



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman
Contact: canon.norman@institute-christ-king.org, (408) 600-4218
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, JANUARY 26, 2025
THIRD SUNDAY AFTER THE EPIPHANY
(We offer the Mass propers in the Parish Bulletin)

Dear Faithful,

On this Third Sunday after the Epiphany, St. Paul has a word for us concerning the vice of wrath and the sins it can lead to:

“Revenge not yourselves, my dearly beloved, but give place unto wrath, for it is written: Revenge is mine: I will repay, saith the Lord” (Rom. 12;16-21).

Revenge is one of the temptations of the human heart that is the most difficult to uproot. Very few have never known the bitterness and resentment leading to the desire to exact justice on an enemy; the desire of vengeance. This desire lurks in our hearts hypocritically though, and despite our constant betrayals of Our Lord by our own sins. Let us truly believe that the One who said “Revenge is mine” is also He who set the example for us by pardoning His enemies the Cross, the very same enemies who had put Him there.

Thank you to all who prayed and marched with us this Saturday at the **Walk for Life**. We had a good turnout, as in years past. Most importantly, we were able to give a peaceful and joy-filled witness to the sanctity of human life, a free and unmerited gift of God, from conception to natural death. This annual event is also a good occasion for the two California apostolates of the Institute of Christ the King (Oakland and San Jose) to work together harmoniously for a common end, all the while enjoying the spirit of family that reigns in our community. May the Good Lord continue to bless our dear institute. (See full photos in Flocknote.)

Have you already **turned in your blessed palms** from last Palm Sunday? If not, please deposit them in the wicker baskets in the vestibule at your earliest convenience. The palms must be burned to make the ashes which will be blessed on Ash Wednesday (March 5). Please deposit your palms no later than **Sunday, February 23**.

The **Feast of St. Francis de Sales**, one of the principal spiritual patrons of the Institute of Christ the King, is this Wednesday, January 29. A plenary indulgence, under the usual conditions, is available to all who assist at a Mass of the Institute on this first class feast.

The Feast of the **Purification of the Blessed Virgin Mary, Candlemas**, is next Sunday, February 2. There will be the Blessing of Candles and Procession at 12:30, followed by the Mass. Please be sure to bring your own candles for the blessing. February 2 is also the traditional day for taking down one’s Christmas crèche and decorations.

The **Blessing of Throats** for the Commemoration of Saint Blaise will take place the following day, Monday, February 3 after the 6 pm Mass.

A **men’s half-day retreat** is scheduled for Wednesday, February 19 from 9 am – 2 pm at St. Vincent’s School for Boys in San Rafael (1 St. Vincent’s Way). When was the last time you were able to take a serious pause from **this hectic life**, so filled with responsibilities large and small, and rest and recollect yourself in the Lord? We must refresh the waters of our souls by drinking from the fountain of God’s grace from time to time. Contact Canon Norman by email to rsvp.



Wishing you a blessed Sunday,

Canon Norman

canon.norman@institute-christ-king.org

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 1/26	7:00 am <i>Low Mass</i>	Third Sunday after Epiphany <i>2nd Class / Green</i>	Canon Norman	Anna Gelo
	12:30 pm <i>High Mass</i>			Jesus & Margarita Cristobal†
Mon. 1/27	6:00 pm <i>Low Mass</i>	St. John Chrysostom, Bishop, Confessor & Doctor <i>3rd Class / White</i>	Father Staal	Bishop Michael Barber
Tue. 1/28	6:00 pm <i>Low Mass</i>	St. Peter Nolasco, Confessor <i>3rd Class / White</i>	Canon Norman	Nguyen Van Ky†
Wed. 1/29	6:00 pm <i>Low Mass</i>	St. Francis de Sales, Doctor of the Church Principal Patron of the Institute <i>1st Class / White</i>	Canon Norman	Brett Funcke
Thurs. 1/30	12:00 pm <i>Low Mass</i>	St. Martina, Virgin & Martyr <i>3rd Class / Red</i>	Canon Norman	Fr. Terrence Finnegan†
Fri. 1/31	6:00 pm <i>Low Mass</i>	St. John Bosco, Confessor <i>3rd Class / White</i> <i>Adoration after Mass</i>	Canon Norman	Eric Johnson
Sat. 2/1	10:00 am <i>Low Mass</i>	Ignatius of Antioch, Bishop & Martyr <i>3rd Class / White</i> <i>First Saturday Devotions after Mass</i>	Canon Norman	Nguyen Van Ky†
Sun. 2/2	7:00 am <i>Low Mass</i>	Purification of the Blessed Virgin Mary <i>2nd Class / White</i> <i>Blessing of Candles & Procession</i>	Canon Norman	Shirley McCarthy†
	12:30 pm <i>High Mass</i>			Bishop Michael Barber

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon

Catechism book *My Catholic Faith* is available for purchase.

Flocknote: Sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval		

For the repose of the souls of our beloved departed:

Alan Wong	Carole Jenkins
Mrs. Frances Heidenreich	Fr. Alexander Snyder
Paulann Dymond	Mrs. Sandra Weaver
Msgr. Luciano Giovanetti	Miguel Muñoz Ruiz
Allen Kuhl	Barbara Smith
Bp Emeritus John Cummins	Professor William P. Mahrt
Abbé Charles Outtier	

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

January 29—Feast of St. Francis de Sales, Low Mass with organ
Institute patronal feast day, plenary indulgence available

February 2—Candlemas; Blessing of Candles, procession at the 12:30 Mass
(NB: Please bring your own candles for blessing)

February 3—Commemoration of St. Blaise, Blessing of Throats after Mass

February 19—Half-day Men's Retreat, 9 am—2 pm, St. Vincent's School for Boys, San Rafael (1 St. Vincent's Way); Email Canon Norman for more information or to RSVP.

HOLY YEAR PILGRIMAGE TO ITALY, MAY 6-15, 2025

Jubilee Year 2025! Join Canon Benoît Jayr (Rector of St. Stanislaus in Milwaukee) of the Institute of Christ the King Sovereign Priest on a 10-Day Holy Year Pilgrimage to Italy! Rome ~ Orvieto ~ Siena ~ Florence ~ Gricigliano ... For more information, to register, or view the incredible itinerary, visit <https://stcharlespilgrimages.com/jayr>.

PILGRIMAGE TO MEXICO CITY, OCTOBER 6-11, 2025

Exciting news! Join Canon Norman and the Oakland Apostolate on a Sacred Heart Tours pilgrimage to the Shrine of Our Lady of Guadalupe in Mexico City from Monday, October 6 – Saturday, October 11, 2025. Details including pricing will be made available in the coming weeks. Contact Canon Norman by email to sign up or for questions. There are only 30 spots available, so hurry before it's too late!

SUNDAY SERMONS, BULLETINS & LIST OF EVENTS

Check our website for current information

Sermons <https://institute-christ-king.org/oakland-sermons>

Bulletins <https://institute-christ-king.org/bulletins-oakland>

List of Events <https://institute-christ-king.org/oakland-events>

RECEPTION

We gather in the church hall every Sunday after the 12:30 Mass for refreshments and fellowship. **Please join us! Everyone is welcome!**