



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, FEBRUARY 9, 2025
FIFTH SUNDAY AFTER EPIPHANY
(We offer the Mass propers in the Parish Bulletin)

Dear faithful,

In the parable of Our Lord for this Fifth Sunday after the Epiphany, we see a man going out into a field to sow seeds for the harvest. The good fruits, the “wheat”, grow up, but not without the poisonous weeds creeping in. We often intentionally practice good works, as Our Lord exhorted us so many times, sowing good “seeds,” but do we think of the seeds that we perhaps unintentionally sow?

Throughout the history of the Church, it has been remarked upon by various saints and spiritual writers that far more evil enters into the world through men’s faults of negligence and thoughtlessness than through their malice, or deeds of willful evil. The use of our God-given intelligence in finding the means best adapted to working out our salvation and that of our neighbor is thus incumbent upon us, and at all times.

Did you miss out on getting blessed **Epiphany water and salt**, or candles blessed on **Candlemas**? Good news! These are still “in stock,” as some of these sacramentals remain after the recent feasts. Contact Canon Norman if you would like to obtain some.

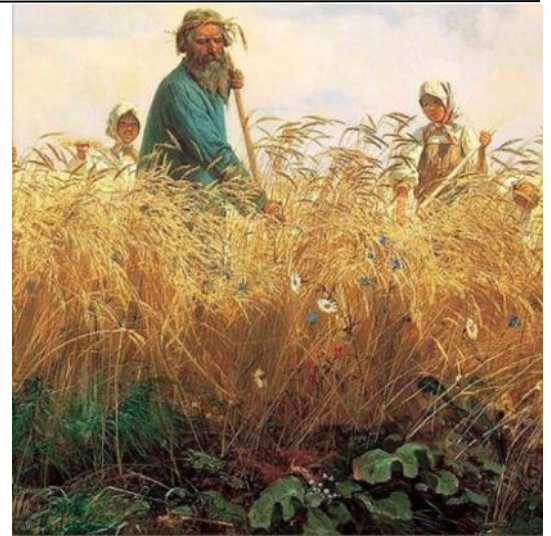
It’s the second Sunday of the month, and you know what awaits in Fr. Kozina Hall after the 7 am Mass: **Coffee, donuts and the company of your fellow Mass-goers**. Did you know that donuts have their roots in ancient Rome? A recipe for a deep-fried dough ball was recorded by Cato the Elder in his work *De Agri Cultura*, using cheese, honey, and poppy seeds, called “globi.” Long before donuts kept America’s police forces going strong, they were keeping the Roman Legions marching. Donut-consumers have a long and proud history! Don’t you want to be a part of it?

The monthly dinner for our Apostolate's Men's Group, the **Men of St. Joseph**, is this Wednesday, February 12 at 7:15 pm in Fr. Kozina Hall. Join us for a brief spiritual talk on living out our Catholic Faith in the world today, Q&A, and a delicious catered dinner. Catholic men need strong bonds to bring the Faith to a hostile world! RSVP to Felipe Vázquez: MANofStJoseph@gmail.com or: 510-432-8995.

Please be sure to **turn in your blessed palms** from last Palm Sunday as **soon as possible**, and no later than Sunday, February 23. There are wicker baskets in the vestibule for this purpose. The palms will be burned to make the ashes which will be blessed and placed on your foreheads on Ash Wednesday (March 5).

Lenten Prayer Cards for the Institute’s seminarians will be distributed in the vestibule after the 7 am and 12:30 pm Masses next Sunday, February 16 and Sunday, February 23. Your prayers help these young men on the long and arduous road to priestly ordination. Each person is asked to recite one decade of the Rosary each day (or even 5 decades, for those who are able) for the seminarian on their card.

A **men’s half-day retreat** is scheduled for Wednesday, February 19 from 9 am – 2 pm at St. Vincent’s School for Boys in San Rafael (1 St. Vincent’s Way). The theme of this year’s retreat is: **“The Spirit of Penance According to Saint Francis de Sales.”** Come and refresh your soul with time before Our Eucharistic



The Parable of Wheat and Cockle

Lord, the wisdom of the saints and the Rosary. Contact Canon Norman to RSVP.

The weekly **First Communion Class**, which will be on Zoom, starts on March 12. Contact Canon Norman to enroll your children.

There will be a morning of recollection for the **Society of the Sacred Heart** on Saturday, March 22 from 11:30 – 1:30. This will consist of a spiritual conference followed by a luncheon. Would you like to get to know the Institute’s family spirit and Salesian spirituality more profoundly? This is the perfect opportunity to do so. Contact Canon Norman to RSVP.

