



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States  
Canon Matthew Talarico, Provincial Superior  
Oakland Apostolate: Canon Benjamin Norman  
Contact: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org), (408) 600-4218  
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, DECEMBER 1, 2024**  
**FIRST SUNDAY OF ADVENT**  
(Mass Propers available in the Parish Bulletin)

Dear Faithful,

On this First Sunday of Advent, Saint Paul addresses us with all the urgency befitting the beginning of the new liturgical year:

“Brethren, knowing that it is now the hour for us to rise from sleep. For now our salvation is nearer than when we believed. The night is passed and the day is at hand. Let us therefore cast off the works of darkness, and put on the armor of light. Let us walk honestly, as in the day: not in rioting and drunkenness, not in chambering and impurities, not in contention and envy: but put ye on the Lord Jesus Christ” (Rom. 13:11-14).

Getting out of bed in the morning can feel like a monumental task at times. Perhaps this is why it is a fitting comparison to the act of rising to the new life in Christ, and leaving behind our sins and bad habits, a mighty struggle in its own right.

If Advent is all about the coming Christ Child and the Second Coming of Christ, a necessary corollary to this is our hoped-for regeneration in Christ, by the remission of our sins and the pouring of sanctifying grace into our souls. Christ will come again to judge the world, but His desire is that our souls be found worthy to meet that judgement on favorable terms. In order to do this, we must begin now to lay aside the “old man” of our sinful former lives.

With the arrival of Advent, our seasonal Marian antiphon changes to the lovely *Alma Redemptoris*. Please find the music sheets in Flocknote and in church.

Our preparatory **Novena for the Immaculate Conception** of the Blessed Virgin Mary continues. There will be a short sermon each day at Mass, as well as a decade of the Rosary, the Litany of Loreto, the Novena Prayer and the chanted seasonal Marian antiphon after Mass.

The **Feast of the Immaculate Conception** is next Sunday, December 8. The 12:30 Mass will be followed by Exposition of the Blessed Sacrament, with the chanted Litany of Loreto and the *Tota Pulchra*, followed by the recitation of the Act of Consecration to Our Lady of the Immaculate Conception. On Monday, December 9, there will be an extra Mass at 10 am. Both the 10 am and 6 pm Masses that day will be Votive Masses of the Immaculate Conception.

The Feast of the Immaculate Conception is one of the **oldest and most beloved solemnities** in Church history. Our Lady is, under this glorious title, the Principal Patroness of the Institute of Christ the King, and the Patroness of the United States of America. We must therefore prepare in a **more profoundly spiritual manner** to celebrate this wonderful feast.

As in work, as in life, the same holds true in the spiritual life: if we wish to make serious progress in union with God, we must put in the time in prayer to Him. Choose a **particular intention** for this Novena and be sure to pray ardently for it



Christ and the Barren Fig Tree,  
Giandomenico Domenico Tiepolo, 18th Century

on each of the nine days. Those who put their trust in Our Lady will be amazed at her powerful aid!

We will once again sign **Christmas cards for the seminarians** on the Sundays of December 1 and December 8 after the 7 am and 12:30 pm Masses, in Fr. Kozina Hall. Your prayers and these signs of support go a long way in sustaining these men through a rigorous seminary formation, one in which they are often separated from their families for considerable lengths of time.

Not long ago, we had a **Christian Etiquette** conference for girls and young ladies that went well, thanks be to God. Do you know who could also benefit from this conference? **The young men!** A similar conference is tentatively scheduled for the boys and young men (ages 8-18) on Saturday, December 14 from 11:30 am-1:30 pm. We hope to have a potluck lunch afterwards, like after the young ladies’ conference. This conference will replace the monthly altar server training for December, which will start up again in January. Email Canon Norman to [rsvp](mailto:rsvp) or to help with the organization.

A **half-day Men's Retreat** is planned for Wednesday, February 19 from 9 am to 2 pm at St. Vincent’s School for Boys in San Rafael (1 St. Vincent’s Way). Email Canon Norman for more information or to RSVP.

