



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**

Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, FEBRUARY 16, 2025

SEPTUAGESIMA SUNDAY

(We offer the Mass propers in the Parish Bulletin)

Dear faithful,

Already **Septuagesima Sunday!** How time passes quickly. It seems that just the other day we were putting up our Christmas holly, and now the altar has been sheathed in penitential violet, the “Alleluia” falls silent until Holy Saturday, the relics are removed from the altar, and we begin our spiritual march into the desert with Our Lord, to afflict our bodies with fasting and penance during Lent. Lent begins of course on Ash Wednesday, March 5, which is fast approaching.

The word “Septuagesima” is Latin for “Seventy,” and refers in the first place, though not literally, to the number of days of the penitential season before us. In order to console us in the midst of spiritual warfare, the Church, our mother and teacher, shows us another layer of symbolism of the number seven. After the Septuagesima of mourning and penance, we shall have the bright Easter with its Seven weeks of gladness, foreshadowing the eternal bliss of Heaven.

After having fasted and suffered with Our Lord, we pray that the day will come when we will rise together with Him, and our hearts will follow Him to the highest heavens, on the Feast of the Ascension. Then, we will receive the grace of the Holy Ghost in His descent from Heaven, with His Seven Gifts, on the Feast of Pentecost. May the grace of the Holy Ghost lead us to the blessed life of the world to come, where we will finally rest from our wearying combat.

Now that we are in the Year of Our Lord 2025, the Oakland Apostolate of the Institute of Christ the King marks an **important milestone – our 20th Anniversary!** Starting with Canon Michael Wiener on Sunday, January 23, 2005, the Institute has been serving the faithful attached to the Traditional Latin Rite and our Salesian spirituality for twenty years and going strong.

That’s a reason to celebrate! To that end, we will be hosting a **celebratory dinner** to mark the occasion on **Saturday, July 12**. Titled “**Twenty Years of Grace**”, this festive evening will take place at the Rossmoor Event Center in Walnut Creek (1021 Stanley Dollar Dr.). Featuring great food, a lovely setting, music and dancing, and a special guest speaker, it’s going to be a night to remember. Hopefully, even some of the former Oakland canons will join us for this momentous event! Please **save the date** beginning now, as ticket sales will begin on Laetare Sunday, March 30. **RSVP already** by contacting Canon Norman. This event is open to the entire parish, all are invited!

Men, would you like to help with the prayerful preparation for Holy Mass by **leading the Rosary** on Sundays before the 12:30 Mass? The Rosary is certainly the preferred devotion of Our Lady and obtains wondrous graces. Contact Canon Norman for details.

Lenten Prayer Cards for the Institute’s seminarians will be distributed in the vestibule after the 7 am and 12:30 pm Masses this Sunday, February 16 and next Sunday, February 23. Your prayers help these young men on the long and arduous road to priestly ordination. Each person is asked to recite one decade of the Rosary each day (or even 5 decades, for those who are able) for the seminarian on their card.

I will take a (somewhat delayed) **Christmas vacation** from February 24 – March 3. Good news! A canon of the Institute who has never before visited California will be replacing me. **Canon Erwan Josseume**, one of my French confreres currently serving at our apostolate in Milwaukee, Wisconsin, St. Stanislaus Oratory, has generously agreed to cover the Masses in my absence. In case of sacramental emergency, he can be reached at: canon.josseume@institute-christ-king.org



Parable of the Laborers in the Vineyard, Domenico Fetti, 1618

[king.org](http://www.institute-christ-king.org) or (313) 569-8758. Please give him a warm California welcome!

Please be sure to **turn in your blessed palms** from last Palm Sunday as **soon as possible**, and **no later than Sunday, February 23**. There is a wicker basket in the vestibule for this purpose. The palms will be burned to make the ashes which will be blessed and placed on your foreheads on Ash Wednesday (March 5).

The weekly **First Communion Class**, which will be on Zoom, starts on **Wednesday, March 12 at 4 pm**. Contact Canon Norman to enroll your children.

There will be a morning of recollection for the **Society of the Sacred Heart** on Saturday, March 22 from 11:30 – 1:30. This will consist of a spiritual conference followed by a luncheon. Would you like to get to know the Institute’s family spirit and Salesian spirituality more profoundly? This is the perfect opportunity to do so. Contact Canon Norman to rsvp.

