



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**

**Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610**

SUNDAY, MARCH 16, 2025

**SECOND SUNDAY OF LENT
(We offer the Mass propers in the Parish Bulletin)**

Dear Faithful,

On this Second Sunday of Lent, Saint Paul reminds us of the need for continued progress in the spiritual life:

“Brethren: We pray and beseech you in the Lord Jesus that, as you have received from us, how you ought to walk and to please God, so also you would walk, that you may abound the more” (1 Thessalonians 4:1 – 7).

We must remember that there is no staying in place when it comes to our union with God. If we are not moving closer to Him, we’re going in the opposite direction. Thus, the importance that with God’s grace, we continue to strive to abound more and more in constant prayer and works of virtue. We can always do more for the Good Lord!

There are far too many faces that I see only at Mass and **not at the Sunday receptions!** Remember that there is a convivial reception after the 12:30 Mass every Sunday, with **good company** and good food, and coffee and donuts after the 7 am Mass every second Sunday of the month! Don’t be a stranger, start to **get to know** your fellow Mass-goers in an atmosphere of Christian recreation on the Lord’s Day.

Are you still not signed up for the **Flocknote messages** of the Oakland Apostolate? **This has to be remedied!** Otherwise, you will not receive all the latest updates and information about Apostolate events and initiatives, and most importantly the liturgical ceremonies. Don’t be **left in the dark!** Sign-up here: <https://icksपोakland.flocknote.com/> or text “**ICKSPOakland**” to 84576.

Have you still not obtained **Epiphany water and salt**, or would you like some more? Please contact Canon Norman. Quantities of both these sacramentals remain, and they should be distributed for pious use. **Blessed candles** from Candlemas, the Feast of the Purification of the Blessed Virgin Mary (February 2) remain as well.

Copies of **My Catholic Faith** remain as well! Available for the very reasonable price of \$25 each (about a **fifty-percent discount** compared to most online sellers), this is a deal for your education in the Faith not to be missed. Published by Bishop Louis LaRavoire Morrow (Diocese of Krishnagar, India) in 1954, this manual of Catholic instruction is filled with articles explaining Church teaching by Scripture, Tradition, reason, philosophy and history. That’s a very dynamic mix, and not many catechisms can make such a boast. The illustrations are very talented as well. Don’t delay, order today!

There was an error regarding the date of the monthly **Men’s Group** talk and dinner in last week’s bulletin. Our monthly event is **this Tuesday, March 18** from 7:15 – 9:15 pm in Fr. Kozina Hall. We hope to see you for a talk on the timeless truths of the Catholic Faith, good company, and a delicious dinner. RSVP to Felipe Vázquez: MANofStJoseph@gmail.com or: 510-432-8995.

There are some **major feasts** coming up this week! **This Wednesday**, March 19 is the **Feast of St. Joseph**, a first-class feast of the Catholic Church throughout the world, also known as a Solemnity. St. Francis de Sales had a tender devotion to the foster father of Our Lord, as we all should, especially Catholic men.

May the Terror of Demons and Protector of the Church defend us against the demons and a world hostile to the truths of God, may this heavenly father educate us in the ways of **quiet holiness** and **devotion to duty** as he did for the boy Jesus, and may the Patron of Departing Souls strengthen us in that all-important moment of the separation of body and soul, which will come to each of us one



The Transfiguration, Giovanni Bellini, 1480

day.

In honor of St. Joseph, there will be a **High Mass at 6 pm** this Wednesday, followed by Exposition of the Blessed Sacrament and the chanted Litany of St. Joseph.

This Friday, March 21 is the Feast of **St. Benedict of Nursia**, one of the Principal Patrons of the Institute. This is therefore a first-class feast in Institute apostolates. A plenary indulgence, under the usual conditions, is available to all who assist at a Mass of the Institute on this date.

The monthly **Blessing of Sacramentals is next Saturday**, March 22 after the 10 am Mass. Please see the instructions in Flocknote on how to prepare your sacramentals and where to place them **before the Mass**.

Save the Date! We celebrate the **20th Anniversary** of the Oakland Apostolate this year, which began with the first Mass offered by Canon Michael Wiener on January 23, 2005. Join us on Saturday, **July 12** at the Rossmoor Event Center in Walnut Creek (1021 Stanley Dollar Dr.) for a celebratory dinner, “**Twenty Years of Grace**.” Featuring great food, a lovely setting, music and dancing, and a special guest speaker, it’s going to be a night to remember. Ticket sales begin on Laetare Sunday, **March 30. RSVP already** by contacting Canon Norman. This event is open to the entire parish, all are invited!