The Institute’s annual California summer camp, **St. Michael’s Patrol**, for fathers and sons (ages 6-18), is currently enrolling. This solidly Traditional Catholic camp forms both body and soul in **God’s great outdoors**, with many activities and of course daily Mass and Rosary processions. The dates are **July 23-26** at the beautiful **Rancho Los Mochos** in Livermore (18450 Mines Rd.). Contact Canon Norman to RSVP.

Wishing you a blessed Sunday,
Canon Norman
canon.norman@institute-christ-king.org

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 2/9	7:00 am <i>Low Mass</i>	Fifth Sunday after Epiphany <i>2nd Class / Green</i>	Canon Norman	Bob Jones †
	12:30 pm <i>High Mass</i>			Ngoc T. Nguyen
Mon. 2/10	6:00 pm <i>Low Mass</i>	St. Scholastica, Virgin <i>3rd Class / White</i>	Father Staal	Bryan Castillo & Family
Tue. 2/11	6:00 pm <i>Low Mass</i>	The Apparition of Our Blessed Lady at Lourdes <i>3rd Class / White</i>	Canon Norman	Mona & Steve Peglow
Wed. 2/12	6:00 pm <i>Low Mass</i>	The Seven Holy Founders of the Order of Servites of the Blessed Virgin Mary, Confessors <i>3rd Class / White</i>	Canon Norman	For the Sick listed in the Parish Book
Thurs. 2/13	12:00 pm <i>Low Mass</i>	Votive Mass of the Blessed Sacrament <i>4th Class / White</i>	Canon Norman	Jacob Andrew Ellington
Fri. 2/14	6:00 pm <i>Low Mass</i>	Commemoration of St. Valentine, Priest & Martyr <i>4th Class / Red</i> <i>Adoration after Mass</i>	Canon Norman	For the Sick listed in the Parish Book
Sat. 2/15	10:00 am <i>Low Mass</i>	Saturday of Our Lady <i>4th Class / White</i> <i>OMPH Devotions after Mass</i>	Canon Norman	For the Sick listed in the Parish Book
Sun. 2/16	7:00 am <i>Low Mass</i>	Septuagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Manuel O. Calderon †
	12:30 pm <i>High Mass</i>			Gabriel Fernandez †

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon

Catechism book *My Catholic Faith* is available for purchase.

Flocknote: Sign up at [icksopoakland.flocknote.com](https://www.icksopoakland.flocknote.com) or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval	Jonah Kung	

For the repose of the souls of our beloved departed:

Alan Wong	Carole Jenkins
Mrs. Frances Heidenreich	Fr. Alexander Snyder
Paulann Dymond	Mrs. Sandra Weaver
Msgr. Luciano Giovanetti	Miguel Muñoz Ruiz
Allen Kuhl	Barbara Smith
Bp Emeritus John Cummins	Professor William P. Mahrt
Abbé Charles Outtier	

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. **Thank you!**

UPCOMING EVENTS AND LITURGICAL SCHEDULE

February 12—Men's Group Dinner, 7:15 pm in Fr. Kozina Hall, RSVP to Felipe Vázquez: MANofStJoseph@gmail.com or 510-432-8995

February 15—Our Mother of Perpetual Help Devotions after Mass

February 19—Half-day Men's Retreat, 9 am—2 pm, St. Vincent's School for Boys, San Rafael (1 St. Vincent's Way); Email Canon Norman for more information or to RSVP.

February 22—Blessing of Sacramentals after the 10 am Mass

March 5—Ash Wednesday

March 7—St. Thomas Aquinas, Institute Patronal Feast

HOLY YEAR PILGRIMAGE TO ITALY, MAY 6-15, 2025

Jubilee Year 2025! Join Canon Benoît Jayr (Rector of St. Stanislaus in Milwaukee) of the Institute of Christ the King Sovereign Priest on a 10-Day Holy Year Pilgrimage to Italy! Rome ~ Orvieto ~ Siena ~ Florence ~ Gricigliano ... For more information, to register, or view the incredible itinerary, visit <https://stcharlespilgrimages.com/jayr>.

PILGRIMAGE TO MEXICO CITY, OCTOBER 6-11, 2025

Exciting news! Join Canon Norman and the Oakland Apostolate on a Sacred Heart Tours pilgrimage to the **Shrine of Our Lady of Guadalupe in Mexico City** from Monday, October 6 – Saturday, October 11, 2025. Contact Canon Norman for registration details: canon.norman@institute-christ-king.org.

SUNDAY SERMONS, BULLETINS & LIST OF EVENTS

Check our website for current information

Sermons <https://institute-christ-king.org/oakland-sermons>

Bulletins <https://institute-christ-king.org/bulletins-oakland>

List of Events <https://institute-christ-king.org/oakland-events>

RECEPTION

We gather in the church hall every Sunday after the 12:30 Mass for refreshments and fellowship. **Please join us! Everyone is welcome!**