



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

79 Church Street - Bridgeport, Connecticut 06608

Tel: (203) 333-7003

stscyrilandmethodius@institute-christ-king.org

www.institute-christ-king.org/bridgeport-home

www.facebook.com/StsCyrilandMethodiusOratory

Clergy & Staff

Institute of Christ the King

Reverend Canon Matthew Talarico
Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV
Pastor & Rector

Abbé Luke Ball
Clerical Oblate

Dr. Samuel Schmitt
Director of Sacred Music & Organist
samuel.schmitt@carlschmitt.org

Mrs. Laurie Furey
Office Manager
stscyrilandmethodius@institute-christ-king.org

Office Hours: 9:00 a.m. to 12:45 p.m.
Monday to Friday (except Wednesday)

Mass Times

Sunday: 8:30 a.m. Low Mass
10:15 a.m. High Mass

Monday-Friday: 7:45 a.m. Low Mass

Saturday: 8:30 a.m. Low Mass

Holy Days: *please consult the bulletin*

Confessions

30 minutes before Mass every day

Regular Devotions

Every Thursday: Holy Hour at 6:00 p.m.

First Friday: Additional Mass at 6:00 p.m., followed by Devotions & Benediction of the Blessed Sacrament

First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

Masses this Week

Sunday, March 2nd

QUINQUAGESIMA SUNDAY

8:30 a.m. - Pro Populo

10:15 a.m. - Clergy of the Institute of Christ the King Sovereign Priest
requested by Mr. & Mrs. Eric J. Ciardiello

Monday, March 3rd

Votive Mass for Peace

7:45 a.m. - Dennis Pryor
requested by Linda Pryor

Tuesday, March 4th

Votive Mass of the Blessed Sacrament

**Note:* 6:00 p.m. - Sister Bernadette Marie, F.L.M.
requested by Rod & Lil Hamar

Wednesday, March 5th

ASH WEDNESDAY

7:45 a.m. - ✠ Betty Jean Nelson
requested by Mary L. Nelson
6:00 p.m. - Isabelle Rose Burt
requested by Erika & Justin Burt

Thursday, March 6th

Thursday after Ash Wednesday

7:45 a.m. - Canon Paul McKown
requested by Parishioners

Friday, March 7th

Saint Thomas Aquinas

7:45 a.m. - Monsignor Gilles Wach
6:00 p.m. - ✠ Michael Damian Kristan
requested by Richard & Rita Cleary

Saturday, March 8th

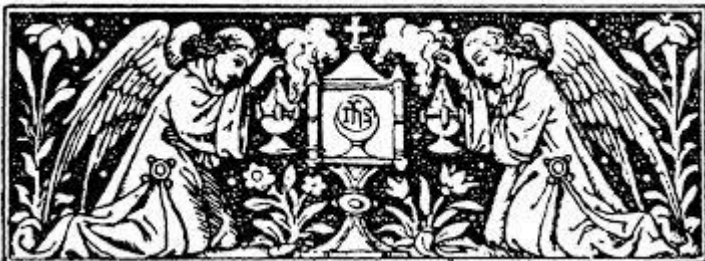
Saturday after Ash Wednesday

8:30 a.m. - ✠ Jamie Rial
requested by Gary & Diana Burt

Sunday, March 9th

FIRST SUNDAY OF LENT

8:30 a.m. - Living Members of Saint Joseph Society, Branch 19
requested by Saint Joseph Society, Branch 19
10:15 a.m. - Pro Populo



Upcoming Events

Sunday, March 2nd

QUINQUAGESIMA SUNDAY

Solemn Vespers in the Presence of the Blessed Sacrament Exposed at 6:00 p.m.

Sunday, March 2nd to Tuesday, March 4th

FORTY HOURS DEVOTION

Annual solemn Adoration of the Blessed Sacrament
Please sign up for a time slot to watch with the Blessed Sacrament in church

Confessions available each day at 5:00 p.m.

Tuesday, March 4th

SHROVE TUESDAY

Conclusion of the Forty Hours with Solemn Mass & Procession at 6:00 p.m. (no morning Mass), followed by reception in the church hall

Wednesday, March 5th

ASH WEDNESDAY {*mandatory fast & abstinence*}
Low Mass at 7:45 a.m. & High Mass at 6:00 p.m.

Thursday, March 6th

Holy Hour & Benediction at 6:00 p.m.

Friday, March 7th

SAINT THOMAS AQUINAS {First Friday}

Institute Patron - plenary indulgence

Additional Mass at 6:00 p.m., followed by Stations of the Cross

Saturday, March 8th

First Holy Communion Catechism class at 9:30 a.m.

Sunday, March 9th

FIRST SUNDAY OF LENT

Annual special second collection to support the work of the U.S. province of the Institute of Christ the King Sovereign Priest

Tuesday, March 11th

Adult Theology class at 7:00 p.m. in church hall
"The Eighth Commandment"

Wednesday, March 19th

Annual Connecticut March for Life
High Mass for Saint Joseph at 6:00 p.m.

