



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
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**SUNDAY, JANUARY 21, 2024**  
**THIRD SUNDAY AFTER THE EPIPHANY**  
(Mass Propers available in the Parish Bulletin)

**Gospel commentary on the Third Sunday After the Epiphany  
by Dom Prosper Guéranger in The Liturgical Year:**

The human race was infected with the leprosy of sin: the Son of God *touches* it by the mystery of Incarnation, and restores it to health. But, he requires that the sick man, now that he is healed, go and show himself to the Priest, and comply with ceremonies prescribed by the law; and this, to show that he allows a human priesthood to co-operate the work of our salvation. The vocation of the Gentiles, of which the Magi were the first-fruits, is again brought before us in the faith of the Centurion. A Roman Soldier, and millions like him, shall be reputed as true children of Abraham, Isaac, and Jacob; whilst they, who are the sons of this Patriarch, according to the flesh, shall be cast out, from the feast-chamber, into the gloom of blindness; and their punishment shall be given as a spectacle to the whole earth.

Let man, then, saved as he has been by the coming of the Emmanuel, sing a hymn of praise to the power of the God, who has wrought our salvation by the strength of his almighty arm. Man had been sentenced to death; but, now that he has God for a Brother, he shall not die: he will live and could he spend his life better than in praising the works of this God, that has saved him?

**Please read this week's Flocknote for reminders  
and announcements from Canon Norman.**



Jesus Heals the Leprosy of Sin

**Excerpts from Fr. Michael Kowalewski's sermon notes last Sunday**

*(Fr. Kowalewski has kindly provided us his sermon notes for the 2nd Sunday After the Epiphany in bullet points. We present only brief excerpts here. Please see the attachment in Flocknote for the full sermon notes. Thank you, Father Kowalewski!)*

Dear faithful,

Introduction

◆ During this season of the Epiphany, we celebrate three great manifestations of Our Lord. On the Epiphany, January 6, we celebrated the coming of the magi, the miraculous Star of Bethlehem, and Jesus King of all Nations of the World. Then on the Octave Day of the Epiphany, we celebrated the Baptism of Our Lord and the manifestation of the Trinity. Today, the second Sunday after the Epiphany, we celebrate the first public miracle of Our Lord Jesus Christ, the changing of water into wine at the wedding feast of Cana.

◆ In theory, Jesus could have done a whole host of things to inaugurate His public ministry. For example, if he had wanted to show that the heart of His mission was to conquer the devil, the first thing He could have done would be to perform an exorcism. Or, if Jesus had wanted to show that the heart of his mission was to overcome sickness, the first thing He could have done would be to heal a paralyzed man. Or, if Jesus wanted to show that the heart of His mission was to overcome the corruption of death, He could have raised someone from the dead, like Lazarus in the Gospel of John. Our Lord Jesus Christ does not do any of those things as His first miracle; the first thing He does is to change water into wine at a wedding at the behest of Mary, His mother. What's the significance of that? What would that have signified? What is it revealing to us about

who Jesus is and what He has come to accomplish?

◆ Jesus is showing us at the wedding feast of Cana that the heart of His mission is to be the bridegroom. Jesus is the bridegroom in love with you, His Church. The Bible is a love story between God and His beloved, us.

Conclusion

◆ The miracle at the wedding feast of Cana is Eucharistic; it points towards what Our Lord is going to accomplish at the Last Supper and what you experience today here at Holy Mass. St. Cyril of Jerusalem, "Jesus once in Galilee turned water into wine by a word of command, should we not believe Him when He changes wine into His blood?" In other words, this miracle at Cana paves the path to faith in the miracle in the Upper Room to help us see that he has the power to change the very substance of things, either from water to wine or from wine into blood. This miracle prefigures what He is going to do at the Last Supper.

◆ When you receive the Host you receive the body and blood of Our Lord. In many of the Eucharistic miracles, the consecrated Host bleeds. Come to the communion rail and drink the fine wine of Jesus - Body, Blood, Soul and Divinity.

