



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, FEBRUARY 11, 2024
QUINQUAGESIMA SUNDAY
(Mass Propers available in the Parish Bulletin)

Dear faithful,

We have arrived at Quinquagesima Sunday, the last Sunday before the beginning of Lent. Saint Paul exhorts us to **charity** today in the clearest terms: “If I should have all faith so that I could remove mountains, and have not charity, I am nothing” (1 Cor. 13;1-13). In the course of the ages, there appeared only one who embodied all the characteristics of a perfect gentleman, and that was Jesus Christ. In all His life of thirty-three years, not a single instance of unkindness can be discovered. Fraternal correction and righteous indignation, yes, but not unkindness.

Let us begin this Lent by remembering the **importance of humility** – the knowledge of our own sinfulness and nothingness apart from God. We will find ourselves more ready to be patient and gentle with our errant neighbor. We too are debtors to the infinite mercy of God, a mercy which He has often extended to us with the most exquisite gentleness, rather than the harsher punishment that we actually deserved.

We will have the **“Forty Hours” devotions** by having a Holy Hour of Adoration following the 12:30 Mass today. There will also be a Holy Hour after the 6 pm Masses this Monday, February 12 and Tuesday, February 13.

It’s the second Sunday of the month, and you know what that means: **coffee and donuts** after the 7 am Mass! Come and enjoy some fellowship with other members of our Oakland Apostolate family, and of course a cup of black gold, and that most quintessential of American breakfasts: the donut, in all its glory. Donuts are a bit of a California specialty, moreover. All the more reason to come!

Lenten **prayer cards** for seminarians were distributed last Sunday. If you were not able to obtain one, or if you would like more, please contact Thomas Henriksson: henriksson-t@comcast.net.

This Wednesday, February 14 is **Ash Wednesday**. There will be a Low Mass at 10 am and a High Mass at 6 pm. Both will be preceded by the Blessing and Distribution of Ashes. There will be **Stations of the Cross** during Lent each Friday after the 6 pm Mass, beginning this Friday. The weekly **Adoration** will take place after the 6 pm Mass each Wednesday, beginning on February 21. Please be sure to see the full Lenten **Liturgical Schedule** in the bulletin.

Thank you so much for all your generous support of the Oakland Apostolate, and indeed the entire U.S. Province of the Institute throughout the last year. On **Sunday, February 18**, the Second Collection will go to the Institute to help continue its work for the salvation of souls. Please see the second page of the bulletin for a special QR Code to make a donation to the annual **Provincial Appeal**.

The annual **40 Days for Life** campaign for the protection of the lives of unborn children is underway. Please pray for its success and support it as you are able, so that one day soon the terrible scourge of abortion will take its rightful place in the ash heap of history. More information is available in Flocknote.

All members of the faithful are invited by the Diocese of Oakland to a 24-Hour opportunity to spend time with our Lord in **Adoration & Confession** throughout our diocese. Please see the fliers in Flocknote and on the Diocese’s website:



Healing the Blind Man, Václav Mánes, 1832

<https://www.oakdiocese.org/24-hours-for-the-lord>.

The **Corps of Altar Servers** is recruiting! Serving at Holy Mass is a wonderful way for a young man to unite to Christ more profoundly by aiding in the Sacred Liturgy, which is no less than the continuation of the Sacrifice of Calvary on our altars. It also helps marvelously in building Eucharistic piety and self-discipline, and gives a young man a very concrete opportunity to consider the possibility of a priestly vocation. For more information, contact Canon Norman by email.

It’s still winter, but it’s already time to start planning for **St. Michael’s Patrol!** This annual California summer camp of the Institute of Christ the King, with participation from the Oakland, San Jose and Tucson Apostolates, is filled with **sports and outdoor activities**. There is, more importantly, daily Mass in the **Traditional Latin Rite**, as well as Rosary Processions, prayers and spiritual talks. The tentative dates for the camp are Wednesday, July 24 – Saturday, July 27. Contact Canon Norman by email to RSVP.

There will be **no reception** after the 12:30 Mass this Sunday because of the Holy Hour of Adoration. The reception will resume next Sunday, the First Sunday of Lent.