Saturday, March 22nd

SSCM prayer vigil for Forty Days for Life

SHROVE TUESDAY PARTY - March 4th after the Forty Hours!

Our greatest treasure is the holy Eucharist: God himself truly present among us under the outward form of bread. Over the course of the centuries, different forms of adoration of the Blessed Sacrament have arisen in the Church, such as Eucharistic processions. The solemn three-day Adoration known as the Forty Hours Devotion (or in Italian, the *Quarant'ore*), in honour of the roughly forty hours that the body of Christ lay in the tomb, was started in Milan around the year 1527, as part of a ceremony in reparation for the sins committed during Carnival time in an excess of celebration (from the Latin words *carne, vale*, “goodbye, meat”). About ten years later the Forty Hours Devotion in more or less the form we now know it seems to have been instated by the Capuchin friar Father Giuseppe da Ferno – although other names have also been suggested – with the Devotion beginning in one church just as it ends in another. In 1575 Saint Charles Borromeo laid down guidelines for the celebration of the Forty Hours in his diocese of Milan, and in 1731 Pope Clement XII set down norms for Rome (the “Clementine Instruction”). The Forty Hours Devotions was introduced to the United States in the nineteenth century by Saint John Neumann, the fourth bishop of Philadelphia.

Although the Forty Hours is still customary in many places during Carnival just before Lent, this Adoration can be held any time during the year (except the Easter Triduum). Ideally the devotion runs for roughly forty continuous hours, but often the Blessed Sacrament is reposed in the tabernacle at the end of the day if no one is available to watch during the night. Where the full ceremonies are held, the Forty Hours begins and ends with a votive Mass of the Blessed Sacrament, the singing of the Litany of the Saints and a procession. On the second of the three days, a special Mass for Peace is said: the peace of Christendom has always been one of the main intentions of the Church’s prayer during the Forty Hours. On Sunday, Monday and Tuesday this week, the Blessed Sacrament will be exposed for Adoration here in church until 6:00 p.m. each day. On Shrove Tuesday, the Forty Hours will conclude with Solemn Mass in the Presence of the Blessed Sacrament, followed by the Eucharistic Procession. **Please plan to be there!**

The season of Septuagesima, and especially its last three days (from Quinquagesima Sunday to the day before Ash Wednesday), are sometimes known as “Shrovetide,” after an archaic word for absolution (e.g., *to shrive, to be shriven*), since people would try to start off Lent on the right foot by going to confession right beforehand. The final day before Lent is thus called Shrove Tuesday. Since the approach of Lent, however, does not exclude a certain mirth before the start of the 40-day fast, this day is also known as “Fat Tuesday” (hence the well-known *Mardi Gras* in French, or its equivalent in other languages). It was also known as “Pancake Day,” and the idea in all these cases was that it was the last chance to use up fatty ingredients like butter (since not only meat but all animal products were formerly forbidden during Lent). Whether you want to make American-style thick pancakes or thin crepes with various fillings, or indeed prefer other pre-Lenten treats, please join us in the church hall for a special celebration after the conclusion of the Forty Hours on Shrove Tuesday. It is a wonderful opportunity to celebrate as a parish family and to invite friends! Please sign up to help with the reception or to bring food to share.

“ONE IN CHRIST” - 2025 Bishop’s Appeal

The Bishop’s Appeal for 2025 is now underway. Beginning today, envelopes are now available in church. Your participation helps our parish! Please make sure to turn in the envelope in the collection basket or in one of the candle donation boxes or drop it off at the rectory (do not mail directly to the diocese).

For more information: www.2025bishopsappeal.org



We welcome you to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our next social. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 7 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Everyone is kindly reminded that all conversations should be held outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

Sunday, March 9th SPECIAL SECOND COLLECTION "Many Apostolates, One Mission"

Help the Institute of Christ the King continue to restore Catholic life and culture in the U.S.A.! You can use the special envelopes or donate online with this QR code.



STATIONS OF THE CROSS

Every Friday in Lent, the Stations of the Cross will be held at 6:00 p.m. (on First Fridays, after Mass), followed by the veneration of the relic of the True Cross.

ASH WEDNESDAY - Rules for Fast and Abstinence

According the Church discipline currently in force, **Ash Wednesday and Good Friday** are days of **MANDATORY FAST AND ABSTINENCE** (one meatless meal; two meatless snacks allowed that do not add up a full meal) for all Catholics aged between 18 and 60. Moreover, **every Friday of Lent** is a day of **MANDATORY ABSTINENCE** (no meat) for all Catholics over the age of 14. According to the more rigorous traditional fast, which is no longer binding under pain of sin but which it is praiseworthy to follow for those who are able, every weekday of Lent (not Sundays) is kept as a day of fast.

March 2nd 2025

Quinquagesima Sunday