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 1/21	7:00 am <i>Low Mass</i>	<b>Third Sunday after Epiphany</b> <i>2nd Class / Green</i>	Fr. Kowalewski	Roy Pearson†
	12:30 pm <i>High Mass</i>			Omar Andrade, Jr.†
Mon. 1/22	6:00 pm <i>Low Mass</i>	<b>Sts. Vincent and Anastasius, Martyrs</b> <i>3rd Class / Red</i>	Fr. Staal	Lucie Daubeneck
Tue. 1/23	6:00 pm <i>Low Mass</i>	<b>St. Raymond of Pennafort, Confessor</b> <i>3rd Class / White</i>	Fr. Kowalewski	Jan, Josef, Macko, Anna Makova†
Wed. 1/24	6:00 pm <i>Low Mass</i>	<b>St. Timothy, Bishop &amp; Martyr</b> <i>3rd Class / Red</i>	Fr. Kowalewski	Santiago E. Dakudao, III
Thurs. 1/25	12:00 pm <i>Low Mass</i>	<b>The Conversion of St. Paul, Apostle</b> <i>(End of Unity Octave)</i> <i>3rd Class / White</i>	Fr. Kowalewski	Martha Gonzalez†
Fri. 1/26	6:00 pm <i>Low Mass</i>	<b>St. Polycarp, Bishop &amp; Martyr</b> <i>3rd Class / Red / Adoration after Mass</i>	Fr. Kowalewski	Renato & Rosalita Caballero
Sat. 1/27	10:00 am <i>Low Mass</i>	<b>St. John Chrysostom</b> <b>Bishop, Confessor &amp; Doctor of the Church</b> <i>3rd Class / White</i>	Fr. Kowalewski	Bishop Michael Barber
Sun. 1/28	7:00 am <i>Low Mass</i>	<b>Septuagesima Sunday</b> <i>2nd Class / Violet</i>	Canon Norman	Emmanuel Nascimento
	12:30 pm <i>High Mass</i>			Alexandre Silva

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

**Youth Class:** Tuesdays at 4:00 pm

**Adult Class:** Saturdays, at 2:30 pm

**Prospective Catholics:** contact Canon for class times

**NB:** *My Catholic Faith* is once again available for purchase!

**FLOCKNOTE:** sign up at [icksopoakland.flocknote.com](http://icksopoakland.flocknote.com) or text "ICKSPOakland" to 84576

### PRAYER LISTS \*

#### For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Paulann Dymond	Lianne Claver	Msgr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	Rick Pawek
Catherine Duenas		

#### For the repose of the souls of our beloved departed:

Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Dario Gonzalez	William M. Williams	Fr. Stan Zak
Nancy Duenas	<b>Canon Fragelli</b>	Ernest Jacob
Louisa Siu	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon	Count Wolfgang von Waldstein	
Bernadette Moreau	Fr. Prokop Jozef Zboron, OCarM	
Thomas Apple	Alan Wong	Carole Jenkins

*Requiescant in pace.*

\***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org). A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

### UPCOMING EVENTS AND LITURGICAL SCHEDULE

**January 27**—Blessing of Sacramentals after 10am Mass

**January 28**—Septuagesima (pre-Lent)

**January 29**—Feast of St. Francis de Sales, Low Mass with organ  
Institute patronal feast day, plenary indulgence available

**February 2**—Candlemas (traditional end of Christmastide)

Blessing of Candles, procession, & First Friday Devotions

**February 3**—Commemoration of St. Blaise, Blessing of Throats after 10am Mass, and First Saturday devotions

### MEN'S RETREAT - FEBRUARY 7 (RSVP deadline January 31)

Our Men's Retreat will take place on Wednesday, February 7, 9am-2pm at St. Vincent School for Boys, 1 St. Vincent's Dr., San Rafael; Please **RSVP** to Felipe Vásquez: [MANofStJoseph@gmail.com](mailto:MANofStJoseph@gmail.com) or 510-432-8995. Deadline for RSVP is January 31.

### WOULD YOU LIKE TO HELP MAKE THE LITURGY BEAUTIFUL?

There are many ways the faithful can support our liturgical celebrations, keeping them beautiful and dignified. In this new year, consider **joining the Altar Servers Corp**, by having you or your son(s) serve Mass, or **joining the schola** to sing the prayers of the Church in timeless Gregorian Chant, or **joining the floral team** which beautifies our altar with fresh flowers in accordance with the needs of each liturgical season and feasts. If you would like to support our liturgical celebrations in one of these ways, please email Canon Norman.

### "ASK A PRIEST LIVE!" RADIO PROGRAM

Canons from the Institute of Christ the King participate in a new LIVE radio show on The Station of the Cross Catholic Media Network, at 6PM eastern time each weekday. <https://thestationofthecross.com/askapriest/>

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>