



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

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Clergy & Staff

Institute Superiors

Msgr. R. Michael Schmitz, S.T.D., J.C.D.
*Vicar General of the Institute & Delegate
for the United States*

Reverend Canon Matthew Talarico
Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV
Pastor & Rector

Dr. Samuel Schmitt
Director of Sacred Music & Organist
samuel.schmitt@carlschmitt.org

Mrs. Laurie Furey
Office Manager
stscyrilandmethodius@institute-christ-king.org

Mass Times

Sunday: 8:30 a.m. Low Mass
10:15 a.m. High Mass

Monday-Saturday: 7:45 a.m. Low Mass

Holy Days: *please consult the bulletin*

Confessions

*30 minutes before Mass every day (Sundays
before both Masses) & First Fridays from
5:15 to 5:45 p.m. (during Adoration)*

Devotions

Every Thursday: Holy Hour at 6 p.m.

First Friday: Additional Mass at 6 p.m.,
preceded by Adoration of the Blessed
Sacrament beginning at 5 p.m.

First Saturday: After Mass, Adoration
with Holy Rosary, 15-minute meditation &
Benediction of the Blessed Sacrament

Weekly Liturgical Schedule

Sunday, September 18th

FIFTEENTH SUNDAY AFTER PENTECOST

8:30 a.m. - Pro Populo

10:15 a.m. - ✠ Dolores B. Gigliotti
requested by Mr. & Mrs. F.X. Altieri III

**** No Vespers or Benediction ****

Monday, September 19th

Saint Januarius & Companions

7:45 a.m. - Holy Souls in Purgatory
requested by Anonymous

Tuesday, September 20th

Saint Eustace & Companions

7:45 a.m. - Bishop Frank Caggiano
requested by Gregory Mikulka

Wednesday, September 21st

Saint Matthew, Apostle & Evangelist

{Ember Wednesday}

7:45 a.m. - Matthew Manoni

requested by George Smith & Denise Manoni-Smith

Thursday, September 22nd

Saint Thomas of Villanova

7:45 a.m. - John & Joseph Kochiss
requested by Grace Monks

6:00 p.m. - Holy Hour

Friday, September 23rd

Ember Friday

{Saint Linus}

7:45 a.m. - ✠ Edward & Adeline Reyen
requested by Edward Reyen

Saturday, September 24th

Ember Saturday

{Our Lady of Ransom}

7:45 a.m. - Roderick Hamar & Lillian Gustillo
requested by Roderick Hamar & Lillian Gustillo

Sunday, September 25th

SIXTEENTH SUNDAY AFTER PENTECOST

8:30 a.m. - ✠ Frances Samsel
requested by Marian Adams

10:15 a.m. - Pro Populo

6:00 p.m. - Vespers & Benediction



Upcoming Events

Tuesday, September 20th

Inaugural meeting of Adult Theology class at 7:00 p.m. in the church hall
Theme of first talk: "Credo—I believe"

Thursday, September 22nd

Holy Hour & Benediction at 6:00 p.m.

September 23rd to 25th

PILGRIMAGE FOR RESTORATION

Information: www.pilgrimage-for-restoration.org

Wednesday, September 28th

Saint Joseph Men's Group meeting at 6:30 p.m.

Saturday, October 1st

FIRST SATURDAY

Devotions & Benediction after Mass

Monday, October 3rd

FEAST OF SAINT THERESE OF LISIEUX

Solemn Mass at 6:00 p.m., celebrated by Canon Stein, followed by a farewell reception in the hall

Friday, October 7th

FIRST FRIDAY {Feast of the Holy Rosary}

Holy Hour with confessions at 5:00 p.m., followed by High Mass at 6:00 p.m.

Saturday, October 8th

After Mass, server practice for bishop's visit (please sign up for a position in advance)

Church Cleaning—volunteers needed!

Sunday, October 9th

Visit of His Excellency Bishop Caggiano to our parish at the 10:15 a.m. Solemn Mass—fifth anniversary of the establishment of the Oratory

Festive reception to follow in the church hall

ADULT THEOLOGY CLASS

Theme for 2022-23: "The Creed"

A total of 12 classes throughout the year, meeting one or two Tuesdays a month, with a break around Christmas

First Meeting: Tuesday, September 20th

(Feel free to bring snacks to share)

You are very welcome to invite non-Catholic friends.

What are the Ember Days?

This week we observe the Ember Days of autumn. The “Ember Days,” as the original Latin name suggests, are observed at the four seasons of the year—the English word “Ember” seems to be a corruption of the Latin *Quator Tempora*, which literally means “four times” (a more archaic, but more literal, translation refers to these days in English as the “Quarter Tense” days). The Ember days are observed on the Wednesday, Friday and Saturday of the quarterly Ember weeks. The Ember weeks fall the week after Ash Wednesday (spring), in the octave of Pentecost (summer), after the Exaltation of the Holy Cross (autumn) and after the feast of Saint Lucy (winter), giving rise to the convenient mnemonic jingle: *Lenty, Penty, Crucy, Lucy*. Pope Saint Leo the Great (+ 461) considers the Ember Days, at least generically, to be of apostolic origin, although the current liturgical arrangement of the Ember days was established by Pope Saint Gregory VII (+1085).

