



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, JUNE 23, 2024**  
**5TH SUNDAY AFTER PENTECOST**  
(We offer the Mass Propers in the Parish Bulletin)

Dear faithful,

As this month of the **Sacred Heart of Jesus** continues, Our Lord fittingly warns us on this Fifth Sunday after Pentecost against harboring anger in our hearts. It is not literally that an angry word is as culpable as a mortal blow, but the source of both is a certain disposition of the human heart. Such a disposition should not be found at all in the Christian heart, or if it finds harbor there, it should be only for a moment. Jesus, meek and humble of heart, make our hearts like unto Thine.

**This Monday**, June 24 is a grand feast indeed, the **Nativity of St. John the Baptist**. This is a first-class feast, and it is understandable why. This saint was the greatest of the Prophets and the Precursor of Our Lord; he announced Christ's revelation of Himself as the Messiah.

The words of St. John the Baptist, "Behold the Lamb of God..." are so treasured by Holy Mother Church that they have entered the rubrics of the Holy Mass itself ("**Ecce, Agnus Dei...**"). Indeed, the greatest compliment the Church can pay to the prayers of the saints is to canonize their words in the Sacred Liturgy, for this is the highest form of prayer in Heaven and on earth. It is worth our whole life's effort to come to know and appreciate the symbolism of the liturgical ceremonies more and more.

If you have never read the **encyclical Mediator Dei** of Pope Pius XII (November 20, 1947), I highly recommend doing so. One of the more salient points of this document is that Holy Mother Church does not seek to destroy the organic development of the Mass over the last two thousand years, accomplished by the inspiration of the Holy Ghost, in order to return to the very simple rites of the primitive Church:

"...It is neither wise nor laudable to reduce everything to antiquity by every possible device. Thus, to cite some instances, one would be **straying from the straight path** were he to wish the altar restored to its primitive table form; were he to want black excluded as a color for the liturgical vestments; were he to forbid the use of sacred images and statues in Churches; were he to order the crucifix so designed that the divine Redeemer's body shows no trace of His cruel sufferings; and lastly were he to disdain and reject polyphonic music or singing in parts, even where it conforms to regulations issued by the Holy See" (n. 62)

Could I ask you to please keep **my father** in your prayers? He had a fall recently and sustained a few broken bones. Fortunately, it looks like there is a road to recovery for him. Deo gratias!

A **big thank you** to all who contributed to the annual collection for the **Sisters Adorers** last Sunday. Like monks, the members of the Institute's feminine religious branch devote their lives to prayer and sacrifice, behind the walls of their cloister, for their own salvation and yours as well, and for all your needs. They need our support!

The monthly training for **Altar Servers is this Sunday** at 3:15 pm. We hope to see all servers there. The Sacred Liturgy is the most noble prayer we can offer to



Sermon on the Mount, Henrik Olrik, 19th Century

God in this life and the next, and for the servers, it is the liturgical prayers and movements which form this offering. Let us cherish the act of celebrating these sacred ceremonies as worthily as possible.

There will be a **Women's Retreat** at St. Vincent's School for Boys in San Rafael (1 St. Vincent Dr.) **this Wednesday**, June 26 from 9 am – 2 pm. **Deadline** to register: Monday, June 24. RSVP to Canon Norman by email.

**Ordinations** are coming up at the Institute's seminary! On Tuesday, July 2, 54 seminarians will receive minor orders, including Oakland's own **Abbé Alex Hoopes and Abbé Cody Teague**! On Wednesday, July 3, 5 deacons and 9 subdeacons will be ordained. On Thursday, July 4, 5 priests will be ordained by His Eminence Cardinal Burke. We thank God for His abundant blessings on our community. Let us pray for the vocations He sends us.

Have you registered for **St. Michael's Patrol** yet? Fathers and sons, you don't want to miss out on this yearly event. Our summer camp reinforces love for the **Traditional Catholic Faith and Latin Liturgy**, while building bodies through the genuine summer fun of **outdoor activities and sports**. See the notice on the second page of this bulletin and in Flocknote. RSVP to Canon Norman by email.

