INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST – BAY AREA

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September 20, 2026 — 17th Sunday after Pentecost

Dear faithful,

On this Seventeenth Sunday after Pentecost, Dom Guéranger treats us to a classically important reminder of a foundational virtue, in a sense, the most important virtue of all, that of humility:

"The Gospel read to us eight days ago, which was formerly the one appointed for this present Sunday, and what thus brought into close connection with our Epistle—that Gospel, we say, finds itself admirably commented by these words of St. Paul to the Ephesians, and it, in turn, throws light on the Apostle's words about the Vocation. When thou art invited to a Wedding ("cum vocatus fueris") sit down in the lowest place! These were our Lord's words to us last Sunday; and now, we have the Apostle saying to us: Walk worthy of the vocation in which ye are called, yes, walk in that vocation with all humility!" (***The Liturgical Year***)

It was pride that led to the fall of the Devil, as well as that of our first parents. They would not have disobeyed the order of God had not Eve listened to the seducing words of the serpent ("you shall be as Gods", Gen. 3;5). How do we combat pride? By remembering our lowliness as creatures and giving all glory to God.

Do you have one or more children to enroll in **First Communion preparation?** Now is the time to sign them up! The weekly class will begin in late February and take place every Wednesday at 4 pm on Zoom. Each class will run about thirty minutes. First Communions are tentatively planned for the first Sunday of May (this will have to be confirmed). Please look out for updates. Please contact me as soon as possible to enroll your children in our program.

Please be sure to fill out the **Sunday Mass Time Survey** which was sent out by Flocknote earlier today! We have an opportunity to move the 12:30 Mass to 11:30 am. In order to decide if this would be a prudent decision for our apostolate by benefiting the maximum number of souls, I need to hear from you! If you need the link to the survey, please contact me. Or, if you would prefer to call or email me directly with your thoughts, please do not hesitate to do so.

I will be **attending an event** for priests serving in the Archdiocese of San Francisco this week. Unfortunately, because most of the other priests will be at this event as well, I will not be able to find replacements for the Masses. There will be Mass this Monday at 6 pm, followed by Adoration. However, there will **not be Mass on Tuesday, Wednesday, Thursday or Friday**. There will Mass on Saturday at 10 am, however. Thank you for your understanding.

I will also be required to attend my **annual priest retreat** with my community, the Institute of Christ the King, from **Monday, October 5 – Saturday, October 10** at the Institute's Sacred Heart Retreat Center in Burlington, Wisconsin. I will be back for both Sunday Masses on October 11. Please look out for updates regarding the weekday Masses during my absence.

I must ask you to pardon me for making a mistake in my planning of the **Weekly Adoration schedule**. There will be Adoration this Monday after the 6 pm Mass. Next week's Adoration will be on Wednesday, September 30 after the 6 pm Mass. The following week (October 5 – 10), I will be on retreat with the Institute of Christ the King, and there will not be Adoration. The Weekly Adoration will be **moved to Tuesdays beginning on October 13**. Thank you for your understanding.

"Laudate pueri dominum (Praise the Lord, ye children)!" (Psalm 112;1). At any apostolate, the Sacred Music program would not be complete without some means of preparing the future generations in the art of Gregorian Chant. To that end, we have started a **Children's Schola** to chant certain Masses throughout the year. Contact Julia Fealy: juliafealy@pm.me or (925) 444-5126. We hope your children can participate and thus ensure the beauty of our liturgical ceremonies for decades to come!

Important donations reminder! Please be sure to use the envelopes provided in the vestibule and by the ushers with the words **"Institute of Christ the King"** printed on them for your donations, either cash or check. For checks, please write "Institute of Christ the King" on the "pay to" line. If one of these printed envelopes is not available, you may use your own envelope, or a piece of paper. Please be sure to write the words "Institute of Christ the King" on it. Thank you very much for your continued generosity!

Wishing you a blessed Sunday,

Canon Norman

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THANK YOU for your generosity!

Mass Times at Most Holy Rosary Chapel:

Sundays: 7:30 AM (Low Mass) & 12:30 PM
Confessions will be heard 45 minutes before the 8 AM Mass, and one hour before the 12:30 PM Mass.

Monday, Tuesday and Wednesday: 6:00 PM
Thursday: 12 Noon
Confessions 30 minutes before Mass

First Friday and **First Saturday** Masses and devotions are scheduled based on the availability of the chapel, but will be announced in advance in Flocknote.

Flocknote: to receive updates and weekly letter, sign up at https://ickspbayarea.flocknote.com/weeklyletter, or text "ICKSPSFBay" to 84576, Choose the group "Institute of Christ the King – Bay Area

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