



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States  
Canon Matthew Talarico, Provincial Superior  
Oakland Apostolate: Canon Benjamin Norman

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OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH

Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, SEPTEMBER 8, 2024  
16TH SUNDAY AFTER PENTECOST  
(We offer the Mass Propers in the Parish Bulletin)

Dear Faithful,

Our march through the month of the Holy Cross continues, and I recommend to you these words from Canon Talarico's September letter:

"...when you feel tired and disheartened, when you are tempted, when you are worried, make the sign of the Cross! When your tongue gets you in trouble, make the sign of the cross on your lips, as you do at the Gospel of the Mass. When you feel lazy, make the sign of the cross on your heart, reminding yourself of all that Jesus did for you on the Cross. You will be offering up your pains and sorrows – your own daily crosses – in union with the Passion and Cross of Jesus Christ, and thus you, too, will share in His victory over evil."

Do you have a crucifix in every room of your home, or at least in several of them? There is no overestimating how much renewed vigor the sight of Our Lord's cross can lend to our wearied efforts, or how much comfort the reminder of His Passion and Death can provide us in moments of weakness, or when feeling as if God has forgotten about us. Let us truly cherish the Holy Cross! God so loved the world, that He let His Only-Begotten Son die upon it to save us.

In addition to the Sixteenth Sunday after Pentecost, this Sunday is also the 8<sup>th</sup> of September, the Feast of the **Nativity of the Blessed Virgin Mary**. We do well to pause a moment and meditate upon the profound connection between the Cross of Our Lord and Our Blessed Mother. From the very beginning of His young life, Our Lord's Cross was prophesied to Mary by the aged Simeon, at the Temple, who foretold that the sword of the Cross would pierce her own soul. May we never doubt that in carrying our crosses, Our Lady stands at our side, praying for us and supporting us, as she once did for the Son born of her own flesh.

It's the Second Sunday of the month, and you know what that means – fellowship and America's favorite "on the go" **morning pastry** after the 7 am Mass, down in Fr. Kozina Hall. Don't circle back...now is the time for a well-rounded breakfast.

The **monthly training** for the Corps of Altar Servers will take place next Saturday, September 14 at 11:30. All servers should remember that when serving Mass, the prayers of the server are his liturgical prayers and movements. To honor Our Lord fittingly, therefore, these must be duly prepared by repeated training. Afterwards, we will gather in Fr. Kozina Hall for a pizza lunch.

There will be the traditional Weather Blessing with the relic of the True Cross after the 10 am Mass next Saturday, September 14, in honor of the Feast of the Exaltation of the Holy Cross.

Have you considered joining the **Altar Servers?** Don't underestimate the wonderful benefits this provides, notably growing in virtues such as courage, piety, the spirit of mortification, and self-discipline. More importantly, serving at the altar permits us to draw close to Our Eucharistic Lord, and is the highest form of praise we can give Him on earth. Contact Canon Norman by email for more information.

**Catechism classes** start up again **this week**. The Confirmation Catechism Class starts this Thursday, September 12 at 4 pm. Beginning next week, this class will revert to the usual time of Tuesdays at 4 pm. The Adult Catechism Class starts next Saturday, September 14 at 2:30 pm.



Christ in the House of Simon the Pharisee,  
Philippe de Champaigne, 1656

The monthly dinner for our Apostolate's Men's Group, the **Men of St. Joseph**, will be Wednesday, September 18 at 7:15 pm in Fr. Kozina Hall. Join us for an incisive spiritual talk on living out our Catholic Faith in the world today, Q&A, and a **delicious catered dinner**. Catholic men need to build strong bonds in these troubled times for the world and the Church! We hope to see you there. RSVP to Felipe Vásquez: [MANofStJoseph@gmail.com](mailto:MANofStJoseph@gmail.com) or: 510-432-8995.

The **Sacrament of Confirmation** will be administered by Bishop Michael Barber on **Saturday, November 23** at 10 am here at St. Margaret Mary's. If you still have not returned the registration and associated forms for your children to be confirmed, please submit these **as soon as possible**. A reminder that the upcoming Confirmations are for those who have **already completed** the full course of Catechism classes.

I will be **out of town** this Monday, September 9 – Wednesday, September 11. Fr. Staal will cover the Masses. Thank you, Father, for your reliable aid!

We hope to see you at the Sunday reception!