Wishing you a blessed Sunday,  
Canon Norman  
[canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 6/23	7:00 am <i>Low Mass</i>	<b>5th Sunday after Pentecost</b> <i>2nd Class / Green</i>	Canon Norman	Paulann Dymond†
	12:30 pm <i>High Mass</i>			For Fathers listed in the Parish Book
Mon. 6/24	6:00 pm <i>Low Mass</i>	<b>Nativity of St. John the Baptist</b> <i>1st Class / White</i>	Fr. David Staal	Sunsan Rattray
Tue. 6/25	6:00 pm <i>Low Mass</i>	<b>St. William, Abbot</b> <i>3rd Class / White</i>	Canon Norman	Souls in Purgatory
Wed. 6/26	6:00 pm <i>Low Mass</i>	<b>Ss. John &amp; Paul, Martyrs</b> <i>3rd Class / Red</i>	Canon Norman	Ophelia Vanider-Hill
Thurs. 6/27	12:00 pm <i>Low Mass</i>	<b>Votive Mass of the Blessed Sacrament</b> <i>4th Class / White</i>	Canon Norman	Mary Weeber
Fri. 6/28	6:00 pm <i>Low Mass</i>	<b>Vigil of Ss. Peter and Paul, Apostles</b> <i>2nd Class / Violet / Adoration after Mass</i>	Canon Norman	Alexandre Silva
Sat. 6/29	10:00 am <i>Low Mass</i>	<b>Ss. Peter and Paul, Apostles</b> <i>1st Class / Red</i>	Canon Norman	Sang Thi Nguyen†
Sun. 6/30	7:00 am <i>Low Mass</i>	<b>6th Sunday after Pentecost</b> <i>2nd Class / Green</i>	Canon Norman	Souls in Purgatory
	12:30 pm <i>High Mass</i>			Madeleine Suguiton†

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

**Youth Class:** Tuesdays at 4:00 pm

**Adult Class:** Saturdays, at 2:30 pm

**Prospective Catholics:** contact Canon for class times

**First Communion Class:** Wednesdays, at 4:00 pm

**NB: My Catholic Faith is once again available for purchase!**

**Flocknote:** Sign up at [ickspeakland.flocknote.com](https://www.ickspeakland.flocknote.com) or text "ICKSPOakland" to 84576

### PRAYER LISTS \*

#### For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Linda Richter	Lillian Jimenez	Diana Henriksson
Baby Daniel	Noe Perez	

#### For the repose of the souls of our beloved departed:

Nancy Duenas	<b>Canon Fragelli</b>	Ernest Jacob
Louisa Siu	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon	Count Wolfgang von Waldstein	
Bernadette Moreau	Fr. Prokop Jozef Zboron, OCarm	
Thomas Apple	Alan Wong	Carole Jenkins
Fr. Alexander Snyder	Paulann Dymond	Sandra Weaver

*Requiescant in pace.*

\***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org). A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

### UPCOMING EVENTS AND LITURGICAL SCHEDULE

**June 23**—Altar Server Training, 3- 4pm in church

**June 24**—Nativity of St. John the Baptist

**June 26**—Women's Half-day Retreat, 9am - 2pm at St. Vincent's School for Boys in San Rafael (1 St. Vincent Drive), Rsvp to Canon Norman at [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

**June 27**—Sursum Corda event, begins 6pm in church, Rsvp to Omar Jadallah-Karraa at [ojadallah858@gmail.com](mailto:ojadallah858@gmail.com) or (510) 612-7376

### ST. MICHAEL'S PATROL SUMMER CAMP

The Institute's annual California summer camp, St. Michael's Patrol, for fathers and sons (ages 6-18), is currently enrolling. The camp features genuine fun and recreation that builds both body and soul according to the Tradition of the Catholic Church, including sports, games, the Rosary, and of course daily Mass in the Traditional Latin Rite. **The dates are Wednesday, July 24 – Saturday, July 27, at the beautiful Rancho Los Mochos in Livermore (18450 Mines Rd.).** Registration form available in Flocknote and in church. RSVP: please email Canon Norman at [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org).

### ANNUAL SUPPORT FOR THE SISTERS ADORERS (JUNE 16)

United and integrated with the Institute of Christ the Sovereign King Priest and sharing its spirituality, the **Sisters Adorers of the Royal Heart of Jesus Christ Sovereign Priest** have the particular vocation to pray for the sanctification of priests of the Institute, and to support them in their apostolates, especially in daily Eucharistic adoration. (More info on our [website](https://www.institute-christ-king.org).) Please make your checks payable to "Institute of Christ the King," memo line: "Sisters." To make an online donation, go to <https://bit.ly/DonateToSisters> or use the QR code. **Thank you!**



### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>