



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, OCTOBER 1, 2023**  
EXTERNAL SOLEMNITY OF  
**OUR LADY OF THE HOLY ROSARY**

Dear faithful,

We celebrate this Sunday the **External Solemnity of Our Lady of the Most Holy Rosary**, whose proper feast day falls next Saturday, October 7. How dear this Holy Rosary is to us Catholics! This prayer is at once a wonderful encapsulation of the principal mysteries of the lives of Our Lord and Our Lady, and a “school” which, by the sustained repetition of the Our Father and the Hail Mary, teaches us to rely always and everywhere on Mary’s intercession. The Rosary teaches us that Mary always unites us to Jesus, her divine Son, and obtains from Him all our spiritual and material needs.

We also begin this Sunday the month of October, traditionally dedicated to the Holy Rosary. Pope Leo XIII wrote eloquently of the devotion to the Blessed Mother which comes so naturally to us as Catholics in his 1891 encyclical **Octobri Mense**:

“No other reason is needed than that of a Divine faith which, by a powerful and most pleasant impulse, persuades us towards Mary. Nothing is more natural, nothing more desirable than to seek a refuge in the protection and in the loyalty of her to whom we may confess our designs and our actions, our innocence and our repentance, our torments and our joys, our prayers and our desires - all our affairs. All men, moreover, are filled with the hope and confidence that petitions which might be received with less favor from the lips of unworthy men, God will accept when they are recommended by the most Holy Mother, and will grant with all favors.”

May the love of our Blessed Mother ever burn more fervently in our hearts, for devotion to the Queen of Heaven is the surest way of attaining to the love of her son, Christ our heavenly King.

The **Feast of St. Thérèse of Lisieux** is this Tuesday, October 3. The greatest saint of modern times, according to Pope Saint Pius XI, St. Thérèse is one of the secondary Patrons of our dear institute. Specifically, she is the patroness of our African missions in Gabon. This wonderful saint wanted to be a missionary herself, but her vocation was behind the cloistered walls of a Carmelite monastery, where she aided the missions by her fervent prayers and sufferings more than she ever could have by journeying abroad.

The “Little Flower” taught that the quickest and easiest way of going to Heaven is “little,” that is, to do the little things in life with great love for God. When her sisters were disagreeable, she bore their temperaments patiently. When she encountered difficulties in her jobs at the monastery, she did not become discouraged. And when, finally, at the tender age of twenty-four, she died of the painful disease of tuberculosis after months of suffering, her last words were “My God, I love you.” Her life is truly a model of holiness that all would do well to imitate.

Have your sons ever considered joining the **Altar Server Corps**? To be so close at the moment when the Our Lord becomes really present on the altar and His Sacrifice is mystically renewed is no small privilege. Serving the Holy Mass also builds discipline and memory, fosters a sense of Catholic camaraderie with one’s fellow servers, and puts the possibility of a priestly vocation to one’s consideration in a very concrete way. If interested, please contact me: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org).

The **Feast of Saint Margaret Mary Alacoque**, Patroness of this Oakland Apostolate, is Tuesday, October 17 (External Solemnity on Sunday, October 15). As in previous years, we will prepare for this great feast by a **Novena** from Sunday, October 8 – Monday, October 16. The Novena prayer will be sent out in next week’s Flocknote and made available in church.



Virgen del Rosario, de Domingo Martínez, ca 1720

Do you already have a copy of the excellent traditional Catechism **My Catholic Faith** (1954)? We have a full box, and all copies must go! This classic manual of instruction in the Catholic Faith is filled with Scriptural and Patristic evidence for Catholicism, as well as arguments from history, reason, Apologetics and gifted illustrations, it’s a **must-have for your bookshelf**. Don’t wait to reserve yours for the **reasonable price of 25 dollars each**. I don’t mind telling you that this is a discount of almost fifty percent compared to most online sellers!

A reminder that I will be **out of town this week** (Monday – Friday) at the yearly Convocation for all the canons of the U.S. Province of the Institute in Lake Charles, Louisiana. Please check the bulletin for information regarding the priests coming to offer Mass in my absence.