Wishing you a blessed Sunday,  
Canon Norman  
[canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 9/8	7:00 am <i>Low Mass</i>	<b>16th Sunday after Pentecost</b> <i>2nd Class / Green</i>	Canon Norman	Rosita Foley†
	12:30 pm <i>High Mass</i>			Sharon Chapel†
Mon. 9/9	6:00 pm <i>Low Mass</i>	<b>Commemoration of St. Gorgonius, Martyr</b> <i>4th Class / Red</i>	Fr. Staal	Sebastian Hugoboom
Tue. 9/10	6:00 pm <i>Low Mass</i>	<b>St. Nicholas of Tolentino, Confessor</b> <i>3rd Class / White</i>	Fr. Staal	Paulann Dymond†
Wed. 9/11	6:00 pm <i>Low Mass</i>	<b>Ss. Protus and Hyacinth, Martyrs</b> <i>4th Class / Red</i>	Fr. Staal	Robert Hill
Thurs. 9/12	12:00 pm <i>Low Mass</i>	<b>Feast of the Most Holy Name of Mary</b> <i>3rd Class / White</i>	Canon Norman	Richard & Norine St. Lezin†
Fri. 9/13	6:00 pm <i>Low Mass</i>	<b>Votive Mass of the Holy Cross</b> <i>4th Class / Red / Adoration after Mass</i>	Canon Norman	Lori Stuhl
Sat. 9/14	10:00 am <i>Low Mass</i>	<b>Exaltation of the Holy Cross</b> <i>2nd Class / Red</i>	Canon Norman	Bonita Evert
Sun. 9/15	7:00 am <i>Low Mass</i>	<b>17th Sunday after Pentecost</b> <i>2nd Class / Green</i>	Canon Norman	Lianne Claver
	12:30 pm <i>High Mass</i>			Martha Gonzalez

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

**Youth Class:** Tuesdays at 4:00 pm Resumes on Thurs, Sept. 12 at 4pm

**Adult Class:** Saturdays, at 2:30 pm

**Prospective Catholics:** contact Canon

**NB: My Catholic Faith is once again available for purchase!**

**Flocknote:** Sign up at [ickspoakland.flocknote.com](http://ickspoakland.flocknote.com) or text "ICKSPOakland" to 84576

### PRAYER LISTS \*

#### For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Linda Richter	Lillian Jimenez	Diana Henriksson
Baby Daniel	Noe Perez	Tim Irving
Monica Roberts		

#### For the repose of the souls of our beloved departed:

Nancy Duenas	<b>Canon Fragelli</b>	Ernest Jacob
Louisa Siu	Gabriel Fernandez	Camdan McWright
Mme. Guillemette de Guernon	Count Wolfgang von Waldstein	
Bernadette Moreau	Fr. Prokop Jozef Zboron, OCarM	
Thomas Apple	Alan Wong	Carole Jenkins
Fr. Alexander Snyder	Paulann Dymond	Sandra Weaver
<b>Msgr. Luciano Giovanetti</b>		<i>Requiescant in pace.</i>

\***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org). A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

### UPCOMING EVENTS AND LITURGICAL SCHEDULE

**September 14**—Altar Server training & lunch 11:30 am

**September 15**—Lesson in Liturgy at 12:30 Reception in Fr. Kozina Hall

**September 18**—Men's Group Dinner, 7:15-9:15 pm in Fr. Kozina Hall,

Rsvp to Felipe Vásquez: [MANofStJoseph@gmail.com](mailto:MANofStJoseph@gmail.com) or 510-432-8995

**September 18, 20, 21**—Ember Days of September

**September 21**—Mother of Perpetual Help Devotion after 10 am Mass

**September 28**—Blessing of Sacramentals after 10 am Mass

**September 29**—St. Michael the Archangel (1st Class on Sunday)

**JOIN THE ALTAR SERVERS CORPS** - Have you or your sons considered joining the ranks of the Altar Servers, and serve in that most noble of capacities – the offering of Divine Worship to the Most Holy Trinity? For details, please contact Canon: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

**JOIN OUR SACRED MUSIC SCHOLA** - Would you consider offering your talent to serve the Sacred Liturgy through the beauty of Gregorian chant and sacred polyphony? Please contact Dennison Gallardo: [vivatx-tusrex@gmail.com](mailto:vivatx-tusrex@gmail.com) for further information.

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>

### "ASK A PRIEST LIVE!" RADIO PROGRAM

Canons from the Institute of Christ the King participate in a new LIVE radio show on The Station of the Cross Catholic Media Network, at 3PM Pacific Time each weekday. <https://thestationofthecross.com/askapriest/> Archived videos of past programs are available on Youtube: <https://www.youtube.com/@AskAPriestLive>

### SUNDAY RECEPTION

We gather in the church hall every Sunday after the 12:30 Mass for refreshments and fellowship. Coffee, tea, a bite to eat and a bit of conversation. Doesn't it sound good? Join us today! **Everyone is welcome!**