



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

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Clergy & Staff

Institute Superiors

Msgr. R. Michael Schmitz, S.T.D., J.C.D.
Vicar General of the Institute

Reverend Canon Matthew Talarico
Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV
Pastor & Rector

Dr. Samuel Schmitt
Director of Sacred Music & Organist
samuel.schmitt@carlschmitt.org

Mrs. Laurie Furey
Office Manager
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Mass Times

Sunday: 8:30 a.m. Low Mass
10:15 a.m. High Mass

Monday-Saturday: 7:45 a.m. Low Mass

Holy Days: *please consult the bulletin*

Confessions

30 minutes before Mass every day (Sundays before both Masses) & First Fridays from 5:15 to 5:45 p.m. (during Adoration)

Devotions

Every Thursday: Holy Hour at 6 p.m.

First Friday: Additional Mass at 6 p.m., preceded by Adoration of the Blessed Sacrament beginning at 5 p.m.

First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

Masses this Week

Sunday, January 22nd

THIRD SUNDAY AFTER EPIPHANY

8:30 a.m. - Pro Populo

10:15 a.m. - ✠ Deceased family members of
Revelation 12 Music Ministry
requested by Linda Gaboardi

Monday, January 23rd

Saint Raymond of Pennafort

7:45 a.m. - JoEllen & Larry Pline
requested by J. Kim

Tuesday, January 24th

Saint Timothy

7:45 a.m. - ✠ Marian Atkins
requested by JoEllen & Larry Pline

Wednesday, January 25th

Conversion of Saint Paul

7:45 a.m. - ✠ Sam Vendetti
requested by June Vendetti

Thursday, January 26th

Saint Polycarp

7:45 a.m. - ✠ Harry & Mary Rowe
requested by T.R. & Michelle Rowe & Family

Friday, January 27th

Saint John Chrysostom

7:45 a.m. - ✠ Elizabeth Drab
requested by John Tkacik

Saturday, January 28th

Saint Peter Nolasco

7:45 a.m. - Éli Lynn Gaboardi
requested by Linda Gaboardi

Sunday, January 29th

SAINT FRANCIS DE SALES

{*Fourth Sunday after Epiphany*}

8:30 a.m. - Pro Populo

10:15 a.m. - ✠ Victor & Dot Ferrante
requested by Eric & Michelle Ciardiello

*In observance of the Chair of Unity Octave, every day from
January 18th to January 25th extra orations will be added at
Mass, taken from the "Votive Mass for the Removal of Schism,"
which you can find at the back of most missals.*



Upcoming Events

January 18th to 25th

CHAIR OF UNITY OCTAVE

Week of prayer for the return of heretics and
dissidents to the unity of the Catholic Church: special
devotions after Low Mass every day

Sunday, January 22nd

Vespers & Benediction at 6:00 p.m.

Tuesday, January 24th

Adult Theology class at 7:00 p.m. in the church hall
Theme of talk: "The Incarnation"

Wednesday, January 25th

Meeting of Saint Joseph Men's Group, beginning
with Adoration in church at 6:30 p.m.

Thursday, January 26th

Holy Hour & Benediction at 6:00 p.m.

Saturday January 28th

Confirmation Catechism class after the morning
Mass—*these classes are mandatory*

Sunday, January 29th

FEAST OF SAINT FRANCIS DE SALES

Plenary indulgence for the feast of the Institute's
patron saint

Tuesday, January 31st

Month's Mind Requiem Solemn Mass & Absolution
for Pope Benedict XVI at 6:00 p.m.

Thursday, February 2nd

PURIFICATION OF OUR LADY {Candlemas}

Procession & Solemn Mass at 6:00 p.m.

Friday, February 3rd

FIRST FRIDAY {Saint Blaise}

Throat blessing only after the morning Mass
Holy Hour & Confessions at 5:00 p.m., followed by
additional Mass at 6:00 p.m.

Saturday, February 4th

First Holy Communion Catechism class after First
Saturday Devotions—*these classes are mandatory*

February 12th

SEXAGESIMA SUNDAY

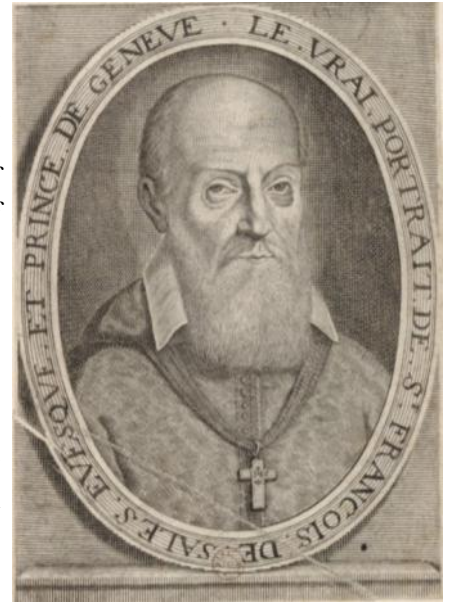
Collection of last year's palms for making ashes

