



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msrgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman
Contact: canon.norman@institute-christ-king.org, (408) 600-4218
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, FEBRUARY 2, 2025
PURIFICATION OF THE BLESSED
VIRGIN MARY**

Dear faithful,

We celebrate this Sunday the Feast of the **Purification of the Blessed Virgin Mary, Candlemas**. There will be the Blessing of Candles and Procession at 12:30, followed by the Mass. Please be sure to bring your own candles for the blessing. February 2 is also the traditional day for taking down one's Christmas crèche and decorations. Septuagesima and Lent are now not far off! Let us begin to prepare spiritually for this season of penance and fasting, in memory of Our Lord's forty days alone in the desert.

The **Blessing of Throats** for the Commemoration of Saint Blaise will take place this Monday, February 3 after the 6 pm Mass.

We're looking for a few good men – to **lead the Rosary** on Sundays before the 12:30 Mass. Our current volunteers are very generous, but more "hands on deck" always helps. Contact Canon Norman for details.

Please be sure to **turn in your blessed palms** from last Palm Sunday as **soon as possible**, and no later than Sunday, February 23. There are wicker baskets in the vestibule for this purpose. The palms will be burned to make the ashes which will be blessed and placed on your foreheads on Ash Wednesday (March 5).

We thank Thomas and Diana Henriksson for continuing a pious tradition here at St. Margaret Mary's: **Lenten Prayer Cards for Seminarians**. Prayer cards will be distributed in the vestibule after the 7 am and 12:30 pm Masses on Sunday, February 16 and Sunday, February 23. Your prayers help these young men persevere through a rigorous preparation for the priesthood. Each person is asked to recite one decade of the Rosary each day (or even 5 decades, for those who are able) for the seminarian on their card.

A **men's half-day retreat** is scheduled for Wednesday, February 19 from 9 am – 2 pm at St. Vincent's School for Boys in San Rafael (1 St. Vincent's Way). We spend a good deal of our lives in service to others, most often through our work and other daily occupations. If we never take a bit of time to refresh our own soul, this "well" is going to run dry. Contact Canon Norman to RSVP.

The weekly **First Communion Class**, which will be on Zoom, starts on March 12. Contact Canon Norman to enroll your children.

There will be a morning of recollection for the **Society of the Sacred Heart** on Saturday, March 22 from 11:30 – 1:30. This will consist of a spiritual conference followed by a luncheon. Would you like to get to know the Institute's family spirit and Salesian spirituality more profoundly? This is the perfect opportunity to do so. Contact Canon Norman to RSVP.

Wishing you a blessed Sunday,

Canon Norman

canon.norman@institute-christ-king.org



The Presentation of Jesus in the Temple, Peter Paul Rubens, ca 1612

Did you Know?

St. Blaise and the Blessing of Throats:

The *Catholic Encyclopedia* (1907) sheds some light on the life and death of St. Blaise (Blasius). According to the tradition, he was a bishop and suffered martyrdom at the beginning of the 4th century:

"...Blasius was a physician at Sebaste before he was raised to the episcopal see. At the time of the persecution under Licinius he was taken prisoner at the command of the governor, Agricolaus. The hunters of the governor found him in the wilderness in a cave to which he had retired and while in prison he performed a wonderful cure of a boy who had a fishbone in his throat and who was in danger of choking to death. After suffering various forms of torture St. Blasius was beheaded; the Acts relate also the martyrdom of seven women.

In many places on the day of his feast the blessing of St. Blasius is given: two candles are consecrated, generally by a prayer, these are then held in a crossed position by a priest over the heads of the faithful or the people are touched on the throat with them. In other places oil is consecrated in which the wick of a small candle is dipped and the throats of those present are touched with the wick. At the same time the following blessing is given: "Per intercessionem S. Blasii liberet te Deus a malo gutteris et a quovis alio malo" ("May God at the intercession of St. Blasius preserve you from throat troubles and every other evil).