The Ember days are traditionally penitential days of fast and abstinence, although since the reform of the fasting regulations in 1966 (after Vatican II), fasting on these days is no longer *obligatory*; it is still a pious and praiseworthy custom to fast and/or abstain on these days, for those whose constitution and daily duties enable them to do so. In the missal, the Ember days all have their own special Mass formula, with an additional reading prescribed for each Ember Wednesday and five additional readings prescribed for each Ember Saturday. (For many centuries, it was the custom of the Roman Church to confer holy orders on Ember Saturdays, with one of the seven orders—minor and major—being conferred after each reading.) If a feast day occurs and displaces the full liturgical observance of the Ember Mass, the Ember day is still commemorated at the feast-day Mass by the addition of the corresponding orations (Collect, Secret, Postcommunion), and the Gospel proper to the Ember Mass is read at the end of the feast-day Mass in place of the usual Last Gospel, just like when a feast is celebrated in place of a Sunday or Lenten feria (that will be the case this week when the feast of Saint Matthew displaces the Ember Wednesday Mass).

The Ember days have two primary purposes: First, to beg God’s blessings for a plentiful harvest at the four seasons of the year; and in this sense the Ember Days purify the ancient Roman, pagan nature festivals and fulfill the Hebrew festivals of the first fruits, which were prescribed in the Old Testament. Secondly, their purpose is to pray for vocations and do penance for the sanctification of the clergy, a practice going back to the Book of Acts, which testifies that “they had ordained to them priests in every church, and had prayed with fasting” (Acts 14:22). - *Canon Altiere*

Music for Sunday, September 18th

Organ Prelude: *O Welt, ich muss dich lassen* - Johannes Brahms (+1897)

Kyriale: Mass XV (*Dominator Deus*)

Creed: Credo I

Offertory: *Jesu, Rex Admirabilis* - Giovanni Pierluigi da Palestrina (+1594)

Translation: Jesus, wondrous king and noble conqueror, unutterable sweetness, wholly desirable: Remain with us, Lord, and shine your light upon us, drive away the darkness of our minds, fill the world with sweetness.

Communion: *O esca viatorum* - Heinrich Isaac (+1517)

Translation: O food of men wayfaring, The bread of angels sharing, O Manna from on high! We hunger; Lord, supply us, Nor thy delights deny us, Whose hearts to thee draw nigh.

Recessional: *Grand Chorus in March Form in Gregorian Tonality* - Alexandre Guilmant (+1911)

Choir Practice Schedules

Children’s Schola

All young people who would like to sing are invited to join rehearsals for the Children’s Schola beginning this Wednesday from 4:00 to 5:00 p.m. in the church choir loft. (If this rehearsal time presents a conflict for anyone wishing to join, please contact Sam Schmitt, samuel.schmitt@carlschmitt.org.) Beginning in October, the Children’s Schola will sing chant and simple polyphony about once a month.

Parish Choir

Rehearsals for the Parish Choir will be on Thursdays from 7:00 to 8:30 p.m. in the church choir loft. The Choir is open to singers high-school age and older and will sing chant and polyphony every Sunday for the 10:15 a.m. High Mass.

Spiritual Bouquet for the Bishop

We would like to offer Bishop Caggiano a spiritual bouquet on the occasion of his visit in a few weeks. To participate, please take one of the slips from the tables at the church entrances and return to the office or collection basket no later than October 2nd.

We welcome you today the Oratory Parish of Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us at our next monthly social hour with coffee and doughnuts. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at the Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 5 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles.

Out of respect for God's house, please bear in mind the importance of modest and decent attire, and hold all conversations outside.

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Savior Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

Sacramental Preparation Catechism Classes

Parents whose children need to receive their *First Holy Communion* or the *Sacrament of Confirmation* this year are kindly asked to contact the office. Classes for each group will most likely be held one Saturday each month after the morning Mass, but please let us know if this would present any insurmountable schedule conflicts.

Thank You, Donors!

Thanks to your generosity we have reached our goal for the Annual Catholic Appeal for 2022! Your support is important and helps our parish to participate in the life of the diocese.

MASS INTENTIONS FOR 2023

The Mass book for next year will open in October and details will be announced in the bulletin. Please **do not submit any Mass intentions** until that time. Your cooperation greatly helps with scheduling. Thank you!

Priory Meal Train

If you are able to help occasionally provide a meal for the priory (currently two priests), the sign-up link for the meal train is:

www.mealtrain.com/trains/yvOr1y

(Canon Stein cannot have lactose or bell peppers, and Canon Altieri cannot have mushrooms.)

Thank you for your help!

September 18th 2022

Fifteenth Sunday after Pentecost