The Institute’s annual California summer camp, **St. Michael’s Patrol**, for fathers and sons (ages 6-18), is currently enrolling. This solidly Traditional Catholic camp forms both body and soul in **God’s great outdoors**, with many activities and of course daily Mass and Rosary processions. The dates are **July 23-26** at the beautiful **Rancho Los Mochos** in Livermore (18450 Mines Rd.). Contact Canon Norman to rsvp.

Wishing you a blessed Sunday,

Canon Norman
canon.norman@institute-christ-king.org

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 2/16	7:00 am <i>Low Mass</i>	Septuagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Manuel O. Calderon†
	12:30 pm <i>High Mass</i>			Gabriel Fernandez†
Mon. 2/17	6:00 pm <i>Low Mass</i>	Requiem Mass <i>4th Class / Black</i>	Canon Norman	Dermot Harris†
Tue. 2/18	6:00 pm <i>Low Mass</i>	Commemoration of St. Simeon, Bishop & Martyr <i>4th Class / Red</i>	Canon Norman	For the Sick listed in the Parish Book
Wed. 2/19	6:00 pm <i>Low Mass</i>	Votive Mass of St. Joseph <i>4th Class / White</i>	Canon Norman	Christina Marie Parodi
Thurs. 2/20	12:00 pm <i>Low Mass</i>	Votive Mass of the Blessed Sacrament <i>4th Class / White</i>	Canon Norman	Pam Funcke
Fri. 2/21	6:00 pm <i>Low Mass</i>	Votive Mass of the Holy Cross <i>4th Class / Red</i> <i>Adoration after Mass</i>	Canon Norman	Alexandre Silva
Sat. 2/22	10:00 am <i>Low Mass</i>	Chair of St. Peter, Apostle <i>2nd Class / White</i>	Canon Norman	Gloria Groff†
Sun. 2/23	7:00 am <i>Low Mass</i>	Sexagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Bill Shanley†
	12:30 pm <i>High Mass</i>			Dan Van Nguyen

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon

Catechism book *My Catholic Faith* is available for purchase.

Flocknote: Sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval	Jonah Kung	

For the repose of the souls of our beloved departed:

Alan Wong	Carole Jenkins
Mrs. Frances Heidenreich	Fr. Alexander Snyder
Paulann Dymond	Mrs. Sandra Weaver
Msgr. Luciano Giovanetti	Miguel Muñoz Ruiz
Allen Kuhl	Barbara Smith
Bp Emeritus John Cummins	Professor William P. Mahrt
Abbé Charles Outtier	

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

February 19—Half-day Men's Retreat, 9 am—2 pm, St. Vincent's School for Boys, San Rafael (1 St. Vincent's Way); Email Canon Norman for more information or to RSVP.

February 22—Blessing of Sacramentals after the 10 am Mass

March 5—Ash Wednesday

March 7—St. Thomas Aquinas, Institute Patronal Feast

March 19—St. Joseph, Spouse of the Blessed Virgin Mary

March 22—Society of the Sacred Heart spiritual conference followed by a luncheon, 11:30 – 1:30. Contact Canon Norman to RSVP.

"TWENTY YEARS OF GRACE" ANNIVERSARY DINNER

We celebrate the 20th Anniversary of the Oakland Apostolate this year! Join us on Saturday, July 12 at the Rossmoor Event Center in Walnut Creek (1021 Stanley Dollar Dr.) for a celebratory dinner, "**Twenty Years of Grace.**" Featuring great food, a lovely setting, music and dancing, and a special guest speaker, it's going to be a night to remember. Ticket sales begin on Laetare Sunday, March 30. **RSVP already** by contacting Canon Norman. All are invited!

PILGRIMAGE TO MEXICO CITY, OCTOBER 6-11, 2025

Exciting news! Join Canon Norman and the Oakland Apostolate on a Sacred Heart Tours pilgrimage to the Shrine of Our Lady of Guadalupe in Mexico City from Monday, October 6 – Saturday, October 11, 2025. Contact Canon Norman for registration details: canon.norman@institute-christ-king.org.

SUNDAY SERMONS, BULLETINS & LIST OF EVENTS

Check our website for current information

Sermons <https://institute-christ-king.org/oakland-sermons>

Bulletins <https://institute-christ-king.org/bulletins-oakland>

List of Events <https://institute-christ-king.org/oakland-events>

SUNDAY RECEPTION - refreshments and fellowship served in the church hall every Sunday after the 12:30 Mass. **Everyone is welcome!**