2022

Second Sunday of Lent