



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST – BAY AREA

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May 3, 2026

Fourth Sunday after Easter

Dear faithful,

On this Fourth Sunday after Easter, Dom Guéranger reminds us of the importance of remaining in the fold of the One, True, Catholic Church:

“The Holy Ghost tells us, in the Sacred Volume, that *a threefold cord is not easily broken*. Now we have such a one; and it keeps us in the glorious unity of the Church — Hierarchy, Dogma, and Sacraments, all contribute to make us One Body. Everywhere, from north to south, and from east to west, the Sacraments testify to the fraternity that exists among us; by them, we know each other, no matter in what part of the globe we may be, and by the same we are known by heretics and infidels. These divine Sacraments are the same in every country, how much soever the liturgical formulæ of their administration may differ; they are the same in the graces they produce, they are the same in the signs whereby grace is produced, in a word, they are the same in all the essentials” (*The Liturgical Year*).

We may suffer many setbacks in the spiritual life, but if our frequentation of the Sacraments, especially Confession, is regular and with the right dispositions, we can be sure that Our Lord will keep us intimately united to Him.

First Communions are this Sunday. The ceremonies will begin at **12:30** with the Procession from the Chapel to the Grotto of Our Lady of Fatima, the **May Crowning**, and then the procession back to the Chapel, followed by the Mass and First Communions. There will be a festive reception in the courtyard for the First Communicants and their families and guests afterwards. Please plan accordingly for the longer ceremonies.

A **plenary indulgence**, under the usual conditions, is available on the day of one's First Holy Communion and to those present at the Mass. Please keep our ten First Communicants in your prayers on this grace-filled milestone in their young lives.

Exceptionally, there will be **no 12 pm Mass this Thursday**, May 7. At the request of Catholic Charities, we will be leaving the chapel free for the work on the stained-glass windows which will be taking place during the day. My apologies for any inconvenience and thank you for your understanding.

There will be a **Men's Retreat** on Wednesday, **May 13** from 9 am – 2 pm. The retreat will begin with Mass at 9 am, followed by Eucharistic Adoration and confessions, a conference, lunch, the Rosary, and a final meditation in the chapel. Please email Canon Norman to RSVP or to help with the organization.

“**Laudate pueri dominum (Praise the Lord, ye children)**!” (Psalm 112;1). At any apostolate, the Sacred Music program would not be complete without some means of preparing the future generations in the art of Gregorian Chant. To that end, we will be starting a **Children's Schola** to chant certain Masses throughout the year. For more information, please contact our Schola Director, Julia Baetz: jcbaetz@gmail.com or (925) 444-5126.

A new **women's group** is being formed for our apostolate. The **Sodality of Our Lady of the Most Holy Rosary** will meet about once every two months for a spiritual conference followed by a convivial dinner. Conferences will focus on devotion to Our Lady, the teachings of the Church, and the ordinary means of growing in holiness: the devout reception of the Sacraments, the duties of one's state in life, and personal prayer. The first meeting will be on Tuesday, June 23 at 7:15 pm. For more information, contact Jessica Glennon: jessyshepglen@gmail.com or (415) 827-4997.

Archbishop Cordileone will administer the **Sacrament of Confirmation** for our apostolate on Saturday, **November 21** at 11 AM. The Confirmations will take place at Most Holy Rosary Chapel. A Mass is not yet scheduled, but please be on the lookout for updates. Thank you, Your Grace!

Our apostolate is blessed with an abundance of **Altar Servers**, Deo gratias! Please remember that it is necessary to introduce yourself before serving, so as to avoid "overloading" any of the Masses with a disproportionate number of servers. If you are 18 or older, it is necessary to complete the **Safe Environment requirements** for the Archdiocese of San Francisco and the Institute of Christ the King before serving. Thank you for your understanding and cooperation.

It's already time to start planning for camp! The Institute's annual California **summer camp, St. Michael's Patrol**, for fathers and sons (ages 6-18), is currently enrolling. The camp features genuine fun and recreation that builds both body and soul according to the Tradition of the Catholic Church, including sports, games, Rosary processions, and of course daily Mass in the Traditional Latin Rite. The camp will take place from **July 22 - 25 at Rancho Los Mochos** in Livermore (18450 Mines Rd). Contact Canon Norman to RSVP or for questions: canon.norman@institute-christ-king.org or (408) 600-4218.

Important donations reminder! Please be sure to use the envelopes provided in the vestibule and by the **ushers** with the words "**Institute of Christ the King**" printed on them for your donations, either cash or check. **For checks**, please write "Institute of Christ the King" on the "pay to" line. If one of these printed envelopes is not available, you may use **your own envelope**, or a piece of paper. Please be sure to write the words "**Institute of Christ the King**" on it. Thank you very much for your continued generosity!

Wishing you a blessed Sunday,

Canon Norman

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THANK YOU
for your generosity!

Mass Times at Most Holy Rosary Chapel:

Sundays: 8:00 AM (Low Mass) & 12:30 PM

Confessions will be heard 45 minutes before the 8 AM Mass, and one hour before the 12:30 PM Mass.

Monday, Tuesday and Wednesday: 6:00 PM

Thursday: 12 Noon

Confessions 30 minutes before Mass

First Friday and First Saturday Masses and devotions are scheduled based on the availability of the chapel, but will be announced in advance in Flocknote.

Flocknote: to receive updates and weekly letter, sign up at <https://ickspsbayarea.flocknote.com/weeklyletter>, or text "ICKSPSFBay" to 84576, Choose the group "Institute of Christ the King – Bay Area"

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