Wishing you a blessed Sunday,
Canon Norman
Email: canon.norman@institute-christ-king.org

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 2/11	7:00 am <i>Low Mass</i>	Quinquagesima Sunday <i>2nd Class / Violet</i> <i>Holy Hour of Adoration after 12:30 Mass</i>	Canon Norman	Paul Buchignani†
	12:30 pm <i>High Mass</i>			Allen McDonald†
Mon. 2/12	6:00 pm <i>Low Mass</i>	Votive Mass of the Blessed Sacrament <i>4th Class / White / Holy Hour of Adoration after Mass</i>	Canon Norman	For the Sick listed in the Parish Book
Tue. 2/13	6:00 pm <i>Low Mass</i>	Votive Mass of the Blessed Sacrament <i>4th Class / White / Holy Hour of Adoration after Mass</i>	Canon Norman	Manuel & Rosario Cabellero†
Wed. 2/14	10:00 am <i>Low Mass</i>	Ash Wednesday Blessing & Distribution of Ashes <i>1st Class / Violet</i>	Canon Norman	Souls in Purgatory
	6:00 pm <i>High Mass</i>			For the Sick listed in the Parish Book
Thurs. 2/15	12:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class / Violet</i>	Canon Norman	Eric Menn
Fri. 2/16	6:00 pm <i>Low Mass</i>	Lenten feria <i>3rd Class / Violet / Stations of the Cross after Mass</i>	Canon Norman	For the Sick listed in the Parish Book
Sat. 2/17	10:00 am <i>Low Mass</i>	Lenten feria <i>3rd Class / Violet / OMPH Devotions after Mass</i>	Canon Norman	Thomas Bolger†
Sun. 2/18	7:00 am <i>Low Mass</i>	First Sunday of Lent <i>1st Class / Violet</i>	Canon Norman	Maria Ewing†
	12:30 pm <i>High Mass</i>			For the Sick listed in the Parish Book

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon for class times

NB: *My Catholic Faith* is once again available for purchase!

FLOCKNOTE: sign up at [icksopoakland.flocknote.com](https://www.icksopoakland.flocknote.com) or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Paulann Dymond	Lianne Claver	Msr. David Link
Steve Farinaro	Marianne Martinez	Angie Gonzalez
Eurydice Buenger	Sylvia Duenas	Catherine Willis
Fil Marquez	Joshua Nascimento	Rick Pawek
Catherine Duenas		

For the repose of the souls of our beloved departed:

Rose Stone	Albert Bocek	Rita Soria Bautista
Bea Benham	Valeria Casillas	Carlos San Miguel
Dario Gonzalez	William M. Williams	Fr. Stan Zak
Nancy Duenas	Canon Fragelli	Ernest Jacob
Louisa Siu	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon	Count Wolfgang von Waldstein	
Bernadette Moreau	Fr. Prokop Jozef Zboron, OCarM	
Thomas Apple	Alan Wong	Carole Jenkins

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

February 12 & 13—Holy Hour after the 6 pm Mass

February 14—Ash Wednesday, Low Mass at 10am, High Mass at 6pm

February 17—Altar Server Training, after Mass & devotions, in church

February 18—Lesson in Liturgy at 12:30 Reception in Fr. Kozina Hall

February 21—Men's Group Dinner, 7:15-9:15pm, Fr. Kozina Hall

March 7—St. Thomas Aquinas (Institute patron)

LENTEN SCHEDULE

- "Forty Hours" Devotion: Holy Hour of Adoration after the 12:30 pm Mass on Quinquagesima Sunday, February 11, and after the 6 pm Masses on Monday, February 12 and Tuesday, February 13.
- Ash Wednesday, February 14:
 - Blessing and Distribution of Ashes followed by Low Mass at 10 am
 - Blessing and Distribution of Ashes followed by High Mass at 6 pm
- Stations of the Cross after the 6 pm Mass on Fridays of Lent, beginning February 16.
- Adoration after the 6 pm Mass on Wednesdays of Lent, beginning Wednesday, February 21.
- First Friday of March (March 1): Confessions at 4:15 pm, Stations of the Cross at 5 pm, and First Friday Devotions after the 6 pm Mass.
- Good Friday Liturgy only (March 29, time TBD), no Stations.

SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>

Sunday, February 18:

Special Provincial Appeal Collection
"Many Apostolates, One Mission"

Help the Institute continue to restore Catholic life and culture in the USA!

Donate online with the QR code here.