Wishing you a blessed Sunday,

Canon Norman  
[canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 12/1	7:00 am <i>Low Mass</i>	<b>First Sunday of Advent</b> <i>1st Class / Violet</i>	Canon Norman	Angelina Persinger†
	12:30 pm <i>High Mass</i>			Claire Bocek
Mon. 12/2	6:00 pm <i>Low Mass</i>	<b>St. Bibiana, Virgin &amp; Martyr</b> <i>3rd Class / Red</i>	Fr. Staal	Margaret Britton†
Tue. 12/3	6:00 pm <i>Low Mass</i>	<b>St. Francis Xavier, Confessor</b> <i>3rd Class / White</i>	Canon Norman	Joe Decourly†
Wed. 12/4	6:00 pm <i>Low Mass</i>	<b>St. Peter Chrysologus, Bishop, Confessor &amp; Doctor</b> <i>3rd Class / White</i>	Canon Norman	Canon Benjamin Norman
Thurs. 12/5	12:00 pm <i>Low Mass</i>	<b>Votive Mass of Our Lord Jesus Christ</b> <b>Sovereign and Eternal High Priest</b> <i>3rd Class / White</i>	Canon Norman	Brigitte Krispel
Fri. 12/6	6:00 pm <i>Low Mass</i>	<b>Votive Mass of the Sacred Heart</b> <i>3rd Class / White / 1st Friday Devotions after Mass</i>	Canon Norman	Family of Pam Funcke
Sat. 12/7	10:00 am <i>Low Mass</i>	<b>Votive Mass of the Immaculate Heart of Mary</b> <i>3rd Class / White / 1st Saturday Devotions after Mass</i>	Canon Norman	Neil Decourly†
Sun. 12/8	7:00 am <i>Low Mass</i>	<b>The Immaculate Conception of the</b> <b>Blessed Virgin Mary</b> <i>1st Class / White</i> <i>Exposition and Act of Consecration after 12:30 Mass</i>	Canon Norman	Anna Gelo
	12:30 pm <i>High Mass</i>			Jerome Ducasse

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday. Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

**Youth Class:** Tuesdays at 4:00 pm

**Adult Class:** Saturdays, at 2:30 pm

**Prospective Catholics:** contact Canon

**NB: My Catholic Faith is once again available for purchase!**

**Flocknote:** Sign up at [icksopoakland.flocknote.com](https://icksopoakland.flocknote.com) or text "ICKSPOakland" to 84576

### PRAYER LISTS \*

#### For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval		

#### For the repose of the souls of our beloved departed:

Canon Henrique Fragelli	Mme. Guillemette de Guernon
Msgr. Luciano Giovanetti	Count Wolfgang von Waldstein
Bernadette Moreau	Thomas Apple
Louisa Siu	Gabriel Fernandez
Fr. Prokop Jozef Zboron, OCarm	Camdan McWright
Alan Wong	Fr. Alexander Snyder
Miguel Muñoz Ruiz	Carole Jenkins
	Paulann Dymond
	Barbara Smith

*Requiescant in pace.*

\***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org). A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

### UPCOMING EVENTS AND LITURGICAL SCHEDULE

**November 29-December 7**—Novena for the Feast of the Immaculate Conception

**December 6 & 7**—First Friday and First Saturday of December

**December 8**—Feast of the Immaculate Conception

**December 9**—Votive Mass of the Immaculate Conception (Low Masses at 10 am and 6 pm)

**December 12**—Our Lady of Guadalupe

**December 14**—Christian Etiquette for Young Men Conference (ages 8-18) on Dec. 14, 11:30 am-1:30 pm followed by a potluck lunch. Email Canon to RSVP or to help with the organization.

### HOLY YEAR PILGRIMAGE TO ITALY, MAY 6-15, 2025

Jubilee Year 2025! Visiting the Eternal City offers a uniquely Catholic experience. This pilgrimage to Italy offers a deeply personalized experience that will include Italian culture, history, art, and culinary delights. Join us on this unforgettable experience with Canon Benoît Jayr of the Institute of Christ the King Sovereign Priest on a 10-Day Holy Year Pilgrimage to Italy! <https://stcharlespilgrimages.com/jayr>.

### SUNDAY SERMONS, BULLETINS & LIST OF EVENTS

Audio recordings of the Sunday sermons and digital copies of the Sunday bulletin can be found at the following links, respectively:

<https://institute-christ-king.org/oakland-sermons>

<https://institute-christ-king.org/bulletins-oakland>

List of current Apostolate events can be found at this link:

<https://institute-christ-king.org/oakland-events>

### "ASK A PRIEST LIVE!" RADIO PROGRAM

Canons from the Institute of Christ the King participate in a new LIVE radio show on The Station of the Cross Catholic Media Network, at 3PM Pacific Time each weekday. <https://thestationofthecross.com/askapriest/> Archived videos of past programs are available on Youtube:

<https://www.youtube.com/@AskAPriestLive>

### SUNDAY RECEPTION

We gather in the church hall every Sunday after the 12:30 Mass for refreshments and fellowship. **Please join us! Everyone is welcome!**