



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**

**Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610**

SUNDAY, FEBRUARY 23, 2025

**SEXAGESIMA SUNDAY
(We offer the Mass propers in the Parish Bulletin)**

Dear faithful,

On Sexagesima Sunday, Holy Mother Church reminds us of the many sufferings born in patience by the great Saint Paul:

“Thrice was I beaten with rods, once I was stoned, thrice I suffered shipwreck, a night and a day I was in the depth of the sea: in journeying often, in perils of waters, in perils of robbers, in perils from my own nation, in perils from the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils from false brethren: in labor and painfulness, in much watching, in hunger and thirst, in fastings often, in cold and nakedness; besides those things which are without: my daily instance, the solicitude for all the churches” (2 Cor. 11; 19-33; 12; 1-9)

When we are tempted to consider our cross too heavy, or unreasonably burdensome, let us ask ourselves: “Have I suffered as much as the saints?” Remember that God will never demand of us what is impossible, and that a secret pride often allows us to inflate our own expectations of ourselves beyond a healthy measure. When life does bring us pain and suffering, however, let us thank Our Lord for the opportunity to be more conformed to the level of holiness He wants for us.

Please be sure to **turn in your blessed palms** this Sunday. There is a wicker basket in the vestibule for this purpose. The palms will be burned to make the ashes which will be blessed and placed on your foreheads on Ash Wednesday (March 5).

Lenten Prayer Cards for the Institute’s seminarians will again be distributed in the vestibule and Fr. Kozina Hall after the 7 am and 12:30 pm Masses this Sunday, February 23. Your prayers help these young men on the long and arduous road to priestly ordination. Each person is asked to recite one decade of the Rosary each day (or even 5 decades, for those who are able) for the seminarian on their card.

I will be gone on my **Christmas vacation** this Monday, February 24 – Monday, March 3. **Canon Erwan Josseaume**, one of my French confreres currently serving at our apostolate in Milwaukee, Wisconsin, St. Stanislaus Oratory, will cover the Masses in my absence. In case of sacramental emergency, he can be reached at: canon.josseaume@institute-christ-king.org or (313) 569-8758. Please give him a warm California welcome!

This Lent, our Institute is asking you to consider making a sacrifice of \$80, just two dollars a day during these 40 days to help the Institute of Christ the King continue its work for the **salvation of souls**. On Sunday, March 9, the Institute is **making this appeal** to help its growth in the United States. This Lent, you can make a difference in the Church today by donating to the people and the places that work to restore Catholic life and culture in America. **Thank you for your generous support!** May Christ our King reward you eternally.

Please be sure to check Flocknote for the **full Lenten Schedule** of devotions, including of course Stations of the Cross. Please note in particular that the weekly Adoration is moved to Wednesdays after the 6 pm Mass during Lent.

The **Lenten observances** for fasting and abstinence are also included in Flocknote, both the current and traditional regulations. Please note that the traditional fasting and abstinence regulations are no longer binding under pain of sin, but you may practice them if you so choose.

The weekly **First Communion Class**, which will be on Zoom, starts on Wednesday, **March 12** at 4 pm. Contact Canon Norman to enroll your children.



Parable of Sower, Marten van Valckenborch, 1580-90

There will be a morning of recollection for the **Society of the Sacred Heart** on Saturday, **March 22** from 11:30 – 1:30. This will consist of a spiritual conference followed by a luncheon. Would you like to get to know the Institute’s family spirit and Salesian spirituality more profoundly? This is the perfect opportunity to do so. Contact Canon Norman to RSVP.

Save the Date! We celebrate the **20th Anniversary** of the Oakland Apostolate this year, which began with the first Mass offered by Canon Michael Wiener on January 23, 2005. Join us on Saturday, **July 12** at the Rossmoor Event Center in Walnut Creek (1021 Stanley Dollar Dr.) for a celebratory dinner, “**Twenty Years of Grace**.” Featuring great food, a lovely setting, music and dancing, and a special guest speaker, it’s going to be a night to remember. Ticket sales begin on Laetare Sunday, **March 30. RSVP already** by contacting Canon Norman. This event is open to the entire parish, all are invited!

The Institute’s annual California summer camp, **St. Michael’s Patrol**, for fathers and sons (ages 6-18), is currently enrolling. This solidly Traditional Catholic camp forms both body and soul in **God’s great outdoors**, with many activities and of course daily Mass and Rosary processions. The dates are **July 23-26** at the beautiful **Rancho Los Mochos** in Livermore (18450 Mines Rd.). Contact Canon Norman to RSVP.