Wishing you a blessed Sunday,  
Canon Norman

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 10/1	7:00 am <i>Low Mass</i>	<b>External Solemnity of Our Lady of the Holy Rosary</b> <i>2nd Class / White</i>	Canon Norman	Liam Foley
	12:30 pm <i>High Mass</i>			Martha Gonzalez†
Mon. 10/2	6:00 pm <i>Low Mass</i>	<b>Holy Guardian Angels</b> <i>3rd Class / White</i>	Fr. Staal	Bernice McBride†
Tue. 10/3	6:00 pm <i>Low Mass</i>	<b>St. Teresa of the Child Jesus, Virgin, Secondary Patroness of the Institute, 2nd Class / White</b>	Fr. Nahoe	Victor Garlin†
Wed. 10/4	6:00 pm <i>Low Mass</i>	<b>St. Francis of Assisi, Confessor</b> <i>3rd Class / White</i>	Fr. Nahoe	Canon Henrique Fragelli†
Thurs. 10/5	12:00 pm <i>Low Mass</i>	<b>Votive Mass of Our Lord Jesus Christ Sovereign &amp; Eternal High Priest, 3rd Class / White</b>	Fr. Bazan	Helen Gourley†
Fri. 10/6	6:00 pm <i>Low Mass</i>	<b>Votive Mass of the Sacred Heart</b> <i>3rd Class / White / First Friday Devotions after Mass</i>	Fr. Naguit	Yvonne Giuseponi†
Sat. 10/7	10:00 am <i>Low Mass</i>	<b>Our Lady of the Holy Rosary</b> <i>2nd Class / White / 1st Saturday Devotions after Mass</i>	Canon Norman	Zach Funcke
Sun. 10/8	7:00 am <i>Low Mass</i>	<b>Eighteenth Sunday after Pentecost</b> <i>2nd Class / Green</i>	Canon Norman	Niall McKinley
	12:30 pm <i>High Mass</i>			Joshua & Elizabeth Nascimento

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

**Youth Class:** Tuesdays at 4:00 pm

**Adult Class:** Saturdays, at 2:30 pm

**Prospective Catholics:** contact Canon for class times

**FLOCKNOTE:** sign up at [ickspoakland.flocknote.com](http://ickspoakland.flocknote.com) or text "ICKSPOakland" to 84576

### PRAYER LISTS \*

#### For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Paulann Dymond	Lianne Claver	Msgr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	

#### For the repose of the souls of our beloved departed:

Rosita Foley	John Dymond	William Gilbert
Arnel Adela	Louise Grayson	Diane Kasdan
Imelda Hernandez-Constantino		Mary Persinger
Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Wyatt Hayashi	William M. Williams	Fr. Stan Zak
Dario Gonzalez	<b>Canon Fragelli</b>	Ernest Jacob
Nancy Duenas	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon		Louisa Siu

*Requiescant in pace.*

\***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org). A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

### UPCOMING EVENTS AND LITURGICAL SCHEDULE

**September 29 - October 7**—Novena for Vocations

**October 1**—External Solemnity of Our Lady of the Holy Rosary

**October 3**—St. Thérèse of the Child Jesus (Tuesday)

**October 6 & 7**—First Friday and First Saturday of October

**October 7**—Our Lady of the Holy Rosary

**October 15**—External Solemnity of St. Margaret Mary

**October 17**—Feast of St. Margaret Mary (patroness of the parish)

**October 29**—Feast of Christ the King (patronal feast of the Institute)

### VOCATIONS NOVENA

Pray with the Institute nationwide from **September 29 to October 7** to ask for holy priests, oblates, and seminarians who will be in the service of Christ the King! Scan the QR code to sign up with Flocknote for daily reminders. Prayer cards available in the vestibule.



**FLOWER FUND** - Our volunteers provide the lovely flowers that adorn our altar year round. If you would like to support the beautification of our altar by donating to the Flower Fund, please contact Canon Norman

**JOIN THE ALTAR SERVERS CORPS** - Have you or your sons considered joining the ranks of the Altar Servers, and serve in that most noble of capacities – the offering of Divine Worship to the Most Holy Trinity? For details, please contact Canon: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

**JOIN OUR SACRED MUSIC SCHOLA** - The men and women of our Schola study and work hard to bring the beauty of Gregorian Chant and Polyphony to many of our Masses and liturgical ceremonies. Please consider offering your talent to serve the Sacred Liturgy through this apostolate. Please contact Dennison Gallardo: [vivatxtusrex@gmail.com](mailto:vivatxtusrex@gmail.com) for further information.

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>