CELEBRATING THE JUBILEE OF SAINT FRANCIS DE SALES

A few weeks ago, we observed the 400th anniversary of the death of the Institute's heavenly patron, Saint Francis de Sales (December 28th 1622). To prepare for the celebration of his feast day next Sunday, here is an excerpt from the encyclical RERUM OMNIUM PERTURBATIONEM of Pope Pius XI, written for the saint's tercentenary a hundred years ago. You can also find daily meditations on the Institute's website.

The Church is most successful in this work of sanctification when it is possible for her, through the mercy of God, to hold up to the imitation of the faithful one or other of her dearest children who has made himself conspicuous by the practice of every virtue. This work of sanctification is of the very genius of the Church, since she was made by Christ, her Founder, not only holy herself but the source of holiness in others. All who accept the guidance of her ministry should, by the command of God, do everything in their power to sanctify their own lives. As St. Paul says, "This is the will of God, your sanctification" (I Thess 4:3). Christ Himself has taught what this sanctification consists in: "Be ye therefore perfect as your heavenly Father is perfect" (Matt 5:48).

We cannot accept the belief that this command of Christ concerns only a select and privileged group of souls and that all others may consider themselves pleasing to Him if they have attained a lower degree of holiness. Quite the contrary is true, as appears from the very generality of His words. The law of holiness embraces all men and admits of no exception. The great number of souls of every condition in life, both young and old, who as history informs us have reached the zenith of Christian perfection, these saints felt in themselves the weaknesses of human nature and had to conquer the selfsame temptations as we. So true is this that as St. Augustine has so beautifully written, "God does not ask the impossible of us. But when He does order us to do something He, by His very commands, admonishes us to do that which we are able to do and to ask from Him for assistance in that which we are not of ourselves able to do" (*de Natura et Gratia*, ch. 43, 50).



[...] This saint was no less a person than Francis de Sales, Bishop of Geneva and Doctor of the Universal Church. Like those brilliant examples of Christian perfection and wisdom to whom We have just referred, he seemed to have been sent especially by God to contend against the heresies begotten by the Reformation. It is in these heresies that we discover the beginnings of that apostasy of mankind from the Church, the sad and disastrous effects of which are deplored, even to the present hour, by every fair mind. What is more, it appears that Francis de Sales was given to the Church by God for a very special mission. His task was to give the lie to a prejudice which in his lifetime was deeply rooted and has not been destroyed even today, that the ideal of genuine sanctity held up for our imitation by the Church is impossible of attainment or, at best, is so difficult that it surpasses the capabilities of the great majority of the faithful and is, therefore, to be thought of as the exclusive possession of a few great souls. St. Francis likewise disproved the false idea that holiness was so hedged around by annoyances and hardships that it is inadaptable to a life lived outside cloister walls.

Saturday, February 18th - Altar Boy Meeting & Outing



Before Lent begins, there will be an outing with the altar boys (and their fathers) to thank them for their dedication throughout the year. After the 7:45 a.m. Mass, there will be a light breakfast in the church hall, then server training for the Forty Hours. We will then head out to a local bowling alley and finish with a pizza lunch. Please let Canon know if you will be able to make it. We hope everyone can come!

We welcome you today to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join for our next monthly social. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 5 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Please hold all conversations outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

ANNUAL CATHOLIC APPEAL

The annual diocesan appeal begins next Sunday. Envelopes will be available in church in case you did not receive one at home. Thank you for your support!

REQUIEM MASS

Tuesday, January 31st at 6:00 p.m.



A Solemn Mass will be offered for the Month's Mind of Pope Benedict XVI. Please join us to pray for the repose of his soul on this occasion.

Save the Dates!

ANNUAL FORTY HOURS DEVOTION

We are planning to hold the "Forty Hours" from Quinquagesima Sunday to Shrove Tuesday (**February 19th to 21st**) in preparation for Lent, with exposition of the Blessed Sacrament beginning each day after Mass, and Benediction at 6:00 p.m. We will only be able to do this if **at least two people** are willing to commit to at least one hour of Adoration during these times. **All slots must be filled**, or we will not be able to do this! Please make plans already to set aside some time during the Forty Hours—you could also invite friends from other parishes. We are also hoping to have a traditional "Shrove Tuesday Pancake Party" after Benediction on the last night.



January 22nd 2023

Third Sunday after Epiphany