Wishing you a blessed Sunday,
Canon Norman
canon.norman@institute-christ-king.org

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 2/23	7:00 am <i>Low Mass</i>	Sexagesima Sunday <i>2nd Class / Violet</i>	Canon Norman	Bill Shanley†
	12:30 pm <i>High Mass</i>			Dan Van Nguyen
Mon. 2/24	6:00 pm <i>Low Mass</i>	St. Matthias, Apostle <i>2nd Class / Red</i>	Fr. Staal	Intentions of Raul Baccay
Tue. 2/25	6:00 pm <i>Low Mass</i>	Votive Mass of the Holy Angels <i>4th Class / White</i>	Canon Erwan Josseume	Intentions of M.L. Shaheen
Wed. 2/26	6:00 pm <i>Low Mass</i>	Votive Mass of St. Joseph <i>4th Class / White</i>	Canon Erwan Josseume	Family of Pam Funcke
Thurs. 2/27	12:00 pm <i>Low Mass</i>	St. Gabriel of Our Lady of Sorrows, Confessor <i>3rd Class / White</i>	Canon Erwan Josseume	Karl Vorsatz
Fri. 2/28	6:00 pm <i>Low Mass</i>	Votive Mass of the Holy Cross <i>4th Class / Red</i> <i>Adoration after Mass</i>	Canon Erwan Josseume	Fr. Glenn Naguit
Sat. 3/1	10:00 am <i>Low Mass</i>	Votive Mass of the Immaculate Heart of Mary <i>3rd Class / White</i>	Canon Erwan Josseume	Margaret Hernandez
Sun. 3/2	7:00 am <i>Low Mass</i>	Quinquagesima Sunday <i>2nd Class / Violet</i>	Canon Erwan Josseume	Bob Jones†
	12:30 pm <i>High Mass</i>			Margaret Isquirdo

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon

Catechism book *My Catholic Faith* is available for purchase.

Flocknote: Sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval	Jonah Kung	

For the repose of the souls of our beloved departed:

Alan Wong	Carole Jenkins
Mrs. Frances Heidenreich	Fr. Alexander Snyder
Paulann Dymond	Mrs. Sandra Weaver
Msgr. Luciano Giovanetti	Miguel Muñoz Ruiz
Allen Kuhl	Barbara Smith
Bp Emeritus John Cummins	Professor William P. Mahrt
Abbé Charles Outtier	

Requiescant in pace.

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. **Thank you!**

UPCOMING EVENTS AND LITURGICAL SCHEDULE

March 3 & March 4—Holy Hour of Adoration after the 6 pm Mass

March 5—Ash Wednesday (Blessing & Distribution of Ashes followed by 10 am Low Mass and 6 pm High Mass)

March 7—St. Thomas Aquinas, Institute Patronal Feast (Confessions at 4:15, Stations of the Cross at 5 pm, First Friday Devotions after the 6 pm Mass)

March 19—St. Joseph, Spouse of the Blessed Virgin Mary

March 21—St. Benedict, Institute Patronal Feast

March 22—Society of the Sacred Heart spiritual conference followed by a luncheon, 11:30 – 1:30. Contact Canon Norman to RSVP.

"TWENTY YEARS OF GRACE" ANNIVERSARY DINNER

We celebrate the 20th Anniversary of the Oakland Apostolate this year! Join us on Saturday, July 12 at the Rossmoor Event Center in Walnut Creek (1021 Stanley Dollar Dr.) for a celebratory dinner, "**Twenty Years of Grace.**" Featuring great food, a lovely setting, music and dancing, and a special guest speaker, it's going to be a night to remember. Ticket sales begin on Laetare Sunday, March 30. **RSVP already** by contacting Canon Norman. All are invited!

Special Lenten Provincial Appeal:

~ just \$2 a day this Lent ~

"Many Apostolates, One Mission"

Help the Institute continue to restore Catholic life and culture in the USA!

Donate online with the QR code here.



SUNDAY SERMONS, BULLETINS & LIST OF EVENTS

Check our website for current information

Sermons <https://institute-christ-king.org/oakland-sermons>

Bulletins <https://institute-christ-king.org/bulletins-oakland>

List of Events <https://institute-christ-king.org/oakland-events>

SUNDAY RECEPTION - refreshments and fellowship served in the church hall every Sunday after the 12:30 Mass. **Everyone is welcome!**