Wishing you a blessed Sunday,

Canon Norman
canon.norman@institute-christ-king.org

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun. 3/16	7:00 am <i>Low Mass</i>	Second Sunday of Lent <i>1st Class / Violet</i>	Canon Norman	Joe Shanley†
	12:30 pm <i>High Mass</i>			Rosa Marquez
Mon. 3/17	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i>	Fr. Staal	Souls in Purgatory
Tue. 3/18	6:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i>	Canon Norman	Souls in Purgatory
Wed. 3/19	6:00 pm <i>High Mass</i>	St. Joseph, Spouse of the Blessed Virgin Mary <i>1st Class / White / Exposition of the Blessed Sacrament, Litany of St. Joseph & Adoration after Mass</i>	Canon Norman	Fr. Glenn Naguit
Thurs. 3/20	12:00 pm <i>Low Mass</i>	Lenten Feria <i>3rd Class / Violet</i>	Canon Norman	Nicetas C. Cabral†
Fri. 3/21	6:00 pm <i>Low Mass</i>	St. Benedict of Nursia, Abbot (Institute Patron) <i>1st Class / White</i> <i>Stations of the Cross after Mass</i>	Canon Norman	Ethan Pham
Sat. 3/22	10:00 am <i>Low Mass</i>	Third Saturday of Lent <i>3rd Class / Violet</i>	Canon Norman	Rose Dias†
Sun. 3/23	7:00 am <i>Low Mass</i>	Third Sunday of Lent <i>1st Class / Violet</i>	Canon Norman	Maria Mackova
	12:30 pm <i>High Mass</i>			Fr. Jose Maria Mares Maravilla†

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes online: Please contact Canon Norman to request the Zoom link.

Youth Class: Tuesdays at 4:00 pm

Adult Class: Saturdays, at 2:30 pm

Prospective Catholics: contact Canon

Catechism book *My Catholic Faith* is available for purchase.

Flocknote: Sign up at ickspoakland.flocknote.com or text "ICKSPOakland" to 84576

PRAYER LISTS *

For the sick:

Thomas Henriksson	Gigi Cunningham	Peter Trong Nguyen
Lianne Claver	Msgr. David Link	Steve Farinaro
Marianne Martinez	Angie Gonzalez	Eurydice Buenger
Sylvia Duenas	Catherine Willis	Fil Marquez
Joshua Nascimento	Rick Pawek	Catherine Duenas
Lillian Jimenez	Diana Henriksson	Noe Perez
Tim Irving	Monica Roberts	LesleeRose Thomas
Ana Maria Sandoval	Jonah Kung	

For the repose of the souls of our beloved departed:

Alan Wong	Carole Jenkins
Mrs. Frances Heidenreich	Fr. Alexander Snyder
Paulann Dymond	Mrs. Sandra Weaver
Msgr. Luciano Giovanetti	Miguel Muñoz Ruiz
Allen Kuhl	Barbara Smith
Bp Emeritus John Cummins	Professor William P. Mahrt
Abbé Charles Outtier	Mrs. Josiane Danton
André Aldias	<i>Requiescant in pace.</i>

***Prayer lists:** If you wish to add a name or revise an entry on the prayer lists, please send an email to oakland@institute-christ-king.org. A longer list of the Apostolate's faithful departed is attached to the weekly Flocknote. *Thank you!*

UPCOMING EVENTS AND LITURGICAL SCHEDULE

March 18—Men's Group Dinner, 7:15–9:15 pm in Fr. Kozina Hall, Rsvp to Felipe Vázquez: MANofStJoseph@gmail.com or 510-432-8995

March 19—St. Joseph, Spouse of the Blessed Virgin Mary

March 21—St. Benedict, Institute Patronal Feast (plenary indulgence available)

March 22—Blessing of Sacramentals after the 10 am Mass

March 22—Society of the Sacred Heart spiritual conference followed by a luncheon, 11:30 – 1:30. Contact Canon Norman to RSVP.

March 25—Annunciation of the Blessed Virgin Mary

LENTEN SCHEDULE

- Stations of the Cross after the 6 pm Mass on Fridays of Lent.
- Adoration after the 6 pm Mass on Wednesdays of Lent, beginning Wednesday, March 12. (No Adoration on Wednesday, April 2.)
- First Friday of April (April 4): Confessions at 4:15 pm, Stations of the Cross in private, and First Friday Devotions after the 6 pm Mass.
- Good Friday (April 18): Stations of the Cross in private, Good Friday Liturgy at 5:30 pm.

"TWENTY YEARS OF GRACE" ANNIVERSARY DINNER

Join us to mark the 20th Anniversary of the Oakland Apostolate on Saturday, July 12 at the Rossmoor Event Center in Walnut Creek (1021 Stanley Dollar Dr.) for a celebratory dinner, "**Twenty Years of Grace.**" Featuring great food, a lovely setting, music and dancing, and a special guest speaker. Ticket sales begin on Laetare Sunday, March 30. **RSVP already** by contacting Canon Norman. All are invited!

PILGRIMAGE TO MEXICO CITY, OCTOBER 6-11, 2025

Exciting news! Join Canon Norman and the Oakland Apostolate on a Sacred Heart Tours pilgrimage to the Shrine of Our Lady of Guadalupe in Mexico City from Monday, October 6 – Saturday, October 11, 2025. Contact Canon Norman for registration details: canon.norman@institute-christ-king.org.