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 2/2	7:00 am <i>Low Mass</i>	Purification of the Blessed Virgin Mary <i>2nd Class / White</i> Blessing of Candles & Procession at 12:30 Mass	Canon Norman	Shirley McCarthy†
	12:30 pm <i>High Mass</i>			Bishop Michael Barber
Mon. 2/3	6:00 pm <i>Low Mass</i>	St. Blaise, Bishop & Martyr <i>3rd Class / Red</i> <i>Blessing of throats after Mass</i>	Father Staal	Carly Carter
Tue. 2/4	6:00 pm <i>Low Mass</i>	St. Andrew Corsini, Bishop & Confessor <i>3rd Class / White</i>	Canon Norman	Mary L. Calderon
Wed. 2/5	6:00 pm <i>Low Mass</i>	St. Agatha, Virgin & Martyr <i>3rd Class / Red</i>	Canon Norman	John Peglow†
Thurs. 2/6	12:00 pm <i>Low Mass</i>	Votive Mass of Our Lord Jesus Christ Sovereign and Eternal High Priest <i>3rd Class / White</i>	Canon Norman	Pam Funcke
Fri. 2/7	6:00 pm <i>Low Mass</i>	Votive Mass of the Sacred Heart <i>3rd Class / White</i> <i>1st Friday Devotions after Mass</i>	Canon Norman	Reuben Herrera
Sat. 2/8	10:00 am <i>Low Mass</i>	St. John of Matha, Confessor <i>3rd Class / White</i>	Canon Norman	Nancy Salazar Padron†
Sun. 2/9	7:00 am <i>Low Mass</i>	Fifth Sunday after Epiphany <i>2nd Class / Green</i>	Canon Norman	Bob Jones†
	12:30 pm <i>High Mass</i>			Ngoc T. Nguyen

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon

Catechism book *My Catholic Faith* is available for purchase.

Flocknote: Sign up at [ickspoakland.flocknote.com](https://www.ickspoakland.flocknote.com) or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval	Jonah Kung	

For the repose of the souls of our beloved departed:

Alan Wong	Carole Jenkins
Mrs. Frances Heidenreich	Fr. Alexander Snyder
Paulann Dymond	Mrs. Sandra Weaver
Msgr. Luciano Giovanetti	Miguel Muñoz Ruiz
Allen Kuhl	Barbara Smith
Bp Emeritus John Cummins	Professor William P. Mahrt
Abbé Charles Outtier	

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

February 2—Candlemas; Blessing of Candles, procession at the 12:30 Mass (NB: Please bring your own candles for blessing)

February 3—Commemoration of St. Blaise, Blessing of Throats after Mass

February 7—First Friday of February

February 8—Server Training after 10 am Mass in church; lunch on lawn

February 19—Half-day Men's Retreat, 9 am—2 pm, St. Vincent's School for Boys, San Rafael (1 St. Vincent's Way); Email Canon Norman for more information or to RSVP.

HOLY YEAR PILGRIMAGE TO ITALY, MAY 6-15, 2025

Jubilee Year 2025! Join Canon Benoît Jayr (Rector of St. Stanislaus in Milwaukee) of the Institute of Christ the King Sovereign Priest on a 10-Day Holy Year Pilgrimage to Italy! Rome ~ Orvieto ~ Siena ~ Florence ~ Gricigliano ... For more information, to register, or view the incredible itinerary, visit <https://stcharlespilgrimages.com/jayr>.

PILGRIMAGE TO MEXICO CITY, OCTOBER 6-11, 2025

Exciting news! Join Canon Norman and the Oakland Apostolate on a Sacred Heart Tours pilgrimage to the Shrine of Our Lady of Guadalupe in Mexico City from Monday, October 6 – Saturday, October 11, 2025. Details including pricing will be made available in the coming weeks. Contact Canon Norman by email to sign up or for questions. There are only 30 spots available, so hurry before it's too late!

SUNDAY SERMONS, BULLETINS & LIST OF EVENTS

Check our website for current information

Sermons <https://institute-christ-king.org/oakland-sermons>

Bulletins <https://institute-christ-king.org/bulletins-oakland>

List of Events <https://institute-christ-king.org/oakland-events>

RECEPTION

We gather in the church hall every Sunday after the 12:30 Mass for refreshments and fellowship. **Please join us! Everyone is welcome!**